

Jan. 4, 2021

NEWS RELEASE

RELEASE TIME: Immediate

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Ombudsman Supervisors

Are you or a loved one needing assistance to move out of a nursing home and back into the community?

The Oklahoma Living Choice Project assists Oklahomans who are wanting to transition out of a nursing home and back into a place of their own. Depending on an individual's needs, services may include:

- Assistance with finding a new residence
- Home-delivered meals
- Transportation
- Adult Day Services
- Skilled nursing
- Therapy services
- Personal care
- Medication management
- Counseling
- Dental/Vision Services
- Transitional funds (one-time allotment of up to \$2,400)

The Living Choice Project is designed for individuals who have, lived in a nursing home for at least 90 consecutive days, qualify for Sooner Care, and are willing to play an active role in their plan of care. The program is for persons 19 years and older with disabilities, or long-term illnesses.

To see if you or a loved one may qualify, go to the Oklahoma Health Care Authority's website and fill out the online application or make a referral. You can contact the Living Choice Program by phone 1-888-287-2443 or email, oklahoma.livingchoice@okhca.org. If you need assistance in the facility, the nursing home's social worker should assist in the online application process. You can also contact your local Ombudsman with any concerns. 1-800-482-4594 ext. 220 for Lahona Young lyoung@grandgateway.org, or ext. 226 for Shelly Ferris, sferris@grandgateway.org.



Funding for this is provided in part by state and Older Americans Act funds from Grand Gateway AAA and DHS Aging Services. Grand Gateway AAA serves all individuals who are eligible for its programs without regard to race, national origin, ancestry, color, religion, sex, age or disability