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## "The Little Green Paper"

**January 20, 2019** 

# Martin Luther King Jr. Day

Official name Birthday of Martin Luther King, Jr. Also called MLK Day, King Day, Reverend Dr. Martin Luther King Jr. Day Observed by United States Type National Date Third Monday in January 2018 date January 15 2019 date January 21 2020 date January 20 2021 date January 18



The idea of Martin Luther King Jr. Day as a holiday was promoted by labor unions in contract negotiations. After King's death, U.S. Representative John Convers (a Democrat from Michigan) and U.S. Senator Edward Brooke (a Republican from Massachusetts) introduced a bill in Congress to make King's birthday a national holiday. The bill first came to a vote in the U.S. House of Representatives in 1979. However, it issue in U.S. history." fell five votes short of the number needed for passage. Two of the main arguments mentioned by opponents were that a paid holiday for federal employees would be too expensive, and that a holiday to honor a private citizen would be contrary to longstanding tradition (King had never held public office). Only two other figures have national holidays in the U.S. honoring them: George Washington and Christopher Columbus.

Soon after, the King Center turned to support from the corporate community and the general public. The success of this strategy was cemented when musician Stevie Wonder released the single "Happy Birthday" to popularize the campaign in 1980 and hosted the Rally for Peace Press Conference in 1981. Six million signatures were collected for a petition to Congress to pass the law, termed by a 2006 article in The Nation as "the largest petition in favor of an

Senators Jesse Helms and John Porter East (both North Carolina Republicans) led opposition to the holiday and questioned whether King was important enough to receive such an honor. Helms criticized King's opposition to the Vietnam War and accused him of espousing "action-oriented Marxism". Helms led a filibuster against the bill and on October 3, 1983, submitted a 300-page document to the Senate alleging that King had associations with communists. New York Senator Daniel Patrick Moynihan declared the document a

"packet of filth", threw it on the Senate floor and stomped on it.

President Ronald Reagan originally opposed the holiday, citing cost concerns. When asked to comment on Helms' accusations that King was a communist, the president said "We'll know in thirty-five years, won't we?", in reference to the eventual release of FBI surveillance tapes that had previously been sealed. But on November 2, 1983, Reagan signed a bill, proposed by Representative Katie Hall of Indiana, to create a federal holiday honoring King.8]9] The bill had passed the House of Representatives by a count of 338 to 90, a veto-proof margin. The holiday was observed for the first time on January 20, 1986.

The bill also established the Martin Luther King Jr. Federal Holiday Commission to oversee observance of the holiday, and Coretta Scott King, King's wife, was made a member of this commission for life by President George H. W. Bush in May 1989.

Although the federal holiday honoring King was signed into law in 1983 and took effect three years later, not every U.S. state chose to observe the holiday at the state level until 1991, when the New Hampshire legislature created "Civil Rights Day" and abolished "Fast Day". In 2000, Utah became the last state to have a holiday named after King when "Human Rights Day" was officially changed to "Martin Luther King Jr. Day."

In 1986, Arizona Governor Bruce Babbitt, a Democrat, created a paid state MLK holiday in Arizona by executive order just before he left office, but in 1987, his Republican successor Evan Mecham, citing an attorney general's opinion that Babbitt's order was illegal, reversed Babbitt's decision days after taking office. Later that year, Mecham proclaimed the third Sunday in January to be "Martin Luther King Jr./Civil Rights Day" in Arizona, albeit as an unpaid holiday. In 1990, Arizona voters were given the opportunity to vote on giving state employees a paid MLK holiday. That same year, the National Football League threatened to move Super Bowl XXVII, which was planned for Arizona in 1993, if the MLK holiday was voted down. In the November election, the voters were offered two King Day options: Proposition 301, which replaced Columbus Day on the list of paid state holidays, and Proposition 302, which merged Lincoln's and Washington's birthdays into one paid holiday to make room for MLK Day. Both measures failed to pass, with only 49% of voters approving Prop 302, the more popular of the two options; although some who voted "no" on 302 voted "yes" on Prop 301. Consequently, the state lost the chance to host Super Bowl XXVII, which was subsequently held at the Rose Bowl in Pasadena, California. In a 1992 referendum, the voters, this time given only one option for a

paid King Day, approved state-level recognition of the holiday.

On May 2, 2000, South Carolina governor Jim Hodges signed a bill to make King's birthday an official state holiday. South Carolina was the last state to recognize the day as a paid holiday for all state employees. Prior to this, employees could choose between celebrating Martin Luther King Jr. Day or one of three Confederate holidays.

DATA MASTER: Nikki Hamilton





# How did the months get their names

Would you believe January was not always the first month for "nine." of the year? The ancient Romans used a different calendar system, and their year began in March and ended in February!

Even though our modern system may be quite different from the ancient Romans', they gave us something very important: the months' names.

Let's take a look at how the ancient Romans chose the names of the 12 months of the year.

March: The ancient Romans insisted that all wars cease during the time of celebration between the old and new years. Since March was the first month of the new year in ancient Rome, some historians believe the Romans named March after Mars, the Roman god of war.

April: Three theories exist regarding the origin of April's name. Some say April got its name from the Latin word meaning "second" since April was the second month on the ancient calendar. Others claim it comes from "aperire," a Latin word meaning "to open," because it represents the opening of buds and flowers in spring. Still others think April was named after the goddess Aphrodite. However, England and the American colonies continued

May: May was named after Maia, an earth goddess of growing plants.

June: Apparently, June has always been a popular month for weddings! The Romans named June after Juno, the queen of the gods and patroness of marriage and weddings.

July: July was named after Julius Caesar in 44 B.C. Previously, July was called "Quintilis," which is Latin for "fifth."

August: August was named after Augustus Caesar in 8 B.C. Previously, August was called "Sextillia," which was Latin for "sixth."

Though we think of September, October, November, and December as months 9, 10, 11 and 12, these months were 7, 8, 9, and 10 on the ancient Roman calendar. This is how they got their names.

September: September's name comes from septem, Latin for "seven."

October: October's name comes from octo, Latin for

November: November's name comes from novem, Latin

December: December's name come from decem, Latin for

February: Around 690 B.C., Numa Pompilius turned a period of celebration at the end of the year into a month of its own, named after the festival Februa. Februa was the name of a purification feast held on the 15th of this month. This is how February got its name.

January: Later, Pompilius added another month to the beginning of the year and named it January after Janus, the God of beginnings and endings. Janus presided over doors and beginnings. Indeed, Janus was usually depicted with two faces looking backwards and forwards, as is often characteristic of a new year; this also gave rise to the term Janus word for words that have two opposite meanings.

In 1582, Pope Gregory adjusted the calendar, so most western nations began celebrating the start of the year on January 1. This new calendar became known as the "Gregorian calendar."

to celebrate the new year on the date of the spring equinox in March. It was not until 1752 that the British and their colonies finally adopted the Gregorian calendar.

DATA MASTER: Breanna McDowell



# Woman With Rare Blood Type Was Desperate for a Kidney, So She Placed a Note on Her Car — And a Hero Answered

It's easy to miss the little things when we're stuck in our daily routines. Sometimes it takes a twist of fate to make us notice what's right in front of us. Just ask Susan Fox, a woman who was in the parking lot of a California Costco when a force she calls the "Holy Spirit" made her take note of a small message that would go on to change lives.

sual."

"I kept walking and as I got closer to my car, I can only explain it as this wind, this really strong wind rushed through my body and actually physically made me turn around," Fox told a local news station. What she saw was a sticker attached to a car's rear windshield that read "I need a kidney (B-)." The message, which had been on the car since late 2017, was the work of a San Diego woman named Teri Sampson, who was suffering from a rare genetic blood condition that caused both her kidneys to fail. "And at that point, I then noticed the blood type B negative," Fox continued. "I hadn't noticed that before. And I thought, wow, that's my blood type, and that's unu-

Sampson was having difficulty finding a donor because of her uncommon B negative blood type. Only two percent of people in the world could be a match. Desperate to unplug herself from the dialysis machine, Sampson had placed the adhesive to spread the word. Two months after the sticker went up, Sampson received a call that a donor kidney had been found: Susan Fox. "It was absolutely desperate measures because I didn't know what else to do," Sampson told Fox5. "I didn't really think it was going to make a difference, and it's what changed it all."

For almost a year, Sampson and Fox prepared for the transplant without ever meeting each other. "This total stranger that I don't know is going to save my life, and I mean, how wonderful is that?" Sampson said at the time. "It's huge. If I can meet them and tell them how much their selfless gesture has completely restored my faith in all humanity — it's the most beautiful thing ever."

Earlier this month, Sampson finally received her kidney—and she met Fox for the first time. "You know, I've tried for the last six months to write a letter to her, to explain the gratitude. I start crying, I can't get past the first line," Sampson said tearfully from her hospital bed. After the surgery, Fox sat by the woman to whom she'd just given the gift of a kidney and fought back tears. "I'm just very humbled by what God started and what he's finishing," Fox said. "I just wish her the best with her life — that she's healthy and well."



Sampson says she'll never know how to show Fox her full appreciation, though she recently found a small way to do it. "I put a new sign on my car that says, 'I love my kidney donor and thank you.' She's so sweet. I mean how do you thank someone for saving your life for giving you a future, giving you a part of them?"

DATA MASTER: Doug W. Stone





# Cats Help Kids With Autism Learn About Bonding, Study Finds

Yet another reason to love our fur babies! New research has found that cats can help children with autism, especially if the kitties in question are affectionate toward the kids. Although many kids with autism spectrum disorder (ASD) have used service dogs to help calm them down, relatively little has been known about the role cats can play in assisting them — until now.



low in aggression. If you're considering getting a cat for a child or grandchild with autism, be sure to talk to a trusted doctor to see if the child might be a good match with a cat in the first place.

The March 2018 study, published in Frontiers in Veterinary Science, found that positive interactions between cats and children with autism can help provide an avenue for positive relationships. "Most children with diagnosed ASD liked to hold the specified cat (or even always wanted to hold, pet, snuggle, and sleep with cat) — at similar levels as in typically developing children," the researchers wrote. "It seems that cats in families with an ASD child often provided valuable bonding, attention, and calming affection to the child."

On top of cats giving kids with autism a helping paw, the kitties may also provide benefits for the children's families. Unfortunately, parents of kids with autism can sometimes be subjected to isolation and stigmatization from others, or might feel the need to be constantly watchful over their precious kids. The researchers suggested that a relationship a child with autism shares with a cat might give parents a brief break in the midst of their busy lives. They also noted that simply seeing their kid calmer with a cat may be comforting to parents — and the heartwarming comments from parents in the study really drive that point home.

One parent wrote, "Our Tonkinese are amazing with my autistic daughter. They understand her moods and needs. They respond to her so incredibly. When she does not bond with humans' touch, she does with her cats. They bring her back to me. They are the bridge I need so that I can enjoy my daughter more. When she has them on her lap, I can hold her hand. They serve as a buffer, a calming energy. They know their role. They cry to be let in her room. They choose her lap over mine when hers becomes available. They are truly amazing!"

That said, it's worth noting that much like people, cats can vary widely in personality, so it's crucial that you don't just pick a random cat for a child with autism — or any child, for that matter. The study emphasized the importance of a cat that is socially outgoing, affectionate, and inherently

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DATA MASTER: Breanna McDowell



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# Devoted Grandson Created 'Edible Water' So Grandma With Dementia Can Stay Hydrated

For people whose loved ones suffer from dementia, making sure they stay hydrated can be a problem. Often, patients with dementia forget to drink water or can't remember where to find it in their homes. Lewis Hornby is all too familiar with this issue, as his grandmother has dementia and was once hospitalized for severe dehydration. As a result, he created Jelly Drops, a genius invention that's basically edible water drops, so that people with dementia can get the liquids they need.

"For people with dementia, the symptoms of dehydration are often mistakenly attributed to their underlying condition, meaning it can easily go unnoticed until it becomes life-threatening," Hornby wrote. "About a year ago my grandma was unexpectedly rushed to hospital, she was found to be severely dehydrated. Thankfully, after 24 hours on IV fluids she was back to her normal happy self, and is still enjoying a good quality of life to this day."

In America, an estimated 5.7 million people live with Alzheimer's dementia, according to the Alzheimer's Association. Not all of them are as lucky as Hornby's grandmother, Pat — so just imagine how many would people will benefit from his clever creation.

Hornby went to great lengths when it came to designing Jelly Drops. First, he used sensory deprivation and virtual reality tools to experience life with dementia firsthand. For a week, he lived in a nursing home with patients who had dementia, observing their behavior and interactions with their carers and speaking to their family members. Hornby also consulted with doctors to create a "superhydrating" food, constantly experimenting with the consistency to ensure that patients could easily pick up the drops.

"From my observations, people with dementia find eating much easier than drinking. Even still, it can be difficult to engage and encourage them to eat. I found the best way to overcome this is to offer them a treat," Hornby continued. To combat this issue, Hornby's Jelly Drops look like candy. "This format excites people with dementia; they instantly recognize it and know how to interact with it. Jelly Drops builds on this insight — these bright, tasty treats attract the attention of people with dementia, and the firm, easy to grip 'drops' makes them simple to pick up."



"When first offered, Grandma ate seven Jelly Drops in 10 minutes — the equivalent to a cup full of water, something that would usually take hours and require much more assistance. Eating the whole box would account for around half the necessary daily fluid intake."

Right now, the plan is to test Jelly Drops at care homes with the ultimate goal of producing Jelly Drops on a larger scale. Anyone can donate to Hornby's touching cause to help hydrate as many patients with dementia as possible. Considering the massive interest Jelly Drops has created in the dementia community, we wouldn't be surprised if you see Jelly Drops here in the states sometime soon.

**DATA MASTER: Ivory Tipton** 





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# Man With Down Syndrome Becomes Published Poet With Help from His #1 Fan: Mom



Pat Hartley, 74, lives with her son Craig, 42, who has Down syndrome. Craig was born when Pat was 32. At birth, he was completely blue and was immediately whisked away for testing. It wasn't until another 24 hours passed that Pat was told her baby had Down syndrome—though she was given no information on what this meant for Craig's future or for them as a family. As a result of Craig's diagnosis, Pat was isolated into a separate ward away from the expectant mothers she had become close to. All Pat could think was, "How can I help Craig?" But while the staff in the hospital were lovely, they weren't able to answer her question.

Pat recalls how the doctors simply "wrote Craig off." Craig stayed in the hospital for six weeks because he had no sucking reflexes. When Pat was eventually able to take Craig home, she had no information about how to properly care for Craig. She had been "left in the dark," relying on her instincts (for example, feeding him glucose instead of sugar as the hospital had done).

As there was nowhere else to go, Pat turned to the Down's Syndrome Association (DSA) for help, which gave her lots of advice and support. She came to see the charity as her lifeline.



As Craig grew up, he developed a keen interest in literature. Pat recalls, "I always read to him. He preferred books to toys, and he always wanted to learn." And when Craig was five, an educational psychologist assessed him as above average for his age group.

As a teenager, Craig started writing poems. His experiences as a child inspired him to write "Troubles of a Boy." Now, Craig has become an accomplished writer. He has written over 100 poems and counting, and his work has even been published. Craig is also a successful dancer: he has passed dance exams and won many competitions for tap, ballroom, old time, and Latin American dancing.

As a student, Craig achieved qualifications in Business Administration, Creative Writing, and Desktop Publishing. When he finished college, Craig was keen to be employed. He has worked in England for Lancashire Constabulary, Burnley Youth Theater, and more recently, Community Solutions North West as an invaluable member of their administration team. He is a self-confessed perfectionist who loves to read, watch movies, and listen to music, and is driven to succeed.

Craig lives with Pat, while his sister Dawn lives nearby. They all have a very close relationship and a busy life together. They go dancing, take vacations together, socialize with friends and family, and like to go shopping. As Pat says, "We are out every day!"

Pat thinks Craig is remarkable and is very proud of him. In her own words, she "couldn't ask for a better son." Scroll down to read some of Craig's beautiful poetry.

#### **Troubles of a Boy**

They cuff me and call me names

But one day I will rise to fame

7The world is just a game

I'm changing into a man

There are things that I can't do and can

At school I'm treated like a fool

To be a man you have to be cool

At night when I go to bed

I wish and wish that I was dead

When I waken up I find

I'm still going through life's grind

Sometimes I wander from the path of life

And find myself on the path of strife.

At every step I take I fall.

But I will get to my true goal.

#### One Man's Struggle

I'll follow my heart wherever it leads

No organization will sway me

I will stand firm, my honor uphold

Even though I am deterred by those who oppose me

I follow my river of strength

Alone, in the vast sea, engulfed in my own dreams

Will I be dashed against the rocks?

Or will I be able to defy the tide?

But I strike out regardless through the velvet darkness

One man's struggle to face the odds.

DATA MASTER: Eric Peachey



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## Pizzeria That Doesn't Deliver Makes First and Only Drop-Off for Cancer Patient 4 Hours Away

A pizza restaurant in Battle Creek, Michigan, is earning praise across the country after a caring employee made an exception to the restaurant's nodelivery policy and dropped off some pies for a couple in a different state—after the husband was diagnosed with cancer.

The couple had lived in Battle Creek 25 years ago for just a short time be-

fore moving a state away to Indianapolis, Indiana. (WomansWorld.com is withholding the names of the husband and wife to respect their privacy.) But no matter how many pizza options were available in Indianapolis, the pair never stopped thinking about Steve's Pizza, the local pizza they used to splurge on when they were younger and struggling to make ends meet. "It's just the best pizza, and we've never had anything as good," the woman said. "We'd try new pizza as a whole family and measure it against Steve's."

For the wife's 56th birthday, the couple had planned to make the trip back to Michigan to treat themselves to Steve's Pizza again — but then the husband was suddenly diagnosed with salivary gland cancer and given just days or weeks to live.

Knowing how much Steve's Pizza meant to the grieving couple, the wife's father made a call to the restaurant and explained the situation. "I thought maybe just some contact from Steve's Pizza, maybe a note, I thought I might be asking too much, but I contacted them," the father said. But instead of a note, he got a question: What kind of pies should they deliver?

The man on the other line, 18-year-old Dalton Shaffer, whose uncle owns Steve's Pizza, was determined to get the couple their pizza, regardless of the almost four-hour drive separating the them. "I reiterated to him, 'Dalton, we are in Indianapolis, and that's a three-and-a-half hour drive one way.' and he said 'That's fine," the father explained.

And Dalton was true to his word, packing up two pizzas — one with pepperoni and mushrooms and one with just pepperoni — after the store closed at 10:15 p.m. and hopping into his car. When he finally reached the father and the couple's children at 2:30 a.m. the next day, Dalton simply dropped off the pizzas, turning down payment for the delivery, gas money, and offers to stay the night at a



hotel paid for by the family before reluctantly accepting some money the father pushed at him. Then, Dalton drove home because he had work later that day.

Dalton hadn't even told his uncle about where he was going because he wanted it to be "a kept-quiet kind of thing," he said. "I wasn't going to tell anyone about it. I didn't even tell my uncle or

anything when I left for Indiana. I just hope people could keep that family in mind and pray for them."

As for the husband and wife, they didn't learn about Dalton's kindness until the next morning when their children explained what had happened. "The kids all came in and told us, and I cried and couldn't believe it," the wife said. "I was incredulous."

We're so thankful that there are people like Dalton Shaffer to remind us all of the power of kindness. When he found out that one small thing — a couple of pizzas from their beloved pizza joint — could cheer up an ailing man and his wife, he hopped right in the car and made a surprise happen for a pair of strangers. In this case, he knew that going the extra mile — or in this case, the extra 200 miles — would be worth it.

DATA Master: Doug W. Stone



# Restaurant Owner Puts Up Heartwarming Sign After Customer Complains About Employee With Special Needs

When a pizza parlor owner was told by an angry customer that her restaurant ought to "warn" patrons that it employs people with special needs, she did just that — and she did it with a sign that's earning her praise all over the country.

Amanda Cartagine, who owns the Pizza Inn restaurant in Greenville, South Carolina, says a man approached and demanded that she hang a sign up so that eaters would know some members of the staff had special needs. Cartagine took him up on that suggestion — and she taped it right to the front door.

It's just that the poster, which reads, "We are proud to be an equal opportunity employer and hire ALL of God's children!" probably wasn't what the man had in mind.

According to KCTV5 reporter Brandon LaVorgna, it seems the man who made the silly sign request was offended by a male employee with autism. That employee's mother, who says her son is high functioning, also said that working at Pizza Inn has been a blessing for him and that (luckily!) he is not at all fazed by what happened.

That unnnamed employee isn't the only member of Cartagine's staff with special needs.

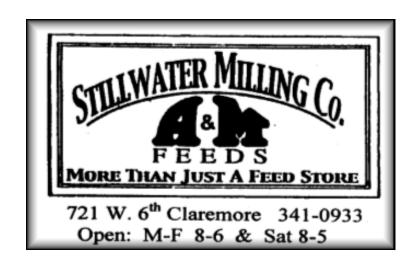
"Out of my 16 crew members, kitchen crew members, 10 of them [have] special needs," Cartagine said. "And I'm proud of that. I'm proud of the crew and the work they do. They do an amazing job!"

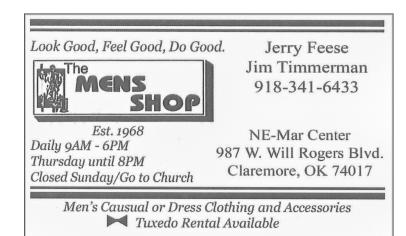
Amy Parham, whose son Rhett has special needs and works at Pizza Inn, hopes the angry customer will get to know the team members and understand them better. "He needs to be tolerant of those individuals who have to struggle and deal with their own issues that they can't help."

Moving forward, Cartagine wants others to realize that people with special needs are "a unique group that everyone should tap into, because they will bless you more than you will ever know."

Our hearts are so full right now!

DATA MASTER: Nikki Hamilton





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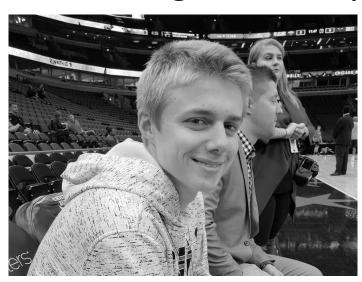
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# Teen Losing His Vision Wants to Travel While He Can Still See — And Strangers Are Rallying to Help



In June 2018, 15-year-old Josh Bangert was playing basketball when vision in his left eye became blurry. At first, he suspected dehydration was the issue. When the teen still struggled to see in school, he went to an optometrist expecting to receive a prescription for glasses. Instead, he was given a life-changing diagnosis: Josh had a progressive disease that would likely rob him of his sight within a few months, and there was no medication or treatment for it.

Josh lay in his bed crying and praying after his diagnosis. Then, he picked himself up and went for a bike ride to empty his mind. When he returned, his seven siblings kept him company the entire night and teased him about what he wanted to see for his last meal.

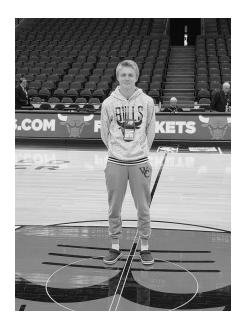
As Josh accepted his condition, his community in West Chicago, Illinois, rallied around him. A family friend suggested the high school sophomore create a bucket list of things he wanted to see and set up a GoFundMe page to help raise money. The campaign quickly surpassed its initial goal of \$20,000 thanks to the generosity of hundreds of strangers. Growing up with such a large family made it expensive for the Bangerts to travel far from their home in West Chicago, but their financial burdens have been alleviated thanks to the nearly 550 donations totaling more than \$38,000 as of this writing.

"The community response is just amazing, but I know God has helped us through all of this," Josh told the Chicago Tribune. "He chose me for a reason, and our community. He knew that we could do this. It's awesome to see everyone reunite and do good."



Josh and his family at a Cardinals game at Busch Stadium. (Photo Credit: Courtesy of Keith Bangert)

Recently, Josh crossed off two items from his bucket list: a St. Louis Cardinals Game at Busch Stadium and a Chicago Bulls game. The Chicago teen met his favorite baseball player, Cardinals catcher Yadier Molina, as well as Molina's teammates. At the Chicago Bulls game, Josh got up close and personal with rookie Bulls player Chris Hutchinson, who was pushed onto Josh's lap by an opponent during a play.



Josh standing at half-court before a Chicago Bulls preseason game. (Photo Credit: Courtesy of Keith Bangert)

Because Josh's condition — called Leber's hereditary optic neuropathy — is fast-acting, he and his family don't know when exactly Josh will lose vision in both eyes. "After losing sight in the first eye, a person with Leber's disease can expect to lose sight in the second eye about eight weeks later. Josh started losing sight in his left eye back in June... [so] it would seem he is on borrowed time," reads his Go-FundMe page.

Josh can still see out of his right eye, but eventually, that too will start to go. "It could be like two weeks from now, it could be a month that I wake up and I don't have vision in my right eye," Josh told the Tribune.



Josh and his father. (Photo Credit: Courtesy of Keith Bangert)

In addition to seeing his favorite teams play, Josh has been able to cross off seing the ocean and visiting California from his list. His father, Keith, told WomansWorld.com that the family will head to Arizona at the end of the month to see the desert and the Grand Canyon. Still on the list are Mount Rushmore, the Northern Lights, and skydiving.



Josh Bangert and his family hiking in California. (Photo Credit: Courtesy of Keith Bangert)

Any money that's left over from the GoFundMe will go towards Josh's medical expenses, said his mother, Margaret. As hard as it is for any parent to watch as their child battles an incurable disease, Josh has been a source of strength for everyone. "He is a wonderful young man who has been dealt a tough situation but has a tremendous outlook on his future, grace be to God for that," Keith told us.

"This is all temporary," Josh said in his interview with the Tribune. "There's a bigger place in heaven for me where everything will be perfect."

DATA MASTER: Steve Burdick

# Young Business Owner With Down Syndrome Uses His Love of Socks to Give Back to the Community



Starting your own busness is a risky endeavor, but a father and son from Long Island, New York, have successfully built a family company around socks — though these aren't just any old socks. Mark Cronin and his son John are the founders of John's Crazy Socks, which they say is special because their socks do more than keep feet warm: they make an impact within the disability community.

John Cronin is a 22-year-old man with Down syndrome. In the fall of 2016, he was getting ready to graduate high school and the inevitable question that follows all students arose: What's next? His loving father Mark asked John what it was he wanted to do, and in response, John said that he wanted to go into business with his dad. At the time, Mark was developing some small online businesses on his own.

Together, the two debated several business ventures, at first toying with the idea of opening their own food truck (John had become inspired by the movie Chef starring Jon Favreau). After realizing that this idea would probably not work because neither John nor Mark actually knew how to cook, they scrapped the plan and opted for something that was closer to their hearts: crazy socks.

Since he was a kid, John loved collecting what he called crazy socks: socks with crazy patterns and colors, socks with funky sayings on them, socks that were different.

"John had worn crazy socks his whole life. We used to go around looking for them. And the thing is, if there's something you love, chances are that other people love it too. Thats where the idea came from," his dad remembers. And John's love for socks is deeply personal. "They always let me be me," he said.



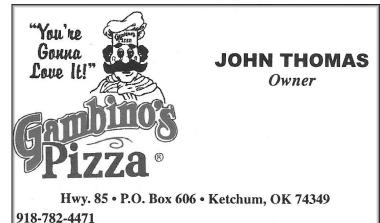
Now, just two years after their start in late 2016, business is booming for John's Crazy Socks. In the first two months of opening the online store, they sold over 1,000 pairs of socks. According to TIME, they even grew their total sales from \$14,700 in December 2016 to \$350,000 in March 2017. What's more, the pair has made sure that their business gives back to the community in many other ways. Not only do John and Mark make special socks for charities supporting causes such as cancer awareness, autism awareness, and Down syndrome awareness, but they've also dedicated their business to helping people with disabilities trying to enter the workforce.

"Giving back is an essential part of what we do," their webiste proudly proclaims. "We do not think a business can simply sell stuff, it is essential to give back. From the beginning, we have pledged 5 percent of our earnings to the Special Olympics. We have added a growing list of Charity and Awareness Socks that raise money for our charity partners. We also hold special events to generate funds for our charity partners."

John's Crazy Socks employs people with differing abilities. The company also uses social media channels and public platforms to advocate for the rights of those individuals. "Eighteen of our 35 employees are people with differing abilities," Mark says. And on the John's Crazy Socks YouTube channel, you can find videos of John and those employees showing off their unique skills. "Some of it is just goofy stuff. We like to have fun. But we have a science show, and soon we're going to release our cooking show with John and Riley, who's on the autism spectrum and loves to cook," Mark adds. The Cronins are also politically active in discussions surrounding the rights of people with differing abilities. "We testified before the House Small Business Comittee about changes that need to be made so that people with differing abilities can work and hold onto their earnings," he explained.

Overall, John hopes to always stay true to his company's motto: Spreading happiness through socks. "We're connecting with our customers because we give back, and because we care about offering inspiration and hope," Mark says of his admirable business model. Mark attributes the success of the compant to a mindset that he and his son share: "Once you believe in it, once it's important to you, then you find a way to make it happen." We most certainly agree.

DATA MASTER: Karen Deffenbaugh









# Nonverbal Boy with Autism Delivers the Graduation Speech of a Lifetime



Struggling with communication as a nonverbal student on the autism spectrum, Sef Scott was never the outspoken type. He was known by his friends and classmates to be a timid and quiet young man, until he delivered a commencement speech that moved his audience to tears — and ended with a standing ovation.

"Unexpected," began Sef. "This is what I want you to remember. Unexpected."

These first words of his speech marked the theme of the 17-year-old's inspiring message. "I would imagine that, to the seniors that know who I am, it is entirely unexpected that I would be standing here giving a speech," he said. "Just by my being here speaking to all of you — me that alone is unexpected." Sef discussed the unlikelihood that someone like him would be the one delivering this commencement speech to his peers — one which he had to spend months writing, editing, rehearsing, and eventually auditioning for in order to earn a spot on the podium. He spoke about how he had the help of his mother Vicki Scott, and his brother Sim, who had survived a brain tumor earlier in life and now speaks publicly on his experience. According to his mother, Sef was deeply inspired by his brother's ability to affect people with his speeches, and when presented with the idea of delivering a comencement speech, he decided that this would be his own chance to make a difference and connect with the classmates he grew up with in a way he never had been able to before.

But the speech wasn't just about Sef and his brothers' inspirational stories. He went on to give several examples of how everyone can use the unexpected to make the lives of others brighter using simple gestures of kindness. "Say 'thank you for doing a good job' to the special needs individual who bagged up your groceries . . . you can sprinkle unexpected moments throughout your everyday life that can benefit those around you with very little effort on your part," remarked Sef.

And the wise young student brought his speech full circle when he spoke on how the unexpected comes up in our personal lives as we try to follow our individual paths, a message that anyone could relate to. He concluded by asking his audience to consider, "Are your next steps where you want to go? If they aren't, then step off of that path. Will that be unexpected? It probably will be . . . but don't follow someone else's dreams. Don't waste time on something you never wanted. Do the unexpected. It is your life that you are living, not anyone else's. So do what fulfills you. Don't fear the future. Don't fear the unknown. Will it be unexpected? Yes, yes it will. But that doesn't make it wrong." We would very much agree.

DATA MASTER: Ivory Tipton



# Getting to know the Lutherans

#### **MADE NEW**

The windows across the back of our new house provide a great view of fairways, a pond, trees, deer, squirrels, birds, and more. Above it all is the often-changing sky with moving clouds that constantly change in size and shape. Cloud formations that any of us see can remind us that God is always creating and recreating, making all things new. 2 Corinthians 5:17 tells us, "If anyone is in Christ, there is a new creation; everything old has passed away; see, everything has become new." Christ's coming into our lives radically changes us. The old in us is being transformed into a new creation. Daily we die to the selves that try to live by our own strength and power. This is not easy. Our lives are works in progress. We are not yet what we ought to be, but thanks to God's spirit, we are not what we used to be. By His amazing grace and transforming power, God is shaping us into the image of Jesus Christ.

Come celebrate this with us at one of our Lutheran churches!

DATA MASTER: Eric Peachry

Messiah Lutheran Church 460 N. Wilson, Vinita, OK. Sunday School and Bible Class 9:00 a.m. Worship 10:00 a.m. 918-256-3223 Email: messiahvinita@aol.com	St. Paul Lutheran Church Washington and Pine, Fairland, OK. Sunday School and Bible Class 9:15 a.m. Worship 10:30 a.m. 918-676-3059 Email: stpaulluthch@aol.com
Bethlehem Lutheran Church 6911 West 380 Road, Adair, OK 74330 Worship 9:00 a.m. 918-785-2994 Sunday School and Bible Class 10:15 a.m.	Immanuel Lutheran Church 706 Rockwood Drive, Grove, OK. Worship 9:30 a.m. 918-786-4585 Website: www.lutheransonline.com/lo/Groveok
Mt. Olive Lutheran Church 2337 North Main, Miami, OK 74354 Worship 2:00 p.m. (918) 542-4681 Sunday School and Bible Class 3:00 p.m. Email: mtolive@cableone.net	Redeemer Lutheran Church 220 N. Seminole, Claremore, OK. Sunday School and Bible Class 9:00 a.m. Worship 10:30 a.m. 918-341-1429 Email: rluther@sbcglobal.net—Website www.rlccok.org
Guests are always welcome. See you Sunday at worship.	St. John Lutheran Church 607 SE 9 <sup>th</sup> Street, Pryor, OK. Sunday School and Bible Class 9:15 a.m. Worship 10:30 a.m. 918-825-1926 Email: stjohnpryor@sbcglobal.net-Website: www: stjohnpryor.org

# **Up-coming Events**

TOPS #570 We meet 9am to 11am Monday morning at Mt. Olive Lutheran Church in Miami 2337 N. Main St. "Taking off pounds sensibly!

TOPS #567 meet every Thursday at 10am 433 N Mississippi in Nowata.

TOPS #506 in Miami Heavenly Winds Worship Center meet every 6pm Monday evening. For more info call Susan Walls at 918-540-0570

Every 4th Saturday of the month Veteran's Support Group: Veterans for Veterans. Have you served in the military? Are you struggling with readjustment? Anxious about the future? Struggling to connect with friends and family? Struggling with school? WE CAN HELP! Free veterans support group at 10am every 4th Saturday of the month. The Landing 502 West Corner Fairland, Ok. For more information call Larry Boyd (918) 541-7592 or Cindy (918) 676-3228.

Food Truck Wednesdays —Every Wednesday, grab some tasty eats and gather on the grounds of Guthrie Green. During Food Truck Wednesdays, lunchtime transforms into a community-wide affair, with roaming food trucks posting up at this Tulsa park. While you dine on delicious food, be sure to enjoy the live music and fresh air. Guthrie Green 111 E Brady St Tulsa, OK 74103 Phone: 918-574-2421

Chelsea Dance and Jam Session—Every Friday Night 6:00 pm—9:00 pm—Bring a dish for potluck at 6:30 pm. Musicians are welcome. Civic Center 618 Pine street Chelsea, OK 74016

Big Cabin Senior Exercise Program—Fitness program for seniors held at the Big Cabin Baptist Church gym three times a week, Monday, Wednesday and Friday, from 10 to 11 a.m.

American Legion Post 178 in Grove, OK – Bingo every Saturday evening at 6pm. Family atmosphere. Contact Lee Cathy for any questions at: 901-487-9060 Jan 21, 2019 Tulsa Martin Luther King, Jr. Parade— Head to the annual Martin Luther King, Jr. Parade through Tulsa to honor a legend and celebrate freedom with the community. This event grows every year and now includes hundreds of people with impressive displays of music and floats. The parade is organized by the Martin Luther King, Jr. Commemoration Society of Tulsa, which has been organizing ways to honor Dr. King since they formed in 1979. Detroit & John Hope Franklin Blvd Tulsa, OK 74106 Phone: 918-492-9495 Jan 21, 2019 Dr. Martin Luther King Jr. Day Parade & Celebration—Travel to Muskogee for the Dr. Martin Luther King Jr. Day Parade & Celebration. Honor the legacy of Dr. Martin Luther King, Jr. with a trip to

#### SUDOKU PUZZLES

Fill in the grid with digits in such a manner that every row, every column and every 3X3 box accommodates the digits 1-9, without repeating any.

You asked and we listened. The top puzzle is easy and the bottom one is moderately hard.

9			1		5		
	3	2	5				
		5				3	1
	1				8	4	
6		8	3	7	9		2
	4	7				5	
8	6				3		
				6	1	2	
		1		5			6

Hardship level: Moderate

	7	8	5					
6			ī			1		4
		4		6			7	5
3	5			2	7			
		7				9		
			6	9			3	7
8	2			7		5		
7		1						6
					9	7	2	

Muskogee to see the festive floats lined up along MLK Street. Celebrate the history of Dr. Martin Luther King, Jr. at this historic annual event. 300 W MLK St Muskogee, OK 74401 Phone: 918-683-4600 Jan 25, 2019 - Jan 27, 2019 Green Country Home & Garden Show—Head to the largest free home and garden show in Northeast Oklahoma and have fun looking through over 150 vendors at the Green Country Home & Garden Show at the Expo Square in Tulsa. Find your inspiration for your next project and get decorating ideas from the professionals. Look at products and services ranging from roofing and cookware to spas and windows all in one place. Tulsa Fairgrounds 4145 E 21st St Tulsa, OK 74112 Phone: 918-523-2003 Fax: 918-493-5357 Jan 25, 2019 Midland in Concert—Hear the Midland trio perform their signature blend of harmonic country music live as they play the Cain's Ballroom stage in Tulsa. Take a seat and sing along as Midland plays some of their bestknown tracks like "Drinkin' Problem." Watch these cowboy-hat-wearing artists deliver their personal take on classic country music to their fans. Cain's Ballroom 423 N Main St Tulsa, OK 74103 Phone: 918-584-2306 Jan 25, 2019 Choregus Productions presents: The Sound of Science—Experience a remarkable collision between music and science at "The Sound of Science." Hosted by Choregus Productions, this concert showcases eight pieces of music by seven esteemed composers celebrating the life and work of eight influential scientists, from botanists and physicists to climatologists and mathematicians. Tulsa Performing Arts Center – Doenges Theater 110 E 2nd St Tulsa, OK 74103 Phone: 918-688-6112, 918-295-5965 Jan 25, 2019 - Jan 27, 2019 Tulsa Oilers vs. Allen Americans—Cheer on the Tulsa Oilers as they take on the Allen Americans for three consecutive days at the BOK Center in downtown Tulsa. Get in on the fast-paced hockey action as these two teams compete for control of the puck. Enjoy a snack and a cold beer while cheering on the team as they battle for victory on the ice. BOK Center 200 S Denver Ave Tulsa, OK 74145 Phone: 918-632-

Jan 26, 2019 Eagle Tour & Loon Watch—Come to the Sequoyah National Wildlife Refuge and see southern bald eagles in their natural habitat. You will begin the tour by watching eagles from the refuge's webcam before taking off on the 25-person tour bus. Guests are encouraged to bring binoculars. Stops will be made at two nesting sites as well as other points of interest where eagles frequently appear. Two spotting scopes will be provided for a closeup look at these incredible birds. Sequoyah National Wildlife Refuge & Tenkiller State Park Vian, OK 74962 Phone: 918-489-5641, 918-489-5025 Fax: 918-489-2111 Jan 26, 2019 Scottish Club of Tulsa's Robert Burns Night—You don't have to be Scottish to join in on this fun and festive celebration of Scotland's most famous poet, Robert Burns. Hosted by the Scottish Club of Tulsa, this evening of festivities will include delectable Scottish

fare, inspirational toasts, heart-swelling bagpipes and drums, Scottish dancing and plenty of good cheer to go around. Whether you are a Robert Burns devotee or simply a lover of all things Scottish, you won't want to miss this fun and festive event in Tulsa. Holiday Inn Express & Suites Jenks 150 Aquarium Dr Jenks, OK 74037 Phone: 918-706-8135

Jan 26, 2019 - Jan 27, 2019 R.K. Gun & Knife Show—For a high quality gun show with great prices and selection, visit the R.K. Gun & Knife Show in Tulsa. RK Shows have been putting on quality gun and knife shows for over 20 years and are consistently growing in popularity. Held at Tulsa Expo Square in the Exchange Center, this gun show will feature antique, collectible, vintage and modern firearms. Browse the many booths, talk with experts and take advantage of the great bargains. Grab a friend and head to the R.K. Gun & Knife Show to see what you've been missing. Tulsa Expo Square 4145 E 21st St Tulsa, OK 74114 Phone: 563-927-8176 Fax: 563-927-8207 Jan 26, 2019 Myaamia Winter Gathering & Miami Tribal Stomp Dance—Immerse yourself in Native American culture at the Myaamia Winter Gathering & Miami Tribal Stomp Dance. This intertribal celebration of traditional dancing starts off with gourd dancing, followed by a free chili & stew dinner. After the dinner, watch as dancers continue with gourd dancing before transitioning into the stomp dance. The Myaamia Winter Gathering & Miami Tribal Stomp Dance is a family-friendly event where you'll see spectacular regalia and intricate dance steps, set to drumbeats and tribal singing. Miami Nation Council House 2319 Newman Rd Miami, OK 74354 Phone: 918-541-1300

Jan 26, 2019 Eagle Tour—Stop by the Three Forks Nature Center in beautiful Sequoyah State Park for a tour to view eagles in their natural habitat. This eagle tour, which highlights the Fort Gibson and Hulbert area, begins with an overview of eagles at the nature center. This program is followed by an educational eagle video and a chance to meet the nature center's live eagle. Enjoy doughnuts, coffee and hot chocolate before the caravan trip over to the Fort Gibson Dam to search for the bald eagles that winter in Oklahoma. Bring your binoculars and enjoy watching eagles soar over the lake and see them in their nesting areas. Along the way, other bird species can be seen, including loons and cormorants. Sequoyah State Park 19460 Park 80 Hulbert, OK 74441 Phone: 918-772-2108, 918-772-2046 Fax: 918-772-2108

Do You have an event that you would like to share?

Community Links of Chelsea

1100 Walnut/PO Box 85

Chelsea, OK. 74016

Ph: 918-789-2862

Fax: 918-789-5296

DATA MASTER: Steven Burdick

## 9-Year-Old 'Guardian Angel' Saves Man Trapped Under Car



Nine-year-old Malachi Coffey was playing outside at his aunt's house in Sumter County, South Carolina, when he suddenly heard someone desperately crying for help. That someone was his aunt's neighbor, 65-year-old Allen Clemmons, and he was trapped underneath a Mustang convertible.

"I couldn't hardly breathe," Clemmons told The Herald. "I could holler, but nobody was coming to my rescue. I done give up."

Clemmons was pinned down for over an hour and a half, gasping for air while the Mustang sat on his chest and legs. He told reporters that he prayed to God, asking for the strength to get one last shout for help out before it was too late.

Thankfully, that's when young Coffey arrived and realized what was going on. The boy then jumped into action: He found a car jack, slid it under the vehicle, and used it to lift the heavy weight of the giant hunk of steel from Clemmons, who was holding on to his very last few breaths.

"If it hadn't been for Malachi, I wouldn't be here today, because I couldn't have made it another 30 minutes," Clemmons said.

After freeing Clemmons from the weight of the car, Coffey ran back to his aunt's house to get help. Clemmons was then airlifted to a hospital in Columbia, South Carolina.

To reward young Coffey for his heroic deed, the Sumter County Sheriff's Ofice gifted him with a plaque, a badge to honor him as a junior deputy, a sheriff's office quilt for his mother, an official sheriff's office coin, a certificate designating him as the employee of the month for April, and a \$25 gift card to Walmart.

"Malachi has always been an angel to my family and I am blessed to see him sharing that calling with others," Malachi's mom, April Coffey, told Woman's World. "I am extremely proud of him and what he did and am very blessed to be his mom."

Although Clemmons still suffered after the incident — with six fractured ribs, two pelvis fractures, and a shoulder injury — he said he's forever grateful



for Coffey's help. And Coffey's kindness didn't stop there: While Clemmons was in the hospital, Coffey visited him, and the pair built a friendship so strong that Clemmons now refers to the boy as his "angel."

DATA MASTER: Breanna McDowell

Western Wear \* Boots \* Tack \* Laundry Drop

Langley
Western Store

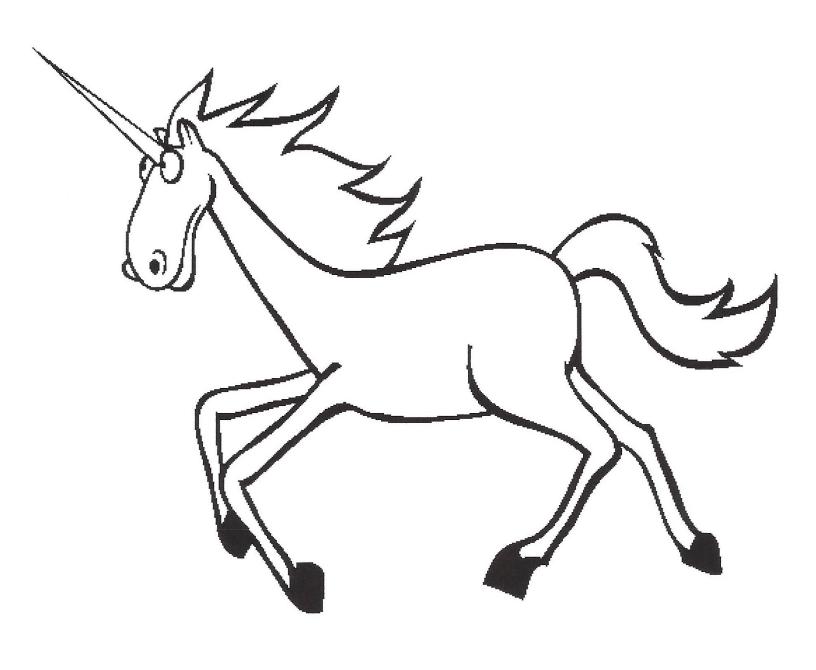
20x Cruel Girl Lawman Roper

**American West** 

Ariat|Justin|Tony Lama|Lucchese|Minnetonka

HWY 82|Langley, Oklahomna

918-782-2726 Open 9:30 - 6:00 pm \* Closed Sunday langley\_western\_store@yahoo.com P.O. Box 730 1116 N 3rd. street Lanley, OK 74350



# Have you seen our amazing CD Specials?

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**WELCH STATE BANK** 

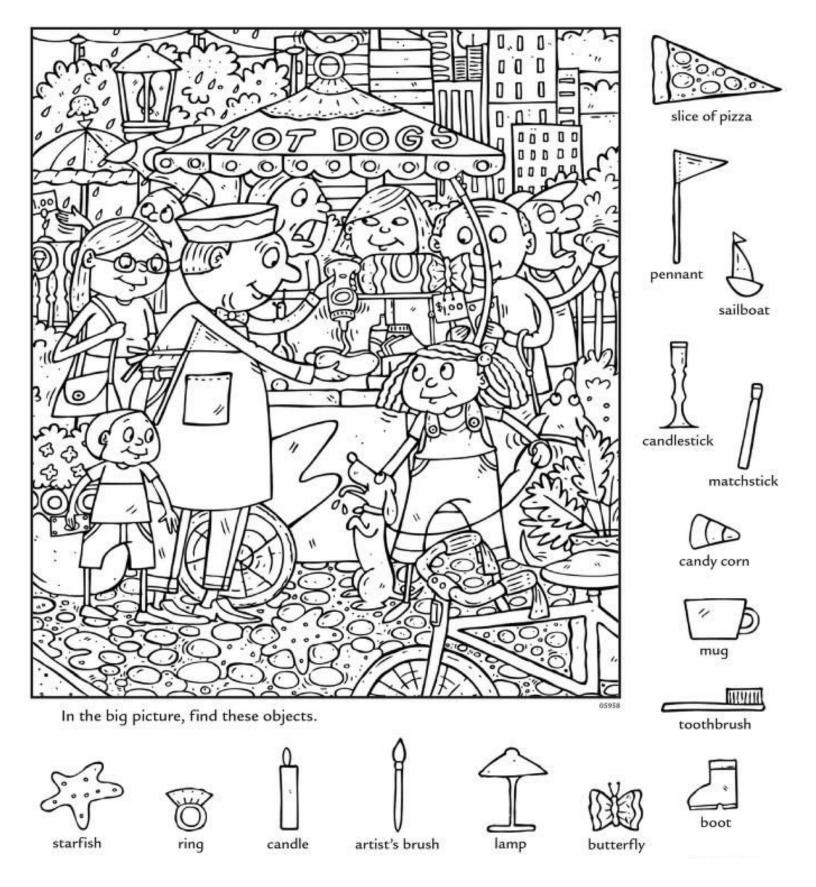
# Watch your money grow!

Call, visit our website, or come into any "branch" location for more details today!

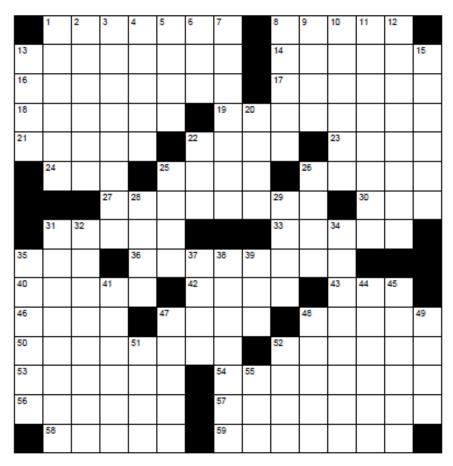
See what we did there...
"branch"...

"tree branch"...
"grow!"





# **Crossword Puzzle**



#### Across

- 1. Religious retreats
- 8. Team leader
- 13. African nation
- 14. \_\_\_\_ Massacre (1914 event)
- 16. Jabbers
- 17. "Ain't That \_\_\_\_ " (Fats Domino song)
- 18. Counted (on)
- 19. Delirium
- 21. Inventory count
- 22. God, in Guadalajara
- 23. Fam. members
- 24. Pou \_\_\_ (basis of operations)
- 25. Japanese toy company
- 26. Start of a kid's counting rhyme
- 27. Makes
- 30. Animation unit
- 31. Like a fab performance
- 33. Softens
- 35. Stylist's stuff
- 36. Bosporus port
- 40. Chopin's "Polonaise in \_\_\_\_ Major, Op.
- 53"

- 42. Upper, in Ulm
- 43. Swiss river
- 46. Wray, et al.
- 47. \_\_\_ cloud (astronomical sighting)
- 48. Kind of salts
- 50. Unit of warships
- 52. City of New Hampshire
- 53. DeGeneres and Burstyn
- 54. Flamboyant successes
- 56. Tell (a story)
- 57. "Available \_\_\_\_\_ now!" (TV pitch
- phrase)
- 58. Popular stocking
- 59. Tony Soprano, for one

#### Down

- 1. Site of the 2004 Olympics
- 2. Mustachioed movie critic
- 3. Got along well
- 4. Dull drills
- 5. Modeled oneself on
- 6. Bygone Russian space station
- 7. Raw fish dish
- 8. Type of warfare
- 9. Throw out of office
- 10. Be clingy
- 11. Justice Thomas
- 12. Church discourses
- 13. Neutral shade
- 15. Ferret's cousin
- 20. Go back and forth
- 22. "Simpsons" cry
- 25. General often found on Chinese

#### menus

- 26. Isaac's firstborn
- 28. Had \_\_\_\_ (went ballistic)
- 29. Omaha's st.
- 31. Came to pass, in the past
- 32. "\_\_\_\_ oxen free" (children's game)
- 34. It's made with a full backswing
- 35. Electrician on a film set
- 37. Home Depot purchase
- 38. Lot's uncle
- 39. Clear
- 41. Bargain hunter's quarry
- 44. Off the water
- 45. Carpenter's tool
- 47. Mary-Kate or Ashley
- 48. Bridge seats
- 49. Catholic service
- 51. Look\_\_\_ (probe)
- Accident investigation org.
- 55. Palindromic tribe

## **Word Search Puzzle**

R Е F ı Ν Е R Υ Е R В Α Е ı S Α R Е т L т Р D Q L F W Е 0 R т Н Α D Е G Υ Е K R 0 W Е R ı F Е S U L Е F Е U т Р L ı Ν Α L 0 С R I т Ν U Е ı S н R Α U L L Е Е т Е U L G Н Н Е 0 Q L R G G S C Α L М S L R S R Α Е Е Ν R R ı R Е C т М т S н D L н Е Е В н Е S C R R W W R ı R W S т Υ А т O 0 Α S V 0 0 т Α G М Е U F M O R U Ν т S U Ν S Е Ν Р Н Р Р Α W Y S D Е S Р Α Е R K

Bravely
Calms
Divulged
Drone
Eraser
Fewer
Finale
Firework
Floor
Forest
Forth
Fuels

Garbs
Gases
Generate
Hither
Inform
Laced
Lapsed
Lawyers
Liked
Lists
Literals
Metric

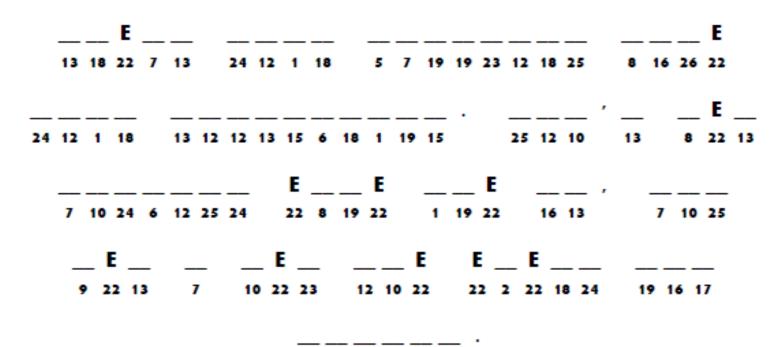
Newts
Nowhere
Ogled
Order
Pouch
Quell
Recoups
Refinery
Rhymes
Rustle
Shavers
Shiver

Shuns
Steer
Stunk
Tools
Tramp
Trolley
Until
Upset
Utter
Whaler

# **CryptoQuote Puzzle**

**Topic: Computers** 

Α	В	C	D	E	F	G	Н	I	J	K	L	M	N	0	P	Q	R	S	T	U	٧	W	X	Y	Z
				22																					



11 12 10 13 15 19

Clifford Stoll

DATA MASTER: Ivory Tipton

Solution is on page 33



# Logic Puzzle

		5	M	lerit l	3adge	25		lce C	æm													
		Davion	Esmeralda	Jadon	Patrick	archery	bird study	bugling	cooking	black cherry	chocolate	neapolitan	strawberry									
	3.2																					
pixek	5.2																					
legal	6.0																					
-	7.0																					
	black cherry											: _	П		_1_	_						
ream	chocolate										_				zle							
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98	archery						For hints, solutions www.Printable-Puz										,	30 11				
Badg	bird study							Mega		els		First	Nam	es	M	erit Ba	adge	S		Ice Cr	eam	
lerit l	bugling						$\vdash$		3.2 5.2		_											$\dashv$
2	cooking						$\vdash$		6.0		+											$\dashv$
						•		7	7.0													

- The person with the 6.0 megapixel camera didn't award the bugling merit badge and doesn't like strawberry ice cream.
- 2. The scoutmaster who awarded the bird study merit badge is not Davion.
- 3. The person who enjoys strawberry ice cream didn't award the bird study merit badge.
- 4. The person who enjoys strawberry ice cream is Jadon.
- 5. The person with the 3.2 megapixel camera is not Jadon.
- 6. The person with the 5.2 megapixel camera is Davion.
- The scoutmaster who awarded the archery merit badge has a camera with fewer megapixels than the scoutmaster who awarded the cooking merit badge.
- Either the person who enjoys strawberry ice cream or the person who enjoys neapolitan ice cream awarded the cooking merit badge.
- Of Esmeralda and the person who enjoys neapolitan ice cream, one awarded the bugling merit badge and the other has the 6.0 megapixel camera.
- 10. The person who enjoys chocolate ice cream has a camera with more megapixels than Esmeralda.

Solution is on page 29

# **Quotes From Thinkers Around The World**

"I sent my Soul through the Invisible, Some letter of that After-life to spell: And by and by my Soul return'd to me, And answer'd: 'I Myself am Heav'n and Hell"

#### **Omar Khayyam**

"As far as you can avoid it, do not give grief to anyone. Never inflict your rage on another. If you hope for eternal rest, feel the pain yourself; but don't hurt others."

#### Omar Khayyam

Be happy for this moment. This moment is your life. **Omar Khayyam** 

When I want to understand what is happening today or try to decide what will happen tomorrow, I look back.

#### Omar Khayyam

"Life isn't about finding yourself. Life is about creating yourself."

#### George Bernard Shaw

"Make it a rule never to give a child a book you would not read yourself."

#### George Bernard Shaw

"A life spent making mistakes is not only more honorable, but more useful than a life spent doing nothing."

#### **George Bernard Shaw**

"The reasonable man adapts himself to the world: the unreasonable one persists in trying to adapt the world to himself. Therefore all progress depends on the unreasonable man."

#### George Bernard Shaw

"Those who cannot change their minds cannot change anything."

#### George Bernard Shaw

"Instead of resisting to changes, surrender. Let life be with you, not against you. If you think 'My life will be upside down' don't worry. How do you know down is not better than upside?"

#### **Shams Of Tabriz**

"A life without love is of no account. Don't ask yourself what kind of love you should seek, spiritual or material, divine or mundane, eastern or western...divisions only lead to more divisions. Love has no labels, no definitions. It is what it is, pure and simple. Love is the water of life. And a lover is a soul of fire! The universe turns differently when fire loves water."

#### **Shams Of Tabriz**

"A good man complains of no one; he does not look to faults."

#### **Shams Of Tabriz**

"Most of conflicts and tensions are due to language. Don't pay so much attention to the words. In love's country, language doesn't have its place. Love's mute."

#### **Shams Of Tabriz**

"Don't judge the way other people connect to God; to each his own way and his own prayer.

God does not take us at our word. He looks deep into our hearts. It is not the ceremonies or rituals that make a difference, but whether our hearts are sufficiently pure or not."

#### **Shams Of Tabriz**

"The whole universe is sum up in the Human Being. Devil is not a monster waiting to trap us,

He is a voice inside.

Look for Your Devil in Yourself,

not in the Others.

Don't forget that the one who knows his Devil, knows his God."

#### **Shams Of Tabriz**

In the book of life every page has two sides: we human beings fill the upper side with our plans, hopes and wishes, but providence writes on the other side, and what it ordains is seldom our goal.

#### Nizami Ganjavi

He who searches for his beloved is not afraid of the world.

#### Nizami Ganjavi

"Free is a man who has no desires."

#### Nizami Ganjavi

If the eye of the heart is open, in each atom there will be one hundred secrets

#### Farid al-Din Attar

Human beings are members of a whole, In creation of one essence and soul. If one member is afflicted with pain, Other members uneasy will remain. If you have no sympathy for human pain, The name of human you cannot retain.

#### Saadi

DATA MASTER: Breanna McDowell

# This Month in History - Jan

#### 19th:

1920 Palmer Raids Round Up 4,000 Radical Leftists in United States

1966 Indira Gandhi becomes head of the Congress Party and prime minister of India

1983 Klaus Barbie ( the Butcher of Lyon ) is arrested in Bolivia and extradited to France

1983 Apple announces "The Apple Lisa" the first commercial personal computer to have a graphical user interface GUI and a computer mouse.

#### 20th:

1920 Prohibition takes effect stopping the sale and consumption of alcohol when the 18th Amendment went into effect

1961 John F. Kennedy, took the oath of office.

1981 Iran released 52 weary American hostages, who were held for 444 days

#### 21st:

1954 US launched the world's first atomic submarine, Nautilus

1976 The First Concordes with commercial passengers take off From London's Heathrow Airport and Paris Orly Airport

2008 Black Monday in worldwide stock markets 2010 Toyota recalls 2.3 million cars in U.S.

#### 22nd:

1901 Queen Victoria passed away in the Osborne House on the Isle of Wight

1920 New "Dry Bill" (Alcohol Prohibition) being Introduced to Congress

1970 The Boeing 747 makes its first commercial passenger trip to London

1984 New Apple Macintosh computer was first displayed during the Super Bowl.

2002 Kmart Corp files for Chapter 11 bankruptcy protection

2010 The stock market lost nearly 3.0% in 2 days and banking sector drops up to 5.0%

#### 23rd:

1922 Insulin First Used

1933 The 20th Amendment to the US Constitution Is Ratified

1961 Luxury Portuguese cruise liner Santa Maria is hijacked by terrorists

1964 The 24th Amendment to the Constitution of the United States is Ratified

1973 US president, Richard Nixon, appears on national television to announce "peace with honour" in Vietnam. 1977 The Alex Haley book "Roots" is turned into a TV Mini Series

#### 24th:

1935 First Canned Beer Sold

1989 The serial killer Ted Bundy was electrocuted 2003 United States Department of Homeland Security officially began operating

#### 25th:

1924 first Winter Olympics games took place in the French Alps

1933 New Hourly Wage Rate set at 35 cents per hour

1960 Payola Scandal Comes To Light

1964 The Beatles get their first number one with "I Want To Hold Your Hand" on the Billboard Hot 100 chart. 2005 Mandher Devi Temple Stampede

#### 26th:

1939 Nationalists enters Barcelona Spanish Civil War

1945 Soviet troops enter Auschwitz, Poland,

1950 India Formally becomes a republic

1998 President Bill Clinton appears on American Television and denies having "sexual relations" with former White House intern Monica Lewinsky

2005 Condoleezza Rice appointed to the post of secretary of state

2009 Iceland Banking System Collapses

#### 27th

1926 John Logie Baird, gives the first public demonstration of a television system in London.

1938 Honeymoon Bridge across Niagara Falls, Ontario, Canada collapses

1944 Siege of Leningrad Broken after 872 days

1974 The Brisbane River Floods causing much of the city to flood

#### 28th:

1978 First Episode of Fantasy Island Aired on Television 1986 The space shuttle Challenger explodes just after lift-off

#### 29th:

1886 patent was given to Karl Benz for motorized wagon with and internal combustion engine

1959 Disney releases the animated film Sleeping Beauty to theatres

#### 30th:

1931 Banks Go Bust by the thousands following losses during the Wall Street Crash

1948 Mahatma Gandhi assassinated in New Delhi

1968 The Viet Cong launched begin the Tet Offensive.

1969 The Beatles make their last public performance giving an impromptu concert on the roof of the London recording studio.

1977 The Roots Part VIII finale episode is aired on ABC

#### 31st :

1953 The Great Storm Strikes Netherlands England and Belgium

DATA MASTER: Doug W Stone



#### CATOOSA PUBLIC LIBRARY

105 E. Oak

(918) 266-1684

**Hours:** 

Monday thru Thursday: 9am to 7pm Friday: 9am to 12pm & 1pm to 3pm

Saturday: 10am to 2pm

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Wednesday, Thursday & Friday: 10:00am to 4:00pm Saturday: 9:00am to Noon Closed Sunday & Monday

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Sat. 8:00am-12:00pm

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# Library News

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#### **Hours:**

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#### MIAMI PUBLIC LIBRARY

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**Hours:** 

Sun. 1:00pm

Mon., Wed., Thurs., 9:00am to 8:00pm Tues., Fri., Sat., 9:00am to 5:00pm

#### NOWATA CITY-COUNTY LIBRARY

224 S. Pine (918)273-3363 Fax: (918)273-1818

Hours: Mon-Fri  $10_{am}$   $-6_{pm}$ ; Sat  $9_{am}$ - $12_{pm}$ 

#### PRYOR PUBLIC LIBRARY

505 E. Graham, Pryor 918-825-0777

Hours:

Monday & Thursday: 1:00 PM-9:00 PM

Tuesday, Wednesday & Friday:9:00AM-5:00PM

#### SALINA PUBLIC LIBRARY

420 E. Ferry St. (918) 434-8001

Hours: Tue. 12pm-7pm, Wed. 12pm-5pm,

Thurs. & Fri. 10am-5pm

Closed Saturday, Sunday & Monday

#### TALALA AREA PUBLIC LIBRARY

106 W Watova St. (918) 275-4540

Hours:

Monday - Friday 2pm to 5pm

Monday and Thursday evening 6pm to 9pm

Saturday 11am to 2pm

#### VINITA PUBLIC LIBRARY

215 W. Illinois (918) 256-2115

**Hours:** 

Mon., Tues., Wed., & Fri. 11:00am to 6:00pm

Thurs. 11:00am to 7:00pm Sat. 11:00am to 3:00pm

Closed Sunday

#### WILL ROGERS LIBRARY

1515 N. Florence, Claremore OK (918) 341-1564

Hours:

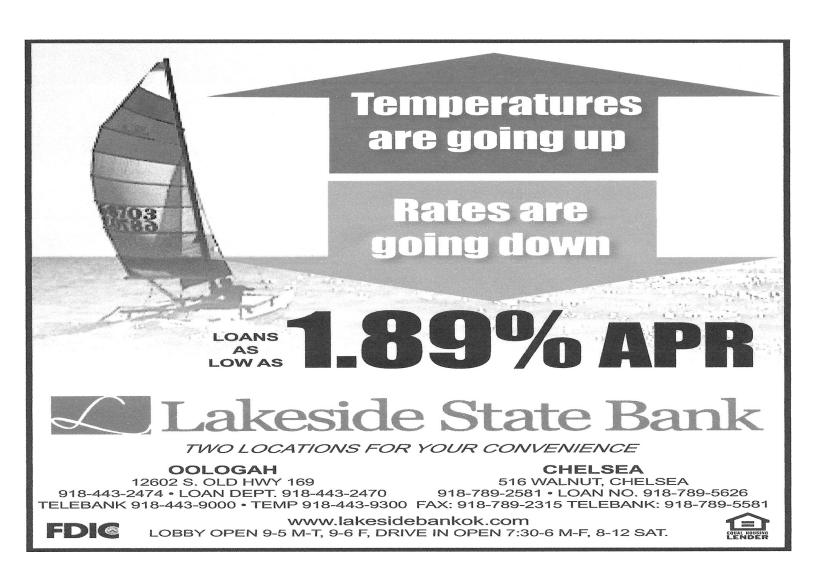
Mon & Tues. 9:30am to 8:00pm Wed. & Thurs. 9:30am to 6:00pm Fri. & Sat. 9:30am to 5:00pm

28 Closed Sunday

# **Logic Puzzle Solution**

3.2	Esmeralda	Bugling	Black cherry
5.2	Davion	Archery	Chocolate
6.0	Patrick	Bird study	Neapolitan
7.0	Jadon	Cooking	Strawberry

DATA MASTER: Nikki Hamilton





301 E. Layton Chelsea, OK.



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http://links.qitg.net

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**Office Supplies:** Self Inking Stamps, Paper products, Toner Cartridges, Printer Cartridges. If we don't have it in stock we will order for you. Most orders complete in 3 days

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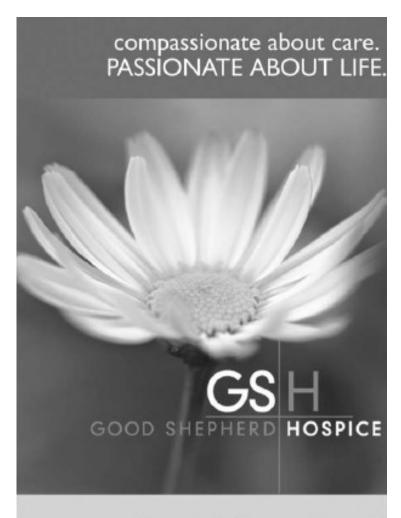
While in store check out bags of deer feed for \$2.50 per bag and our winter caps, gloves, child's mittens, stocking caps & scarves.

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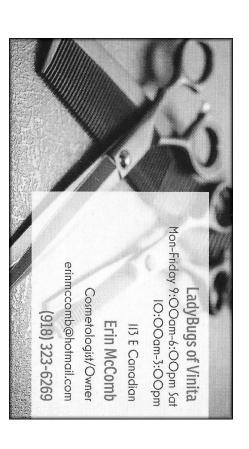
# **CryptoQuote Puzzle Solution**

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# Clifford Stoll

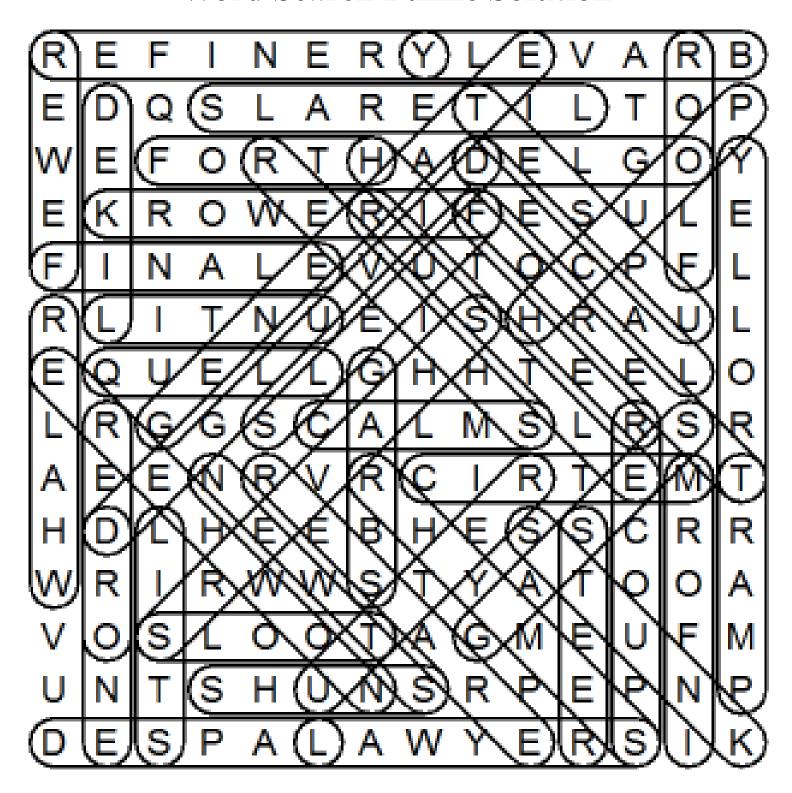
"Treat your password like your toothbrush. Don't let anybody else use it. And get a new one every six months." - Clifford Stoll

DATA MASTER: Ivory Tipton





# **Word Search Puzzle Solution**



DATA MASTER: Ivory Tipton

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#### **Sudoku Puzzle Easy Solution**

9	7	6	1	2	3	5	8	4
1	3	2	5	8	4	7	6	9
4	8	5	7	6	9	2	3	1
3	1	9	6	5	2	8	4	7
6	5	8	3	4	7	9	1	2
2	4	7	9	1	8	6	5	3
8	6	4	2	9	1	3	7	5
5	9	3	4	7	6	1	2	8
7	2	1	8	3	5	4	9	6

#### **Sudoku Puzzle Moderate Solution**

9	7	8	5	4	1	2	6	3
6	3	5	7	8	2	1	9	4
2	1	4	9	6	3	8	7	5
3	5	9	4	2	7	6	1	8
4	6	7	3	1	8	9	5	2
1	8	2	6	9	5	4	3	7
8	2	3	1	7	6	5	4	9
7	9	1	2	5	4	3	8	6
5	4	6	8	3	9	7	2	1

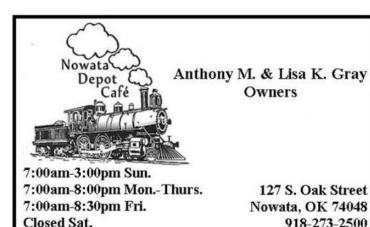
DATA MASTER: Nikki Hamilton

# **Crossword Puzzle Solution**

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13 <b>E</b>	T	Н	ı	0	Р	ı	Α		14 <b>L</b>	U	D	L	0	15 <b>W</b>
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35 <b>G</b>	Ε	L		36 	S	37 <b>T</b>	38 <b>A</b>	39 <b>N</b>	В	U	L			
40 <b>A</b>	F	L	41 <b>A</b>	Т		<sup>42</sup>	В	Е	R		43 <b>A</b>	<sup>44</sup> <b>A</b>	45 <b>R</b>	
46 <b>F</b>	Α	Υ	S		47 <b>O</b>	0	R	Т		48 <b>E</b>	Р	S	0	49 <b>M</b>
50 <b>F</b>	L	0	Т	51 	L	L	Α		52 <b>N</b>	Α	S	Н	U	Α
53 <b>E</b>	L	L	Ε	N	S		54 <b>H</b>	<sup>55</sup>	Т	S	Н	0	Т	s
<sup>56</sup> <b>R</b>	E	L	Α	T	E		57 <b>A</b>	Т	s	T	0	R	E	S
	58 <b>N</b>	Υ	L	0	N		59 <b>M</b>	0	В	s	Т	E	R	

DATA MASTER: Eric Peachey





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## Some Riddles

- 1. What do you throw out when you want to use it but take in when you don't want to use it?
- 2. You can carry it everywhere you go, and it does not get heavy. What is it?
- 3. What goes up but never comes down?
- 4. Always in you, Sometimes on you; If I surround you, I can kill you. What am I?
- 5. I make two people out of one. What am I?
- 6. I have lakes but no water, No cars but I have streets; Many places and borders, But I'm in one piece. What am I?
- 7. One day, the police found a man dead inside a hut. In his left hand, he's holding a gun. In his right hand, he has a recording. When the recording is played, the police hear the man talking about how horrible life is and how he wants it to end. The recording ends with a gunshot. The police are about to call it a suicide until you point out a very important clue. What is it?
- 8. I am white when I am dirty, and black when I am clean. What am I?
- 9. What 4-letter word can be written forward, backward or upside down, and can still be read from left to right?
- 10. Look in my face, I am somebody; Look in my back, I am nobody. What am I?
- 11. Until I am measured I am not known, Yet how you miss me when I have flown. What Am I?
- 12. How can you leave a room with two legs and return with six legs

13.

#### Answers

- 1. An anchor
- 2. Your name.
- 3. Age
- 4. Water
- 5. A mirror.
- 6. A Map.
- 7. The recording played a gunshot inside it. If the man committed suicide, he wouldn't have been able to stop the recording after he pulled the trigger.
- 8. Blackboard
- 9. NOON
- 10. I am a mirror.
- 11. Time
- 12. Bring a chair back with you.

DATA MASTER: Breanna McDowell

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Jiffy Mart

Lakeside State Bank Little Green Shop Main Street Diner

#### Chouteau

**Burger Station** Cherry's Chouteau Mall Chouteau Public Library & Senior Citizens Center **Dutch Pantry** Marvin's Grocery Pizza Corral

#### Claremore

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Misty's Salon

#### Commerce

**Eastwood Manor** 

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Grove Eye Center Grove Sr. Citizens Harps Grocery

MidCo Clothes & More

Rancho Viejo Tom Cat Corner

#### Jav

**Sinclair Station** 

Delaware County Library Jay Senior Citizen's

Savannah Park Apartments

#### Ketchum

Buddy's Foods

#### Langley

4 State Insurance Betty's Beauty Shop

Langley Drug

Reasor's Grocery Store

The Dam Stop

#### Miami

Marvin's Grocery Miami DHS Miami Library Miami Senior Citizen

Windridge

Wal-Mart Supercenter Lil Café (Commerce)

#### Nowata

Eagle Fuel D&L's Wash & Dry Homeland Katie's Donuts Nowata Depot Café

Nowata Senior Citizens Cen-

Ranch Supply Regent Bank

Reid's Discount Pharmacy

#### Oologah

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#### Pryor

Deana's Chop Shop Innovations in Hair

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Prvor DHS **Pryor Library** 

Shady Rest Nursing Home

Sinclair's

The Book Exchange

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T-General Store

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Grand Lake Mental Health

Heartsworth House McSpadden Fast Lube Midco Clothes & More

Sam's Tire V & V Drug Vinita DHS Vinita Post Office Vinita Public Library Vinita Tag Office Wood Shed

#### Welch

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#### White Oak

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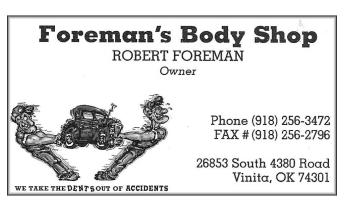


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# LINKS

## Information

The Links Paper comes out twice a month, the 5th and the 20th of every month. We offer many different advertising options and have competitive pricing. Should you be interested in placing an ad with us you can contact us at the phone number or the email provided below.

Deadlines for ad submission: 5th issue: 25th of previous month 20th issue: 10th of the same month

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We can mail current or past issues to you for \$2.00 per issue. To receive every issue by mail we offer two subscriptions:
6 months subscription for \$24.00
Full year subscription for \$48.00

## JEWELS FROM THE WORD

**DO-IT-YOURSELFERS** The first time I tried to butcher my own meat I found out the importance of the right equipment. We used a hatchet to detach the joints and a hacksaw to cut through the bones. I discov-

ered that the knife I owned commonly known as a butcher knife wouldn't cut soft butter.

Mom had a meat grinder. At least it was shaped like a meat grinder, had holes like a meat grinder, a handle that you turn like a meat grinder, but this meat grinder did not grind meat. It turned meat into mush.

When the afternoon was over, I had the smell of wild meat in my nose, the remains all over me, and I had only saved myself \$35. Although the meat was edible, it would have been so much nicer if it had been in recognizable cuts of meat.

My husband and I agreed that the next year the carcass would go to the butcher where it would be cut and neatly packaged for a reasonable price. Our part was to deliver the carcass to the butcher, then pay for it when it was finished..

**Lavon Hightower Lewis** To read more devotioals, go to: <a href="http://jewelsfromtheword.com/">http://jewelsfromtheword.com/</a> Email me at llewis2138@sbcglobal.net

I come from a long line of do-it-yourselfers. I grew up believing that with the right information and the right tools I could do anything. We are that generation, no, that nation of people who believe we can do anything.

And working our way to heaven is one of the things we think we can do.

Ask the man on the street, "How do you get to heaven?" He will probably answer, "By being a good person." Or "Obey the Ten Commandments." Or "Do good deeds." But there are some things you just can't do for yourself and gaining entrance into heaven is the main one.

"Unless one is born again, he cannot see the kingdom of God. For God so loved the world, that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life." Jesus told Nicodemus in John 3:3, 16 .There it is in Jesus' words, what you have to do to get everlasting life and see the kingdom of God--simply believe in God's Son Jesus. You cannot do it yourself. Nothing you do or don't do will get you into heaven.

DATA MASTER: Ivory Tipton

