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Volume 20, Issue 18

*"The Little Green Paper"*

September 20, 2019

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## International Day of Peace 21 September



Students carrying Members States' flags during annual Peace Bell Ceremony, United Nations, New York, 21 September 2015. UN Photo/Amanda Voisard

The International Day of Peace was established in 1981 by the United Nations General Assembly. Two decades later, in 2001, the General Assembly unanimously voted to designate the Day as a period of non-violence and cease-fire.

The United Nations invites all nations and people to honour a cessation of hostilities during the Day, and to otherwise commemorate the Day through education and public awareness on issues related to peace.

The United Nations Member States adopted the 17 Sustainable Development Goals in 2015 because they understood that it would not be possible to build a peaceful world if steps were not taken to achieve economic and social development for all people everywhere, and ensure that their rights were

protected. The Sustainable Goals cover a broad range of issues, including poverty, hunger, health, education, climate change, gender equality, water, sanitation, energy, environment and social justice.

**Sustainable Development Goals**  
1: End poverty in all its forms everywhere - More than 700 million people, or 10% of the world population, still live in extreme poverty and is struggling to fulfill the most basic needs like health, education, and access to water and sanitation, to name a few. The poverty rate in rural areas is 17.2 per cent—more than three times higher than in urban areas.

2: Zero Hunger - A profound change of the global food and agriculture system is needed if we are to nourish the 815 million people who are hungry today

and the additional 2 billion people expected to be undernourished by 2050.

3: Ensure healthy lives and promote well-being for all at all ages - Working towards achieving the target of less than 70 maternal deaths per 100,000 live births by 2030 would require improvements in skilled delivery care. Achieving the target of reducing premature deaths due to incommunicable diseases by 1/3 by the year 2030 would also require more efficient technologies for clean fuel use during cooking and education on the risks of tobacco.

4: Quality Education - Obtaining a quality education is the foundation to creating sustainable development. Over 265 million children are currently out of school and 22% of them are of primary school age. Additionally, even the children who are attending schools are lacking basic skills in reading and math.

5: Achieve gender equality and empower all women and girls - Women and girls continue to suffer discrimination and violence in every part of the world. Unfortunately, at the current time, 1 in 5 women and girls between the ages of 15-49 have reported experiencing physical or sexual violence by an intimate partner within a 12-month period and 49 countries currently have no laws protecting women from domestic violence. Progress is occurring regarding harmful practices such as child marriage and FGM (Female Genital Mutilation), which has declined by 30% in the past decade, but there is still much work to be done to completely eliminate such practices.

6: Ensure access to water and sanitation for all - Due to bad economics or poor infrastructure, millions of people including children die every year from diseases associated with inadequate water supply, sanitation and hygiene. At the current time, more than 2 billion people are living with the risk of reduced access to freshwater resources and by 2050, at least one in four people is likely to live in a country affected by chronic or recurring shortages of fresh water.

7: Affordable and Clean Energy - At the current time, there are approximately 3 billion people who lack access to clean-cooking solutions and are exposed to dangerous levels of air pollution. Additionally, slightly less than 1 billion people are functioning without electricity and 50% of them are found in Sub-Saharan Africa alone.

8: Decent Work and Economic Growth - Roughly half the world's population still lives on the equivalent of about US\$2 a day with global unemployment rates of 5.7% and having a job doesn't guarantee the ability to escape from poverty in many places. There are still many

countries in the developing world that are decelerating in their growth rates and moving farther from the 7% growth rate target set for 2030. As labor productivity decreases and unemployment rates rise, standards of living begin to decline due to lower wages.

9: Build resilient infrastructure, promote sustainable industrialization and foster innovation - It has long been recognized that growth in productivity and incomes, and improvements in health and education outcomes require investment in infrastructure. Manufacturing is an important driver of economic development and employment. At the current time, however, manufacturing value added per capita is only US\$100 in the least developed countries compared to over US\$4,500 in Europe and Northern America.

10: Reduce inequality within and among countries - The most vulnerable nations – the least developed countries, the landlocked developing countries and the small island developing states – continue to make inroads into poverty reduction. However, inequality persists and large disparities remain regarding access to health and education services and other assets.

11: Make cities inclusive, safe, resilient and sustainable - At their best, cities have enabled people to advance socially and economically. With the number of people living within cities projected to rise to 5 billion people by 2030, it's important that efficient urban planning and management practices are in place to deal with the challenges brought by urbanization.

12: Ensure sustainable consumption and production patterns - Sustainable consumption and production is about promoting resource and energy efficiency, sustainable infrastructure, and providing access to basic services, green and decent jobs and a better quality of life for all. Its implementation helps to achieve overall development plans, reduce future economic, environmental and social costs, strengthen economic competitiveness and reduce poverty.

13: Take urgent action to combat climate change and its impacts - Climate change is now affecting every country on every continent. It is disrupting national economies and affecting lives, costing people, communities and countries dearly today and even more tomorrow. Without action, the world's average surface temperature is likely to surpass 3 degrees centigrade this century. The poorest and most vulnerable people are being affected the most.

14: Conserve and sustainably use the oceans, seas and marine resources - The world's oceans – their temperature, chemistry, currents and life – drive global systems

that make the Earth habitable for humankind. Our rain-water, drinking water, weather, climate, coastlines, much of our food, and even the oxygen in the air we breathe, are all ultimately provided and regulated by the sea. Throughout history, oceans and seas have been vital conduits for trade and transportation.

15: Sustainably manage forests, combat desertification, halt and reverse land degradation, halt biodiversity loss - Forests cover 30.7 per cent of the Earth's surface and, in addition to providing food security and shelter, they are key to combating climate change, protecting biodiversity and the homes of the indigenous population. At the current time, thirteen million hectares of forests are being lost every year while the persistent degradation of dry-lands has led to the desertification of 3.6 billion hectares. Deforestation and desertification – caused by human activities and climate change – pose major challenges to sustainable development and have affected the lives and livelihoods of millions of people in the fight against poverty.

6: Promote just, peaceful and inclusive societies - The threats of international homicide, violence against children, human trafficking and sexual violence are important to address to promote peaceful and inclusive societies for sustainable development. They pave the way for the provision of access to justice for all and for building effective, accountable institutions at all levels.

17: Revitalize the global partnership for sustainable development - A successful sustainable development agenda requires partnerships between governments, the private sector and civil society. These inclusive partnerships built upon principles and values, a shared vision, and shared goals that place people and the planet at the center, are needed at the global, regional, national and local level.

DATA MASTER: Karen Deffenbaugh



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# Cherokee Nation Human Services helps families avoid eviction

Human Services clerk Michelle Keys, right, assists a client with forms for family assistance. Human Services runs the tribe's emergency housing assistance.



TAHLEQUAH – Many people live paycheck to paycheck and as a consequence, many households are only an emergency or two from missing house payments or getting crossways with landlords. Some families may even find themselves homeless.

Thanks to assistance from the Cherokee Nation's Human Services, many CN citizens can get some breathing space on their housing and utility debts.

Human Services can help those living in residential and transitional housing through its Family Assistance program. Many applicants looking for help are in a housing program with the Housing Authority of the Cherokee Nation, or renting.

Human Services' emergency housing assistance is given once – and in rare cases twice – and is not granted on a monthly basis. The aim of Family Assistance is to prevent homelessness rather than assist the homeless, but CN citizens who are homeless can visit Human Services for information and initial guidance.

“When someone comes in and states that they are homeless, the advocate will assess the situation to see what is going on,” Family Assistance Manager Janet Ward said. “One of the first things we are going to do is to see if they have family and friends that they can stay with. If they don't, then we will try to locate shelter placement for them. They will also be referred to Housing Authority.”

It may be necessary for a family to move to housing that is more within its budget. The Human Services assistance can stave off eviction or utility service disruption, but recipients must show that they can maintain payments themselves.

“We recommend that families don't wait till last minute to come in for assistance,” Ward said. “The worker will need to take their (family's) application and make sure

they have all the documents to complete the application. If they don't, it will delay being able to process the application if they are eligible.”

Ward encouraged applicants to call Human Services if they are unsure of what documents to bring. “All documents must be provided within five days of the applicant making the application, or the application will be denied,” she said.

She said it's imperative that those requesting assistance have an idea of what they can afford to pay for housing and utilities. Human Services programs will request income information for the previous 12 months. Some applicants are snared, or at least frustrated, by some common pitfalls.

“Not having all their documents delays the application from being completed,” Ward said. “The worker cannot process the application without all required documents. When someone comes in for assistance, they need to have a plan. What will be different next month? Our programs are to prevent homelessness, but at the same time we have to show that they can maintain the housing or utility payments after the assistance.”

Applications also should be timely. Some seek help after holding out hope for too long, or perhaps they have just procrastinated.

“Waiting till the day of the cut-off or day of eviction sometimes causes problems,” Ward said. “There are utility companies that will not work with Cherokee Nation if you wait till the day of cut-off, or the company may require cash to get utilities turned back on or to prevent them from being disconnected.”

Those seeking help must also meet specific guidelines.

“You must live within Cherokee Nation jurisdiction, have a tribal membership card from a federally recognized tribe and meet the income guidelines,” Ward said. “If you do not meet the eligibility guidelines, the applicant will be referred to other agencies in their area.”

For information, call 918-453-5422.

**Source:** Cherokee Nation Human Services

**By:** D. Sean Rowley Senior Reporter

**Website:** <https://cherokeephoenix.org>

DATA MASTER: Breanna McDowell



# The Girl Student Sitting at the Back of the Classroom



I still will never forget a girl student sitting at the back of the classroom. Having failed the college entrance exams and changed schools two times, she couldn't smile naturally. Every day she would sit at the desk, staring into textbooks and exercises, motionless and heavy-hearted. The desperate loneliness she radiated almost stopped me from teaching. Of course, she had no friends in this fiercely competitive class. Every time I stepped into the classroom, I welcomed everyone. Of course, when I said something to her casually, she reluctantly answered with a stiff, shaky, and sheepish smile.

Life is harder for senior students. Hardly does a day go by without endless exercises or tests. Every time when the scores came out, her score wouldn't be the first or second but last. Dark clouds always flashed in her eyes. When I invited her to the teacher's office, we never talked about studies or scores but I would make some jokes casually instead. She never replied. Her gaze wandered over the office, staring out of the window. Slowly she felt a bit relieved.

One day the exam results came out and she did pass! When I quietly walked into the classroom, she was still sitting at the back of the classroom. Since then she had never been heard from again. Two days before the Spring Festival Eve, I was shopping in a supermarket. When I came to the checkout, an excited voice came into my ear: "Hello, Mr. Deng." I looked up and there she stood, working part-time during her college holidays. From her happy face, I could see she was busy and happy. "Mr Deng, you helped me get through my darkest time. I know what you did every day at that time. Thank you."

Gone were her sad expressions and a sunshine face threw light on every customer. In that instant, I realized how important it is to give a bit of care to those in need every day. You may never know how much each gesture or word may mean to someone else. I treasure that experience.

**Source:** KindSpring

**Website:** <https://kindspring.org>

DATA MASTER: Karen Deffenbaugh

# Grandma Wasn't Healthy Enough To Fly, So The Bride Flew To Her For A Priceless Photo Shoot

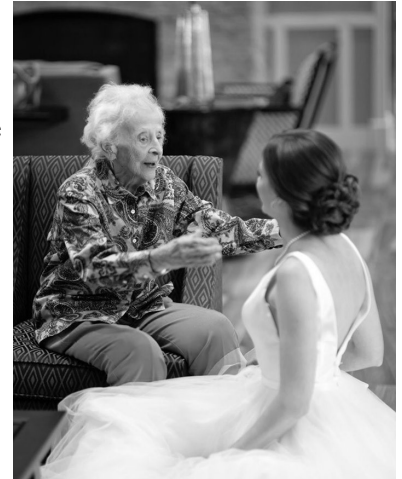
Bride-to-be Tara Foley made sure her 102-year-old grandmother got to take part in the celebration, visiting her in hospice care for a photo shoot in her wedding gown.

"When my Nana was put on hospice, the nurse asked her what her goals were. She replied that she wanted to be at my wedding. They reluctantly told her they didn't want her flying anymore (she was nearly 103 years old) and her heart was failing."

"I knew in my heart she was trying to hang on to get there somehow. I decided to fly to her with my wedding dress, it was unaltered and didn't fit yet but none of that mattered. I may have lied to my entire family about where I was that weekend, and I didn't tell my friends so I could surprise everyone with these photos."

"Words cannot explain how much these moments mean to me and I will cherish these memories for the rest of my life. Her smile and her laugh are forever etched in my mind and the love between us will live in my heart. This was one of the greatest days of my life."

"When I said goodbye to her that night, I think we both knew it would be the last time we would see



each other."

"She grabbed my cheeks with her hands, looked me straight in the eye and said 'I love you very much' and 27 days later she passed away."

"I am so blessed to have this be my last memory with her. She was beyond an amazing woman! I love you Nana, always and forever!"



**Source:** Sunny Skyz  
<https://www.sunnyskyz.com/>

**DATA MASTER:**  
Eric Peachey

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## More Than A Handshake

It was hot and overcast and yet, such a beautiful full day. We picked up my grandmother from her nursing home in San Jose and drove her to Watsonville where the three of us went to get a Shiatsu treatment (a gift from John). We used to go regularly but the last time I had taken my grandmother, she seemed to forget where she was and how to breathe while on her stomach on the massage table – it scared me so I thought perhaps it was better to just massage her myself the best I could. Still, what I can do is pretty cosmetic and she's been getting weaker and having aches from sitting in a wheel chair all day so, I called Ben who runs the Shiatsu clinic with his wife and daughter out of their home and told him my concerns - I wasn't even sure if she would be strong enough to get up the stairs or get onto the table. We can do it! he said. And, we did. Sure there were struggles and funny moments like my grandmother wondering who was the woman working on her back – this woman Chioye has massaged her over the years at least 20 times – they used to laugh and talk together in Japanese but my grandmother didn't remember – Chioye was surprised that my grandmother seemed to have forgotten her Japanese. My grandmother was born in California, her parents who were born in Japan only spoke Japanese so this was her first language but, English is spoken all around her and for all of her life really so it makes sense. Still, we were all happy to hear my grandmother start talking to Chioye in Japanese towards the end. It was like the dust just needed clearing. We all laughed a happy laugh; for different reasons - I laughed just because it made me happy (Ben was working on me on the table next to my grandmother) – Ben and Chioye laughed because apparently she said, "this (her own) elbow is in my way!" LOL When the session was over, my grandmother took Chioye's hand and thanked her for helping her.



Next, we drove towards Mount Madonna to the cemetery where my Uncle Bob lies. We didn't tell my grandmother where we were going. She doesn't really remember her first son died, but I wondered if she would remember when we drove into the cemetery. She didn't. She asked, why are we at a cemetery? I told her that we came to see Uncle Bob. She said, MY uncle!? No, I said. MY uncle, YOUR son. My bobby? she said. He's gone? I didn't know that. ... If you know anyone with dementia, you know this is one of those heartbreaking moments that gets to get repeated. The heart starts to get a little stronger over time but it still pinches. Usually, I just let her believe all her loved ones are still alive somewhere. The only one who she knows is gone for

sure is her husband - he's been gone 30 years, as long as they were married. The rest, like her siblings and son, she assumes are still alive. Here at the cemetery though, I had to be more firm, gentle too of course. He's been gone quite a while bachan, your mind just forgets, it's okay. We got her in the wheel chair and I picked some eucalyptus branches and blue flowers from the side of the dirt road next to the cemetery. These are for Uncle Bob, I said. Oh, they are so pretty, she said quietly. John pushed her to the front of Uncle Bob's grave. I placed the flowers in his vase. She studied his marker and then bowed to him from her chair. I cleaned his marker while she watched. She bowed again. They bowed together. She thanked us for bringing her to him.

We ended our day with a Japanese dinner of course – one that ended with my grandmother saying to the waitress, please come here, I have to shake your hand. Thank you for what you do she said as she held this stunned stranger now friend's hand.

May I always stay humble and grateful. May I never forget these moments or these lessons.

**Source:** Kind Spring

**By:** Miatagano

**Website:** <https://kindspring.org>

DATA MASTER: Nikki Hamilton

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# After More Than 2 Decades, A Homeless Man Is Back With His Family

New Jersey Transit Police have reunited a homeless man with his family after 24 years.

Jose Lopez lost touch with his family after separating from his wife and moving to Florida with his mother. He suffered a series of strokes and ending up homeless.



But the 61-year-old was determined to find his daughters.

He took his Social Security money and traveled back to New Jersey where a New Jersey Transit police officer spotted him and asked him if he needed assistance.

Lopez explained he was in search of his family.

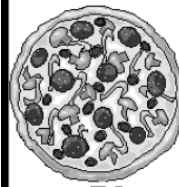
Crisis outreach officer Sean Pfeifer stepped in and called dozens of possible family members. Pfeifer got in contact with his daughter, Angela Viviani, and set up a reunion.

Lopez not only hugged his daughters again, but also met his grandchildren for the first time.

"To feel their emotion, behind the camera I was tearing up," Pfeifer told CBS News.

"I'm thinking, I'm in Heaven. I've got my two best girls. I got a good friend," said Lopez.

**Source:** Sunny Skyz <https://www.sunnyskyz.com/>  
DATA MASTER: Steven Burdick



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# Claremore Nursing Home - Employee of the Month



Employee Of The Month... Samantha Walker voted Employee of the Month by the residents. She was born in San Antonio, TX on November 15th. She has been a CNA here for 10 years. She has two daughters but no longer married. Her hobbies are fishing and swimming but really likes doing anything with her girls. Not many people knows she likes to paint and draw. We all know she loves to mow but only with a push mower. "I love the fact that Claremore Nursing Home feels like home and we work as a team."

**If you would like to join, "Samantha Walker" as a Certified Nurse Aide, please apply in person. Now taking applications for Certified Nurse Aides both days and nights. Must pass a background check. New pay scale for CNA's.**

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# Teacher's 'Baggage Activity' Moves Her And All Her Students To Tears

An English Language Arts teacher at a middle school in Oklahoma was moved to tears after trying out a new activity she is calling "The Baggage Activity".

Karen Wunderlich posted this message along with the above photo on her Facebook page.

"This starts my 22nd year of teaching middle school. Yesterday was quite possibly one of the most impactful days I have ever had.

I tried a new activity called 'The Baggage Activity'. I asked the kids what it meant to have baggage and they mostly said it was hurtful stuff you carry around on your shoulders.

I asked them to write down on a piece of paper what was bothering them, what was heavy on their heart, what was hurting them, etc. No names were to be on a paper. They wadded the paper up, and threw it across the room.

They picked up a piece of paper and took turns reading out loud what their classmate wrote. After a student read a paper, I asked who wrote that, and if they cared to share.

I'm here to tell you, I have never been so moved to tears as what these kids opened up and about and shared with the class.

Things like suicide, parents in prison, drugs in their family, being left by their parents, death, cancer, losing pets (one said their gerbil died cause it was fat, we giggled) and on and on.

The kids who read the papers would cry because what they were reading was tough. The person who shared (if they chose to tell us it was them) would cry sometimes too. It was an emotionally draining day, but I firmly believe my kids will judge a little less, love a little more, and forgive a little faster.

This bag hangs by my door to remind them that we all have baggage. We will leave it at the door. As they left I told them, they are not alone, they are loved, and we have each other's back. I am honored to be their teacher."

**Source:** Sunny Skyz <https://www.sunnyskyz.com/>

DATA MASTER: Steven Burt Dick

# The First Day Of School Took A Toll On This Little Girl

A mother in Scotland captured hilarious before-and-after photos of her 5-year-old daughter on her first day of school.

Little Lucie was all smiles in the morning.



But then school happened

Lucie's mother, Jillian, told Metro, "I did say to her, 'What did you do today?'" and got usual reply all children give, 'Oh, nothing much'."

However, she added that Lucie must have been exhausted because she went to bed much earlier than usual.

**Source:** Sunny Skyz <https://www.sunnyskyz.com/>



DATA MASTER: Steven Burdick

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# Appreciation of Hard Work

One young academically excellent person went to apply for a managerial position in a big company.



He passed the first interview, the director did the last interview, made the last decision. The director discovered from the CV that the youth's academic achievements were excellent all the way, from the secondary school until the postgraduate research, Never had a year when he did not score.

The director asked, "Did you obtain any scholarships in school?" The youth answered "none".

The director asked, "Was it your father who paid for your school fees?" The youth answered, "My father passed away when I was one year old, it was my mother who paid for my school fees".

The director asked, "Where did your mother work?" The youth answered, "My mother worked as clothes cleaner. The director requested the youth to show his hands. The youth showed a pair of hands that were smooth and perfect".

The director asked, "Have you ever helped your mother wash the clothes before?" The youth answered, "Never, my mother always wanted me to study and read more books. Furthermore, my mother can wash clothes faster than me".

The director said, "I have a request. When you go back today, go and clean your mother's hands, and then see me tomorrow morning".

The youth felt that his chance of landing the job was high. When he went back, he happily requested his mother to let him clean her hands. His mother felt strange, happy but with mixed feelings, she showed her hands to the kid. The youth cleaned his mother's hands slowly. His tear fell as he did that. It was the first time he noticed that his mother's hands were so wrinkled, and there were so many bruises in her hands. Some bruises were so painful that his mother shivered when they were cleaned with water.

This was the first time the youth realized that it was this pair of hands that washed the clothes everyday to enable him to pay the school fee. The bruises in the mother's hands were the price that the mother had to pay for his graduation, academic excellence and his future. After finishing the cleaning of his mother's hands, the

youth quietly washed all the remaining clothes for his mother. That night, mother and son talked for a very long time. Next morning, the youth went to the director's office.

The Director noticed the tears in the youth's eyes, asked: "Can you tell me what have you done and learned yesterday in your house?" The youth answered, "I cleaned my mother's hand, and also finished cleaning all the remaining clothes".

The Director asked, "please tell me your feelings". The youth said, "Number 1, I know now what is appreciation. Without my mother, there would not the successful me today. Number 2, By working together and helping my mother, only I now realize how difficult and tough it is to get something done. Number 3, I have come to appreciate the importance and value of family relationship".

The director said, "This is what I am looking for to be my manager. I want to recruit a person who can appreciate the help of others, a person who knows the sufferings of others to get things done, and a person who would not put money as his only goal in life. You are hired". Later on, this young person worked very hard, and received the respect of his subordinates. Every employee worked diligently and as a team. The company's performance improved tremendously.

**Moral:** If one doesn't understand and experience the difficulty it takes to earn the comfort provided by their loved ones, than they will never value it. The most important thing is to experience the difficulty and learn to value hard work behind all the given comfort.

**Source:** Moral Stories

**Website:** <https://moralstories.org>

DATA MASTER: Eric Peachey

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# LIHEAP aids low-income elderly, disabled Natives

In this file photo, Cherokee Nation Human Services staff members deliver a wood stove to a CN citizen's home as part of the tribe's Low Income Home Energy Assistance Program.



TAHLEQUAH – The Cherokee Nation's Low Income Home Energy Assistance Program helps low-income elderly and disabled Native Americans annually with winter heating and summer cooling costs.

Family Assistance Manager Janet Ward said summer cooling funds are for elders 60 years and older and for disabled people who received LIHEAP assistance during the winter. Payments are made directly to electricity sources.

“We will send out an update form for them just to fill out for their electric company just to make sure that's good. We usually make our payment about the end of July, first part of August,” she said.

Family Assistance also has an air conditioner loan program for those in need of refrigerated air.

“We have an air conditioner loaner program that if someone has a medical condition and requires that they have refrigerated air...they cannot have a working central heat and air or an air conditioner already in their home. We can't supplement it,” Ward said.

She said air conditioner program applicants must be completely without any type of cooling source and meet LIHEAP eligibility.

To qualify for LIHEAP, participants must be at the national poverty level plus 50 percent. For example, a family of one must not make more than \$18,210 annually for fiscal year 2019.

Ward said LIHEAP is funded through the Oklahoma Department of Human Services and funding can change year to year, depending on how much the federal government funds the block grant distributed to Oklahoma tribes. Payment rates for heating and cooling sources through the CN's LIHEAP for the elderly and disabled can change yearly.

This past winter, Ward said the program helped more

than 2,076 participants with payments to their heating vendors. This included the elderly, disabled and non-elderly and non-disabled participants who met LIHEAP requirements.

“Regular winter LIHEAP, we do that in October and November for the elderly and disabled, and then in December we open it up to everyone else,” Ward said. “There are families, especially when you talk about the elderly and disabled people who are on a fixed income, if they did not have LIHEAP to help them then they would have to be making the choice between whether to stay warm or cool, or food, or a lot of times to pay their medical expenses.”

She said participants have been “grateful” for the program.

“To be truthful, there would be a lot of our elders who would be really hot during the summer time and cold during the winter because they would be trying to conserve just as much as they could. It just gives them a kind of jumpstart and keeps them going and carries them through for a little while. It does cut down on what portion they would have to pay,” Ward said.

The required documents to apply for LIHEAP include a tribal citizenship card from a federally recognized tribe, Social Security card, verification of household income (includes all household members and income such as social security, disability, working income and child support) and utility bill of main heating source to verify vendor.

Participants must live in the CN jurisdiction and bring a document to verify their 911 addresses.

Ward said we will be doing LIHEAP a little different this year. The elderly and disabled who previously received LIHEAP and are 69 years and younger will be mailed out applications for them to complete and turn back in to the office for processing. The elderly and disabled who are 70 years and above will be scheduled appointments to come in and make an application. For information, call 918-453-5327.

**Source:** Cherokee Nation Human Services

**By:** Staff Reporters

**Website:** <https://cherokeephoenix.org>

DATA MASTER: Doug WM Stone



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## Sometimes Just let it be

Once Buddha was walking from one town to another town with a few of his followers. This was in the initial days. While they were traveling,



they happened to pass a lake. They stopped there and Buddha told one of his disciples, "I am thirsty. Please get me some water from that lake there".

The disciple walked up to the lake. When he reached it, he noticed that some people were washing clothes in the water and, right at that moment, a bullock cart started crossing the lake right at the edge of it. As a result, the water became very muddy, very turbid. The disciple thought, "How can I give this muddy water to Buddha to drink?!" So he came back and told the Buddha, "The water in there is very muddy. I don't think it is fit to drink".

So, the Buddha said, let us take a little rest here by the tree. After about half an hour, again Buddha asked the same disciple to go back to the lake and get him some water to drink. The disciple obediently went back to the lake. This time he found that the lake had absolutely clear water in it. The mud had settled down and the water above it looked fit to be had. So he collected some water in a pot and brought it to the Buddha.

The Buddha looked at the water, and then he looked up at the disciple and said, "See, You let the water be and the mud settled down on its own. You got a clear water. It didn't require any effort".

Moral: Your mind is also like that. When it is disturbed, just let it be. Give it a little time. It will settle down on its own. You don't have to put in any effort to calm it down. We can judge and take best decisions of our life when we stay calm.

Source: Moral Stories

Website: <https://moralstories.org>

DATA MASTER: Steven Burdick

To share your story with us contact:  
Zia Partovi at 918-244-0457 or 918-789-2862 or  
email him at [communitylinks1999@yahoo.com](mailto:communitylinks1999@yahoo.com)

# Positive Relationships are Critical for Students to Succeed at School

**Teacher:** You had so much to offer yesterday. You okay?

**Aiden:** I'm tired.

**Teacher:** So what's going on?

**Dr. Linda Darling-Hammond:** Strong relationships are central to the learning process.

What the science of learning and development tells us is that we need to create learning environments, which allow for strong, long-term relationships for children to become attached to school and to the adults and other children in it.

**Dr. Pamela Cantor:** When children have experiences of closeness and consistency and trust, oxytocin is released. And oxytocin has many, many positive effects on the development of the brain. So when we think about a relationship, we're not just talking about being nice to a child. We're talking about a child having an experience of attunement and trust strong enough to release the hormone oxytocin.

**Falon Turner:** Good morning, Ariella! How are you doing today?

The purpose of the morning greeting is to connect with them and to just make sure that I'm seeing them as humans. Like I'm making that relationship with them, making that bond.

**Catherine Paul:** I prioritize relationship building, because getting to know them is the best part of the job.

**Salma:** When I come in in the morning, we usually talk about things that are happening in our community.

**Catherine Paul:** We're trying to build caring and respect.

**Salma:** Teacher is trying to understand who I am, and my values as a person.

**Kirsten McWilliams:** When I have a free 45 minutes or an hour, I think to myself I could sit down and catch up on grading, or I could go and make connections, whether it's a smile, or a joke, or a reminder that validates their presence in the building.

**Lindsey Minder:** Rock it out in the art room.

It starts from so much honest and transparency with kids. It's really easy to strive to be this like idealized, always ready to go, elementary school teacher. And that's not real, and that's not human.

When people start talking about other things while I'm

still giving direction, it feels frustrating for me, and I have to take a breath. [deep breath]

My students connect most with me when they see that I also struggle, and I also have challenges. It takes a lot of vulnerability on my part.

**Bobby Shaddox:** When that student knows that you care about them, when they know that you're a human, their academic performance in your class is going to be better.

**Cassidy:** If I'm comfortable around them then I'm more confident around them, and it's easier to ask questions and things like that.

**Teacher:** So when you're looking at this graph, what is it that you think happened?

**Aiden:** Some teachers I don't always get along with the best. So at times, I'm like, "I can't do it!" So I'm just not going to do it. But when I like the teacher, I want to do their work. And I'll be like, "I can learn this."

**Teacher:** You all have done outstanding work.

**Dr. Linda Darling-Hammond:** Emotion and learning are completely connected.

**Teacher:** There again!

**Dr. Linda Darling-Hammond:** If you're in a positive emotional space, if you feel good about yourself, your teacher. That actually opens up the opportunity for more learning.

**Teacher:** Good to see you.

**Student:** Today, uhm.

**Source:** Ripple Kindness Project

**Website:** <https://ripplekindness.org/>

DATA MASTER: Nikki Hamilton



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# STRENGTH AND COURAGE FROM JAIDEN



I ran across this story of a 14 yr old boy, Jaiden Rogers who is suffering from a very rare disease called Stiff Skin Syndrome. I have been blessed by all his strength, determination and courage by what he is going through. He is an inspiration to those of us suffering with a disease and to many others.

Stiff Skin Syndrome is a very rare disease where his body is turning to stone. There have only been 41 cases of this disease and Jaidens is the only active case that the Dr.s are aware of. There have been so many wonderful people who have supported Jaiden. His parents, Tim and Natalie Rogers think the world of Jaiden and are desperately trying to raise money to get him to Europe for a stem cell treatment or he will die. They have run out of options in the U.S.


His parents have set up a go fund me page to try and raise the money. [Gofundme.com/treatmentforjaiden](https://gofundme.com/treatmentforjaiden). They have been blessed by so many people supporting them and are forever grateful but more support is needed.

If anyone would read his story and help support him like he and his family have opened the eyes of myself and many others to how we in this world are to show little acts of kindness. That is what life is all about! Thank you Jaiden!

**Source:** Random Acts of Kindness

**Website:** <https://randomactsofkindness>

DATA MASTER: Doug WM Stone



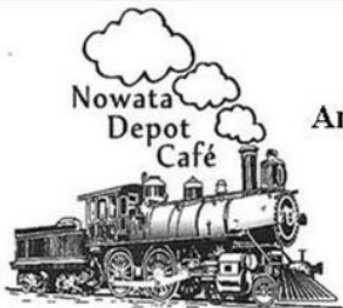
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# The White Elephant



Once upon a time, there lived a herd of eighty thousand elephants at the bottom of the majestic Himalayas. Their leader was a magnificent and rare white elephant who was an extremely kind-hearted soul. He greatly loved his mother who had grown blind and feeble and could not look out for herself.

Each day this white elephant would go deep into the forest in search of food. He would look for the best of wild fruit to send to his mother. But alas, his mother never received any. This was because his messengers would always eat them up themselves. Each night, when he returned home he would be surprised to hear that his mother had been starving all day. He was absolutely disgusted with his herd.

Then one day, he decided to leave them all behind and disappeared in the middle of the night along with his dear mother. He took her to Mount Candorana to live in a cave beside a beautiful lake that was covered by gorgeous pink lotuses.

It so happened that one day, when the white elephant was feeding he heard loud cries. A forester from Benaras had lost his way in the forest and was absolutely terrified. He had come to the area to visit relatives and could not find his way out.

On seeing this big white elephant he was even more terrified and ran as fast as he could. The elephant followed him and told him not to be afraid, as all he wanted to do was to help him. He asked the forester why he was crying so bitterly. The forester replied that he was crying because he had been roaming the forest for the past seven days and could not find his way out.

The elephant told him not to worry as he knew every inch of this forest and could take him to safety. He then lifted him on to his back and carried him to the edge of the forest from where the forester went on his merry way back to Benaras.

On reaching the city, he heard that King Brahmadutta's personal elephant had just died and the King was look-

ing for a new elephant. His heralds were roaming the city, announcing that any man who had seen or heard of an elephant fit for a King should come forward with the information.

The forester was very excited and immediately went up to the King and told him about the white elephant that he had seen on Mount Candorana. He told him that he had marked the way and would require the help of the elephant trainers in order to catch this fantastic elephant.

The King was quite pleased with the information and immediately dispatched a number of soldiers and elephant trainers along with the forester. After travelling for many days, the group reached the lake besides which the elephants resided. They slowly moved down to the edge of the lake and hid behind the bushes. The white elephant was collecting lotus shoots for his mother's meal and could sense the presence of humans. When he looked up, he spotted the forester and realized that it was he who had led the King's men to him. He was very upset at the ingratitude but decided that if he put up a struggle many of the men would be killed. And he was just too kind to hurt anyone. So he decided to go along with them to Benaras and then request the benevolent King to be set free.

That night when the white elephant did not return home, his mother was very worried. She had heard all the commotion outside and had guessed that the King's men had taken away her son. She was scared that the King would ride him in to battle and her son would definitely be killed. She was also worried that there would be no one to look after her or even feed her, as she could not see. She just lay down and cried bitterly.

Meanwhile her son was led in to the beautiful city of Benaras where he was given a grand reception. The whole city was decorated and his own stable was gaily painted and covered with garlands of fragrant flowers. The trainers laid out a feast for their new state elephant who refused to touch a morsel. He did not respond to any kind of stimuli, be it the fragrant flowers or the beautiful and comfortable stable. He just sat there looking completely despondent.

The worried trainers went straight to report the situation to their King, as they were scared that the elephant would just waste away without any food or water. The King was extremely concerned when he heard what they had to say and went to the stable himself. He offered the elephant food from the royal table and asked him why he grieved in this manner. He thought that the elephant should be proud and honored that he was chosen as the state elephant and would get the opportunity to serve his King.



But the white elephant replied that he would not eat a thing until he met his mother. So the King asked him where his mother was. The elephant replied that she was back home on Mount Candorana and must be worried and hungry as she was blind and had no one to feed her and take care of her. He was afraid that she would die.

The compassionate King was touched by the elephant's story and asked him to return to his blind, old mother and take care of her as he had been doing all along. He set him free in love and kindness. The happy elephant went running home as fast as he could. And he was relieved to find that his mother was still alive. He filled his trunk with water and poured it over his sick mother who thought that it was raining. Then she cried out as she thought that some evil spirit had come to harm her and wished and prayed that her son was there to save her.

The white elephant gently bent over his blind mother and stroked her lovingly. She immediately recognized his touch and was overjoyed. Her son lifted her up and told her that the kind and compassionate King of Benaras had set him free and he was here to love and look after his mother forever.

His mother was absolutely thrilled and blessed the kind King with peace, prosperity and joy till the end of his days. She was so thankful to him for sending her son back home. The white elephant was able to take good care of his mother till the day she died. And when he died himself, the King erected a statue of him by the side of the lake and held an annual elephant festival there in memory of such a caring and noble soul.

**Moral:** Always give affection and care to our dear ones. Always respect other's feelings.

**Source:** Moral Stories

**Website:** <https://moralstories.org>  
DATA MASTER Breanna McDowell



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# Up-coming Events

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TOPS #567 meet every Thursday at 10am 433 N Mississippi in Nowata.

TOPS #506 in Miami Heavenly Winds Worship Center meet every 6pm Monday evening. For more info call Susan Walls at 918-540-0570

Every 4th Saturday of the month Veteran's Support Group: Veterans for Veterans. Have you served in the military? Are you struggling with readjustment? Anxious about the future? Struggling to connect with friends and family? Struggling with school? WE CAN HELP! Free veterans support group at 10am every 4th Saturday of the month. The Landing 502 West Corner Fairland, Ok. For more information call Larry Boyd (918) 541-7592 or Cindy (918) 676-3228.

Food Truck Wednesdays —Every Wednesday, grab some tasty eats and gather on the grounds of Guthrie Green. During Food Truck Wednesdays, lunchtime transforms into a community-wide affair, with roaming food trucks posting up at this Tulsa park. While you dine on delicious food, be sure to enjoy the live music and fresh air. Guthrie Green 111 E Brady St Tulsa, OK 74103 Phone: 918-574-2421

Chelsea Dance and Jam Session—Every Friday Night 6:00 pm—9:00 pm—Bring a dish for potluck at 6:30 pm. Musicians are welcome. Civic Center 618 Pine street Chelsea, OK 74016

Big Cabin Senior Exercise Program—Fitness program for seniors held at the Big Cabin Baptist Church gym three times a week, Monday, Wednesday and Friday, from 10 to 11 a.m.

American Legion Post 178 in Grove, OK – Bingo every Saturday evening at 6pm. Family atmosphere. Contact Lee Cathy for any questions at: 901-487-9060

Sept. 28, 2019 End of Summer Bash - Lake area residents, friends and family are invited to an afternoon and evening of fun for FREE from 1-7p.m., Saturday September 28 at Langley City Park located on the corner of Main St. & Hwy 82 in Langley. Dance and sing along as J-Me, our award winning DJ spins everyone's favorite hits. Play lawn games of Pickle Ball, Corn Hole and Horseshoes while the kids enjoy GIANT inflatables from Grand Slam, get your face painted and check out the sidewalk art show. Food and beverages will be available for purchase. Enjoy dinner al fresco

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Fill in the grid with digits in such a manner that every row, every column and every 3X3 box accommodates the digits 1-9,

<b>6</b>				<b>4</b>		<b>2</b>	<b>7</b>
			<b>7</b>	<b>8</b>	<b>5</b>		
			<b>1</b>	<b>5</b>	<b>2</b>		
	<b>2</b>	<b>9</b>	<b>4</b>			<b>7</b>	
		<b>3</b>				<b>9</b>	
		<b>1</b>			<b>9</b>	<b>6</b>	<b>5</b>
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<b>7</b>	<b>3</b>			<b>1</b>			<b>5</b>

Hardship level: Moderate

				<b>5</b>		<b>9</b>	<b>7</b>
		<b>7</b>	<b>1</b>	<b>9</b>		<b>6</b>	<b>4</b>
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DATA MASTER: Nikki Hamilton  
Solutions are printed in page 36

with food truck fare including BBQ, Burgers and Hot dogs as well as tasty treats from Pink Flamingo. For more information call 918-782-9850.

Sep 19, 2019 - Sep 22, 2019 Tulsa Greek Festival - Experience the food and culture of Greece at the Tulsa Greek Festival - OKLAhoma. The highlight of this event is the food - sample traditional Greek dishes including gyros, souvlaki, spanakopita, tiropita and more. Scrumptious bakery items will be offered such as baklava, finikia and loukoumades. Witness dancers of all ages in ethnic costume perform customary dances throughout the festival, and when the call comes for open dancing, you can join in too. The Tulsa Greek Festival also showcases a market with an array of items - from jewelry to Greek cookbooks. Holy Trinity Greek Orthodox Church 1222 S Guthrie Ave Tulsa, OK 74119 Phone: 918-583-2082

Sep 19, 2019 to Sep 21, 2019 Skiatook Pioneer Day Festival & Rodeo - Head to Pioneer Day in Skiatook for a great day of family fun. The Skiatook Pioneer Day Rodeo begins Friday evening. Free festival events kick off Saturday morning with a 5K, 10K and fun run, followed by the Pioneer Day Parade. Enjoy carnival rides, exhibits, arts and crafts, over 90 vendors offering fair foods and live entertainment throughout the day. Other festivities include a classic car show, rodeo, pet contest and a Little Miss/Little Mister pageant. Come celebrate Skiatook's past, present and future on Pioneer Day. Skiatook Central Park Hwy 20 & Locust St Skiatook, OK 74070 Phone: 918-396-3702

Sep 19, 2019 - Sep 21, 2019 Five Tribes Ancestry Conference - Trace your Native American roots at the Five Tribes Ancestry Conference at the Chota Conference Center in Tahlequah. This collaboration between the Cherokee, Chickasaw, Creek, Seminole and Choctaw tribes will gather for a collaborative genealogy conference hosted by the Cherokee Family Research Center. This event will teach visitors how to research their ancestry with historical documents and records. Learn what it means to be Native American, how to decipher various resources and how to trace your family tree. A wide variety of guest speakers and noted genealogists will be available throughout the conference and will be featured in various presentations and Q&A sessions. Cherokee Casino - Chota Conference Center 3307 S Seven Clans Ave Tahlequah, OK 74464 Phone: 918-456-6007

Sep 20, 2019 - Nov 02, 2019 The Hex House - Travel to Tulsa for The Hex House, northeast Oklahoma's extreme haunted attraction. The Hex House is an intense, multi-element, walk-through haunted house attraction themed around a dark chapter in Tulsa's haunted past. The original Hex House was involved in a 1944 police investiga-

tion surrounding a small casket buried in the backyard of a Tulsa house and two young women who had been under hypnotic or occult control for seven years. The investigation was nicknamed the "Hex House" case since it had all the spooky elements of a Halloween story. The original Hex House become a favorite site for young Tulsans to visit on Halloween for years after the case was settled. Now, The Hex House is back, ready to bring your most terrifying fears to life this Halloween season. 5610 W Skelly Dr Tulsa, OK 74133 Toll Free: 877-980-7882

Sep 20, 2019 - Sep 21, 2019 Pryor Patchers Quilt Guild's Comforts of Home Quilt Show - Head to the Pryor Patchers Quilt Show this September for all your quilting needs. Whether you'd like to enter into one of the show's competitions, get ideas for your next project or shop around, the quilt show will have everything you need. More than 150 hand crafted quilts will be on display and vendors will be on site with a wide variety of fabrics, patterns, notions and other quilting items. The store will sell quilts and other handmade goods. A queen-size quilt will be raffled off, and homemade food will be available at the concessions area. OSU Extension Center 2200 NE 1st Pryor, OK 74361 Phone: 918-825-4052 Phone: 918-864-0247

Sep 21, 2019 - Sep 22, 2019 Chamber Music Tulsa presents: American Brass Quintet - Join this company as it surveys everything from Beethoven and Shubert's classics to Debussy piano performances and Elizabethan carols. Hear these performances and much more during the 2019-2020 season. The season opens with two performances by the American Brass Quintet. On September 21, head to Tulsa Performing Arts Center's Westby Pavillion to hear the quintet perform compositions by Anthony Holborne, Melinda Wagner, Monteverdi and Victor Ewald. On September 22, the quintet performs music from artists like Jennifer Higdon, Luca Marenzio, David Sampson and more in Tulsa PAC's John H Williams Theatre. Tulsa Performing Arts Center 110 E 2nd St Tulsa, OK 74103 Phone: 918-587-3802

**Do You have an event that you would like to share ?**  
**Community Links of Chelsea**  
**1100 Walnut/PO Box 85**  
**Chelsea, OK. 74016**  
**Ph: 918-789-2862**  
**Fax: 918-789-5296**

DATA MASTERS: Steven Burdick and  
Eric Peachey



September 21



# Hidden Pictures®

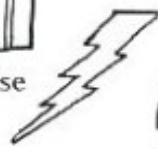
## Sheep-Shearing Salon

By Diana Zourelis

Can you find these  
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lightning bolt



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mug



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flashlight



boot



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piece of popcorn



ice-cream cone



ring



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banana



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pencil



pennant



bowl



In this big picture, find the suitcase, slice of pizza, lightning bolt, mug, snake, flashlight, sailboat, piece of popcorn, boot, ice-cream cone, ring, artist's brush, leaf, pencil, bowl, banana, star, and pennant.

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# Getting to know the

## FAITH THAT LIVES

“. . . the righteous shall live by faith”, Habakkuk 2:4b

Life in and around us is often marked with troubles and worries, doubts and fears. Instead, the prophet tells us to live, not by what we see and experience, but by what we believe.

Faith in Jesus Christ comes as a gracious gift from God. He is keenly aware of the temptations and problems that threaten to tear us from the Savior’s eternal love. But it is our faith in Christ that carries us through the tribulations and tears of this life.

Along with this gift, God gives us his Word to enable faith to grow and be strengthened for the living of these days. He is guarding and protecting every step we take so that we will be with him forever.

But “where is your faith?” The proof of our faith is not in some mathematical formula or in a carefully worded essay. It is found in the texture of our lives as they touch other lives with love and compassion.

So when the world around us is crumbling into ruin and wallowing in despair, believing in Jesus Christ enables us to walk with confidence. Christ is living in us and we live in him by faith.

DATA MASTER: Heather Conn

<p><b>Messiah Lutheran Church</b>  <b>460 N. Wilson, Vinita, OK.</b>  <b>Sunday School and Bible Class 9:00 a.m.</b>  <b>Worship 10:00 a.m. 918-256-3223</b>  <b>Email: messiahvinita@aol.com</b></p>	<p><b>St. Paul Lutheran Church</b>  <b>Washington and Pine, Fairland, OK.</b>  <b>Sunday School and Bible Class 9:15 a.m.</b>  <b>Worship 10:30 a.m. 918-676-3059</b>  <b>Email: stpaulluthch@aol.com</b></p>
<p><b>Bethlehem Lutheran Church</b>  <b>6911 West 380 Road, Adair, OK 74330</b>  <b>Worship 9:00 a.m. 918-785-2994</b>  <b>Sunday School and Bible Class 10:15 a.m.</b></p>	<p><b>Immanuel Lutheran Church</b>  <b>706 Rockwood Drive, Grove, OK.</b>  <b>Worship 9:30 a.m. 918-786-4585</b>  <b>Website: www.lutheransonline.com/lo/Groveok</b></p>
<p><b>Mt. Olive Lutheran Church</b>  <b>2337 North Main, Miami, OK 74354</b>  <b>Worship 2:00 p.m. (918) 542-4681</b>  <b>Sunday School and Bible Class 3:00 p.m.</b>  <b>Email: mtolive@cablone.net</b></p>	<p><b>Redeemer Lutheran Church</b>  <b>220 N. Seminole, Claremore, OK.</b>  <b>Sunday School and Bible Class 9:00 a.m.</b>  <b>Worship 10:30 a.m. 918-341-1429</b>  <b>Email: rluther@sbcglobal.net – Website www.rlccok.org</b></p>
<p><b><i>Guests are always welcome.</i></b>  <b><i>See you Sunday at worship.</i></b></p>	<p><b>St. John Lutheran Church</b>  <b>607 SE 9<sup>th</sup> Street, Pryor, OK.</b>  <b>Sunday School and Bible Class 9:15 a.m.</b>  <b>Worship 10:30 a.m. 918-825-1926</b>  <b>Email: stjohncpyor@sbcglobal.net - Website: www: stjohncpyor.org</b></p>

# Crossword Puzzle

## Crossword #FAY3853Z

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18					19				
20					21				22					
		23		24				25						
26	27						28				29	30	31	32
33				34		35				36				
37			38		39				40		41			
42				43		44				45		46		
47					48				49		50			
				51					52					
53	54	55	56				57				58		59	60
61						62					63			
64					65						66			
67					68						69			

### Down

- Celebrity hairstylist Jose
- \_\_\_\_-Honey (candy with a bee mascot)
- Style of Gaudi
- Group address
- Causes a blown top
- Lesion
- Ms. Kett of old comics
- Museum offering
- Try again at court
- Relative of a Bap. or Presb.
- Certain woodwind
- Beat badly
- Hill builders
- Rat-\_\_\_\_ (drum sounds)
- Greek airport code
- Eric Clapton classic
- "Revenge is \_\_\_\_ best served cold"
- Inflicted upon
- U.S. Open champ Chris
- Norse underworld goddess
- Makes automatic
- East \_\_\_\_ (certain Londoner)
- Disgusting
- Sit down to \_\_\_\_
- Some 45's, briefly
- Bobsled relative
- Alpine lass
- Make repairs to
- Willies
- Least nasty
- The Lone Ranger's faithful friend
- March time
- The "T" of TV
- Baseball stats
- Makes angry
- "Joe \_\_\_\_" (2001 comedy film)
- Arduous voyage
- McKellen and Ziering
- Nemesis

### Across

- Online auction site
- "Chances are, 'cause \_\_\_\_ a silly grin..."
- NYC museum
- Ballpoint pen, in Britain
- \_\_\_\_ Dame University
- Israeli statesman
- Caesarian accusation
- "Enough!"
- Columnist Barrett
- Bambi's aunt
- Mertz and Merman
- Charlie Chan portrayer Warner \_\_\_\_
- Doubled, a Teletubby
- Grownups
- Us, in some sci-fi books
- 504, to Flavius
- Serious
- "You look like you've just \_\_\_\_ ghost"
- Tête thought
- Fuse, as ore
- Some modern TV screens
- Infectious bacteria, briefly
- \_\_\_\_ Good Feelings (1820-29)
- Worked (up)
- Siamese or tabby, e.g.
- Like two-digit number systems
- Dublin athlete's IOC code
- Poisonous compound
- "Let \_\_\_\_!": high roller's cry
- TV bounty hunter
- \_\_\_\_ Field (Shea's replacement)
- Post-mission report
- Cornell or Pound
- "The Forgotten" novelist Wiesel
- \_\_\_\_ Potty (movable restroom)
- "As \_\_\_\_ on TV"
- Psychiatrist's appt.
- Resolute about
- Chiding sounds

Solution is printed in page 37

DATA MASTERS: Eric Peachey and Steven Burdick

# Word Search Puzzle

D	R	O	C	S	I	D	W	T	L	U	M	U	T	T
E	X	C	H	B	S	M	R	C	B	D	P	S	E	R
W	J	O	P	E	E	S	E	O	X	J	Y	R	H	O
N	R	N	E	S	C	T	D	N	S	Q	R	T	H	U
O	D	T	A	T	A	C	R	C	Q	U	I	E	T	B
I	I	E	C	A	E	I	O	O	Q	P	K	H	M	L
T	S	N	E	B	P	L	N	R	W	N	Y	L	A	E
A	S	T	F	I	Y	F	X	D	L	V	A	M	S	N
C	I	I	U	L	A	N	A	N	A	C	E	I	V	H
I	D	O	L	I	R	O	S	D	M	F	H	X	W	A
F	E	N	N	T	F	C	R	S	I	E	M	H	Q	R
I	N	H	E	Y	L	O	W	R	T	M	T	I	F	M
C	C	I	S	I	C	L	T	D	Y	U	Z	Y	C	O
A	E	F	S	C	P	S	E	R	Q	D	K	L	Y	N
P	X	C	A	J	Y	T	I	N	E	R	E	S	Q	Y

accord  
harmony  
strife

amity  
order  
trouble

calm  
pacification  
tumult

concord  
peace

conflict  
peacefulness

contention  
quiet

discord  
serenity

dissidence  
stability

# CryptoQuote Puzzles

**Title:** Discontent **Quote From:** John Steinbeck, The Winder of Our Discontent

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z	

R M O D X U C Y O M E A D Q L U O L H U R W U  
 H O O Z U X A I A H H E Q H R V U A D X  
 D U W U C J U U D

**Title:** Distrusting Relationship **Quote From:** John Steinbeck, Of Mice and Men

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z	

B J K M F F E F U M N Y K V I R L F Q L N O F  
 Y J B I Q N U O Y V T T S J U F Y N H F J S L  
 N R L F U

**Title:** Knowledge and Domination **Quote From:** George Orwell

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z	

L W U V Y R G W J G Z U G G D C F V Y Y T W B G U  
 S V P O C U W O J G V Y Y N U G O P N X



# Logic Puzzle

		First Names				Music				Internet Browsers			
		Daniella	Jadyn	Tristan	Tyson	classical	country	hip hop	jazz	Internet Explorer	Konqueror	Mosaic	Opera
Hospital Bills	\$520												
	\$1380												
	\$1490												
	\$1810												
Internet Browsers	Internet Explorer												
	Konqueror												
	Mosaic												
	Opera												
Music	classical												
	country												
	hip hop												
	jazz												

## Logic Puzzles

Presented by Puzzle Baron

Puzzle ID: A231GV

For hints, solutions and more puzzles, go to [www.Printable-Puzzles.com](http://www.Printable-Puzzles.com)!

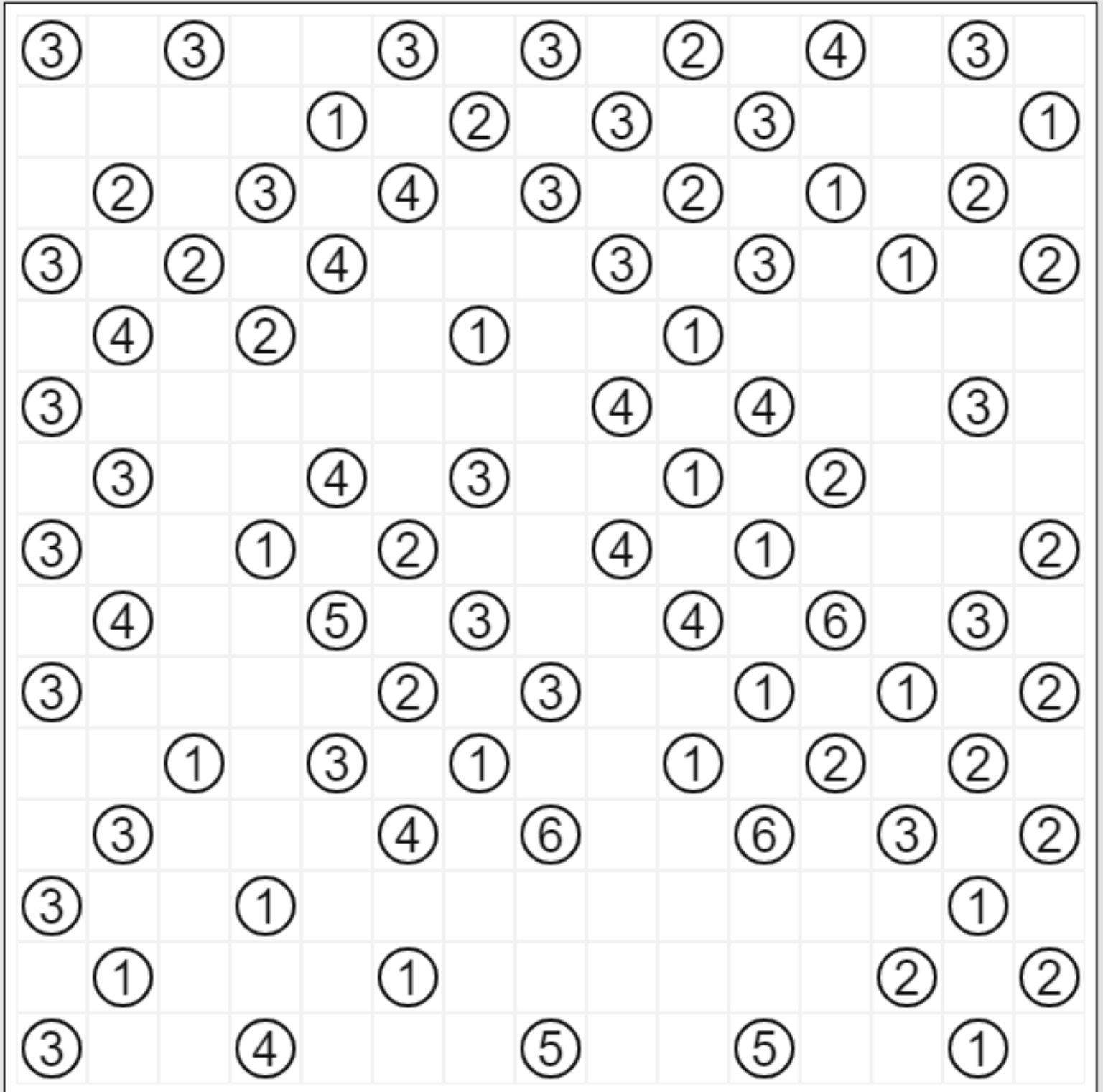
Hospital Bills	First Names	Music	Internet Browsers
\$520			
\$1380			
\$1490			
\$1810			

1. Either the person who prefers using the Internet Explorer browser or the person who prefers using the Konqueror browser is Daniella.
2. The person who prefers using the Konqueror browser is not Daniella or Tristan.
3. The patient with the \$1490 hospital bill only uses Konqueror for their web surfing.
4. The person who downloaded hip hop mp3s is Daniella.
5. The person who downloaded country mp3s can't stand using the Internet Explorer or Mosaic browser.
6. The person who prefers using the Mosaic browser is not Tyson and didnt download any classical mp3s.
7. The person who downloaded classical mp3s owes more money than the person who prefers using the Opera browser.
8. The patient with the \$520 hospital bill is not Daniella.
9. Tristan didnt download any classical or jazz mp3s.
10. The person who prefers using the Mosaic browser owes more money than the person who prefers using the Internet Explorer browser.
11. Of the person who downloaded country mp3s and Jadyn, one only uses Opera for their web surfing and the other has the \$1810 hospital bill.

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# Bridge Building Puzzle

**Puzzle Rules:** The goal is to connect all of the islands by drawing a series of bridges between the islands. The bridges must follow certain criteria: 1) They must begin and end at distinct islands, travelling a straight line in between. 2) They must not cross any other bridges or islands. 3) They may only run orthogonally (i.e. they may not run diagonally). 3) At most two bridges connect a pair of islands. 4) The number of bridges connected to each island must match the number on that island. 5) The bridges must connect the islands into a single connected group.



# Some Riddles

1. In a stable there are men and horses. In all, there are 22 heads and 72 feet. How many men and how many horses are in the stable?
2. A sphere has three, a circle has two, and a point has zero. What is it?
3. When my father was 31 I was 8. Now he is twice as old as me. How old am I?
4. This number added to its square, and the digits of that summation added together, bring it back to itself. What is it?
5. There is a certain club which is for men only. There are 600 men who belong to this club and 5% of these men wear one earring. Of the other 95% membership, half wear two earrings and the other half wear none. How many earrings are being worn in this club?
6. Take eight small sticks, four of which are half the length of the other four. Make three equal squares out of the sticks.
7. Two schoolgirls were traveling from the city to a dacha (summer cottage) on an electric train. "I notice," one of the girls said "that the dacha trains coming in the opposite direction pass us every 5 minutes. What do you think-how many dacha trains arrive in the city in an hour, given equal speeds in both directions?" "Twelve, of course," the other girl answered, "because 60 divided by 5 equals 12." The first girl did not agree. What do you think?
8. If seven people meet each other and each shakes hands only once with each of the others, how many handshakes will there have been?

DATA MASTER: Breanna McDowell

Answers are printed on page 29



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# Logic Puzzle Solution

\$520	Tristan	Country	Opera
\$1380	Daniella	Hip hop	Internet Explorer
\$1490	Tyson	Classical	Konqueror
\$1810	Jadyn	Jazz	Mosaic

DATA MASTER: Nikki Hamilton

## Answers to Riddles


- 14 horses and 8 men.  $14 \times 4$  plus  $8 \times 2 = 72$  feet.
- Dimensions
- The difference in age is 23 years, so I must be 23 if my father is twice as old as me.
3. 3 squared is 9.  $3+9=12$ . Take the two digits of the summation and add them;  $1+2=3$ . In short;  $3-9-12-3$ . This can also work with the number 0 and 9.
- Six hundred. We know that 5%, or 30 of the men are wearing one earring. Of the other 95%, or 570, we know that half are wearing two earrings and the other half none. This is the same as if they all wore one.
- Use the longer four sticks to be sharing sides between the squares and at the end their should be three intertwined squares.
- If the girls had been on a standing train, the first girl's calculations would have been correct, but their train was moving. It took 5 minutes to meet a second train, but then it took the second train 5 more minutes to reach where the girls met the first train. So the time between trains is 10 minutes, not 5, and only 6 trains per hour arrive in the city.
- Twenty one. Most people would think there were 42 handshakes. The first person shakes the hand of 6 others, the second person shakes the hand of 5 remaining people, the third person shakes the hand of 4 remaining people, the fourth person shakes the hand of 3 remaining people, the 5th person shakes the hand of 2 remaining people and the sixth person shakes the hand of 1 remaining person.  $6+5+4+3+2+1=21$

DATA MASTER: Breanna McDowell

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# Library News

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Monday thru Thursday: 9am to 7pm

Friday: 9am to 12pm & 1pm to 3pm

Saturday: 10am to 2pm

Closed Sunday

## CHELSEA PUBLIC LIBRARY

618 Pine (918) 789-3364

### Hours:

Tuesday: 10:00am to 7:00pm

Wednesday, Thursday & Friday: 10:00am to 4:00pm

Saturday: 9:00am to Noon Closed Sunday & Monday

## CHOUTEAU PUBLIC LIBRARY

307 W Main Phone: 918-476-4445

### Hours:

Mon - Fri - 10AM to 5PM

Closed Saturday & Sunday

## DELAWARE COUNTY LIBRARY

429 S. 9th St. Jay, Oklahoma (918) 253-8521

Web: [www.eodls.lib.ok.us/jay.html](http://www.eodls.lib.ok.us/jay.html)

### Hours:

Mon., Wed., & Fri. 9:00am to 6:00pm

Tues. & Thurs 9:00am to 8:00pm

Sat. 9:00am to 1:00pm

Closed Sundays and Holidays

## GROVE PUBLIC LIBRARY

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Fax: (918) 786-5233

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Tues. & Thurs.: 8:30am-9:00pm

Sat. 8:00am-12:00pm

Closed Sunday

## LANGLEY PUBLIC LIBRARY

325 W Osage Ave. (918) 782-4461

### Hours:

Mon.-. 1:00pm to 7:00pm

Tue.-Fri. 9:00am to 12:00pm

And 1:00pm to 5:00pm

Closed Sat. & Sun.

## MIAMI PUBLIC LIBRARY

200 N. Main (918) 541-2292

### Hours:

Sun. 1:00pm

Mon., Wed., Thurs., 9:00am to 8:00pm

Tues., Fri., Sat., 9:00am to 5:00pm

## NOWATA CITY-COUNTY LIBRARY

224 S. Pine (918)273-3363 Fax: (918)273-1818

Hours: Mon-Fri 10<sup>am</sup> -6<sup>pm</sup>; Sat 9<sup>am</sup>-12<sup>pm</sup>

## PRYOR PUBLIC LIBRARY

505 E. Graham, Pryor 918-825-0777

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## SALINA PUBLIC LIBRARY

420 E. Ferry St. (918) 434-8001

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## TALALA AREA PUBLIC LIBRARY

106 W Watova St. (918) 275-4540

### Hours:

Monday - Friday 2pm to 5pm

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Saturday 11am to 2pm

## VINITA PUBLIC LIBRARY

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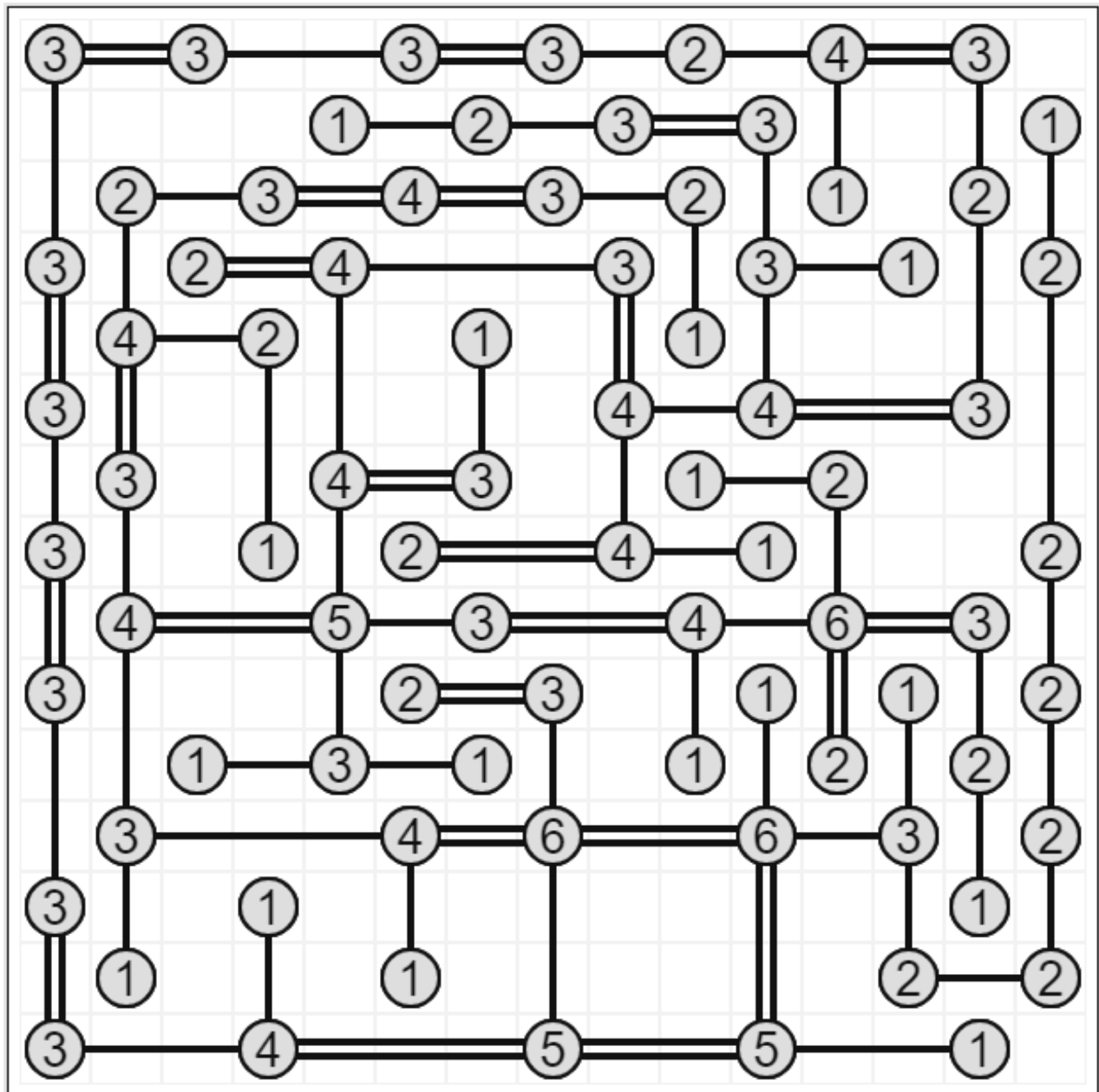
# CryptoQuote Puzzles Solution

**Title:** Discontent **By:** John Steinbeck, *The Winter of Our Discontent*  
“I wonder how many people I’ve looked at all my life and never seen.”

**Title:** Distrusting Relationship **By:** John Steinbeck, *Of Mice and Men*  
“Maybe ever’body in the whole damn world is scared of each other.”

**Title:** Knowledge and Domination **By:** George Orwell  
“War is peace. Freedom is slavery. Ignorance is strength..”

DATA MASTERS: Eric Peachey and Steven Burdick





# Word Search Puzzle Solution

D	R	O	C	S	I	D	W	T	L	U	M	U	T	T
E	X	C	H	B	S	M	R	C	B	D	P	S	E	R
W	J	O	P	E	E	S	E	O	X	J	Y	R	H	O
N	R	N	E	S	C	T	D	N	S	Q	R	T	H	U
O	D	T	A	T	A	C	R	C	Q	U	I	E	T	B
I	I	E	C	A	E	I	O	O	Q	P	K	H	M	L
T	S	N	E	B	P	L	N	R	W	N	Y	L	A	E
A	S	T	F	I	Y	F	X	D	L	V	A	M	S	N
C	I	I	U	L	A	N	A	N	A	C	E	I	V	H
I	D	O	L	I	R	O	S	D	M	F	H	X	W	A
F	E	N	N	T	F	C	R	S	I	E	M	H	Q	R
I	N	H	E	Y	L	O	W	R	T	M	T	I	F	M
C	C	I	S	I	C	L	T	D	Y	U	Z	Y	C	O
A	E	F	S	C	P	S	E	R	Q	D	K	L	Y	N
P	X	C	A	J	Y	T	I	N	E	R	E	S	Q	Y

DATA MASTERS: Eric Peachey, and Heather Conn

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### Sudoku Puzzle Easy Solution

6	8	5	9	4	3	1	2	7
1	4	2	7	6	8	5	3	9
3	9	7	1	5	2	4	8	6
5	2	9	4	8	6	7	1	3
8	6	3	5	7	1	9	4	2
4	7	1	3	2	9	6	5	8
2	1	8	6	9	5	3	7	4
9	5	4	2	3	7	8	6	1
7	3	6	8	1	4	2	9	5

### Sudoku Puzzle Moderate Solution

1	6	2	3	5	4	9	7	8
5	8	7	1	9	2	3	6	4
4	9	3	7	8	6	2	5	1
3	5	6	4	7	8	1	2	9
2	4	8	9	6	1	7	3	5
9	7	1	2	3	5	4	8	6
6	2	9	5	4	7	8	1	3
8	1	4	6	2	3	5	9	7
7	3	5	8	1	9	6	4	2

DATA MASTER: Nikki Hamilton

# Crossword Puzzle Solution

1	E	B	A	Y		5	I	W	E	A	R		10	M	O	M	A	
14	B	I	R	O		15	N	O	T	R	E		16	E	B	A	N	
17	E	T	T	U		18	C	U	T	T	H	A	19	T	O	U	T	
20	R	O	N	A		21	E	N	A		22	E	T	H	E	L	S	
		23	O	L	A	N	D		25	L	A	A						
26	A	27	D	U	L	T	S		28	E	A	R	T	29	H	M	E	N
33	D	I	V		34	H	E	A	V	Y		36	S	E	E	N	A	
37	I	D	E	E		39	S	M	E	L	T		41	L	C	D	S	
42	S	T	A	P	H		44	E	R	A	O	F		46	H	E	T	
47	H	O	U	S	E	48	C	A	T		49	B	I	N	A	R	Y	
					51	I	R	L		52	T	O	X	I	N			
53	I	54	T	R	I	D	E		57	D	O	G		58	C	I	T	I
61	D	E	B	R	I	E	62	F	I	N	G		63	E	Z	R	A	
64	E	L	I	E		65	P	O	R	T	A		66	S	E	E	N	
67	S	E	S	S		68	S	E	T	O	N		69	T	S	K	S	

DATA MASTERS: Eric Peachey and Heather Conn

**We would like to  
thank the following  
Businesses for  
distributing LINKS**

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Casey's General Store  
Woodshed

**Afton**

Afton City Hall  
Evans Roofing

**Big Cabin**

Big Cabin Senior Citizens

**Chelsea**

Bank of Commerce  
Chelsea Family Pharmacy  
Chelsea Library  
Chelsea Post Office  
Chelsea Sr. Citizens  
Chelsea Terrace  
Community Links  
Dollar General  
Harp's Grocery  
Jiffy Mart  
Lakeside State Bank  
Little Green Shop  
Main Street Diner

**Chouteau**

Cherry's Chouteau Mall  
Chouteau Public Library &  
Senior Citizens Center  
Dutch Pantry  
Marvin's Grocery  
Pizza Corral

**Claremore**

Bill's Sporting Goods  
Brook Field Nursing Home  
Casey's  
Claremore DHS  
Claremore Nursing Home  
Claremore Senior Citizen's  
Claremore Veteran's Center  
Classy Cuts and Wigs  
Kum N Go (W Will Rogers)  
Kum N Go E Hwy 20  
Midco Clothes & More  
Stillwater Milling  
Emerald Care Center

**Commerce**

Eastwood Manor

**Fairland**

Fairland Sr. Citizen's

**Grove**

Eagles Landing  
Drakes  
Grand Prosthetics & Artificial  
Limbs  
Grandwood  
Mr. M's Convenience Store  
Grove Sr. Citizens  
Harps Grocery  
Tom Cat Corner

**Jay**

Sinclair Station  
Delaware County Library  
Jay Senior Citizen's

**Ketchum**

Buddy's Foods  
Woodshed

**Langley**

4 State Insurance  
Langley Drug  
Reasor's Grocery Store  
Langley Western Store

**Miami**

Marvin's Grocery  
Windridge  
Wal-Mart Supercenter

**Nowata**

D&L's  
Homeland

**Oologah**

Pump - N - Petes #15  
Tacora Mart (Conoco)

**Pryor**

Innovations in Hair  
Mayes Co. Nutritional Center  
Wilkerson Real Estate  
Pryor Library  
Shady Rest Nursing Home  
Paulie's Donuts  
The Book Exchange

**Spavinaw**

T-General Store

**Vinita**

Burrough Manor  
Carter's IGA  
Grand Lake Mental Health  
Heartsworth House  
Midco Clothes & More  
Sam's Tire  
Veterans Clinic  
Vinita Sr. Center  
Vinita DHS  
Vinita Post Office  
Wood Shed  
Young's Tire

**Welch**

Welch State Bank

**Winganon**

Winganon Bait Shop



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<https://community-options.net>

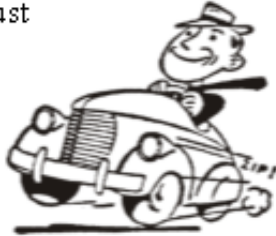


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# LINKS

## Information

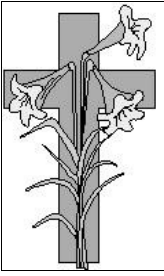
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Contents of this newspaper is compiled from available original sources. The sources URL addresses are provided for readers' further reading, if so desired.



# JEWELS FROM THE WORD

## LAUNCH OUT

Jesus used Peter's boat as a stage to preach from with water as a natural amplification system. He wanted to repay Peter for the use of his boat, so He told Peter to get out away

from the shore and let down his nets for a catch of fish. Jesus told Peter, "Launch out into the deep and let down your nets for a draught." Luke 5:4 KJV.

Peter had fished all night and hadn't caught a thing but he said, "Nevertheless, at thy word" and did what Jesus told him to do. And the result was probably the biggest catch he ever took. His boat was about to sink and he had to call for help from other boats.

Each one of those fish was like a dollar bill to Peter. After a profitless night of hard work, now in just a short time, Peter probably had enough money to pay all his bills and live on for a long time. Then Jesus said to Peter, "Follow me and I will make you fishers of men."

Peter did something for Jesus. The result was that Jesus did something for Peter, using what was natural for Peter

to supply his needs. But Peter had to make up his mind to do just what Jesus said.

In one act of obedience, when all natural wisdom cautioned against it, Peter took Jesus at His word and said, "Nevertheless, at thy word, I will."

We can do something for Him, as He asks us to, like teach a Sunday School class, sing in the choir, give to the poor. When Jesus speaks to your heart, through His word, decide that you will be a Peter and take Jesus at His word.

You'll receive much more than your little boat can hold.

DATA MASTER: Heather Conn

To share your story with us contact:  
Zia Partovi at 918-244-0457 or 918-789-2862 or  
email him at [communitylinks1999@yahoo.com](mailto:communitylinks1999@yahoo.com)

Lavon Hightower Lewis To read more devotional, go to:

<http://jewelsfromtheword.com/> Email me at [llewis2138@sbcglobal.net](mailto:llewis2138@sbcglobal.net)



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