

Volume 20, Issue 23

Community Links

Linking communities Increasing knowledge Expanding horizons Offering opportunities.

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Assembled at Midco Inc. Little Green Shop & Community Links in Chelsea

Community Links

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"The Little Green Paper"

December 05, 2019

Happy 20th Anniversary Community Links of Chelsea



Jeanne Reed Link Manager (1999-2009)

The Community Links of Chelsea (Links), a non-profit organization, is a custom printing and custom vinyl creation business residing in the town of Chelsea, Oklahoma. Links mission statement is:

"Linking communities, increasing knowledge, expanding horizons, offering opportunities."

The Community Options, Inc., an agency that provides vocational and residential services to people with special needs, established the Links in November of 1999.

The Links started Custom Printing Business on December 1, 1999 with Bobby Callison as the only employee for sales and printing services. On December 7, 2006 Bob Callison received Governor Commendation for his out-



Debbie Gray Link Manager (2009—Present)

standing achievements.

Office Supply retail business was added in March 2000.

Former Links manager and Community Options Program Coordinator, Jeanne Reed, said that:

"Bobby kept talking about doing different things, and we tried to brainstorm together and find out what we could do that would be different."

They then brought up the idea of a paper and off they went. On April 2000, the Links published the first issue of the "Little Green Paper" also known as "Links". It is a bi-monthly paper putout by persons with special needs. It is a free publication publishes on the 5th and the 20th of each month. Advertis

ing pays for the cost of the paper and the wages paid to the individuals. It is the only paper in the state of Oklahoma that is produced by people with special needs. The Little Green Paper was recognized in the 2006 issue of the "Interface" publication putout by Oklahoma Department of Human Services.

Governor Commends

Employees with Disabilities and the Businesses That Hire Them

Bobby Callison receives a Governor's Commendation from Howard Hendrick for his outstanding achievements at work. Callison was one of 26 award recipients at the ceremony on Dec. 7. (See related story on Bobby Callison, page 2).



The Little Green Paper is a free community paper that includes information such as upcoming events, local library information, informative and heartwarming articles, and also includes fun puzzles, and coloring pages. All puzzles and the coloring page are produced in-house by people with special needs. When starting out, the Little Green Paper was only 4 pages long and only 200 copies went around, now the paper is a whopping 40 pages long and several thousand copies go out. The paper is delivered to drop sites in Craig, Rogers, Mayes, Ottawa, and Delaware counties.



DATA MASTERS: Nikki Hamilton and Steven Burdick

Amazing Kindness On My Travels: USA

Whilst on a road trip to the USA from Canada around the Milennium, my hubby and I experienced amazing kindness at a gas station. It was one of those places where you fill-up the car first and then pay by card right at the machine. Unfortunately, it didn't accept our Canadian bank cards and with a mere 3 US dollars to our name, we had no idea how to pay.



"But the benefit we receive must be rendered again, line for line, deed for deed, cent for cent, to somebody."

- Ralph Waldo Emerson, 1841

Whilst trying to find a solution with the attendant inside at the cash desk (i.e. pay

in Canadian dollars), another customer came up to us and said she'd like to settle our bill of 40 dollars!!!

We were stunned, especially as she didn't want us to send the money to her later. Nor did she want our Canadian dollars. Back then 40 dollars was a lot of money! All she said was "Just help somebody else who needs it".

Straight after that, we went into a bar and put down our 3 dollars and asked for a glass of beer. We thought we'd just get a small glass for that amount of money. But no, the generous barkeeper gave us a massive pitcher!!! Moral of this tale? The concept of "paying it forward" isn't necessarily new!

Source: Kind Spring – Small Acts That Change The

World

By: Ladybird1

Website: https://www.kindspring.org/story/view.php?

sid=175931

DATA MASTER: Breanna McDowell



It's Bell Ringing Time From Now To Christmas At Leading Grocery Stores In Rogers County



"Giving Hope To Our Neighbors Today."

Some of the many programs your contributions help support in Rogers County are:

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- Food 4 Kids
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- Cancer Patient Assistance
- Homeless Assistance

Would you consider becoming a Rogers Co. Salvation Army contributor to these programs by making a contribution to:

Rogers County Salvation Army P.O. Box 2728 Claremore, OK 74018 https://rogerscountysalvationarmy.org





Carnations with a Smile at a Supermarket

Ever since I was little I loved doing things for other people. As I got older I began doing random things for people. For example, during holidays, such as Christmas, I would make out an extra card along with the



ones for my relatives. Then I would go and find someone in the grocery store and just hand it to them and walk away! It was so much fun. Although I admit, the first time I did it I was so nervous. I didn't know who to give the card to. So I said a little prayer and knew that the right person would just appear...about that time an elderly man ran into me with his shoppping cart!! It was an accident, and he apologized a million times! We smiled and he walked away, and I knew that he was the one! Later I found him in a different isle, handed him the cards, smiled and said Happy Holidays, then walked away! It was so great, and the feeling I had afterword was unexplainable!

Then one day I stumbled over your website (the coolest website ever) and ordered some Smile Cards! When they came in, I started a new project. When I go into a store, I locate a person who I whink needs a smile! Then, I buy a floweer, a carnation to be exact, and wrap it in the most beautiful paper they have. I tie lots of ribbons on it to make it unique, and then slip the smile card into an envelope and attach it to the flower. After that, I pay for it and explain to the cashier who it is to go to (I live in a pretty small town so it's easy to get the help of the cashiers). They then give it to that person when they come through!Once in awhile I'll buy the flower and then just leave it for the cashier! That gets smiles!

My favorite time was when I picked out this elderly woman who was walking around the store somewhat confused. I had came across her numerous times and she only smiled ~slightly~ once. When she came to the check out (I was watching from outside) her face lit up and the smile was the biggest I had ever scene! Later that week the cashier that I had had help me told me that the lady had been so suprised and while she was walking out with the grocery bagger to her car, she was planning what she was going to do for someone else! It was awesome!

I absolutley love the random acts of kindness cards. I keep at least two in my purse and others in my car, locker and everywhere I go. As I mentioned, my club, (STARS), is doing a Random Acts of KIndness Project with the smile cards so they also are using them. I look

forward to hearing about their success. It's really neat. I even used them in school, I bought my entire math class cans of pop after lunch one day. They came in from lunch and a can of pop and a smile card were setting on their desks that say. It totally lightend the mood in the class that day because we were studying for a test! Thank you for all of the help that you provide. The smile cards are a great program that bring smiles into the lives of many!

Source: Kind Spring – Small Acts That Change The

World

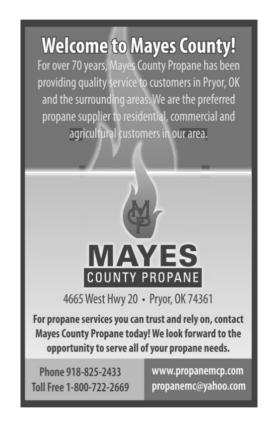
By: Ladybird1

Website: https://www.kindspring.org/story/view.php?

sid=175931

DATA MASTER: Breanna McDowell





EDUCATION NEEDS WISDOM

A young man saw his primary school teacher on a wedding. He went to greet him with all the respect and admiration.

He said to him: "Do you remember me, Teacher?" The teacher said: "No, please introduce yourself." The student said: "I was your student in the 3rd Grade, I am the one who stole the watch of a child in the classroom. I will remind you but I am sure you remember the story."

One of the boys in my class had a beautiful watch, so I decided to steal it. He came to you crying that someone had stolen his watch. You asked us to stand so as to search our pockets. I realized that my action would be exposed in front of the Students and Teachers. I will be called a thief, a liar and my character will be shattered forever.

You asked us to stand and face the wall and close our eyes completely. You went searching from pocket to pocket, and when you reached my pocket you pulled the watch out of my pocket, and you continued until you searched the last student.

After you finished you asked us to open our eyes and to sit on our chairs. I was afraid you will expose me in front of the students. You showed the watch to the class, and gave it back to the boy, and you never mentioned the name of the one who stole the watch. You never said a word to me, and you never mentioned the story to anyone.

Throughout my school life, none of the teachers nor the students talked about me stealing the watch. I thought to myself you saved my dignity that day.

The teacher said: "I can't remember who stole the watch that day, because I searched the pockets of all of you while my eyes were also closed."

Education needs wisdom. We should be able to be such Teachers, such Parents, such Leaders and be able to be for people in such circumstances.

We should always calculate the consequences of our actions. Protecting and reforming is tougher than exposing & expelling.

Source: Facebook - Beautiful Mind

@beautifulmind2212

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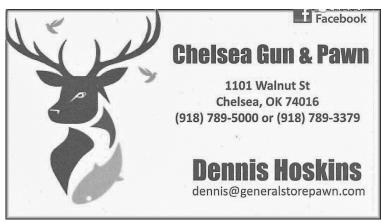
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DATA MASTER: Steven Burdick





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To share your story with us contact: Zia Partovi at 918-244-0457 or 918-789-2862 or email him at links@links.community-options.net

JEWELS UNDER THE **SADDLE**

Sharing a story which is for all of us..... As an old Irish saying goes....

"Three apples fell from the tree. One for he who tells the story,



one for he who reads/listens to the story and one for he who understands."

You will have one apple when you read thisI hope you receive two!!!

Once upon a time, what happened did happen....or you wouldn't be hearing this story!!

A merchant on a casual jaunt through a market, came across a fine specimen of a camel for sale.

The merchant and the camel seller, both skilled negotiators, struck a hard bargain. The camel seller pleased with his skill of worming out what he felt was a very good price, parted with his camel and the merchant chuffed that he had struck a fantastic bargain, proudly walked home with the latest addition to his large livestock.

On arriving home, the merchant called to his servant to come and help him take out the camel's saddle. The unwieldy heavily padded saddle being too difficult for the servant to manage on his own.

Hidden under the saddle, the servant found a small velvet pouch which on opening he discovered to be filled with precious jewels!!

The servant was overexcited!!! "Master you bought a camel....but see what came FREE along with it!!!"

The merchant was astonished as he looked at the jewels in his servants' palm. They were of extraordinary quality sparkling and twinkling in the sunlight.

"I bought the camel" he said, "not the jewels. I must return them to the camel seller immediately."

The servant was aghast....his master was really foolish. "Master.....no one will know."

But the merchant headed right back to the market and handed over the velvet pouch back to the camel seller. The camel seller was very happy, " I had forgotten that I hid these jewels in the saddle for safe keeping." "Here, choose one of the jewels for yourself, as a reward."

The merchant said "I paid a fair price for the camel and

the camel only, so NO thank you, I do not need any reward."

But as much as the merchant refused, the camel seller insisted.

Finally the merchant said, sheepishly smiling, "Actually when I decided to bring the pouch back to you, I already took two of the most precious jewels and kept them for myself."

At this confession the camel seller was a bit flabbergasted and quickly emptied the pouch to count the jewels. However he was very confused.

"All my jewels are here. What jewels did you keep?

"The two most precious" said the merchant.

My INTEGRITY and my SELF-RESPECT

Source: Facebook - Beautiful Mind

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DATA MASTER: Eric Peachey

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Apples For Students

So grateful when plans align! At my son's school, there are some kids who are coming without having eaten breakfast. And even with free lunches, it is tough to focus in the morning when you are hungry and you can't eat until lunch time.

Fortunately, we have a great local market grocery owner, who has agreed to make periodic food donations, so we can have some fruits available for breakfast at school. People are amazing!

Source: KindSprings – Small Acts That Change The

World **By:** 1sher

Website: https://www.kindspring.org/story/view.php?

sid=176116

DATA MASTER: Jennifer Dove





Remembrance Through Kindness

Nine years ago, on the 20th of October, Jackie was a student in a class that I taught. Eight years ago, on that same date her physical life came to an end, all too early. Little was I aware of the lessons that she would leave me with for the rest of my life.

Every year on this day, I do something extra special to honor her memory and the kindness that she exuded. While at a cafe this morning, I was standing behind a couple ordering their breakfast. After they ordered, I asked them if they'd allow me to pay for their breakfast in order to honor a student of mine.

The young lady looked at me with some bewilderment and responded, "Sure, I suppose... but that's a lot of money."

I suppose "a lot" is relative. In comparison to one's life, it is nothing.

The couple said thank you, to which I responded, "No, thank you." :)

I can either dwell on the emptiness and sadness created by Jackie's absence, or I can celebrate what she stood for and the happiness that she brought to others.

It has taken several years, but I have decided to do the latter. The day is just beginning, and there is so much left for me to "change myself, hence change the world."

May kindness prevail in everyone's lives. Thank you.

Source: KindSprings – Small Acts That Change The

World

By: cyctw

Website: https://www.kindspring.org/story/

view.php?sid=176119

DATA MASTER: Jennifer Dove

To share your story with us contact: Zia Partovi at 918-244-0457 or 918-789-2862 or email him at links@links.community-options.net

Union theater students partnering with classmates with disabilities to stage variety show

Source: Tulsa World

By: Andrea Eger – Nov 18, 2019

Website: https://www.tulsaworld.com/news/local/education/union-theater-students-partnering-with-classmates-with-disabilities-to-stage/article_f4b4b973-7686-50cc-9a28-441446bd8686.html

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Union junior Brauilo Zamarripa (left), sophomore Jordan Landers and senior Kendra Dyer dance as they practice for their performance, "The Show of Shows." The students will perform Thursday to raise money for Special Olympics. MIKE SIMONS/Tulsa World



Isaiah Oliver may not have his sights set on improv comedy in the future, but the experience of learning something so new and bold has him thinking about what else is possible.

"It's really fun. I'm thinking about also trying something else new, like cooking," said the junior at Union High School.

Oliver and his 18 classmates in Tina Talbott's special education class for students with disabilities have been getting out of their routines in the best way possible, thanks to their work alongside Union's 25 elite repertory theater students.

The two classes will stage a one-time performance of a variety show they've dubbed the "Show of Shows" to raise funds for the Union Special Olympics Booster Club.

The variety show, which will also feature magic, sketch comedy and song and dance, is set for 7 p.m. Thursday in the Studio Theater at Union High School Freshman Academy, 7616 S. Garnett Road. Admission, which is open to the public and sold at the door, is \$10 for adults and \$5 for children age 12 and under.

"They're very excited and their parents are very excited because they've never done anything like this before," said Talbott. "I'd like to see it continue and maybe open more opportunities like this in the future."

Theater teacher Troy Powell said the inspiration for the show came from a beloved member of his own family and the experience of bringing his 25 repertory theater students to volunteer at last year's Special Olympics in Stillwater.

"Getting into this class is audition-only, meaning they have to beat out like 150 other kids to get in — so these are the best of the best. It was an amazing experience seeing the immediate connections they made with the other kids," said Powell. "All summer long, this was stewing in me because my wife's cousin has Down syndrome. He's such a joy in my life and I started thinking how great it would have been for him to have a connection like this when he was in high school."

Oliver and his teammates on the improv comedy team couldn't help but cut up at their own jokes as they rehearsed with a random assortment of props, including a traffic cone, a Canada goose decoy, a plastic sword and a pumpkin.

At rehearsals, Powell said his favorite part of how things have turned out is that it's nearly impossible to distinguish those with disabilities and those without, as he watched one group belt out "Location" by Khalid and "Rolling in the Deep" by Adele and the improv group transitioned into an audience-participation act called "Body bag."

"I tell my students: We strive as artists to open up our chests and be vulnerable. Look at these kids — there's no hidden agendas. It's all honest," Powell said.

Students in both classes pitched ideas for what acts the "Show of Shows" should include and then Powell integrated them into a final plan.

But each team of students decided the specific songs, magic tricks or scenarios they should perform.

One team produced a mash-up of classical and pop music, including accompaniment by junior Sierra Dysinger on violin and senior Rebecca Ritter on cello. For their pop song choice, they went with the favorite of one of their special needs teammates, "High Hopes" by Panic At the Disco.

"We're both in orchestra and repertory theater. We haven't combined the two ever before, so when he said, 'High Hopes,' we said 'Great!' "said Ritter.

Theater students reassured their teammates when nerves or shyness struck. "It's my first time," said Geovany

Bamaca Hernandez, a sophomore in the improv comedy group. "I don't know what to do."

But Hernandez and Oliver and their classmate, Carlos Marinez, confidently plowed through rehearsals of those "body bag" and prop acts, as well as an improv scenario that has the performers pairing up as a driver and hitchhiker with all of the details filled in spontaneously.

Isaac Jones, a junior, confessed there was a learning curve for him and his theater classmates in the improv group, as well — figuring out how to teach the new participants improv because it's such an abstract concept.

"I told them, 'You just jump off the cliff and do everything to try to make it work,' "Jones said, "but it's hard to explain."

Junior Dorothy Palmer piped in, "We would play games and show them."

DATA MASTER: Nikki Hamilton



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The Boss Was Retiring

Everyone had tears in their eyes on the day of his fare-well. One of the employees said, "Sir, there is one thing we want to learn from you. You worked here for so many years. What to speak about scolding your sub-ordinates, we have never seen you even shouting at them. We have scolded our subordinates on pressure of work or for other reasons. We want to know about the seed of your patience."

The Boss said, "Then listen to this incident of my childhood. My father was working as a lower level employee in an office. He was a very nice person. He was respected very much in our family. It happened one day. I was studying in the 4th standard. I had gone to the office of my father for some reason. I saw that my father was not on his seat. I waited outside. After some time, the door of the Boss opened. My father came out of the door. I saw the fair face of my father had turned red. He went straight to a corner and stood there looking outside through a window there. He had not seen me. I went to him and called him slowly. He was taken by surprise and turned back to look at me. I saw stream of tears flowing down his eyes. He was slightly disturbed seeing me. He did not find time to wipe out his tears. Can my father cry anytime? He was the strongest man in the world for me. It was out of my imagination that someone could hurt him. I ran straight to the room of the Boss. Father was calling me from behind. But, listening to nothing, I went inside and asked the Boss, "Why did you make my father cry?" The Boss was also surprised.

Thereafter, my father tried to make me understand. But, that day I had decided to take revenge on the Boss. I decided that day that I will study well and become a Boss one day, but I will not make my subordinates cry anytime. Because, they are not only the employees of my office, they are also respected and dear father or brother or somebody of their families and their surroundings. People say it is not be possible to control others without scolding them. I say, what for love is there then?"

Source: Facebook – Beautiful Mind

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DATA MASTER: Doug MW Stone

Claremore Nursing Home - Employee of the Month



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Employee Of The Month... Samantha Walker voted Employee of the Month by the residents. She was born in San Antonio, TX on November 15th. She has been a CNA here for 10 years. She has two daughters but no longer married. Her hobbies are fishing and swimming but really likes doing anything with her girls. Not many people knows she likes to paint and draw. We all know she loves to mow but only with a push mower. "I love the fact that Claremore Nursing Home feels like home and we work as a team."

"They may forget your name, but they will never forget how you made them feel."

Maya Angelou

Claremore Nursing Home 920 E. 16th St. Claremore, Ok. 74017 918-341-1717

To share your story with us contact: Zia Partovi at 918-244-0457 or 918-789-2862 or email him at links@links.community-options.net



SOMETIMES WEAKNESS BECOMES YOUR STRENGTH

A 10-year-old boy decided to study judo despite the fact that he had lost his left arm in a devastating car accident.

The boy began lessons with an old Japanese judo master. The boy was doing well, so he couldn't understand why, after three months of training the master had taught him only one move.

"Sensei," (Teacher in Japanese) the boy finally said, "Shouldn't I be learning more moves?" "This is the only move you know, but this is the only move you'll ever need to know," the sensei replied.

Not quite understanding, but believing in his teacher, the boy kept training. Several months later, the sensei took the boy to his first tournament.

Surprising himself, the boy easily won his first two matches. The third match proved to be more difficult, but after some time, his opponent became impatient and charged; the boy deftly used his one move to win the match. Still amazed by his success, the boy was now in the finals.

This time, his opponent was bigger, stronger, and more experienced. For a while, the boy appeared to be overmatched. Concerned that the boy might get hurt, the referee called a time-out.

He was about to stop the match when the sensei intervened. "No," the sensei insisted, "Let him continue." Soon after the match resumed, his opponent made a critical mistake: he dropped his guard. Instantly, the boy used his move to pin him. The boy had won the match and the tournament.

He was the champion. On the way home, the boy and sensei reviewed every move in each and every match. Then the boy summoned the courage to ask what was really on his mind.

"Sensei, how did I win the tournament with only one move?"

"You won for two reasons," the sensei answered.
"First, you've almost mastered one of the most difficult throws in all of judo. And second, the only known defense for that move is for your opponent to grab your left arm."

The boy's biggest weakness had become his biggest strength.

Summary:

Sometimes we feel that we have certain weaknesses and we blame God, the circumstances or ourselves for it but we never know that our weaknesses can become our strengths one day.

Each of us is special and important, so never think you have any weakness, never think of pride or pain, just live your life to its fullest and extract the best out of it.

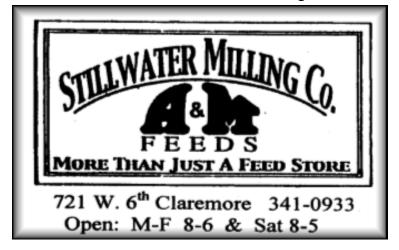
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DATA MASTER: Karen Deffenbaugh



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Staying Small To Stay Safe

Somewhere along the line of human evolution, fears caused many of us (especially those who lost their link to the natural environment and came to live in crowded, stressful living conditions) to shrink into a smaller way of understand-



ing -- and living -- our existence. We needed to feel safe. And the unknown made us fearful. So we shrank the unknown into manageable bits that took much of the meaning -- and the magic -- out of it.

It's very understandable when you think of it from the survival point of view: we are mortal, our lives are so relatively short, and, just when we are beginning to be able to understand something larger than our small, limited lives, we die. We manufacture all kinds of beliefs (religions, ideologies, myths) to rationalize our life and our death, to reassure ourselves that something (heaven, hell, reincarnation), some meaning, will continue after our bodies disintegrate and the light in our eyes is extinguished.

We come to live smaller lives out of fear of the wars that might kill us; of possible violence against ourselves that, in turn, cause us to manifest that against others; of the possibility that the emotional, physical, spiritual violence that we may have encountered in our childhoods and our short lives will be repeated on ourselves or our children.

So we do whatever we have to do to keep ourselves safe: a solution has been to 'hide' from the daring, bold, adventurous child of our self who wanted to go out and explore the world – and make our self very small and even invisible so that no one will perceive us as a threat and no one will hurt us. We hide as a way of protecting our self and, in doing so, we hide our magnificence, our

wholeness, our full creativity, as well as those aspects we were taught were bad. We use a great deal of energy trying to keep these parts of ourselves invisible, sometimes to the extent that even we forget their very existence.

But magnificence and other, less appealing qualities don't like to be shrunk or compartmentalized. They suffer, fester, seek weaknesses in the walls of their containment and escape (to the horror of our safely small selves) in little – or sometimes larger – eruptions that startle or lead to disapproval or amazement by others and set our alarm bells to clanging loudly.

Peggy Dulany is a philanthropist and founder of Synergos. Excerpted from the article below: https://www.synergos.org/sites/default/files/media/documents/approaching-the-heart-of-the-matter.pdf

Source: Awakin.org Waking up to Wisdom In Still-

ness and Community **By:** Peggy Dulany

Website: http://www.awakin.org/read/view.php?

tid=2323

DATA MASTER: Karen Deffenbaugh





The King and Macaw Parrots



Once upon a time, there was a king who had gone to visit neighboring kingdoms. He was gifted a pair of baby Macaw Parrots by the king of the last kingdom where he was visiting. They were the most beautiful birds he had ever seen. So, upon returning to his kingdom, he called for a bird trainer and asked him to train macaw parrots.

The king also arranged a place in the palace garden for the parrots. He often looked at them from his palace window. As time passed, one day the trainer came to the palace and informed the king that though one of the parrots was flying majestically high in the sky, the other one was not moving from its branch since the day it had arrived.

Upon hearing this, the king summoned trainer and healers from the nearby kingdoms. They all tried their best, but couldn't make the parrot fly! He even asked his courtiers to try to find a way to make the parrot fly but they all failed. The parrot was not moving from his branch at all. Finally, after trying everything, the king thought that maybe he needs someone who may be more familiar with natural habitat. He asked his courtier to get a farmer from the countryside and take him to the parrot to see if he can understand the problem with the parrot.

The next morning, the king was thrilled to see the parrot flying high above the palace gardens. He asked his servant to call that farmer to meet him. The servant quickly went and located the farmer, who came and stood before the king. The king asked him, "How did you make the parrot fly?"

With his hands folded with respect, the farmer said to the king, "It was very easy, your majesty. I simply cut the branch where the bird was sitting."

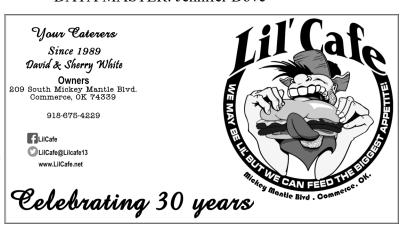
Moral: We are all gifted with energy to find a success in our life, but fail to gather a courage which is required to reach heights of success and end up clinging to the things that are familiar to us. We need to free ourselves from our comfort zone to explore new opportunities and find a success beyond our capacity.

Source: Moral Stories

Website: https://www.moralstories.org/king-macaw-

parrots/

DATA MASTER: Jennifer Dove



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When My Life Is In Danger

A few years ago, an elderly monk arrived in India after fleeing from prison in Tibet. Meeting with the Dalai Lama, he recounted the years he had been imprisoned, the hardship and beatings he had endured, the hunger and loneliness he had lived with, and the torture he had faced.



At one point the Dalai Lama asked him, "Was there ever a time you felt your life was truly in danger?"

The old monk answered, "In truth, the only time I truly felt at risk was when I felt in danger of losing compassion for my jailers."

Hearing stories like this, we are often left feeling skeptical and bewildered. We may be tempted to idealize both those who are compassionate and the quality of compassion itself. We imagine these people as saints, possessed of powers inaccessible to us. Yet stories of great suffering are often stories of ordinary people who have found greatness of heart. To discover an awakened heart within ourselves, it is crucial not to idealize or romanticize compassion. Our compassion simply grows out of our willingness to meet pain rather than to flee from it.

We may never find ourselves in situations of such peril that our lives are endangered; yet anguish and pain are undeniable aspects of our lives. None of us can build walls around our hearts that are invulnerable to being breached by life. Facing the sorrow we meet in this life, we have a choice: Our hearts can close, our minds recoil, our bodies contract, and we can experience the heart that lives in a state of painful refusal. We can also dive deeply within ourselves to nurture the courage, balance, patience, and wisdom that enable us to care.

If we do so, we will find that compassion is not a state. It is a way of engaging with the fragile and unpredictable world. Its domain is not only the world of those you love and care for, but equally the world of those who threaten us, disturb us, and cause us harm. It is the world of the countless beings we never meet who are facing an unendurable life.

The ultimate journey of a human being is to discover how much our hearts can encompass. Our capacity to cause suffering as well as to heal suffering live side by side within us. If we choose to develop the capacity to heal, which is the challenge of every human life, we will find our hearts can encompass a great deal, and we can learn to heal—rather than increase—the schisms that divide us from one another.

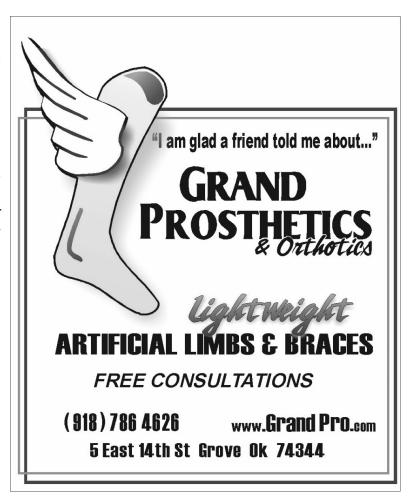
Source: Awakin.org – Waking up to Wisdom In

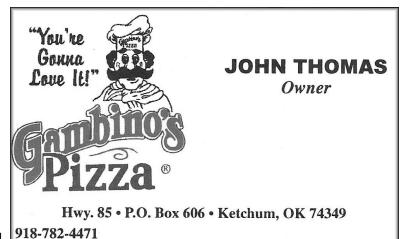
Stillness and Community **By:** Christina Feldman

Website: http://www.awakin.org/read/view.php?

tid=2358

DATA MASTER: Doug WM Stone





Trapped By Views



We recognize that whatever comes up is just a mental formation within the mind, just a thought or just a perception. We can have a perception about something and realize that it's impermanent, unsatisfactory, and not-self. Sometimes we can act on views or perceptions if they have a usefulness at that particular time, but we are not building our home or sense of self within that.

To tie that in again with loving-kindness: it's being very kind to yourself and others because it doesn't take very long to recollect the last time you were at loggerheads with somebody because of a particular view. You think about it afterward and wonder, "Why did I even go there? What was the point of that anyway?"

If we are not trapped by views, usually we can respond quite skillfully, and that is exceedingly useful. Reflect on the sense of non-contention as a basis for loving-kindness. There is an idiom in the scriptural language that describes this mental state of attaching to views: "This alone is true, anything else is wrong." It isn't as if we have consciously thought this out or even articulated it within the mind, but it is there. We can change our views, but at that particular moment it feels like, "This is right and everything else is wrong."

As soon as we are in that kind of position, it's the basis for contention and conflict. It's the basis for feeling irri-

tation and aversion, whether short or protracted. Ill will is going to be attendant on holding that particular view. Try to make this very conscious through the cultivation of loving-kindness so as not to allow the formation of views to be so strong. Have a sense of loving-kindness and well-wishing towards yourself because you are usually the first person to suffer when you are tightly locked into a particular view. Then, of course, others suffer as well.

The active application of loving-kindness is not just a nice emotion that we are able to generate sometimes while we are sitting on our cushions. It's a very practical application of how we can interface with the world around us and not be trapped by fixed views. It lays the basis for peace and clarity.

We can let go -- we can let go of a mood, irritation, or aversion; we can let go of a view that's starting to arise; we can let go of a particular perspective of how I think it has to be; we can let go of sense desires; and we can let go of the whole construct of "I am." It's that letting go that allows us to access and experience a real peace.

Source: awakin organization – Waking up to Wisdom

In Stillness and Community

By: Ajahn Pasanno

Website: http://www.awakin.org/read/view.php?

tid=2397

DATA MASTER: Jennifer Dove

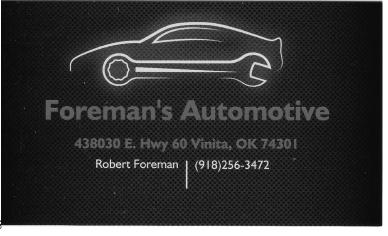
Larry's Barber Shop

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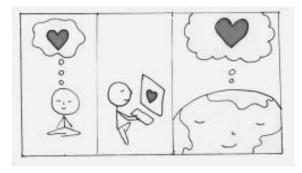
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Is the Universe Friendly?



"I think the most important question facing humanity is, 'Is the universe a friendly place?' This is the first and most basic question all people must answer for themselves.

"For if we decide that the universe is an unfriendly place, then we will use our technology, our scientific discoveries and our natural resources to achieve safety and power by creating bigger walls to keep out the unfriendliness and bigger weapons to destroy all that which is unfriendly and I believe that we are getting to a place where technology is powerful enough that we may either completely isolate or destroy ourselves as well in this process.

"If we decide that the universe is neither friendly nor unfriendly and that God is essentially 'playing dice with the universe', then we are simply victims to the random toss of the dice and our lives have no real purpose or meaning.

"But if we decide that the universe is a friendly place, then we will use our technology, our scientific discoveries and our natural resources to create tools and models for understanding that universe. Because power and safety will come through understanding its workings and its motives."

"God does not play dice with the universe," -- Albert Einstein

Source: Awakin.org - Waking up to Wisdom In Still-

ness and Community **By:** Albert Einstein

Website: http://www.awakin.org/read/view.php?

tid=797

DATA MASTER: Steven Burdick

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Up-coming Events

TOPS #570 We meet 9am to 11am Monday morning at Mt. Olive Lutheran Church in Miami 2337 N. Main St. "Taking off pounds sensibly!

TOPS #567 meet every Thursday at 10am 433 N Mississippi in Nowata.

TOPS #506 in Miami Heavenly Winds Worship Center meet every 6pm Monday evening. For more info call Susan Walls at 918-540-0570

Every 4th Saturday of the month Veteran's Support Group: Veterans for Veterans. Have you served in the military? Are you struggling with readjustment? Anxious about the future? Struggling to connect with friends and family? Struggling with school? WE CAN HELP! Free veterans support group at 10am every 4th Saturday of the month. The Landing 502 West Corner Fairland, Ok. For more information call Larry Boyd (918) 541-7592 or Cindy (918) 676-3228.

Food Truck Wednesdays —Every Wednesday, grab some tasty eats and gather on the grounds of Guthrie Green. During Food Truck Wednesdays, lunchtime transforms into a community-wide affair, with roaming food trucks posting up at this Tulsa park. While you dine on delicious food, be sure to enjoy the live music and fresh air. Guthrie Green 111 E Brady St Tulsa, OK 74103 Phone: 918-574-2421

Chelsea Dance and Jam Session—Every Friday Night 6:00 pm—9:00 pm—Bring a dish for potluck at 6:30 pm. Musicians are welcome. Civic Center 618 Pine street Chelsea, OK 74016

Big Cabin Senior Exercise Program—Fitness program for seniors held at the Big Cabin Baptist Church gym three times a week, Monday, Wednesday and Friday, from 10 to 11 a.m.

American Legion Post 178 in Grove, OK – Bingo every Saturday evening at 6pm. Family atmosphere. Contact Lee Cathy for any questions at: 901-487-9060

PRYOR DANCE—Every 1st. and 3rd. Thursday of the month. 6:15 pm—9 pm—Cost is \$5.00 per person, Double H Band will be playing. Cookies and Coffee will be serving. It's for seniors but all ages are welcome. Mayes County Nutrition Center 851 SE 9th Pryor (just east of 9th and Elliott intersection)

Oct 18, 2019 - Dec 29, 2019 The Woolaroc Retrospective Exhibit & Sale - If you love art or just have a great appreciation for wildlife and nature, you won't want to miss out on this exciting exhibit on display at

SUDOKU PUZZLES

Fill in the grid with digits in such a manner that every row, every column and every 3X3 box accommodates the digits 1-9, without repeating any.

4		2		8			9
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	1		9	5		8	
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2			8		9		6

Hardship level: Moderate

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		9		3				5
4	1			7	2			3
	3					2	4	1

By: Nikki Hamilton Solutions are printed in page 36

Bartlesville's Woolaroc Museum this fall. Bringing together nine acclaimed landscape and wildlife artists from across the country, "The Woolaroc Retrospective Exhibit" will feature an impressive array of works. Woolaroc Museum & Wildlife Preserve 1925 Woolaroc Ranch Rd Bartlesville, OK 74006 Phone: 918-336-0307 Toll Free: 888-966-5276 Fax: 918-336-0084

Nov 08, 2019 - Dec 22, 2019 Blue Dome Pop-Up Shops - Get your holiday shopping fix at the Blue Dome District in downtown Tulsa during this series of pop-up markets featuring original works by local artists and hand-crafters. Each weekend throughout November and December, the pop-up market will feature a fresh set of merchants and items. Blue Dome 202 S Elgin Ave Tulsa, OK 74120 Phone: 918-645-5349

Nov 15, 2019 - Jan 05, 2020 Rose District Ice Rink - Skate under the festive twinkle lights at Broken Arrow's only outdoor skating rink. Bring your ice skates or rent them directly on-site and glide across the ice under the pavilion at the Rose District Plaza. The Rose District Ice Rink invites everyone out to create new holiday memories at this fun attraction, which opens before Thanksgiving and runs through the New Year. Group rates, private ice and birthday party packages available. 418 S Main St Broken Arrow, OK 74012

Nov 23, 2019 to Jan 05, 2020 Winterfest - Downtown Tulsa is transformed into a festive wonderland during Winterfest, an annual holiday tradition. Bring friends and family together for holiday festivities and share the joyful spirit of the season. Experience the thrill of outdoor ice skating, see Oklahoma's tallest outdoor Christmas tree, take a ride in a horse-drawn carriage, listen to live entertainment and browse beautiful holiday light displays. Downtown Tulsa, OK 74103 Phone: 918-894-4268

Nov 20, 2019 to Dec 30, 2019 Fantasy Land of Lights - Bring the family out for this drive-through Christmas light show at Johnstone Park. Enjoy the music, synchronized lighted tunnel, animated displays and thousands of lights decorating the park each night the display is open. You'll be dazzled by the different colors and shapes of the displays coming together for a park full of Christmas cheer. Johnstone Park Bartlesville, OK 74003 Phone: 918-914-1530

Nov 27, 2019 - Jan 01, 2020 Rhema Christmas Lights - Join over 200,000 annual visitors at the Rhema Christmas Lights display and witness over two million shimmering lights synchronized to Christmas music. This much-loved lights display in Broken Arrow began in 1982 and has been attracting thousands of visitors ever since. Visitors to the Rhema Christmas Lights event can drive through the lights in their own vehicle, get out of

the car and walk around the park, or view the spectacular displays from a carriage. Horse-drawn carriage rides will be available on select evenings. Rhema Bible Church 1025 W Kenosha St Broken Arrow, OK 74012 Phone: 918-289-1607, 918-258-1588

Nov 28, 2019 - Dec 30, 2019 Twin Bridges Park of Lights - Dress warmly for the brisk winter chill and bring the family out for a drive through this annual Christmas lights display, set up in beautiful Twin Bridges Park near Fairland. Twin Bridges Park of Lights features a dazzling collection of over 40 brightly lit holiday displays in Grand Lake State Park. One of the largest displays of twinkling Christmas lights in the area, Twin Bridges Park of Lights transports holiday visitors to an evening wonderland filled with themed displays. Twin Bridges State Park 14801 S Hwy 137 Fairland, OK 74343 Phone: 918-542-6969

Nov 28, 2019 - Jan 01, 2020 Winter Wonderland Christmas Light Tour - Celebrate the beauty of winter at Pine Lodge Resort in Ketchum. Enjoy a spectacular oldfashioned Christmas light display featuring over 500,000 lights Winter Wonderland Christmas Light Tour. Step into a festive world of illuminated log cabins, antique cars and woodland animals all aglow. Get into the Christmas spirit along the shores of Grand Lake as you drive through the twinkling grounds. Admission is free and visitors can drive through the grounds as many times as they like from Thanksgiving night to New Year's Day. Pine Lodge Resort Ketchum, OK 74349 Phone: 918-782-1400, 918-782-7062 Toll Free: 800-640-3173 Fax: 918-782-3493

Nov 28, 2019 - Jan 01, 2020 Garden of Lights - Experience animated displays and over 1.2 million shimmering lights at Muskogee's annual Garden of Lights. Drive through Honor Heights Park and view 130 acres of trees, bushes and water areas decorated for the holiday season. Visit Garden of Lights and experience the natural beauty of the park filled with twinkling streams of light. View rose and azalea bushes illuminated with color, imitating their natural state during the blooming of spring. Drive 35-40 minutes through the park to watch animated displays synchronized to Christmas music. Honor Heights Park 1400 Honor Heights Dr Muskogee, OK 74401 Phone: 918-684-6302

Do You have an event that you would like to share?

Community Links of Chelsea
1100 Walnut/PO Box 85

Chelsea, OK. 74016

Ph: 918-789-2862

Fax: 918-789-5296

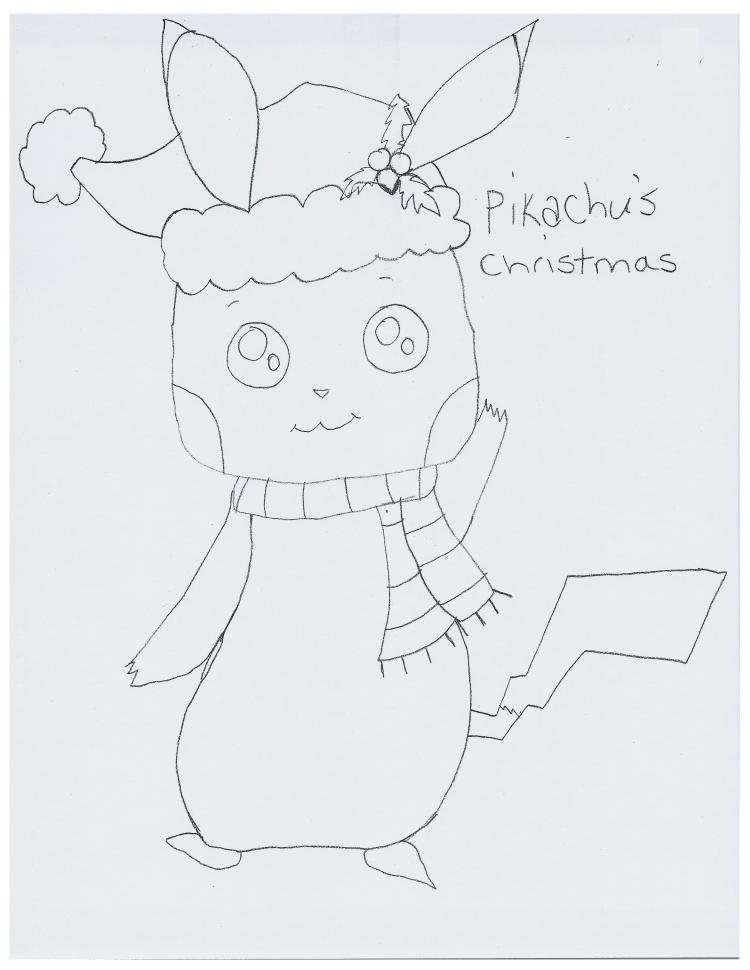
Email: links@links.community-options.net

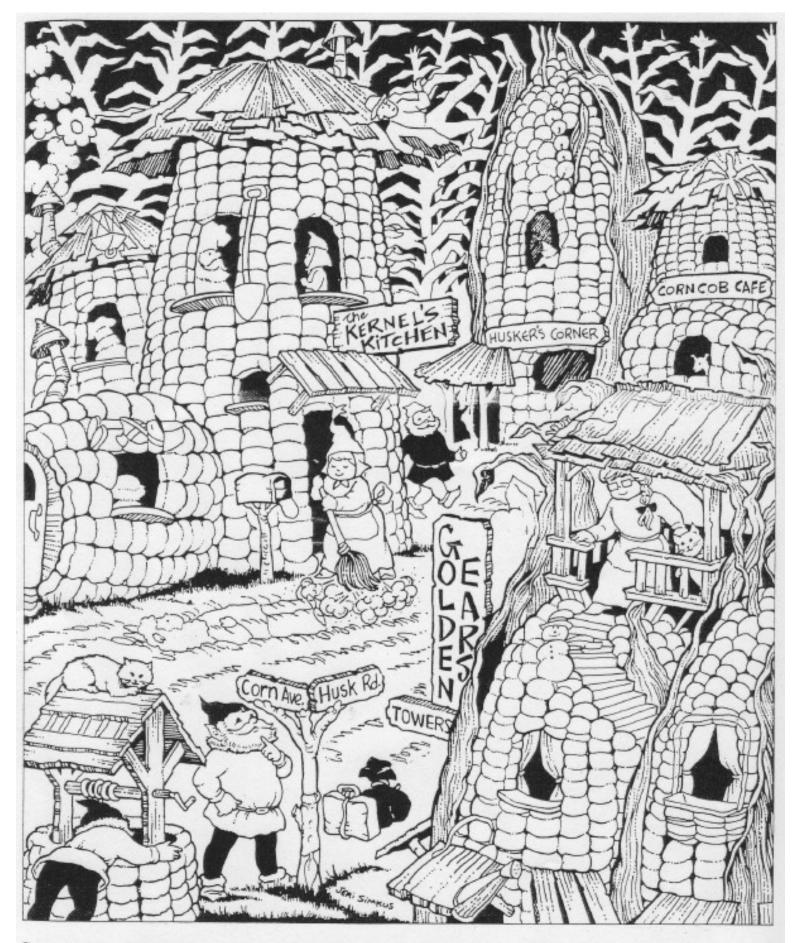
18 DATA MASTERS: Steven Burdick and Eric Peachey

Hashi (Bridge Building) Puzzle

Puzzle Rules: The goal is to connect all of the islands by drawing a series of bridges between the islands. The bridges must follow certain criteria: 1) They must begin and end at distinct islands, travelling a straight line in between. 2) They must not cross any other bridges or islands. 3) They may only run orthogonally (i.e. they may not run diagonally). 3) At most two bridges connect a pair of islands. 4) The number of bridges connected to each island must match the number on that island. 5) The bridges must connect the islands into a single connected group.

2		4		2		2		3			3		1	
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	1					1		2		3			1	
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2			1			2		3			3			2





Corncob City Elves

As the elves go about their corny business, can you find the seventeen hidden objects? Look for a sprinkling can, girl, basket, scarf, elf shoe, toy soldier, ladder, candle, shovel, string of beads, man, flower, lantern, palm tree, snowman, campfire, and table.



Getting to know the Lutherans

A Date that Will Live in infamy

The United States was suddenly attacked at Pearl Harbor on Dec. 7, 1941. President Franklin D. Roosevelt spoke these words to congress the very next day. Its obvious why this day lives on in the minds of the American people, this event drastically changed the attitudes, the direction, the daily routine of each citizen. Some of the effects of that day will be felt for centuries.

As significant as this day is, there is another day that matters even more for every human being around the world. In a garden over 2000 years ago a tomb was found empty. Jesus Christ, God's Son, was crucified and placed in that tomb. But on the third day He rose from the dead so that lives around the world might be changed forever. That empty tomb brings life where there was only death. It brings hope where there was despair.

A thousand years from now the remembrance of Pearl Harbor might fade into nothing more than ink on the pages of a history book, but our Savior's death and resurrection will still be bringing life and salvation to a world burdened with sin.

DATA MASTER: Heather Conn

Messiah Lutheran Church 460 N. Wilson, Vinita, OK. Sunday School and Bible Class 9:00 a.m. Worship 10:00 a.m. 918-256-3223 Email: messiahvinita@aol.com St. Paul Lutheran Church Washington and Pine, Fairland, OK. Sunday School and Bible Class 9:15 a.m. Worship 10:30 a.m. 918-676-3059 Email: stpaulluthch@aol.com

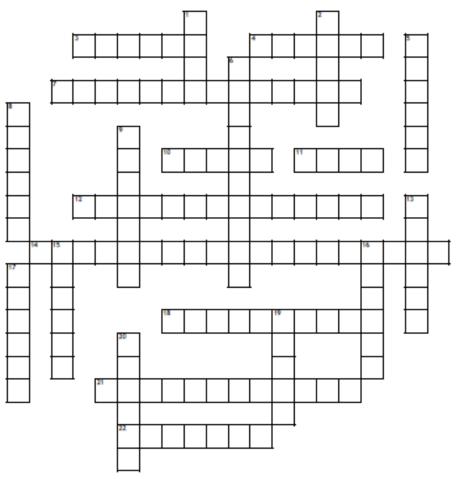
Bethlehem Lutheran Church 6911 West 380 Road, Adair, OK 74330 Worship 9:00 a.m. 918-785-2994 Sunday School and Bible Class 10:15 a.m.

Immanuel Lutheran Church 706 Rockwood Drive, Grove, OK. Worship 9:30 a.m. 918-786-4585 Website: www.lutheransonline.com/lo/Groveok

Mt. Olive Lutheran Church 2337 North Main, Miami, OK 74354 Worship 2:00 p.m. (918) 542-4681 Sunday School and Bible Class 3:00 p.m. Email: mtolive@cableone.net Redeemer Lutheran Church
220 N. Seminole, Claremore, OK.
Sunday School and Bible Class 9:00 a.m.
Worship 10:30 a.m. 918-341-1429
Email: rluther@sbcglobal.net-Website www.rlccok.org

Guests are always welcome. See you Sunday at worship. St. John Lutheran Church 607 SE 9th Street, Pryor, OK. Sunday School and Bible Class 9:15 a.m. Worship 10:30 a.m. 918-825-1926 Email: stjohnpryor@sbcglobal.net-Website: www: stjohnpryor.org

Crossword Puzzle



Across

- 3. Insect finding a bounder in the Criminal Intelligence Agency
- 4. Finding a suitable place for making observations, we hear
- 7. Mythical beast guiding flying reindeer?
- 10. He gives gifts in stockings
- 11. Reindeer landing site
- 12. SAMI
- 14. LAPPS
- 18. He flies behind reindeer
- 21. Apologize with shame on Thanksgiving?
- 22. Reindeer

Down

- 1. Common Thanksgiving side dish
- North Pole reindeer
- 5. One of Santa's reindeer
- 6. Bad Thanksgiving movie?
- 8. Money for finding a criminal
- 9. Dealers in stockings
- 13. Finding a remedy for smoking, perhaps
- 15. what is entertaining about stopping a princess finding a handsome young man?
- 16. He has a divine gift for finding water
- 17. Panics finding a gangster with guns?
- Christmas reindeer
- 20. Emulate a certain reindeer

By: Eric Peachey and Steve Burdick

Solution is printed in page 37

Word Search Puzzle

S М K Н х Κ S F κ Ε N N o Ν м S S κ А Т Ε Ε Т N K C Ε G А Ε Ε T Z G Т н G Т м Κ х R R х М ٧ C В Т Е М Х v Е Х F х Т Ν м х Ε Z Т C D Р В Т R S Υ W O К Υ Υ Υ В J Z Ρ Κ Υ G В М C D Н ı L Κ D E G Υ М S 7 Z В N C х Х В м Т X Т А 0 Т N R Υ N A S Т D А М Q o Ν А Q Р А Ε Х D х Р R Т D Ε o Ε D D М S А Т Ν Ε м R Т S N I н N м o N Υ R Z R S В Р E W S R O В Е А А 0 R S N А E Т А G Е N R Т N O L Q κ S S S 7 K E S 7 Н C Н X D Е O К А o E E C м В н E G Κ Н G Κ В м C В R R х А S S М Z O Ν Ī Ν K w R А Т R o А S S R E S E Р R D Т D А J L R R М Н Х н K Р P R C O ı O K C М 0 U W В А C S S S E Ν E н X F N Е G T o D K Υ Υ н O Q F К U D Е O G Z S Т o D S Н R Ε S O Т Х О А Т А А ı 0 Ν Z Z S Z М D Н N D М н U R S Κ Ν А D Ε G Т Ε В C O D А R В А D C Т А G Q

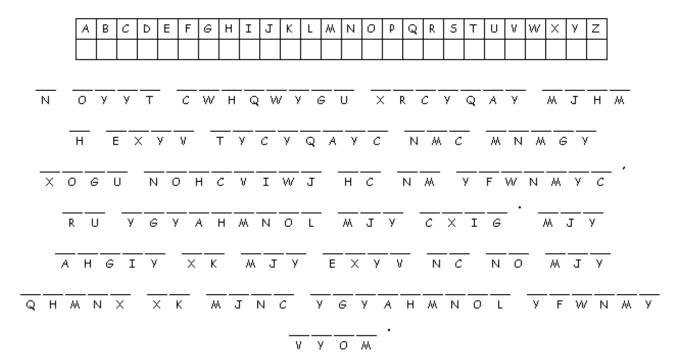
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legislation
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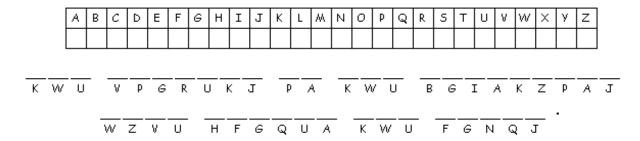
enactments sempiternal ROMANCE assiduous braggadocio

CryptoQuote Puzzles

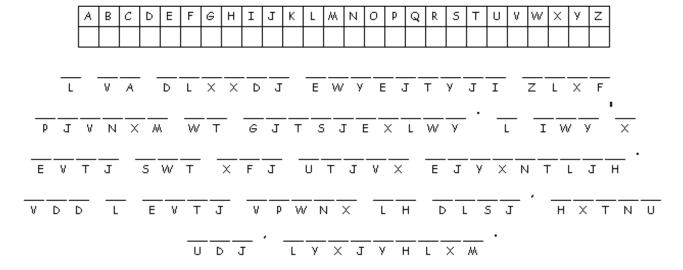
Title: Value of poem Quote From: Edgar allan poe



Title: Kindness vs cruelty **Quote From:** Tennessee williams



Title: Beauties of life and struggles **Quote From:** Emile zola



Solution is on page 34

Doublet Puzzle

In 1879, Lewis Carroll (who wrote Alice in Wonderland) devised a "verbal torture" to amuse two young ladies. Carroll called this puzzle doublets. This is how a doublets puzzle works: You start with two words, both with the same number of letters. You link these two words by interposing other words, each of which differing from the previous word by one letter only. You begin by changing one letter in the first word to create a new word. You repeat this process, changing one letter at a time and creating new words, until you end up with the second word.

Starting Word			J	O		K		E		R		
Ending Word		R	R O		В			I		N		
Starting Word		P	A	N	Ţ		C		A	K		E
Ending Word		M	I	S	S		T		A	K		E
Starting Word	В		E	T]	R	A		Y	A	\	L
Ending Word	P		О	S	,	S	I		В	I		E

By: Steven Burdick and Eric Peachey

Solutionn on page 29

Idioms and Proverbs and their meanings

Idioms

- 1. a cat has nine lives
 - a. A cat is able to endure, continue, or survive despite a near encounter with death or disaster because cats have nine lives (according to a common myth).
 - b. Cats live forever
 - c. None of the above
- 2. a civil question deserves a civil answer a.unkind
 - b.If someone asks a reasonable question, then it warrants an answer. Often used as a reprimand.
 - c. None of the above.
- 3. Like two peas in a pod
 - a.separable
 - b. Two people who are always together
 - c. They have contrasting personalities
- 4. When it rains it pours
 - a. Misfortune with positive outcome
 - b. There's no great loss without some gain
 - c. Everything is going wrong at once
- 5. Hold your horses
 - a. Open up new horizons
 - b. Take your time
 - c. Wait a moment, slow down

Proverbs

- 1. Kill two birds with one stone
 - a. Nail two birds with one stone
 - b. Achieve two goals at once
 - c. Solve two problems with one action
- 2. There are other fish in the sea
 - a. Chance would be a fine thing
 - b. Another possibility
 - c. There will be other opportunities for romance
- 3. Look before you leap
 - a. Take calculated risks
 - b.Take it easy
 - c.Stay protected
- 4. You can lead a horse to water, but you can't make him drink
 - a. Give a guidance
 - b. You can't force someone to make the right decision, even after guidance is given
 - c. None of the above
- 5. Birds of a feather flock together
 - a.Strikingly similar
 - b. Similar people usually become friends
 - c.sameness

Cute Shelter Cat Teaches Herself To Stand Like A Human

Her name is Roo and she doesn't realize she's any different.

When a man in Indiana first discovered Roo living outside near his house, he noticed her twisted front legs immediately — but Roo herself didn't seem to realize there was anything different about her. Wanting to help, the man built a ramp leading up to his porch so that Roo could stop by for food and a little attention. When the man was getting ready to move away, he contacted the Official Humane Association of Clark County about his friend Roo.



"He was afraid the new tenants wouldn't care for her," Peggy Campbell-Rensel, who works at the Official Humane Association of Clark County, told The Dodo.

The shelter agreed to take Roo in, as well as her kitten, and fell in love with her the moment she arrived. Seeing her twisted front legs, they weren't sure exactly how Roo managed to get around ...

... until they watched her hopping, rolling and standing on her back legs like a little human.

Roo knows exactly how to get around because it's all she's ever known, and while everyone else finds her methods absolutely adorable, to Roo, it's just a normal part of life.

"She doesn't realize she has any issues," Campbell-Rensel said.

Her standing pose is just too cute, and fits perfectly with her sweet personality. Everyone at the shelter has loved getting to know Roo and giving her all the attention, but they're also hoping to find her the perfect family as soon as possible.

Roo is now all settled in to the shelter and looking for a forever home. She needs a family who understands her differences and can support her if she ever needs any extra help, but for the most part, she just needs lots of love.

Roo doesn't seem to know that she's any different from other cats, and everyone is hoping to find her a family who sees her the same way.

DATA MASTER: Jennifer Dove

Do You Still Have Hope?

If you can look at the sunset and smile, then you still have hope...

If you can find beauty in the colors of a small flower, then you still have hope...

If you can find pleasure in the movement of a butterfly, then you still have hope...

If the smile of a child can still warm your heart, then you still have hope...

If the sight of a rainbow still makes you stop and stare in wonder, then you still have hope...

If the soft fur of a favored pet still feels pleasant under your fingertips, then you still have hope...

If you can look to the past and smile, then you still have hope....

If you still buy the ornaments, put up the Christmas tree or cook the turkey, then you still have hope...

If you still offer your hand in friendship to others that have touched your life, then you still have hope...

If you can see the good in other people, then you still have hope...

Hope is such a marvelous thing. It bends, it twists, it sometimes hides, but rarely does it break... It sustains us when nothing else can... It gives us reason to continue and courage to move ahead. Hope is a wonderful thing, something to be cherished and nurtured, and something that will refresh us in return... And it can be found in each of us.

Source: Awakin.org – Waking up to Wisdom In Still-

ness and Community **By:** Author Unknown

Website: http://www.awakin.org/read/view.php?

<u>tid=92</u>

DATA MASTER: Breanna McDowell





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R	0	В	I	N

P	A	N	C	A	K	E
P	A	C	K	M	E	N
P	I	K	E	M	A	N
K	I	N	E	M	A	S
M	I	S	T	A	K	E

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S	T	R	0	В	I	L	E
P	R	E	В	0	I	L	S
P	0	S	S	I	В	L	E

By: Eric Peachey and Steven Burdick

Answers of Idioms and Proverbs

Idioms Proverbs

1. a 2. b 3. h

4. c

5. c

1. b

2. c

3. a

7. C

5. t

By Breanna McDowell



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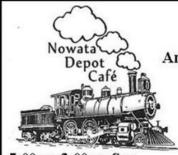
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CryptoQuote Puzzles Solution

Title: Value of poem Quote From: Edgar allan poe

I need scarcely observe that a poem deserves its title only in as much as it excites, by elevating the soul. The value of the poem is in the ratio of this elevating excitement.

Title: Kindness vs cruelty **Quote From:** Tennessee williams

The violets in the mountains have broken the rocks.

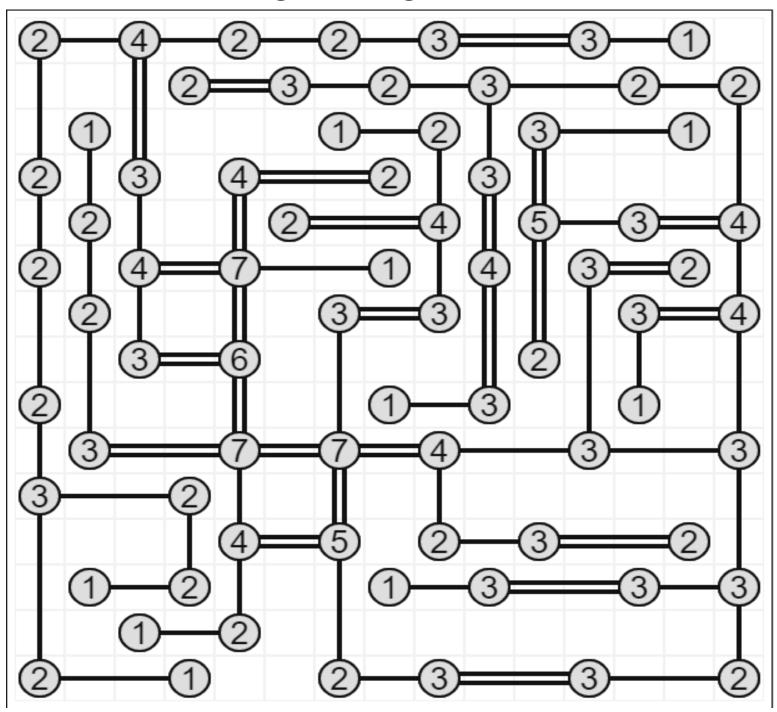
Title: Beauties of life and struggles Quote From: Emile zola

I am little concerned with beauty or perfection. I don't care for the great centuries. All I care about is life, struggle,

intensity.

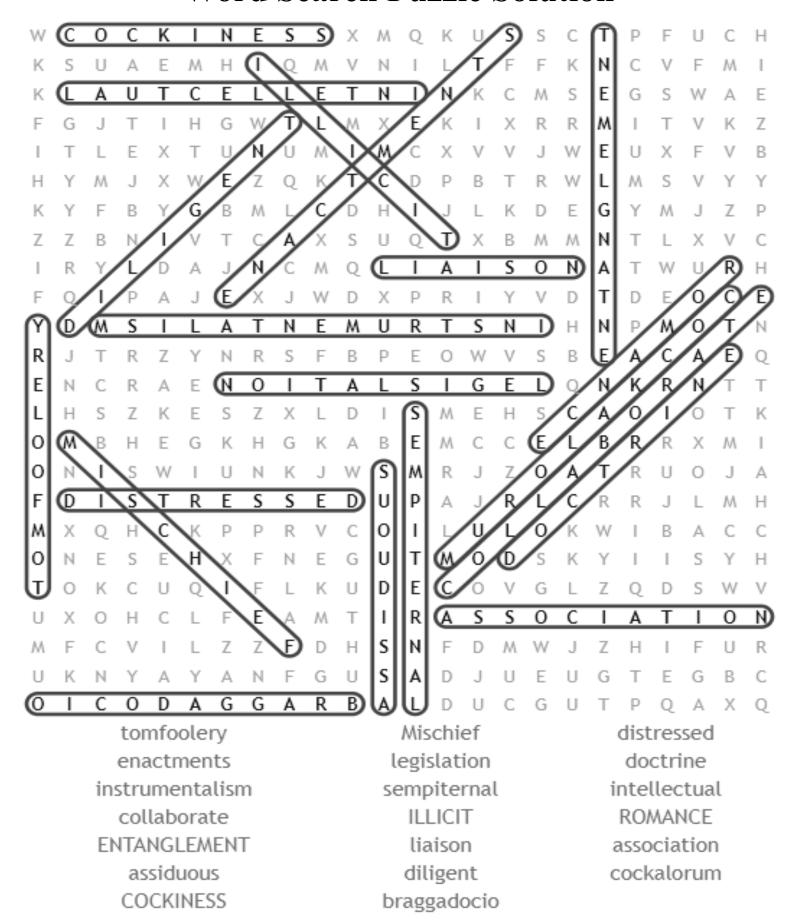
By: Eric Peachey and Steven Burdick

Hashi (Bridge Building) Puzzle Solution



By: Breanna McDowell

Word Search Puzzle Solution





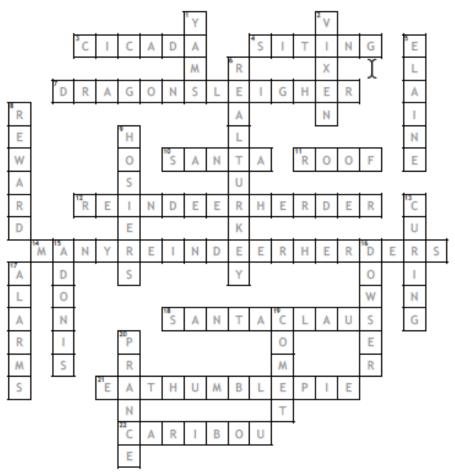
Sudoku Puzzle Easy Solution

4	5	2	7	3	8	1	6	9
1	8	7	6	2	9	5	4	3
9	3	6	5	4	1	8	7	2
8	2	9	4	7	3	6	5	1
3	1	4	9	6	5	2	8	7
7	6	5	1	8	2	3	9	4
5	7	1	3	9	6	4	2	8
6	9	8	2	1	4	7	3	5
2	4	3	8	5	7	9	1	6

Sudoku Puzzle Moderate Solution

	7	5	2	3	1	9	4	8	6
	3	8	1	4	2	6	7	5	9
	6	9	4	7	8	5	3	1	2
	1	7	5	6	4	3	9	2	8
nilton	9	6	8	2	5	7	1	3	4
ki Han	2	4	3	8	9	1	5	6	7
BY: Nikki Hamilton	8	2	9	1	3	4	6	7	5
B	4	1	6	5	7	2	8	9	3
36	5	3	7	9	6	8	2	4	1

Crossword Puzzle Solution



Across

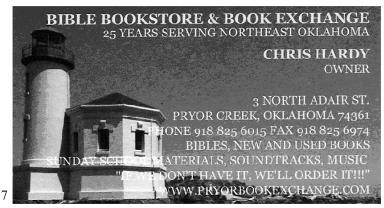
- 3. Insect finding a bounder in the Criminal Intelligence Agency
- 4. Finding a suitable place for making observations, we hear
- 7. Mythical beast guiding flying reindeer?
- 10. He gives gifts in stockings
- 11. Reindeer landing site
- 12, SAMI
- 14. LAPPS
- He flies behind reindeer
- 21. Apologize with shame on Thanksgiving?
- 22. Reindeer

BY Eric Peachey and Steven Burdick



Down

- 1. Common Thanksgiving side dish
- 2. North Pole reindeer
- One of Santa's reindeer
- 6. Bad Thanksgiving movie?
- 8. Money for finding a criminal
- 9. Dealers in stockings
- 13. Finding a remedy for smoking, perhaps
- 15. what is entertaining about stopping a princess finding a handsome young man?
- 16. He has a divine gift for finding water
- 17. Panics finding a gangster with guns?
- 19. Christmas reindeer
- Emulate a certain reindeer



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Contents of this newspaper is compiled from available original sources. The sources URL addresses are provided for readers' further reading, if so desired.

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Even so, the children of Israel had it pretty good, even in the desert. God opened the waters of the Red Sea so they could cross

Lavon Hightower Lewis To read more devotioals, go to:

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over. He provided quail for meat and manna for daily food. If they were running out of water, God provided it out of the rock. If the water was poisoned, God gave them a tree to toss into the water to neutralize it and make it drinkable. For all the 40 years they walked around in the desert, their sandals didn't wear out and their clothes were just like new.

How long have you been going around the same mountain? It's time for some changes in your life, maybe uncomfortable changes, but it will be good for you. God has a great plan for you, just like He had a great plan for the Israelites.

The Lord spoke to them one day and said, "You have skirted this mountain long enough. Turn northward." Deuteronomy 2:3 NKJV. It was time for things to change.

God is telling you today, "It's been long enough! Change directions. It's time for things to change."

DATA MASTER: Heather Conn

To share your story with us contact: Zia Partovi at 918-244-0457 or 918-789-2862 or email him at links@links.community-options.net

