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**Data Masters & Sales**

Steven Burdick  
Bobby Callison  
Karen Deffenbaugh  
Nikki Hamilton  
Eric Peachey  
Doug Stone  
Breanna McDowell  
Stephanie Baker  
Heather Conn  
Jennifer Dove

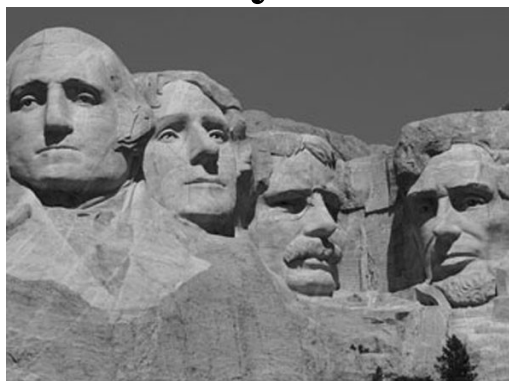
**Public Relations**

Debbie Gray  
Alanna Victor  
Samantha Peterson

**Assembled at Midco Inc.  
Little Green Shop &  
Community Links in Chelsea**

**Community Links**  
P.O. Box 85  
Chelsea, OK. 74016  
1100 Walnut in Chelsea  
Phone 918-789-2862  
Fax: 918-789-5296  
communitylinks1999@  
yahoo.com

## Presidents' Day February 17 2020



When is Presidents' Day 2020? Are Presidents' Day and George Washington's birthday the same day? There's some confusion about this holiday. Here's a short summary of Presidents' Day history and why we celebrate!

### **PRESIDENTS' DAY**

Contrary to popular belief, the observed federal holiday is actually called "Washington's Birthday." Neither Congress nor the President has ever stipulated that the name of the holiday observed as Washington's Birthday be changed to Presidents' Day. Additionally, Congress has never declared a national holiday binding in all states and each state decides its own legal holidays. This is why there are some calendar discrepancies when it comes to this holiday.

So how did Washington's Birthday come to be called Presidents' Day? Many calendars list the third Monday of February as Presidents' Day and many U.S. states list the holiday as Presidents' Day. Of course, all of the 3

-day retail store sales are called "Presidents' Day" sales and this vernacular has also been influential in how we reference the holiday.

### **WHEN IS PRESIDENTS' DAY?**

Year Presidents' Day  
2020 Monday, February 17  
2021 Monday, February 15  
2022 Monday, February 21

### **PRESIDENTS' DAY HISTORY**

Historically, Americans began celebrating George Washington's Birthday just months after his death, long before Congress declared it a federal holiday. It was not until 1879, under President Rutherford B. Hayes, that Washington's Birthday became a legal holiday, to be observed on his birthday, February 22.

Washington's birthday was celebrated on February 22 until well into the 20th Century. In 1968, Congress passed the Monday Holiday Law to "provide uniform annual observances of certain legal public holidays on Mondays." By creating more 3-day weekends, Congress hoped

to “bring substantial benefits to both the spiritual and economic life of the Nation.”

Today, George Washington’s Birthday is one of only eleven permanent holidays established by Congress. One of the great traditions followed for decades has been the reading of George Washington’s Farewell Address—which remains an annual event for the Senate to this day.

In a sense, Washington’s birthday helps us reflect on not just the first president but also the founding of our nation, the values, and what Washington calls in his Farewell Address, the “beloved Constitution and union, as received from the Founders.”

### GEORGE WASHINGTON’S REAL BIRTHDAY

Although the federal holiday is held on a Monday (the third Monday of February), George Washington’s birthday is observed on February 22. To complicate matters, Washington was actually born on February 11 in 1731! How can that be?

George Washington was originally born when the Julian calendar was being used. During Washington’s lifetime, people in Great Britain and America switched the official calendar system from the Julian to the Gregorian calendar (something most of Europe had done way back in 1582).

As a result of this calendar reform, people born before 1752 were told to add 11 days to their birth dates. Those born between January 1 and March 25, as Washington was, also had to add one year to be in sync with the new calendar.

By the time Washington became president in 1789, he celebrated his birthday on February 22 and listed his year of birth as 1732.

To summarize, Washington’s birthday changed from February 11, 1731 (Old Style Julian calendar) to February 22, 1732 (New Style Gregorian calendar).

### MYTHS ABOUT WASHINGTON

If you think that George Washington chopped down a cherry tree and then admitted his wrongdoing by saying to his father, “I cannot tell a lie,” think again. He didn’t say it; he didn’t even chop down the tree! Parson Mason Weems (1759–1825), one of Washington’s biographers, made up the story hoping to demonstrate Washington’s honesty.

This tale is not the only myth about Washington. His wooden dentures? They weren’t made of wood. Instead, they were made of hippopotamus teeth that had been


filed down to fit Washington’s mouth.

DATA MASTER: Breanna McDowell



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# Some Interesting Facts About Crocodiles

Crocodiles are aquatic reptiles, and among the most feared carnivores on Earth, because of their size, big powerful jaws and aggressiveness. They are so successful predators – once they were living alongside the dinosaurs. After the Chicxulub impact, which happened around 66 million years ago, the non-avian dinosaurs were gone but crocodiles were managed to survive. Here are top 20 amazing crocodile facts about these fascinating beasts.



1. They are the biggest reptiles on Earth

Saltwater crocodiles are the biggest reptiles in the world. They can grow up to 6.17 meters (20 feet 3 in) and can weigh more than a ton. Measured at 20 ft 3 in (6.17 m), and weighed 2,370 lbs (1,075 kg), Lolong, an Indo-Pacific or saltwater crocodile (*Crocodylus porosus*), was the biggest crocodile ever measured. He died in captivity at around 8 pm on 10 February 2013, due to pneumonia and cardiac arrest, which was aggravated by a fungus infection and stress.

2. Since they are big, there is a crocodile species called “Dwarf Crocodile”

The smallest extant crocodile is the dwarf crocodile (*Osteolaemus tetraspis*), with a medium adult length of 1.5 m (4.9 ft). The maximum recorded length for this species is 1.9 m (6.2 ft).

3. They are widespread

They can be found in all inhabited continents with the exception of Europe.

4. Crocodiles are closely related to dinosaurs and birds

Despite being classified as “reptiles”, crocodiles (and all crocodylians, including alligators) are more closely related to dinosaurs and birds (which are actually avian dinosaurs) than to most animals classified as reptiles.

5. Crocodiles really do produce tears

Crocodiles really do produce tears. Because, while eating, they swallow too much air, which gets in touch with lachrymal glands (glands that produce tears) and forces tears to flow. But it’s not actually crying. The term “Crocodile tears” (and equivalents in many other languages) refers to a false, insincere display of emotion, such as a hypocrite crying fake tears of grief. It is derived from an ancient anecdote that crocodiles weep in order to lure their prey, or that they cry for the vic-

tims they are eating, first told in the *Bibliotheca* by Photios I, who was the Ecumenical Patriarch of Constantinople. This tale was first spread widely in English in the stories of the *Travels of Sir John Mandeville* in the 14th century and appears in several of William Shakespeare’s plays.

6. They can keep open their jaw underwater  
Crocodiles have a valve at the back of their throat allowing them to open their jaw underwater.

7. They can live long

They have an average lifespan of at least 30-40 years and in the case of larger species an average of 60-70 years. There are claims of some individuals exceeding 100 years, but there is no strong evidence to support that.

8. Their ancestors were much bigger

The first crocodiles appeared around 250 million years ago, at the same time when dinosaurs appeared. The prehistoric ancestors of crocodiles were much bigger than today’s counterparts.

Sarcosuchus skull next to a human. Sarcosuchus, popularly known as “supercroc” is an extinct genus of crocodyliform and distant relative of the crocodile that lived 112 million years ago. It dates from the early Cretaceous Period of what is now Africa and South America and is one of the largest crocodile-like reptiles that ever lived. It was almost twice as long as the modern saltwater crocodile and weighed up to 8 tonnes. Like most crocodiles, it had a huge biteforce, possibly up to 9 tons, more than 88,000 N, far exceeding any modern-day crocodile (16,460 N).



9. Saltwater crocodiles have the strongest bite

Crocodiles have the strongest bite ever measured. Paleobiologist Gregory M. Erickson and colleagues tested the bite forces of all 23 living crocodylian species. The strongest, saltwater crocodiles (naturally) slammed their jaws shut with 3,700 pounds per square inch (psi), or 16,460 Newtons, of bite force. For a comparison, a lion has a bite force of 1,314.7 Newtons at the canine tips and 2,023.7 Newtons at the carnassials. But, despite this enormous bite force, their muscles to open the jaw are extremely small and weak that a human can use her/his bare hands to keep a crocodile’s mouth closed.

10. They have a good night vision

3 Their night vision is very good and they are mostly nocturnal hunters.

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18. Crocodiles don't chew their food. They do not chew their food. Many large crocodilians swallow stones, which may act as ballast to balance their bodies or assist in crushing food, similar to grit ingested by birds.

19. Their infant mortality rate is very high

Most of the young crocodiles (some sources give a percent as high as 99%) are eaten in their first year of life – by other predators like lizards, other crocodiles, hyenas, and even fish.

11. Their heart is sophisticated

Crocodiles have the most sophisticated heart in the animal kingdom, and actively change the destination of blood that flows through it depending on requirements.

12. They carry their hatchlings in their mouth

Crocodiles carry their babies to the water in their mouth. Baby crocodiles can make noises from inside their eggs before they hatch. The mother can hear their voices, then digs up the eggs from the sand, and takes the hatchlings to the water.

13. They can find their home from long distances

Crocodiles may possess a homing instinct. In northern Australia, three rogue saltwater crocodiles were relocated 400 km (249 mi) by helicopter, but returned to their original locations within three weeks, based on data obtained from tracking devices attached to them.

14. They are (obviously) good swimmers

Their top swimming speed is 15 km/h (9.3 mph).

15. Their feet are webbed

Crocodiles have webbed feet which, though not used to propel them through the water (they tuck their feet to the side while swimming and use the power of their tails), allow them to make fast turns and sudden moves in the water or initiate swimming.

16. They are cold-blooded

Like other reptiles, crocodiles are cold-blooded. So, they have a very slow metabolism, which allows them to survive long periods without food. They can survive many months on a single large meal.

17. They cannot sweat

Crocodiles do not have sweat glands and release heat through their mouths. They often sleep with their mouths open.

20. Crocodiles are amphibious

They are amphibious reptiles, spending part of their time in water and part on land. Although the saltwater crocodile and the American crocodile are able to swim out to sea, no living species of crocodilians can be considered truly marine.

DATA MASTER: Steven Burdick



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# Where Is the Hottest Place on Earth?



Is it summer where you live? It may not yet be the dog days of summer, but we bet it's starting to warm up nicely!

Wonder Friends know that we've already visited the coldest place on Earth. Now it's time to put on our short-sleeve shirts and shorts and head to the hottest place on Earth!

The Earth is a huge place and two thirds of it is covered in water. The other third is dry land that we can live on. But did you know that one third of that dry land is actually desert that's too hot and dry to support much life?

Most of the deserts of the world are near the equator. This nearness to the equator makes deserts hot. A lack of moisture also makes them dry and not a good place to live.

The deserts of the world are where we find most of the hottest places on Earth. Answering the question of where the hottest place on Earth is, though, isn't quite as easy as it sounds. For example, the place with the hottest temperature ever recorded might not be the hottest place year-round.

To date, the hottest temperature ever recorded was 159.26° F in 2005 in the Lut Desert in Iran. This area of desert in Iran is so desolate that no life — not even bacteria — has been found there.

The hottest part of this desert is an area of over 180 square miles called the Gandom Beriyan, which means "toasted wheat." Walking across its black volcanic rock in the heat of the day would be like walking on burning coals!

Before 2005, the previous high temperature was 136° F in 1922 in El Azizia, Libya. Wow! Those are some hot temperatures. But you don't have to go all the way around the world to find temperatures approaching those highs. Instead, you could just go to California!

Death Valley, California, routinely sees temperatures above 100° F in the summer. In fact, the highest recorded temperature for Death Valley was 134° F on July 10, 1913! Death Valley sits within the Mojave Desert.

As hot as all of these places are, though, there's one other place that maintains the highest average temperature year-round. That honor goes to Dallol, Ethiopia. Day in, day out...all throughout the year, Dallol's average temperature reaches almost 94° F!

Dallol sits in an area known as the Danakil Depression. High temperatures in the area can regularly reach over 115° F. Formerly a mining town, Dallol is now mainly a ghost town that can only be reached via camel.

DATA MASTER: Eric Peachey

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# What Kids Say



"Mum can I have your phone? I need to make a selfie..." - Lindsay Wirth

My 4 year old son told me my hair looked really pretty because it is brown and grey! - Nicole Caecoh Guay

When passing gas in the bathtub my daughter said to me, "My butt is blowing bubbles!" - Zahra Do

After visiting kindergarten at her new school and having a mini orientation with 5 other students, my 5 year old daughter says (the night before her full day) "So are all my people going to be there tomorrow?" - Jenn Hurd

My 6 year old asked me the other day: "Is uncle still in school?" I said: "No, he's a military policeman now". She replies with: "What does that mean?" I say: "Well, he's a policeman now, but if he gets called to war, he has to go and fight to protect us. Know what I mean?" She nods confidently and replies with: "Oh! Yeah! Like star wars!" - Chatelaine Chantal-louie

One kid bites the other. His defense? "He fell into my mouth!" - Sarah Kydd-Houghton

My daughter had a supply teacher at school one day and I asked her who she was (a good friend of mine was a supply teacher at the time). So I asked my daughter "Was her name Ms. Squirrel?" She promptly replied, "Oh no mom, they don't allow squirrels in the school." - Jessalynn Sammons

My son said at dinner after spending time with his grandparents "Mom, your dad is growing hair again." (My dad has been bald for 25 years) - Jennifer Craven Aitken

My 3 year old, while on the toilet, has a look downward and then grins up at me... "Mommy... My bits are getting bigger!" Classic. - Maggie Kinsella

Instead of 'Hold your horses' my daughter said to me:

"Hold on you horse!" - Liz Gaudet

DATA MASTER: Steven Burdick



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# 14 Fun Facts About Penguins

Which penguin swims the fastest? Do penguins have teeth? Why do penguins sneeze? How is penguin poop useful?

Emperor penguins swimming (Photo by Polar Cruises)



Penguins seem a bit out of place on land, with their stand-out black jackets and clumsy waddling. But once you see their grace in the water, you know that's where they're meant to be—they are well-adapted to life in the ocean.

**1.** Depending on which scientist you ask, there are 17–20 species of penguins alive today, all of which live in the southern half of the globe. The most northerly penguins are Galapagos penguins (*Spheniscus mendiculus*), which occasionally poke their heads north of the equator.

**2.** While they can't fly through the air with their flippers, many penguin species take to the air when they leap from the water onto the ice. Just before taking flight, they release air bubbles from their feathers. This cuts the drag on their bodies, allowing them to double or triple their swimming speed quickly and launch into the air.

**3.** Most penguins swim underwater at around four to seven miles per hour (mph), but the fastest penguin—the gentoo (*Pygoscelis papua*)—can reach top speeds of 22 mph!

Gentoo penguins “porpoise” by jumping out of the water. They can move faster through air than water, so will often porpoise to escape from a predator. (Photo: Gilad Rom (Flickr))



**4.** Penguins don't wear tuxedos to make a fashion statement: it helps them be camouflaged while swimming. From above, their black backs blend into the dark ocean water and, from below, their white bellies match the bright surface lit by sunlight. This helps them avoid predators, such as leopard seals, and hunt for fish unseen.

**5.** The earliest known penguin fossil was found in 61.6 million-year old Antarctic rock, about 4-5 million years after the mass extinction that killed the dinosaurs. *Waimanu manneringi* stood upright and waddled like modern day penguins, but was likely more awkward in the water. Some fossil penguins were much larger than any penguin living today, reaching

4.5 feet tall!

**6.** Like other birds, penguins don't have teeth. Instead, they have backward-facing fleshy spines that line the inside of their mouths. These help them guide their fishy meals down their throat.



An endangered African penguin brays with its mouth open, showing off the bristly inside of its mouth. (Photo by Dimi P (Flickr))

**7.** Penguins are carnivores: they feed on fish, squid, crabs, krill and other seafood they catch while swimming. During the summer, an active, medium-sized penguin will eat about 2 pounds of food each day, but in the winter they'll eat just a third of that.

**8.** Eating so much seafood means drinking a lot of saltwater, but penguins have a way to remove it. The supraorbital gland, located just above their eye, filters salt from their bloodstream, which is then excreted through the bill—or by sneezing! But this doesn't mean they chug seawater to quench their thirst: penguins drink meltwater from pools and streams and eat snow for their hydration fix.

**9.** Another adaptive gland—the oil (also called preen) gland—produces waterproofing oil. Penguins spread this across their feathers to insulate their bodies and reduce friction when they glide through the water.

**10.** Once a year, penguins experience a catastrophic molt. (Yes, that's the official term.) Most birds molt (lose feathers and regrow them) a few at a time throughout the year, but penguins lose them all at once. They can't swim and fish without feathers, so they fatten themselves up beforehand to survive the 2–3 weeks it takes to replace them.

An emperor penguin loses its old feathers (the fluffy ones) as new ones grow in underneath. (Photo by Carlie Reum, National Science Foundation)



**11.** Feathers are quite important to penguins living around Antarctica during the winter. Emperor penguins (*Aptenodytes forsteri*) have the highest feather density of any bird, at 100 feathers per square inch. In fact, the surface feathers can get even colder than the surrounding air, helping to keep the penguin's body stays warm.


**12.** All but two penguin species breed in large colonies for protection, ranging from 200 to hundreds of thousands of birds. (There's safety in numbers!) But living in such tight living quarters leads to an abundance of penguin poop—so much that it stains the ice! The upside is that scientists can locate colonies from space just by looking for dark ice patches.



13. Climate change will likely affect different penguin species differently—but in the Antarctic, it appears that the loss of krill, a primary food source, is the main problem. In some areas with sea ice melt, krill density has decreased 80 percent since the 1970s, indirectly harming penguin populations. However, some colonies of Adelie penguins (*Pygoscelis adeliae*) have grown as the melting ice exposes more rocky nesting areas.

14. Of the 17 penguin species, the most endangered is New Zealand's yellow-eyed penguin (*Megadyptes antipodes*): only around 4,000 birds survive in the wild today. But other species are in trouble, including the erect-crested penguin (*Eudyptes sclateri*) of New Zealand, which has lost approximately 70 percent of its population over the past 20 years, and the Galapagos penguin, which has lost more than 50 percent since the 1970s.

DATA MASTER: Doug WM Stone



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# 10 Interesting Facts About Cappadocia



Famous for its unique rock formations and amazing hot air ballooning opportunities, the otherworldly landscapes of Cappadocia are one of Turkey's most popular natural wonders. Unusual honeycombed boulders rise from the plateau of Central Anatolia and have, over the centuries, served as the backdrop for a history equally as fascinating. The region was once the heartland of the Hittite Empire and later gave rise to some of Christianity's earliest philosophers. Cappadocia is now a prime tourist destination with plenty of interesting facts to discover. Here's ten of the best.



1. Three to four million years ago a series of volcanic eruptions shook the Central Anatolian area, forming what we now know as the Cappadocia fairies or 'Cotton Castles'.
2. Cappadocia's landscape was formed by volcanic erosion. Thick ash solidified into a soft rock, called tuff, and over time the tuff rocks eroded with wind and water, creating the iconic fairy chimneys we see today.
3. Cappadocia spans a distance of 5,000 kilometres and sits on an altitude of over 1,000 metres, cutting through three Anatolian provinces – Nevsehir, Kayseri and Nigde.
4. The name Cappadocia derives from the Persian word Katpaktukya, which means 'the land of beautiful

horses' for in ancient times the region was known for its equine offering. Horses are still important to the locals who call Cappadocia home and they also offer an alternative mode of transport for visitors.

5. There are a number of underground cities in Cappadocia, some connected by a network of tunnels. These subterranean settlements were made possible thanks to the pliability of the soft rock. Many are open to visitors, however, a lot of the land in the area is private property.
6. There are as many as 600 churches carved from the soft Cappadocian rock, and possibly many more that have not yet been discovered. These churches date back to Medieval times and display beautiful painted frescoes, which have retained an amazing amount of colour and detail over the centuries though some painted figures have had their eyes scratched out by superstitious locals afraid of the Evil Eye.
7. The village of Göreme serves as the region's main tourist centre and is also one of the few Cappadocian settlements still inhabited today. Christians gave the town of Göreme its name meaning 'you cannot see here', as they hid in the area during the Arab invasion.
8. The Göreme Open-Air Museum encompasses the best known religious complexes in the area. Alongside the other rock sites of Cappadocia, it was enlisted as a UNESCO World Heritage Site in 1985.
9. Music concerts are often held in the surrounding cave buildings of Cappadocia, including the week-long Cappadocia Music Festival which showcases choirs and orchestras.
10. The region of Cappadocia is a large grape producer and it's believed that wine-making has a long history here. There's a number of wine-tasting shops where visitors can sample the goods and in recent years wines from the region have won international awards.

DATA MASTER: Nikki Hamilton



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# Amazing People

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sion to empower  
others and cele-  
brate differences.**



The three founders of Dance Happy Designs believe every person deserves the opportunity to forge a meaningful career and have a fulfilling life!

Dance Happy Designs was founded in 2016 by Julia, Liv, and Emily: three friends on a mission to empower others and celebrate differences through their lifestyle brand. While strengths and abilities may vary, the three founders believe every person deserves the opportunity to forge a meaningful career and have a fulfilling life.

Dance Happy is a silkscreen print studio located outside the city of Philadelphia, PA, which produces handcrafted textile products featuring their original patterns. From hand-cutting patterns to printing fabric to sewing products, everything at Dance Happy is done by hand and with a whole lot of love. Focusing on a refined playfulness, the patterns have an organic but delightful nature to them, speaking volumes to the partnership behind them.

Dance Happy's patterns are available on an array of textiles products, all of which are made in-house in small, limited runs. Each of the founders contributes to the production of every product made, truly showcasing why inclusion matters.

Pay a visit to the Dance Happy website and find out how amazing these young entrepreneurs are. <https://www.dancehappydesigns.com/>

## Kelly Neville

Kelly is a young lady with Down syndrome and this company was created to assist Kelly in leading a fulfilled and productive life after school came to an end for her. She loves fashion, style and bling, so what better way to express that than to create fashionable jewelry!



Kelly loves fashion, style and bling, so what better way to express that than to create fashionable jewelry!

press that than to create fashionable jewelry! Special Sparkle is a mother/daughter team where we work together to design and Kelly makes ALL the jewelry! We have been in business for 8 years and continue to grow and thrive! Check us out on Facebook and Instagram and at [specialsparkle.com](http://specialsparkle.com).

## No Rulz Art LLC

No Rulz Art LLC ("No Rulz") is a 12 year old + for profit business that brings together persons with and without disabilities to explore, create, and work towards meaningful employment. The No Rulz collection of

wearable tie-dye art is sold online through the company's website, as well as in over 20 boutique retailers (including John's Crazy Socks). Additionally the artist/makers of No Rulz participate in more than 30 market and gift events annually and were recently accepted into the Textile Art Alliance Market of the TAA of The Cleveland Museum of Art.

No Rulz artist/makers demonstrate that all people have value, and that all have skills to contribute.



No Rulz Artists demonstrate that all people have value, and that all have skills to contribute.

DATA MASTER: Eric Peachey



# Claremore Nursing Home - Employee of the Month



Susan Grimmatt was unanimously elected by Resident Council as February honoree. She has been part of the Housekeeping Department for 5 1/2 years.

Born on the East Coast, Susan has been married but says, "Never again." Her 2 girls and 1 boy have given her 4 grandchildren.

Even though she is a private kind of person with most, Susan loves the residents and takes good care of them. Her favorite thing is talking with them and listening to their interesting stories.

*"They may forget your name, but they will never forget how you made them feel."*

*Maya Angelou*

**If you would like to join, "Susan Grimmatt" as a Certified Nurse Aide, please apply in person. Now taking applications for Certified Nurse Aides both days and nights. Must pass a background check. New pay scale for CNA's.**

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## The best bequest

Totnes-born RAF pilot Keith Owen had travelled the world and settled down in Canada, but always loved to visit Sidmouth in Devon, where his mother had retired. Owen's favourite view was of the picturesque Sid valley leading down to the sea.



A host of golden daffodils: Keith Owen's bequest to Sidmouth CREDIT: SWNS GROUP

Having no children, when the time came to make a will Owen decided to do something for the town he loved and left his entire estate to the Sid Vale Association – the UK's oldest civic society, asking them to plant flowers in the valley when he was gone.

What made this news? Having followed his RAF days with a successful career in investment banking, Owen left the town he loved £2.3 million.

So far more than 400,000 bulbs have been planted by Sidmouth residents aged from two to 90. Since the entire scheme is paid for out of the interest on the £2.3 million, leaving the principal investment untouched, it's a gift that will keep on giving.

"One million flowers was Keith's amazing dream," says the head planter John Townsend. "We're doing our best to fulfil his wish."

DATA MASTER: Breanna McDowell

## Sia goes undercover to pay for peoples' shopping on Thanksgiving

A note from Terripalacios a mother: Sia, this is a picture with you and my daughter. I will never forget what you did for us last night. Our car broke down two months ago. We were a month out from losing our trailer but you have given us the best thanksgiving and restored our lost faith. With all of our love and gratitude, Terri Palacios.



Sia claims to have an "elastic heart" but we beg to differ. The singer surprised shoppers in Walmart and TJ Maxx in Palm Springs on Thanksgiving by paying for everyone's groceries after telling them she had won the lottery. Shoppers shared photographs and videos online, showing the star introducing herself as "CiCi", running between cashiers to pay for as many people as possible, and accepting hugs from people, some of them close to tears and thanking her for her generosity. One person posted a photo with Sia on Instagram, revealing their car had broken down a couple of months ago and they were "a month out from losing our trailer". The person wrote: "what you did for us last night, I will never forget... You have given us the best Thanksgiving and restored out lost faith. With all of our love and gratitude."

DATA MASTER: Breanna McDowell



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# Common Misconceptions About Crocodiles

After the crocodile facts mentioned on page 3 of this issue, here are the misconceptions about crocodiles.

- Contrary to the common myth, crocodile skin (and also alligator skin) is not bulletproof.
- “You can not outrun a crocodile. They can run as fast as a racehorse.” This is absolutely wrong. A racehorse can run faster than 40 mph (64 km/h) with a record top speed of 43.97 mph (70.76 km/h). Crocs cannot get anywhere near that fast on land. Their maximum speed is 12 mph (19 km/h) on land, and for a very short distance (around 20-25 meters), when they “belly run”. They usually go much slower than that. While walking on their legs, which is called the “high walk”, their top speed is only 5 km/h (3 mph). So, an average healthy human can easily outrun a crocodile. They do, however, accelerate very fast, thundering from 0 to 15 km/h in no time, both while swimming and running.

“Gallop” crocodile, in fast running pace, goes after a chicken. The typical maximum speed of a crocodile is 12 mph (19 km/h) on land, and for a very short distance (around 20-25 meters).



They do, however, accelerate very fast, thundering from 0 to 15 km/h in no time, both while swimming and running.

- Egyptian plover, also known as the “crocodile bird” does not clean crocodile’s teeth. No bird clean crocodile teeth. This is a pure myth. The photos showing Egyptian plover cleaning crocodile teeth are fake. Adam Britton, a zoologist and expert in crocodile biology, behavior, and conservation at Charles Darwin University, says “Nobody has ever photographed or filmed this, but the myth persists to this day.” This myth actually originated with the ancient Greek philosopher Herodotus (484–c. 425 BC), but no known photographic evidence exists, and the written accounts are considered suspect also by the biologist Thomas Howell.
- Neither crocodiles nor alligators eat their babies. No crocodilian do that. Evon Hekkala, the principal investigator at Fordham University’s Hekkala Lab and a research associate at the American Museum of Natural History, says “A long time ago, people would observe the crocodiles and alligators digging up nests and having hatchlings in their mouths, and

they would think that they were eating them.” In fact, they were taking their babies to the water. See the “crocodile facts #12”.

- Crocodiles are not dumb. While the brain of a crocodilian is fairly small, it is capable of greater learning than most reptiles.

DATA MASTER: Karen Deffenbaugh



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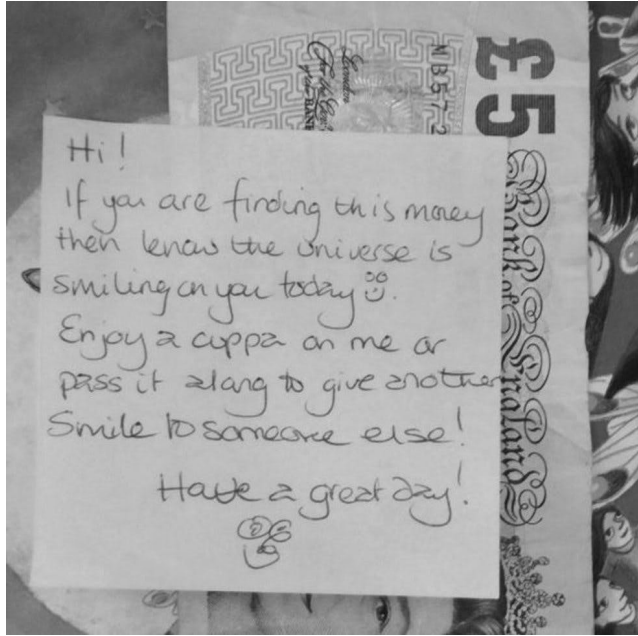


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# Stranger hides £5 notes in Waterstones books



Chris Topping got more than he expected when he opened a book in his local Waterstones. The 24-year-old from Liverpool was browsing through the children's book *The Fox and the Star* in February 2016 when he came across an anonymous note hidden in some of the pages.

The note read: "Hi, if you are finding this money then know the universe is smiling at you today. Enjoy a cuppa on me or pass it along to give another a smile to someone else! Have a great day!"

Chris said the note did indeed leave him smiling all day and he decided to do something meaningful with the money.

"We bought some sandwiches and drinks for a few homeless lads and lasses on the way home to pay it forward," he said.

"I see a few homeless people in the same spot on a regular basis, so I thought I'd buy enough for all of them... I think the person who put the money in the book would be happy that that's where the money went."

DATA MASTER: Doug WM Stone

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# Footballers let homeless squatters stay in their hotel for winter



Footballers are more often associated with bawdy excess and ridiculously large pay packets than for charity work. But Ryan Giggs and Gary Neville made headlines when a group of squatters and activists moved into a Manchester hotel the footballers were redeveloping – and the players-turned-property moguls let them stay for winter.

Wesley Hall, the human rights activist leading the group, told the Guardian he cried when Neville said they could stay put for a while instead of evicting them.


Neville bought the stock exchange building in 2013 for £1.5 million, with plans to turn it into an exclusive 35-bed hotel. But between October 2015 and January 2016, the building became a refuge for homeless people needing clothes, shelter, food, advice and support getting permanent homes.

“We were expecting that as soon as [they] found out that we had occupied the building, they would try to get us evicted,” said Hall. “Having a few months during the winter to work with homeless people without the threat of eviction hanging over our heads is brilliant.

“We’ve got a real opportunity to do some intensive work with homeless people and make a big difference to their lives.”

DATA MASTER: Doug WM Stone

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# HALFETI (TR) - BLACK ROSES, ONLY GROWING IN TURKEY, READY TO HIT WORLD MARKETS

Halfeti



The Rose Union to be established by Cittaslow, the Italy-based movement aiming at slowing down the pace of life in cities and promoting ecological harmony, will be introducing Turkey's black rose to the world.

Endemic only to Turkey and growing in the Halfeti district of the southeastern province of Şanlıurfa, the black rose is renowned for its petals which adopt a pitch black hue in March-April and October-November. Its shade changes a bit during other seasons.

The Halfeti District Council Chair Nihat Özdal explained how the flower owes its black color to the area's microclimate and terroir, and also dismissed other similarly black-petaled roses being imported from the Netherlands. "Those cultivated in the Netherlands or in other places are roses which have had their genes altered and grown in greenhouses," said Özdal, "Original black roses only grow in Halfeti; there has been absolutely no genetic manipulation here."

## What is the meaning of the Black Rose Color?

Every rose has its own color meaning. For example Red rose means passion, affection, and true love. White rose means purity and innocence. Well, it's not surprising to hear that black roses represent dark emotions. Death, anarchy, sadness and tragic romance all fall under a black rose's meaning. Don't be too discouraged by the dark side. Some consider black roses to represent a one-of-a-kind love since these flowers are unique.

DATA MASTER: Heather Conn

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# 10 Fascinating Dolphin Facts



Did you grow up loving Flipper? Dolphins are truly lovable, but they are far more than just fun creatures of the sea.

**Here are 10 fascinating dolphin facts that will make you love them even more.**

1. Nearly 40 species of dolphins swim the waters of the world. Most live in shallow areas of tropical and temperate oceans, and five species live in rivers.

2. Dolphins are carnivores. Fish, squid and crustaceans are included in their list of prey. A 260-pound dolphin eats about 33 pounds of fish a day.

3. Known for their playful behavior, dolphins are highly intelligent. They are as smart as apes, and the evolution of their larger brains is surprisingly similar to humans.

4. Dolphins are part of the family of whales that includes orcas and pilot whales. Killer whales are actually dolphins.

5. Dolphins are very social, living in groups that hunt and even play together. Large pods of dolphins can have 1,000 members or more.



6. Depending on the species, gestation takes nine to 17 months. After birth, dolphins are surprisingly maternal. They have been observed nestling and cuddling their young.

7. A dolphin calf nurses for up to two years. Calves stay with the mothers anywhere from three to eight years.

8. Dolphins have acute eyesight both in and out of the water. They hear frequencies 10 times the upper limit of adult humans. Their sense of touch is well-developed, but they have no sense of smell.

9. Dolphins have few natural enemies. Humans are their main threat. Pollution, fishing and hunting mean some dolphin species have an uncertain future. In 2006, the Yangtze River dolphin was named functionally extinct.

10. Because dolphins are mammals, they need to come to the surface of the water to breathe. Unlike land mammals that breathe and eat through their mouths, dolphins have separate holes for each task. Dolphins eat through their mouths and breathe through their blowholes. This prevents the dolphin from sucking up water into the lungs when hunting, reducing the risk of drowning.

DATA MASTER: Heather Conn

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# Up-coming Events

TOPS #570 We meet 9am to 11am Monday morning at Mt. Olive Lutheran Church in Miami 2337 N. Main St. "Taking off pounds sensibly!"

TOPS #567 meet every Thursday at 10am 433 N Mississippi in Nowata.

TOPS #506 in Miami Heavenly Winds Worship Center meet every 6pm Monday evening. For more info call Susan Walls at 918-540-0570

Every 4th Saturday of the month Veteran's Support Group: Veterans for Veterans. Have you served in the military? Are you struggling with readjustment? Anxious about the future? Struggling to connect with friends and family? Struggling with school? WE CAN HELP! Free veterans support group at 10am every 4th Saturday of the month. The Landing 502 West Corner Fairland, Ok. For more information call Larry Boyd (918) 541-7592 or Cindy (918) 676-3228.

Food Truck Wednesdays —Every Wednesday, grab some tasty eats and gather on the grounds of Guthrie Green. During Food Truck Wednesdays, lunchtime transforms into a community-wide affair, with roaming food trucks posting up at this Tulsa park. While you dine on delicious food, be sure to enjoy the live music and fresh air. Guthrie Green 111 E Brady St Tulsa, OK 74103 Phone: 918-574-2421

Big Cabin Senior Exercise Program—Fitness program for seniors held at the Big Cabin Baptist Church gym three times a week, Monday, Wednesday and Friday, from 10 to 11 a.m.

American Legion Post 178 in Grove, OK – Bingo every Saturday evening at 6pm. Family atmosphere. Contact Lee Cathy for any questions at: 901-487-9060

PRYOR DANCE—Every 1st. and 3rd. Thursday of the month. 6:15 pm—9 pm—Cost is \$5.00 per person, Double H Band will be playing. Cookies and Coffee will be serving. It's for seniors but all ages are welcome. Mayes County Nutrition Center 851 SE 9th Pryor (just east of 9th and Elliott intersection)

Feb 14, 2020 - Feb 23, 2020 Tulsa Project Theatre presents: Godspell - Catch a performance of "Godspell" at the Tulsa Performing Arts Center. This 2012 revival version tells the story of the Gospel of Matthew in modern-day New York City. A small group of people help Jesus tell different parables by using a wide variety of games and storytelling techniques with hefty doses of comic timing. An eclectic blend of songs, ranging in style from pop to vaudeville, vibrantly tell the story

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Fill in the grid with digits in such a manner that every row, every column and every 3X3 box accommodates the digits 1-9, without repeating any.

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Hardship level: Moderate

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By: Doug WM Stone  
Solutions are printed in page 36



of Jesus and his messages of kindness, tolerance and love. February 14, 15, 21, 22: 8pm, February 16 & 23: 2pm. Tulsa Performing Arts Center 110 E 2nd St Tulsa, OK 74103 Phone: 918-596-7111

Feb 23, 2020 Tulsa Oilers vs. Allen Americans - Cheer on the Tulsa Oilers as they take on the Allen Americans at the BOK Center in downtown Tulsa. Get in on the fast-paced hockey action as these two teams compete for control of the puck. Enjoy a snack and a cold beer while cheering on the team as they battle for victory on the ice. BOK Center 200 S Denver Ave Tulsa, OK 74145  
Phone:  
918-632-7825

Feb 27, 2020 - Mar 1, 2020 Akdar Shrine Circus - Grab the family and experience the thrill of spectacle at the Akdar Shrine Circus at Tulsa Expo Square. Held in the Pavilion, the Akdar Shrine Circus is an all-around family fun extravaganza. The Shrine Circus clowns will entertain as kids can go on pony, camel and even elephant rides. The show will include spectacular circus acts such as the flying trapeze, performing elephants, dazzling jugglers and more. Death-defying feats like an aerial ballet, motorcycle daredevil jump and The Wheel of Destiny will thrill visitors. Make sure to mark your calendar for this very special event. Thursday: 6pm, Friday: 4:30pm & 7:30pm, Saturday: 10am, 2pm & 6:30pm, Sunday: 10am, 2pm & 6:30pm. Tulsa Expo Square 4145 E 21 St Tulsa, OK 74114 Phone:  
918-376-6000

Feb 28, 2020 - Mar 1, 2020 Tulsa Opera presents: Madama Butterfly - Giacomo Puccini's beloved "Madama Butterfly" comes to Tulsa during the Tulsa Opera's 2019-2020 season. This three-act opera follows an unscrupulous American naval officer's marriage to a young Japanese geisha for convenience, leading to a heartbreaking betrayal and the ultimate sacrifice of a mother's love. Feb 28: 7:30pm, March 1: 2:30pm. Tulsa Performing Arts Center 110 E 2nd St Tulsa, OK 74103 Phone:918-587-4811

Feb 29, 2020 Eagle Tour & Loon Watch - Come to the Sequoyah National Wildlife Refuge and see southern bald eagles in their natural habitat. You will begin the tour by watching eagles from the refuge's webcam before taking off on the 25-person tour bus. Guests are encouraged to bring binoculars. Stops will be made at two nesting sites as well as other points of interest where eagles frequently appear. Two spotting scopes will be provided for a close-up look at these incredible birds. Eagle Watch: 9am at Sequoyah National Wildlife Refuge, Loon Watches: 2pm at Tenkiller State Park Sequoyah National Wildlife Refuge & Tenkiller State Park Vian, OK 74962 Phone: 918-489-5641, 918-489-5025

Feb 29, 2020 - Mar 1, 2020 Trolls Live! - Get ready for another hair-raising adventure when Poppy, Branch and

all their Trolls friends come to life on stage in "Trolls Live," their first ever live tour. Jam-packed with epic music, glitter, humor and happiness, "Trolls Live!" will visit the BOK Center for five Trolls-tastic performances. Bring the kids and enjoy this energetic show in downtown Tulsa. February 29: Show 1 Doors: 9am/Showtime: 10am, Show 2 Doors: 1:30pm/Showtime: 2:30pm, Show 3 Doors: 5:30pm/Showtime: 6:30pm, March 1: Show 4 Doors: 10am/Showtime: 11am, Show 5 Doors: 2pm/Showtime: 3pm. BOK Center 200 S Denver Ave Tulsa, OK 74103 Phone: 918-894-4445

Feb 29, 2020 ORU Golden Eagles vs Purdue Fort Wayne Mastodons - The ORU Golden Eagles women's basketball team strives for success on the court. Watch the team work together toward shutting down their opponents while aiming for the basket. See the Golden Eagles shoot hoops and dribble circles around the Purdue Fort Wayne Mastodons during a competitive match on their home turf at Tulsa Mabee Center. Witness the Golden Eagles come out victorious while wearing their signature Vegas gold, navy blue and white team colors. Hours: Starts at 1pm. Mabee Center 7777 S Lewis Ave Tulsa, OK 74171 Phone: 918-495-6000

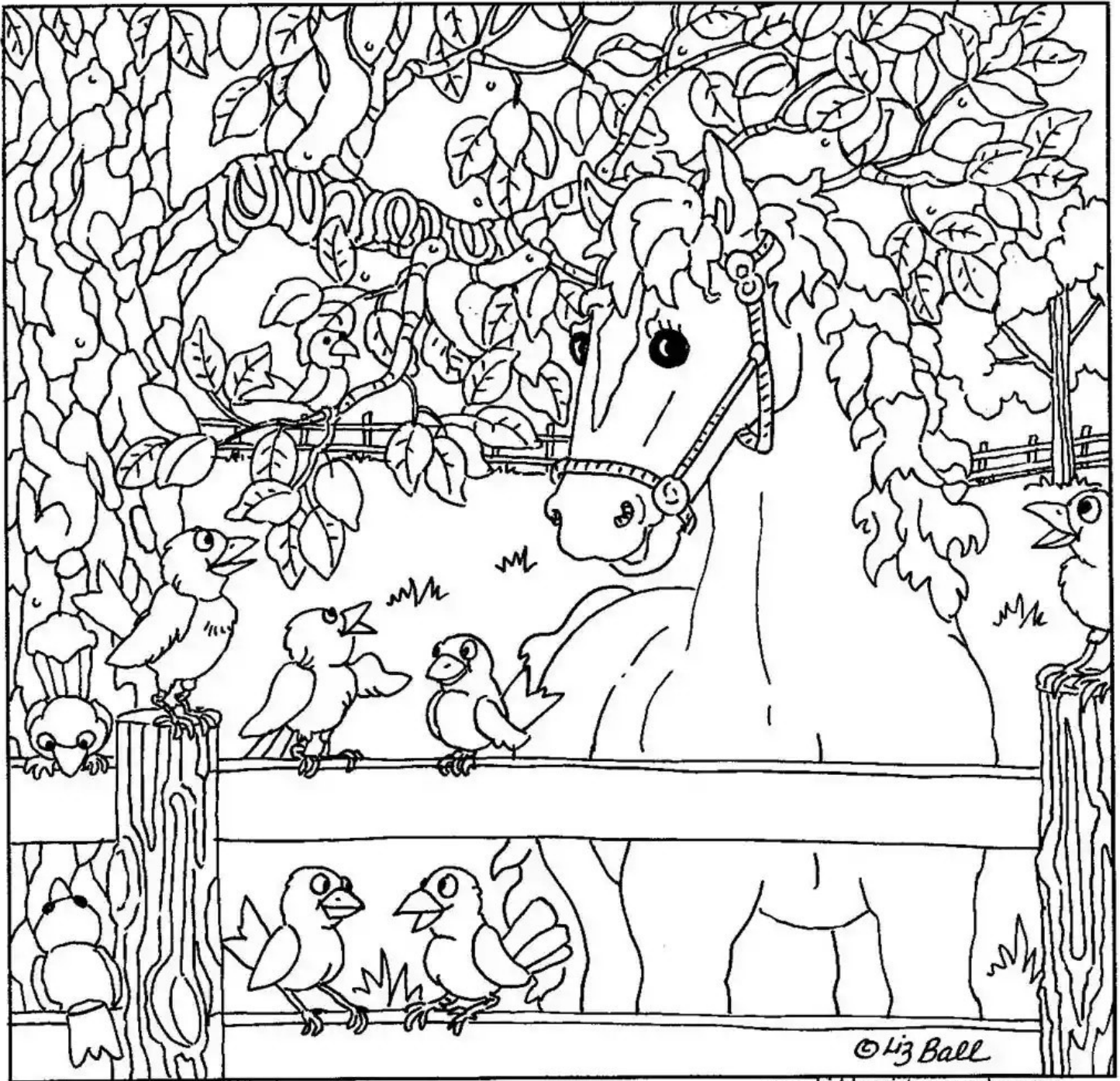
Feb 29, 2020 Splash! - Come make a splash at the Oklahoma Aquarium's largest annual party. Splash! is a unique event that brings together craft beers from area breweries, food by top local chefs and live entertainment. Also on tap will be games and prizes, a silent auction and raffle and a mechanical bull shark, making this one of the most exciting events in the Tulsa area. Saturday: 7:00 pm - 11:00 pm Oklahoma Aquarium 300 S Aquarium Dr Jenks, OK 74037 Phone: 918-296-3474

Mar 4, 2020 - Mar 8, 2020 Oklahoma Reining Horse Association Ride & Slide - The Oklahoma Reining Horse Association Ride & Slide is an action-packed display of equestrian skills at Tulsa Expo Square. Watch cowboys and cowgirls of all ages and abilities compete in a variety of challenging events that will keep you on the edge of your seat. Riders will guide horses through precise patterns of circles, spins and sliding stops at speeds alternating between a slow lope and a fast gallop. Cheer for your favorites as green reiner, rookie, non-pro derby, youth, professional and novice riders take to the arena in this thrilling show. Tulsa Expo Square 4145 E 21st St Tulsa, OK 74114 Phone: 405-826-6147

**Do You have an event that you would like to share ?**  
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**Email: [links@links.community-options.net](mailto:links@links.community-options.net)**

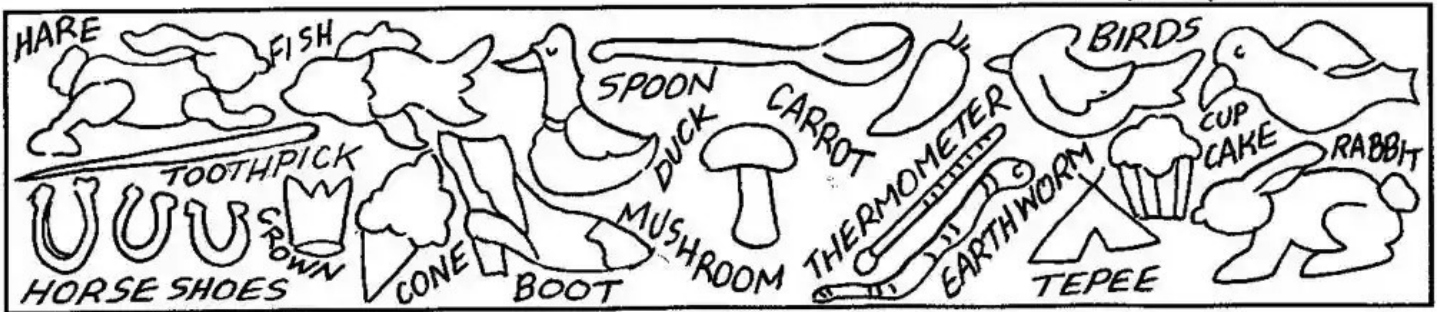






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DATA MASTER: Karen Deffenbaugh



# Getting to know the Lutherans

## A Better Focus

Friends,

Too often people, even believers, develop or are even taught an unhelpful focus in the matter of faith. This focus could evidence itself in worry over whether one is a “real Christian.” Basically, the problem is that this focus is on the evidence of one’s faith – like expecting ever-increasing holiness or greater closeness with God. Then, despite much trying and changing without much progress, there is only disappointment and being convinced of one’s shortcomings.

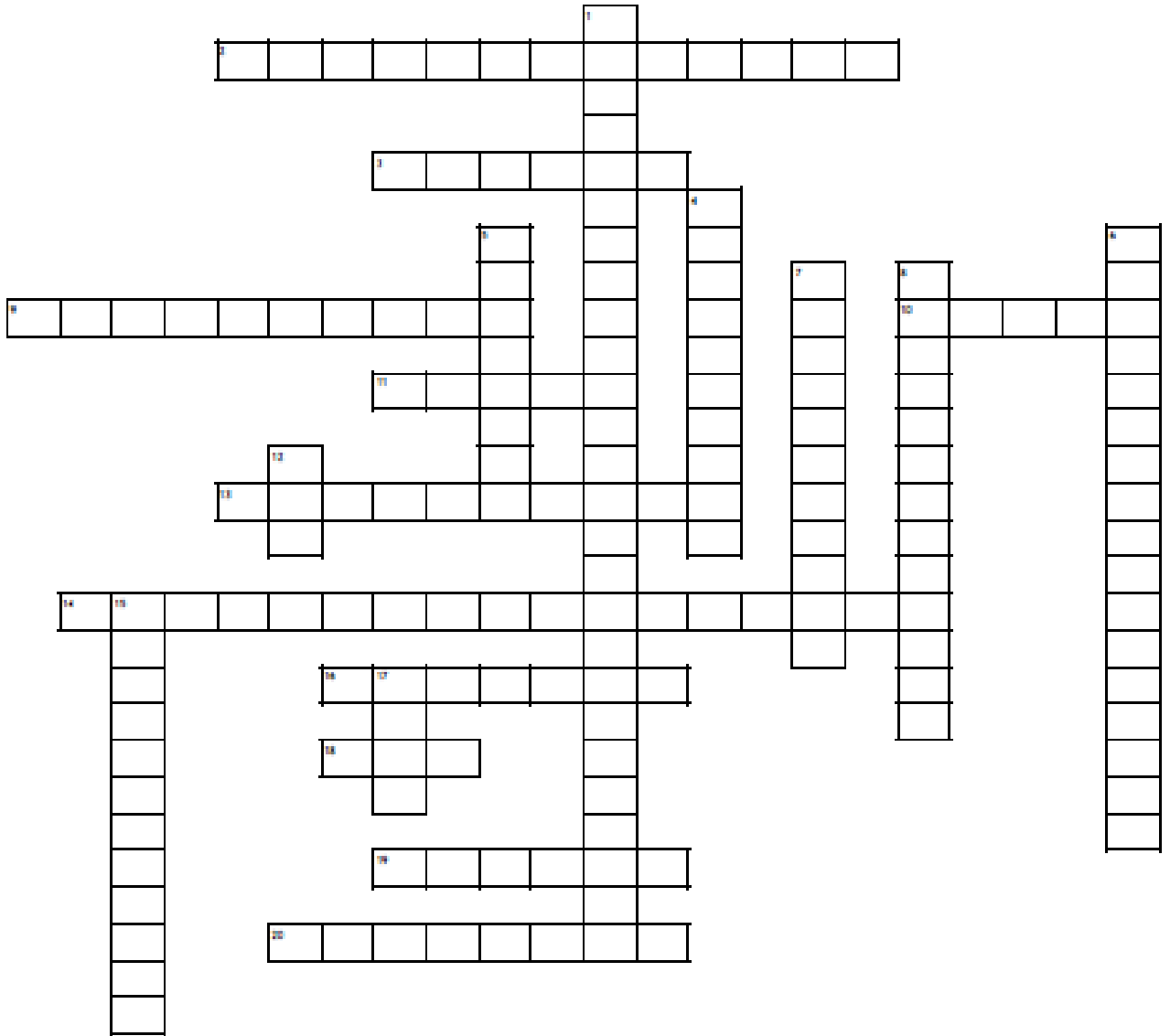
500 years ago a man named Martin Luther discovered and shared a better focus and emphasis for our faith that we celebrate to this day. That focus is on the Object of our faith – Jesus Christ. When we focus on how Christ came, lived, suffered, died, and rose again for us, we are shifted from guilt to forgiveness, from worries about our salvation to freedom to serve those who need us, and from focus on ourselves to focus on Him.

Focus on Christ will withstand whatever comes up against us, and that is the focus you will find when you join us at any of our northeast Oklahoma Lutheran churches!

DATA MASTER: Karen Deffenbaugh

|  |  |
|--|--|
| <p><b>Messiah Lutheran Church</b><br/> 460 N. Wilson, Vinita, OK.<br/> Sunday School and Bible Class 9:00 a.m.<br/> Worship 10:00 a.m. 918-256-3223<br/> Email: messiahvinita@aol.com</p>        | <p><b>St. Paul Lutheran Church</b><br/> Washington and Pine, Fairland, OK.<br/> Sunday School and Bible Class 9:15 a.m.<br/> Worship 10:30 a.m. 918-676-3059<br/> Email: stpaulluthch@aol.com</p>  |
| <p><b>Bethlehem Lutheran Church</b><br/> 6911 West 380 Road, Adair, OK 74330<br/> Worship 9:00 a.m. 918-785-2994<br/> Sunday School and Bible Class 10:15 a.m.</p>                               | <p><b>Immanuel Lutheran Church</b><br/> 706 Rockwood Drive, Grove, OK.<br/> Worship 9:30 a.m. 918-786-4585<br/> Website: <a href="http://www.lutheransonline.com/lo/Groveok">www.lutheransonline.com/lo/Groveok</a></p>  |
| <p><b>Mt. Olive Lutheran Church</b><br/> 2337 North Main, Miami, OK 74354<br/> Worship 2:00 p.m. (918) 542-4681<br/> Sunday School and Bible Class 3:00 p.m.<br/> Email: mtolive@cablone.net</p> | <p><b>Redeemer Lutheran Church</b><br/> 220 N. Seminole, Claremore, OK.<br/> Sunday School and Bible Class 9:00 a.m.<br/> Worship 10:30 a.m. 918-341-1429<br/> Email: rluther@sbcglobal.net – Website <a href="http://www.rlcok.org">www.rlcok.org</a></p>                           |
| <p><i>Guests are always welcome.<br/> See you Sunday at worship.</i></p>   | <p><b>St. John Lutheran Church</b><br/> 607 SE 9<sup>th</sup> Street, Pryor, OK.<br/> Sunday School and Bible Class 9:15 a.m.<br/> Worship 10:30 a.m. 918-825-1926<br/> Email: stjohncpyor@sbcglobal.net - Website: <a href="http://www.stjohncpyor.org">www.stjohncpyor.org</a></p> |

# Crossword Puzzle



## Across

2. OLDHICKORY
3. French president who survived an assassination attempt on July 14, 2002
9. "Abraham Lincoln" playwright
10. Presidents Day events
11. Assassination weapon of 44 B.C
13. ABRAHAM LINCOLN
14. American president to whom is attributed the phrase "Speak softly but carry a big sti
16. Assassination
18. Mo. of Presidents' Day
19. City where four presidents and four vice presidents served as governor
20. Assassination

## Down

1. MARIASHRIVER
4. The 38th president of the USA
5. Birth state of eight US presidents
6. JFK
7. Last (so far) to earn a living from farming
8. MANSLAUGHTER
12. Presidents' Day, e.g.: Abbr.
15. . The Chicago Daily Tribune called him a loser
17. Assassination date

By: Eric Peachey and Steve Burdick

Solution is printed in page 37

# Word Search Puzzle

V S S U B E T A N I D R O B U S C H T W Y A R R  
W S N S J P Z I F A O H G N S D P T G O L D P R  
E P Y T J F D Q M Q W P E Z E L O N I M E S Q V  
M H W M M U I D P O W E R R P X R O I R E F N I  
I J Y K I U L N Y A O I P Y S E Y I K Q P T Z J  
N R H F N J Z N C P O C J O X H X J C G Q E M R  
E U M O M A G V C O P Q U I K T P J A B U D L G  
N I T D Y L Z N R T N H U B N S W S T W X K T O  
T A Y R N L Z Y F E P S S U C K H P T J O W E Y  
E Y D I R E C T I O N N E I V E F R A C Y D V H  
J B E N T G E A N V C Q Q R R Q H P F E I H C  
D H J A U I K U T V D R U U I F R T W Y I D V  
D D Q M N A O K O F X Q F P W E O D P J Y Y L Y  
M Z C S X N A B E T R A Y A L L N P V O E K T R  
V X I E P C J Y F R L J I C C O C R T R G I R Y S  
C S W K E E V T E N I B A C C E J M I D E Z N G  
I N I O T V I S A Z J W U P E J O Z Q A Z G P G  
L U S P I W L X Y T X T Y M L D Q V C V I A Q H  
A G N S J L Y P A P O M P N E H L H I E M Q O K  
S S B K R X J T A R Z T Y R Q D L E T R U Z V P J  
J B R Y U H T F A A I T A Q R R L E H C A R N N  
W Y L Y S O T S R O X T H J Y G V A E D Z C C A  
F T B O O R J B N Z O Y C R I O J J U S R N P Z  
M K N O S A E R T R D M X W S J E G G I E R M N

- EATON    NOUN    IRISH    SEMINOLE    TATTOO    CABINET    GOLD    RACHEL    attack    power
- preemption    direction    moderator    prolocutor    SPOKESMAN    subordinate    inferior    chief
- eminent    inconsequentia    sovereign    allegiance    betrayal    TREACHERY    treason



# CryptoQuote Puzzles

**Title:** Changing the World and Yourself **Quote From:** Leo Tolstoy

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| A | B | C | D | E | F | G | H | I | J | K | L | M | N | O | P | Q | R | S | T | U | V | W | X | Y | Z |
|   |   | A |   |   |   |   |   |   |   |   | Q |   |   |   |   |   |   |   | J |   |   | Y |   |   |   |

\_\_\_\_\_ **T** \_\_\_\_\_ **C** \_\_\_\_\_  
 C B C U E X K C J N D K I O X W A N P K H D K H  
**T** \_\_\_\_\_ **W** \_\_\_\_\_ **L** \_\_\_\_\_ **T** \_\_\_\_\_ **T** \_\_\_\_\_  
 J N C Y X U Q R M S J K X X K C J N D K I O  
 \_\_\_\_\_ **C** \_\_\_\_\_ **L** \_\_\_\_\_  
 X W A N P K H D K H N D F O C Q W .

**Title:** Education and Changing the World **Quote From:** Nelson Mandela

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| A | B | C | D | E | F | G | H | I | J | K | L | M | N | O | P | Q | R | S | T | U | V | W | X | Y | Z |
|   |   |   |   | N |   |   |   |   |   |   |   | U |   |   |   |   |   |   | V |   |   |   |   |   |   |

\_\_\_\_\_ **T** \_\_\_\_\_ **T** \_\_\_\_\_ **M** \_\_\_\_\_ **T** \_\_\_\_\_ **F** \_\_\_\_\_  
 E A M Y D V K Q G K C V J E U Q C V I Q X E H N M L  
 \_\_\_\_\_  
 X E D I Q G X J K Y J B Q M Y D G M C E  
**T** \_\_\_\_\_ **T** \_\_\_\_\_  
 V Q Y J D G Z E V J E X Q H L A

**Title:** Listening And Not Listening **Quote From:** Ernest Hemingway

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| A | B | C | D | E | F | G | H | I | J | K | L | M | N | O | P | Q | R | S | T | U | V | W | X | Y | Z |
|   |   |   | A |   |   |   |   |   |   |   | K | M |   |   |   |   |   |   |   |   |   |   |   |   |   |

\_\_\_\_\_ **L** \_\_\_\_\_ **L** \_\_\_\_\_ **N** \_\_\_\_\_ **L** \_\_\_\_\_ **N** \_\_\_\_\_  
 C K C D B E R K C V E B M C T I Q B K B I O M B  
**D** \_\_\_\_\_ **D** \_\_\_\_\_ **L** \_\_\_\_\_ **L** \_\_\_\_\_ **N** \_\_\_\_\_ **N** \_\_\_\_\_  
 A I N O B I E A B I K J O R F K C V E B M C M N  
 \_\_\_\_\_ **L** **L** \_\_\_\_\_ **L** \_\_\_\_\_ **N** \_\_\_\_\_  
 W I O B J S K K G F R V E P B R P K B M B Q B O  
**L** \_\_\_\_\_ **N** \_\_\_\_\_  
 K C V E B M .

**Title:** Act on what your mind says **Quote From:** F. Scott Fitzgerald

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| A | B | C | D | E | F | G | H | I | J | K | L | M | N | O | P | Q | R | S | T | U | V | W | X | Y | Z |
| S |   |   |   |   | U |   |   |   |   |   |   | F |   |   |   |   |   |   |   |   |   |   |   |   |   |

**G** \_\_\_\_\_ **A** \_\_\_\_\_  
 U A V B Y L B L M O A S N B E B M C M W D Y M  
 \_\_\_\_\_ **A** \_\_\_\_\_  
 B V M W A R R A G M Q O S M B L W V C W Y H  
**M** \_\_\_\_\_  
 F B V J .

# Altruistic Babies? New Study Shows Hungry Toddlers Will Give Up Food in Order to Help Others

Altruistic helping—the act of giving away something desirable, even at a cost to oneself—is perhaps most evident when it comes to food.

Human adults often respond to hungry people, whether through food banks or fundraisers, or by simply handing over their lunch. But when does that spirit of giving start?

New research by the University of Washington’s Institute for Learning & Brain Sciences (I-LABS) finds that altruism may begin in infancy. In a study of nearly 100 toddlers who were 19 months-old, researchers found that the children gave a desirable snack to a stranger in need, even when they, themselves, were hungry. The findings not only show that young tots engage in altruistic behavior, but also suggest that early social experiences can shape that altruism.

The study is published online in *Scientific Reports*, an open-access journal from the Nature Publishing Group.

“We think altruism is important to study because it is one of the most distinctive aspects of being human. It is an important part of the moral fabric of society,” said Rodolfo Cortes Barragan, a postdoctoral researcher at I-LABS and lead author on the study. “We adults help each other when we see another in need and we do this even if there is a cost to the self. So we tested the roots of this in infants.” Non-human primates have been found to cooperate, and to share resources under restricted conditions—but non-human primates, such as chimpanzees, don’t actively hand over delicious food that they need themselves.

I-LABS researchers wanted to test whether human infants were able to act beyond self-interest when faced with one of the most fundamental biological needs: food. For this study, researchers chose kid-friendly fruits—including bananas, blueberries, and grapes—and set up an interaction between child and researcher. The goal was to determine whether the child would—without encouragement, verbal instruction, or reinforcement—spontaneously give an appealing food to an unfamiliar person.

In the experiment, the child and the adult researcher faced each other across a table at I-LABS, and the researcher showed the child a piece of fruit. What happened next was determined by whether the child was in the control group, or the test group. In the control group, the researcher gently tossed the piece of fruit onto a tray on the floor beyond reach but within the child’s reach. The researcher showed no expression and made no attempt to retrieve the fruit. In the test group, the researcher pretended to accidentally drop the fruit onto the tray, then reach for it unsuccessful-

ly.

That reaching effort—the adult’s apparent desire for the food—seemed to trigger a helping response in the children, researchers said: More than half the children in the test group picked up the fruit and gave it to the adult, compared to 4% of children in the control group.

In a second experiment with a different sample of children, parents were asked to bring their child just before their scheduled snack or mealtime when the child was likely to be hungry. Researchers reasoned that this would raise the “cost to self” that defines altruism. The control and test group scenarios were repeated, but with children who were now more motivated to take the fruit for themselves. The results mirrored those from the previous study. Fully 37% of the test group offered the fruit to the researcher while none of the children in the control group did so.

“The infants in this second study looked longingly at the fruit, and then they gave it away!” said Andrew Meltzoff, who is co-director of I-LABS and holds the Job and Gertrud Tamaki Endowed Chair in psychology. “We think this captures a kind of baby-sized version of altruistic helping.”

The research team also analyzed the data in different ways—whether children offered fruit on the first trial of the experiment or got better during the process, for example, and whether children from particular types of family environments helped more.

The researchers found that infants helped just as well on the very first trial of the experiment as on later trials, which Barragan said is informative because it shows that the children did not have to learn to help during the study and needed no training. Indeed, children spontaneously and repeatedly helped a person from outside of their immediate family.

The researchers also found that children with siblings and from certain cultural backgrounds were especially likely to help the adult, indicating that the expression of infant altruism is malleable. These results fit well with previous studies with adults that show positive influences of having a cultural background that emphasizes “interdependence,” that is, a background that places particular value on how much an individual feels connected to others.

“We think certain family and social experiences make a difference, and continued research would be desirable to more fully understand what maximizes the expression of altruism in young children,” says Barragan. “If we can discover how to promote altruism in our kids, this could move us toward a more caring society.”

DATA MASTER: Nikki Hamilton

# Test Your Knowledge of Idioms and Proverbs

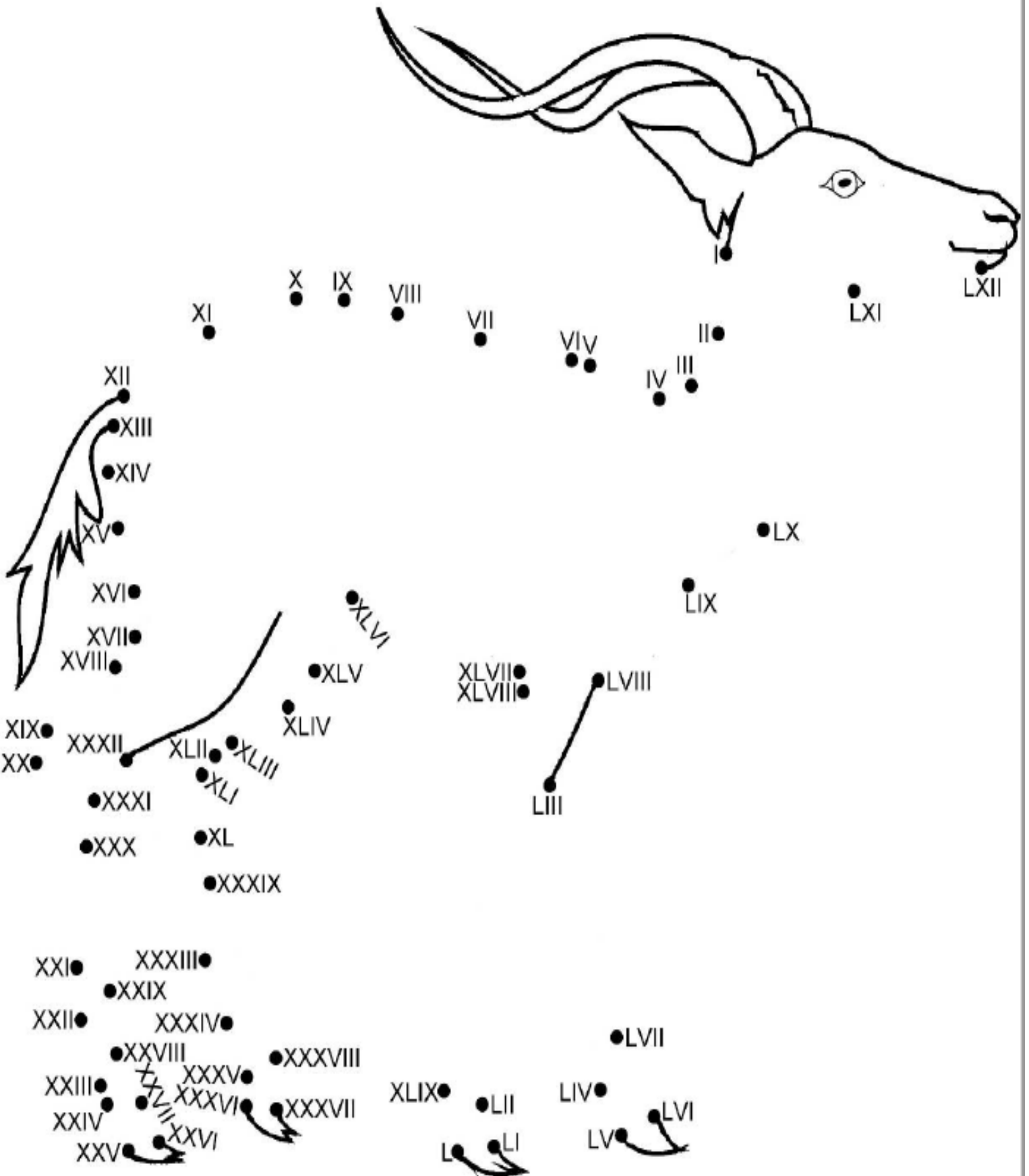
## Idioms

1. All bark and no bite
  - A. To be foreordained
  - B. To utter a threat against
  - C. Being verbally threatening unwilling to do anything
  - D. Jeopardized
2. Spill the beans
  - A. Tell a secret
  - B. Unenlightened
  - C. To be veiled
  - D. Mystical
3. Add fuel to the fire
  - A. To retrograde
  - B. Something that worsens an already bad situation
  - C. Deteriorate
  - D. Aggravate
4. Chip on your shoulder
  - A. Disturbed
  - B. Disarrayed
  - C. Messed up
  - D. When someone is upset about something that happened awhile ago
5. Come hell or high water
  - A. Possible obstacles in your path
  - B. Interruption
  - C. Traversed
  - D. Hindrance
6. Piece of cake
  - A. Spontaneous
  - B. Successful
  - C. Something that's easy to understand
  - D. Uncomplicated

## Proverbs

1. The pen is mightier than the sword
  - A. Persuade
  - B. Neglect
  - C. Influencing people through thoughts and ideas are more effective than violence.
  - D. Prompt
2. The squeaky wheel gets the grease
  - A. Murmur
  - B. People who complain the most will get what they want
  - C. Rejoice
  - D. Whimper
3. Beauty is in the eye of the beholder
  - A. What's beautiful, is different for each other
  - B. Grotesque
  - C. Well-favored
  - D. Ravishing
4. Cleanliness is next to godliness
  - A. Besmirched
  - B. Unstained
  - C. To rid of dirt, impurities
  - D. It's good to be clean, god is clean, and you should be too
5. Hope for the best, but prepare for the worst
  - A. To expect for the best results all the while being prepared with options.
  - B. Keep optimistic outlook but be ready for adversity
  - C. Caparison
  - D. Be optimistic but ready for hard times as well
6. Honesty is the best policy
  - A. It's always better to tell the truth than it's to lie
  - B. Truthfulness
  - C. Deceitfulness
  - D. verity

# Dot To Dot Picture Puzzle (Connect dots to complete the picture)



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# Library News

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Saturday: 10am to 2pm  
Closed Sunday

## CHELSEA PUBLIC LIBRARY

618 Pine (918) 789-3364

### Hours:

Tuesday: 10:00am to 7:00pm  
Wednesday, Thursday & Friday: 10:00am to 4:00pm  
Saturday: 9:00am to Noon Closed Sunday & Monday

## CHOUTEAU PUBLIC LIBRARY

307 W Main Phone: 918-476-4445

### Hours:

Mon - Fri - 10AM to 5PM  
Closed Saturday & Sunday

## DELAWARE COUNTY LIBRARY

429 S. 9th St. Jay, Oklahoma (918) 253-8521

Web: [www.eodls.lib.ok.us/jay.html](http://www.eodls.lib.ok.us/jay.html)

### Hours:

Mon., Wed., & Fri. 9:00am to 6:00pm  
Tues. & Thurs 9:00am to 8:00pm  
Sat. 9:00am to 1:00pm  
Closed Sundays and Holidays

## GROVE PUBLIC LIBRARY

1140 NEO Loop (918) 786-2945

Toll free in the 918 area code: 1-888-291-8150

Fax: (918) 786-5233

### Hours:

Mon., Wed., & Fri.: 8:30am-5:00pm  
Tues. & Thurs.: 8:30am-9:00pm  
Sat. 8:00am-12:00pm  
Closed Sunday

## LANGLEY PUBLIC LIBRARY

325 W Osage Ave. (918) 782-4461

### Hours:

Mon.-. 1:00pm to 7:00pm  
Tue.-Fri. 9:00am to 12:00pm  
And 1:00pm to 5:00pm  
Closed Sat. & Sun.

## MIAMI PUBLIC LIBRARY

200 N. Main (918) 541-2292

### Hours:

Sun. 1:00pm  
Mon., Wed., Thurs., 9:00am to 8:00pm  
Tues., Fri., Sat., 9:00am to 5:00pm

## NOWATA CITY-COUNTY LIBRARY

224 S. Pine (918)273-3363 Fax: (918)273-1818

Hours: Mon-Fri 10<sub>am</sub> -5:30<sub>pm</sub>; Sat-Sun Closed

## PRYOR PUBLIC LIBRARY

505 E. Graham, Pryor 918-825-0777

### Hours:

Monday & Thursday: 1:00 PM-9:00 PM  
Tuesday, Wednesday & Friday:9:00 AM-5:00 PM  
Saturday:9:00 AM-12:00 PM (Noon)

## SALINA PUBLIC LIBRARY

420 E. Ferry St. (918) 434-8001

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Thurs. & Fri. 10am-5pm  
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## TALALA AREA PUBLIC LIBRARY

106 W Watova St. (918) 275-4540

### Hours:

Monday - Friday 2pm to 5pm  
Monday and Thursday evening 6pm to 9pm  
Saturday 11am to 2pm

## VINITA PUBLIC LIBRARY

215 W. Illinois (918) 256-2115

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Mon., Tues., Wed., & Fri. 11:00am to 6:00pm  
Thurs. 11:00am to 7:00pm  
Sat. 11:00am to 3:00pm  
Closed Sunday

## WILL ROGERS LIBRARY

1515 N. Florence, Claremore OK (918) 341-1564

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# CryptoQuote Puzzles Solution

**Title:** Changing the World and yourself **Quote From:** Leo tolstoy

**Everyone thinks of changing the world, but no one thinks of changing himself.**

**Title:** Education and chanting the world **Quote From:** Nelson mandela

**Education is the most powerful weapon which you can use to change the world.**

**Title:** Listening And Not Listening **Quote From:** Ernest Hemingway

**I like to listen. I have learned a great deal from listening carefully. Most people never listen.**

**Title:** Act on what your mind says **Quote From:** F. Scott Fitzgerald

**Genius is the ability to put into effect what is on your mind.**

By Steven Burdick and Eric Peachey

## Answers to Idioms and Proverbs Questions

### Idioms

1. C
2. A
3. B
4. D
5. A
6. C

### Proverbs

1. C
2. B
3. A
4. D
5. D
6. A

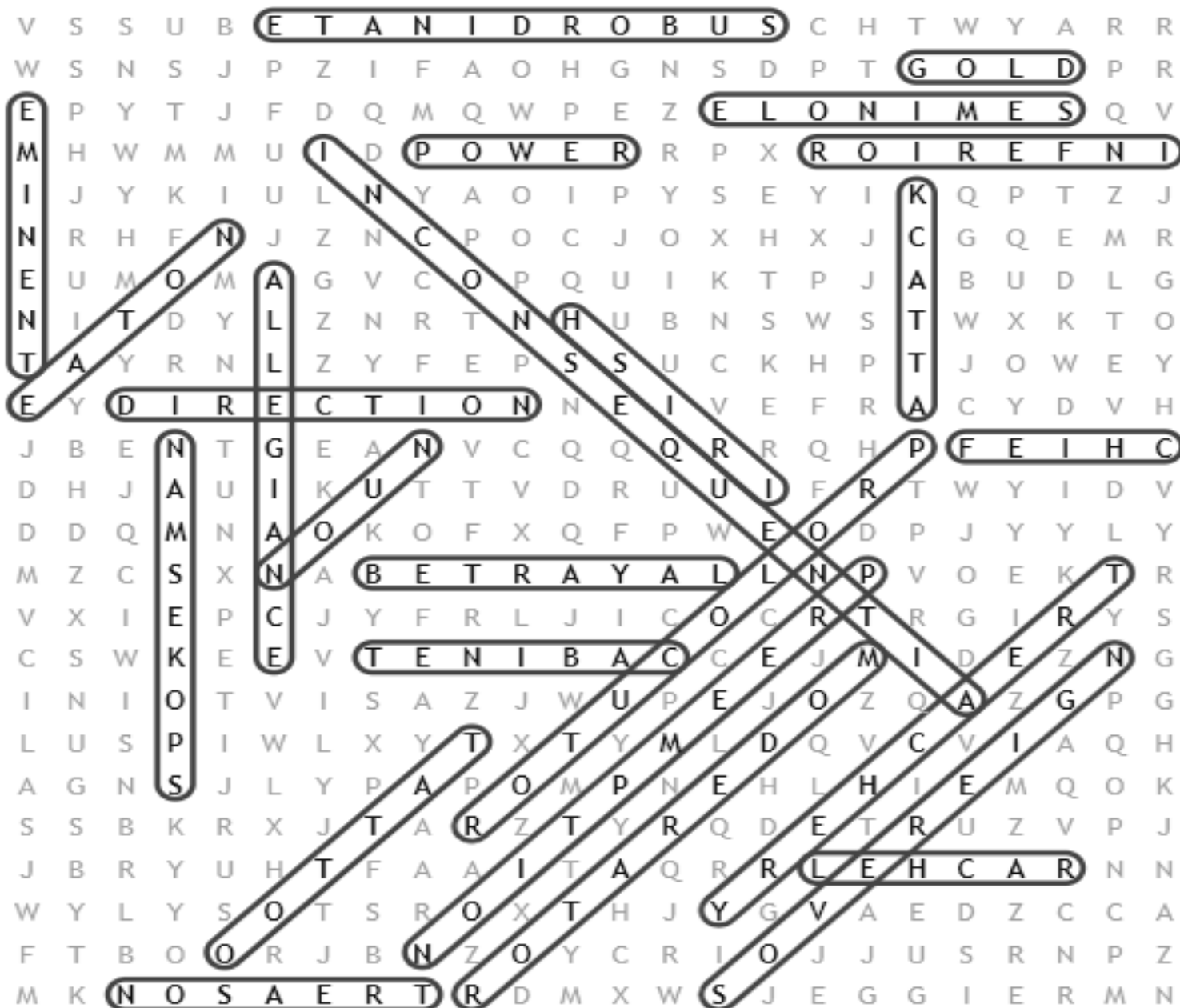
By Breanna McDowell and Nikki Hamilton

Don't look gift horse  
in the mouth





# Word Search Puzzle Solution



EATON  
 SEMINOLE  
 GOLD  
 power  
 moderator  
 subordinate  
 eminent  
 allegiance  
 treason

NOUN  
 TATTOO  
 RACHEL  
 preemption  
 prolocutor  
 inferior  
 inconsequencia  
 betrayal

IRISH  
 CABINET  
 attack  
 direction  
 SPOKESMAN  
 chief  
 sovereign  
 TREACHERY

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### Sudoku Puzzle Easy Solution

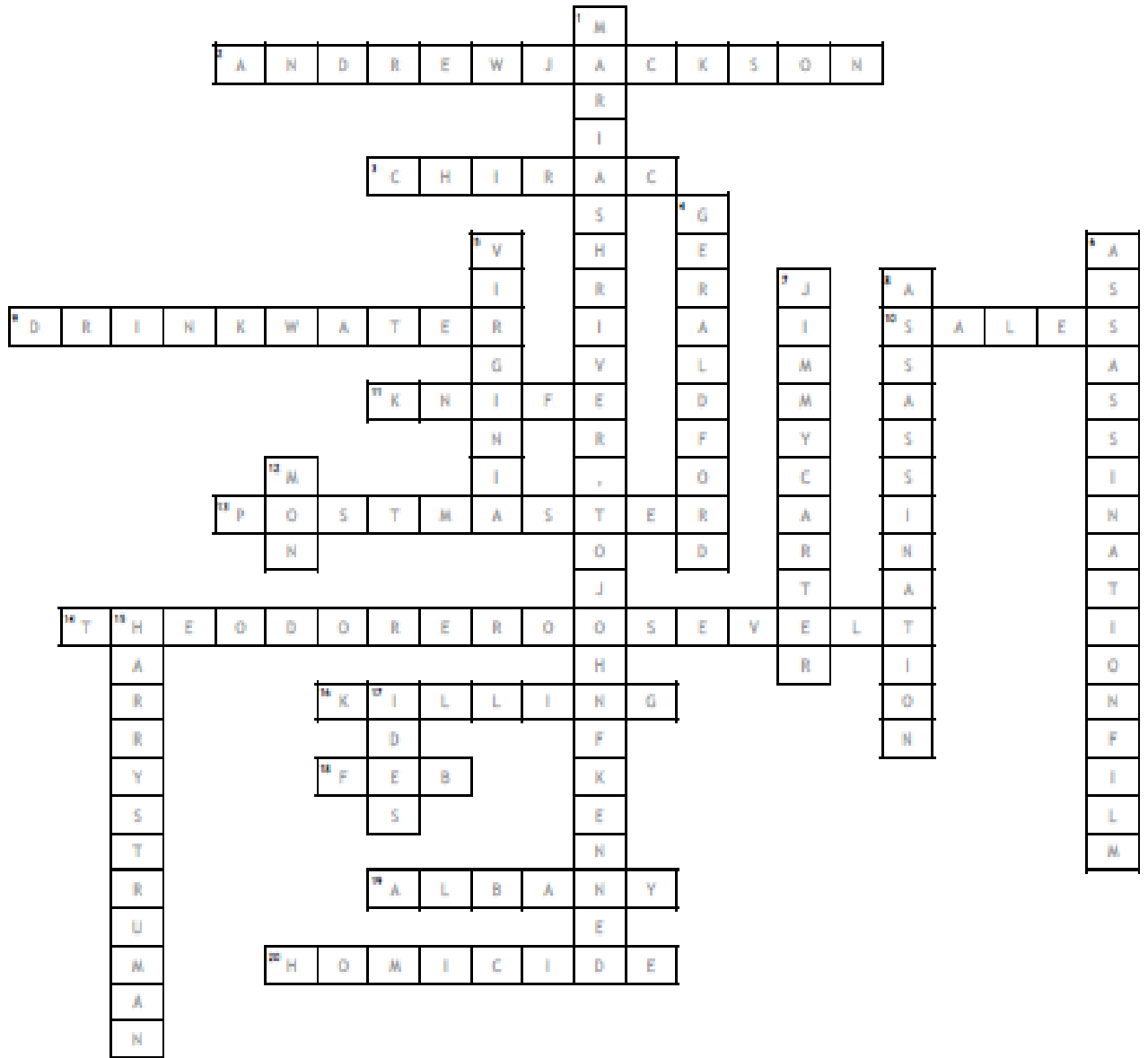
|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 3 | 9 | 7 | 8 | 1 | 6 | 2 | 5 | 4 |
| 8 | 4 | 1 | 2 | 5 | 7 | 3 | 9 | 6 |
| 2 | 6 | 5 | 9 | 3 | 4 | 7 | 1 | 8 |
| 5 | 3 | 8 | 6 | 9 | 2 | 1 | 4 | 7 |
| 4 | 7 | 9 | 5 | 8 | 1 | 6 | 3 | 2 |
| 1 | 2 | 6 | 4 | 7 | 3 | 5 | 8 | 9 |
| 7 | 5 | 4 | 3 | 6 | 9 | 8 | 2 | 1 |
| 6 | 8 | 2 | 1 | 4 | 5 | 9 | 7 | 3 |
| 9 | 1 | 3 | 7 | 2 | 8 | 4 | 6 | 5 |

### Sudoku Puzzle Moderate Solution

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 1 | 2 | 3 | 6 | 8 | 5 | 4 | 9 | 7 |
| 8 | 9 | 5 | 4 | 2 | 7 | 6 | 3 | 1 |
| 7 | 6 | 4 | 1 | 9 | 3 | 5 | 8 | 2 |
| 9 | 5 | 2 | 8 | 4 | 1 | 7 | 6 | 3 |
| 4 | 8 | 1 | 7 | 3 | 6 | 2 | 5 | 9 |
| 3 | 7 | 6 | 9 | 5 | 2 | 1 | 4 | 8 |
| 5 | 1 | 7 | 3 | 6 | 8 | 9 | 2 | 4 |
| 2 | 4 | 8 | 5 | 7 | 9 | 3 | 1 | 6 |
| 6 | 3 | 9 | 2 | 1 | 4 | 8 | 7 | 5 |

BY: Doug WM Stone

# Crossword Puzzle Solution



## Across

2. OLDHICKORY
3. French president who survived an assassination attempt on July 14, 2002
9. "Abraham Lincoln" playwright
10. Presidents Day events
11. Assassination weapon of 44 B.C
13. ABRAHAM LINCOLN
14. American president to whom is attributed the phrase "Speak softly but carry a big sti
16. Assassination
18. Mo. of Presidents' Day
19. City where four presidents and four vice presidents served as governor
20. Assassination

## Down

1. MARIASHRIVER
4. The 38th president of the USA
5. Birth state of eight US presidents
6. JFK
7. Last (so far) to earn a living from farming
8. MANSLAUGHTER
12. Presidents' Day, e.g.: Abbr.
15. . The Chicago Daily Tribune called him a loser
17. Assassination date

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Chelsea Sr. Citizens  
Community Links  
Dollar General  
Harp's Grocery  
Jiffy Mart  
Lakeside State Bank  
Little Green Shop  
Main Street Diner

**Chouteau**

Cherry's Chouteau Mall  
Chouteau Public Library &  
Senior Citizens Center  
Dutch Pantry  
Marvin's Grocery  
Pizza Corral

**Claremore**

Bill's Sporting Goods  
Brook Field Nursing Home  
Casey's  
Claremore DHS  
Claremore Nursing Home  
Claremore Senior Citizen's  
Claremore Veteran's Center  
Classy Cuts and Wigs  
Kum N Go (W Will Rogers)  
Kum N Go E Hwy 20  
Midco Clothes & More  
Stillwater Milling  
Emerald Care Center

**Commerce**

Eastwood Manor  
Lil' Cafe

**Fairland**

Fairland Sr. Citizen's

**Grove**

Eagles Landing  
Drakes  
Grand Prosthetics & Artificial  
Limbs  
Grandwood  
Mr. M's Convenience Store  
Grove Sr. Citizens  
Harps Grocery  
Tom Cat Corner

**Jay**

Sinclair Station  
Delaware County Library  
Jay Senior Citizen's

**Ketchum**

Buddy's Foods  
Woodshed

**Langley**

4 State Insurance  
Langley Drug  
Reasor's Grocery Store  
Langley Western Store

**Miami**

Marvin's Grocery  
Windridge  
Wal-Mart Supercenter  
Mt. Olive Lutheran Church

**Nowata**

D&L's  
Homeland  
Nowata Depot Café  
Nowata Senior Citizens Cen-  
ter  
Ranch Supply  
Reid's Discount

**Oologah**

Pump - N - Petes #15  
Tacora Mart (Conoco)

**Pryor**

Innovations in Hair  
Mayes Co. Nutritional Center  
Wilkerson Real Estate  
Pryor Library  
Shady Rest Nursing Home  
Paulie's Donuts  
The Book Exchange

**Spavinaw**

T-General Store

**Vinita**

Burrough Manor  
Carter's IGA  
Grand Lake Mental Health  
Heartsworth House  
Midco Clothes & More  
Sam's Tire  
Veterans Clinic  
Vinita Sr. Center  
Vinita DHS  
Vinita Post Office  
Wood Shed  
Young's Tire

**Welch**

Welch State Bank

**Winganon**

Winganon Bait Shop



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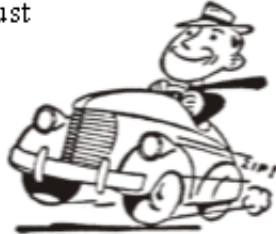
our website can be accessed at:  
<https://community-options.net>

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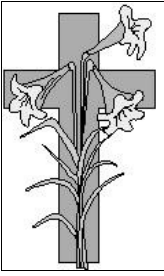
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Contents of this paper is compiled from available original sources.





# JEWELS FROM THE WORD

**TRAIN UP A CHILD** My Aunt Rosa Mae passed away recently. She used to talk a lot about the old days when all 8 kids were at home on the small farm in the 1930s. An idyllic life, going to school and going to church, working the farm. Running those hills. Setting rabbit

traps for rabbit stew for supper. Picking persimmons, apples, pears.

Her daddy who they called Poppie worked in the hay fields and as his children started growing up, he started his own hay-ing crew. Each child had a job. Mommie and the babies brought them lunch and water. It was a true family business. At the end of hay season, Poppie took the family to town, went into First National Bank to pay off his loan, and then took the kids to each get new shoes for school.

Poppie Ela Swift had come to Jesus as an adult man. In about 1910, he had come into Bluejacket, Oklahoma, from Warsaw, Mo., and found work during hay season working with a crew of local men. He had his eye on Miss Gertie but she wouldn't "court" anyone who wasn't a Christian.

One day in the hay field the men were talking about the revival going on at the Kelso school building, about how good God was, and that God was healing people. Ela said, "If your God

is so good, do you think He would heal me?" They gathered around him and prayed for him, and the Lord Jesus healed him. That night he went to the revival meeting at the Kelso school and gave His heart to the Lord.

Ela lived to be 93 years old. All his life he loved to talk about what God had done for him. The people at church loved to hear Brother Swift testify because he usually got happy and started dancing a jig. The family story was that Poppie would preach & testify to a fence post if there was no one around.

"Train up a child in the way he should go [teaching him to seek God's wisdom and will for his abilities and talents], Even when he is old he will not depart from it." Proverbs 22:6 Amplified Bible.

Poppie Ela Swift raised 8 kids to serve the Lord. A few came back to the Lord in their old age. I hope that gives you hope for your children.

DATA MASTER: Heather Conn

Lavon Hightower Lewis To read more devotoials, go to:

<http://jewelsfromtheword.com/> Email me at [llewis2138@sbcglobal.net](mailto:llewis2138@sbcglobal.net)

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email him at [links@links.community-options.net](mailto:links@links.community-options.net)**



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