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"The Little Green Paper"

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International Day of Forests 21 March



Background

Forests cover one third of the Earth's land mass, performing vital functions around the world. Around 1.6 billion people - including more than 2,000 indigenous cultures - depend on forests for their livelihoods, medicines, fuel, food and shelter.



Forests are the most biologically-diverse ecosystems on land, home to more than 80% of the terrestrial species of animals, plants and insects.

Yet despite all of these priceless ecological, economic, social and health benefits, global deforestation continues at an alarming rate - 13 million hectares of forest are destroyed annually. Deforestation accounts for 12 to 20 percent of the global greenhouse gas emissions that contribute to cli-

mate change.

The International Day of Forests is held annually on 21 March to raise awareness of the importance of forests to people and their vital role in poverty eradication, environmental sustainability and food security. Sustainable management of all types of forests are at the heart of unlocking challenges of conflict-affected, developing and developed countries, for the benefit of current and future generations.

International Day of Forests Resolution

The United Nations General Assembly adopted resolution A/RES/67/200 on 21 December 2012, which declared that 21 March of each year is to be observed as the International Day of Forests.

The resolution encourages all Member States to organize activities relating to all types of forests. Activities expected to

take place on the International Day include tree-planting and other community-level events, and national celebrations including art, photo and film as well as social media outreach.

The resolution requests the secretariat of the United Nations Forum on Forests, in collaboration with the Food and Agriculture Organization of the United Nations, to facilitate the implementation of the International Day of Forests, in collaboration with Governments, the Collaborative Partnership on Forests and international, regional and subregional organizations and processes as well as relevant major groups.

Forests are part of your life in more ways than you realize

When we drink a glass of water, write in a notebook, take medicine for a fever or build a house, we do not always make the connection with forests. And yet, these and many other aspects of our lives are linked to forests in one way or another. Forests, their sustainable management and use of resources, including in fragile ecosystems, are key to combating climate change, and to contributing to the prosperity and well-being of current and future generations. Forests also play a crucial role in poverty alleviation and in the achievement of the Sustainable Development Goals (SDGs).

Forests and Education – Learn to Love Forests

Every 21 March the United Nations raises awareness of the importance of all types of forests. This year the International Day of Forests promotes education to Learn to Love Forests. It underscores the importance of education at all levels in achieving sustainable forest management and biodiversity conservation. Healthy forests mean healthy, resilient communities and prosperous economies.

Key Messages

- **Understanding our forests and keeping them healthy is crucial for our future.** Forests will be more important than ever as the world population climbs to 8.5 billion by 2030.
- **You’re never too young to start learning about trees.** Helping children connect with nature creates future generations conscious of the benefits of trees and forests and the need to manage them sustainably.
- **Both modern and traditional knowledge are key to keeping forests healthy.** While foresters should know and understand nature well, they should also learn to use cutting-edge technology to ensure that our forests are monitored and managed sustainably.

- **Investing in forestry education can change the world for the better.** Countries can help ensure there are scientists, policy makers, foresters and local communities working to halt deforestation and restore degraded landscapes.
- **Women and men should have equal access to forest education.** Gender parity in forest education empowers rural women to sustainably manage forests.

DATA MASTER: Doug WM Stone

Most People Don't Know The Story Behind Oklaho- ma's Abandoned Bridge To Nowhere

Northeastern Oklahoma is home to the second largest lake in the state -Grand Lake o' the Cherokees -nestled in the foothills of the Ozark Mountain Range. Not only is this lake a gorgeous place to visit, but it also has many unique places to explore. For example, head to Horse Creek Cove near the Bernice area of Grand Lake State Park and you'll see an odd bridge in the middle of the lake that leads to nowhere. Check it out below:

Looking down on Grand Lake from satellite view on Bing maps, you can spot the mystery bridge in Horse Creek Cove. You'll notice it doesn't touch any land, it's just sitting in the middle of the water.



The bridge is a Camelback through truss design with three remaining spans on a concrete base.



The story behind this bridge is still a mystery. There are two stories about the history of this bridge, but no one can confirm which one, if any, are true. According to locals, the bridge was built by a local politician who wanted better access to property he owned on the west side of Honey Creek Cove. But the bridge was never finished because he was voted out of office.

Grand Lake was built in the 1930s but pieces of the

bridge date back to earlier than that. So were vintage parts used to build the bridge or is the bridge older than the story goes?

Others insist it was built as a toll bridge to replace Car-ey's Ferry in the early 1900s. Records indicate the structure collapsed during construction, killing two men before it was ultimately finished and used by travelers.

It was used until 1938 when Grand Lake planning began, and as a result of the new lake being built, it had to be dismantled.

Both theories still exist and the history behind this "bridge to nowhere" still remains a mystery. Do you have any information about this bridge that you would like to share with our readers? If so, we'd love to hear about it!

Many locals would like to see this bridge demolished. If the city decides to remove it by blasting, it would look like this on demolition day. Do you think it should be taken down?

DATA MASTER: Karen Deffenbaugh

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Jokester Brother Brings Llama in a Tuxedo to His Sister's Wedding to Fulfill Years-Old Sibling Promise



A 21-year-old college student is going viral for bringing a particularly spiffy guest to his sister's wedding last week.

Mendl Weinstock showed up to his sister Riva's wedding ceremony with a llama in tow. Not only that, the llama was wearing a tuxedo which he had custom-made just for the occasion.

Mendl says that he facilitated the amusing prank as a means of fulfilling a 5-year-old promise to his sister. The two siblings had been on a road trip from Ohio to Indiana in 2015 when—for one reason or another—Mendl joked that he was going to bring a llama to Riva's wedding.

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Since Riva was just 17 years old at the time with no concrete plans for marriage, she rolled her eyes and said Mendl's llama would be invited to her wedding whenever it would be.

After Riva got engaged in October, Mendl knew he had to make good on his promise—so he reached out to a local farm and paid \$400 to rent a sweet and well-behaved llama named Shucky for the duration of

Riva's wedding day.

“Ever since that day [in 2015] I have promised her I would bring a llama. I fulfilled that promise,” Mendl told USA Today. “She was shocked at first but more impressed that I kept my promise from 5 years ago.”

To Mendl's delight, Shucky quickly became a beloved part of the wedding ceremony. In addition to the barnyard critter sitting politely throughout the wedding ceremony, he also posed for photos with the other wedding guests.

Mendl later posted a photo of his sister's initial reaction to Shucky's arrival to Reddit—and it has since been shared thousands of times across social media.

Although Riva was gracious about her brother's gag, she says she does plan on getting him back during his graduation ceremony from the University of Akron in the fall. Mendl has agreed that this is only fair, but he has requested that his sister refrain from pulling any kind of prank or surprise while his name is being called for his diploma.

DATA MASTER: Nikki Hamilton

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Migration of the Monarch Butterfly

Monarch butterflies are not able to survive the cold winters of most of the United States so they migrate south and west each autumn to escape the cold weather. The monarch migration usually starts in about October of each year, but can start earlier if the weather turns cold sooner than that.



The monarch butterflies will spend their winter hibernation in Mexico and some parts of Southern California where it is warm all year long. If the monarch lives in the Eastern states, usually east of the Rocky Mountains, it will migrate to Mexico and hibernate in oyamel fir trees. If the monarch butterfly lives west of the Rocky Mountains, then it will hibernate in and around Pacific Grove, California in eucalyptus trees. Monarch butterflies use the very same trees each and every year when they migrate, which seems odd because they aren't the same butterflies that were there last year. These are the new fourth generation of monarch butterflies, so how do they know which trees are the right ones to hibernate in? Monarch butterflies are the only insect that migrates to a warmer climate that is 2,500 miles away each year.



Monarchs like to hibernate in the same trees every year.



The Monarch butterfly migrates for 2 reasons. They can not withstand freezing weather in the northern and central continental climates in the winter. Also, the larval food plants do not grow in their winter overwintering sites, so the spring generation must fly back north to places where the plants are plentiful. Would you like to help track monarch butterfly migrations? Visit Monarchwatch for lots of information on tracking

migrations with a color map.

The monarch overwintering sites are under threat because of people cutting down their favorite trees to build roads, houses and farms. What will happen to the monarchs if they do not have their special trees to spend the winter? There are groups that collect money to save the important trees and educate people about monarch conservation. You can learn more about helping monarchs here.



DATA MASTER: Steven Burdick



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Butterfly Gardening - How to Attract Butterflies with Flowers

There is absolutely no denying that gardeners have a deep love of nature. Not only do we love our flowers and vegetables, lawns and shrubs, we also love the animals that are attracted by the fruits of our hobby.

Other Names: The original name for Butterfly was Flutterby.

Among those creatures of nature, are a wide range of colorful and beautiful butterflies. Almost weightless and seemingly floating on the breeze, Butterflies in the yard and garden, bring delight to young and old alike.

If you are looking to attract Butterflies to your yard, you need to know but one single word.....Nectar. And with that one word, we give the advantage to gardeners in luring them. A gardener knows that the nectar come from flowers that he or she can grow in flower gardens to feed the butterflies. The more nectar in the flower, the more popular the plants will be to a butterfly. It will also work to attract many species of birds and bees, too.

Did you know? Butterflies taste with their feet. Hmmm.

As you look to attract butterflies, look for flowers with lots of nectar. Also, look for flowers whose blooms offer a suitable place for a butterfly to land and rest while feeding. Here are some flowers that you will want to add to your flower bed or landscaping plans, to attract butterflies:

Achillea, Aster, Bachelor Buttons, Balloon Flower, Bee Balm, Black Eyed, Susan, Blanketflower, Butterfly Flowers(also called Liatris), Cypress Vine, Gloriosa Daisies, Hyacinth Bean Vine, Lavender, Mal-low, Maltese Cross, Mina Lobata / Spanish Flag, Nemesia, Passion Flower, Rock Cress, Sedum, Thistle, Tithonia, Mexican Sunflower, Violets, Wild-flowers high in Nectar, Yarrow, Zinnia

DATA MASTER: Karen Deffenbaugh



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A Simple Compliment Can Go A Long Way



Last semester in my final year of high school, I had a kind teacher whom I can never forget. I was not necessarily the best student when it came to writing tests. I had to work extra hard to get good marks, although I enjoyed learning. Anyways, this class that I truly enjoyed still had me struggling to do well on my tests. My teacher willingly helped me and was always willing to answer my questions, and I greatly appreciated it. He was a remarkable teacher, always reaching out to students and helping them achieve their greatest potential.

I remember the day of writing my final exam, I was the last one still writing in the exam room as always, re-viewing my exam paper, while everyone else had already finished and left the room. After turning in my exam-paper, I started to leave the classroom, but decided to turn around and say what I had meant to say.

What I did right then was that I genuinely thanked my teacher for everything. What I said to him lastly meant a lot more to him than I thought it would - "I really enjoyed this class." I did not think much about it. I was just being genuinely honest with him, but the look on his face was remarkable. He seemed really touched and appreciated my simple comment, just knowing that one of his students had truly enjoyed his class. That is what I call a simple, yet very meaningful act of kindness to brighten a teacher's day, because they work so hard for us and truly inspire us to learn.

It is what we say and do to show compassion to others that can make somebody else's day extra special. I believe that a simple compliment can mean a lot more than one can think.

Always give Random Acts of Kindness a try- even a teenager can do it!

DATA MASTER: Doug WM Stone

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Baking A Better Thought



I was feeling a bit overwhelmed with some not-so-good thoughts of others yesterday.

Between the TV personalities and shows (on at the home where we were visiting) that spew reasons on why we should be negative and a friend's personal conflict with a life direction, I could feel myself starting to slip down that slope myself.

How easy it is to get sucked into the drama and turbulent clouds!
Keeping focused on the love that connects us all can be a challenge? You bet!

I remembered that I had the choice either to dwell on that thought which I didn't agree with, or to refocus my attention onto a better thought.

I chose to surround all with Love and Peace, instead of not.

Further I thought, I needed to do an hands on job to rise myself to higher thought vibrations. A job that would occupy my body, mind and spirit (I had already done yoga earlier in the day!). One that would combine and knead my thoughts to rise above the "undelicious."


Folding doves? Crocheting catnip mousies? Cookies? Positive Post-It notes? No. This was a job for...cinnamon rolls!

That yeasty smell and warm dough. Buttery sugar sweetness, rolled with love and baked just right. Fragrant with redirected thoughts of Love and Peace. By the time I went to bed, I was humming a happier tune and smiling.

And then, the best part? Giving them all away the next day!

DATA MASTER: Doug WM Stone

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Scientists crack secrets of the monarch butterfly's internal compass



Each fall, monarch butterflies across Canada and the United States turn their orange, black and white-mottled wings toward the Rio Grande and migrate over 2,000 miles to the relative warmth of central Mexico.

This journey, repeated instinctively by generations of monarchs, continues even as monarch numbers have plummeted due to loss of their sole larval food source — milkweed. But amid this sad news, a research team believes they have cracked the secret of the internal, genetically encoded compass that the monarchs use to determine the direction — southwest — they should fly each fall.

“Their compass integrates two pieces of information — the time of day and the sun’s position on the horizon — to find the southerly direction,” said Eli Shlizerman, a University of Washington assistant professor.

While the nature of the monarch butterfly’s ability to integrate the time of day and the sun’s location in the sky are known from previous research, scientists have never understood how the monarch’s brain receives and processes this information. Shlizerman, who has joint appointments in the Department of Applied Mathematics and the Department of Electrical Engineering, partnered with colleagues at the University of Michigan and the University of Massachusetts to model how the monarch’s compass is organized within its brain.

“We wanted to understand how the monarch is processing these different types of information to yield this constant behavior — flying southwest each fall,” said Shlizerman, who is lead author on the team’s April 14 paper in the journal *Cell Reports*.

Monarchs use their large, complex eyes to monitor the sun’s position in the sky. But the sun’s position is not

sufficient to determine direction. Each butterfly must also combine that information with the time of day to know where to go. Fortunately, like most animals including humans, monarchs possess an internal clock based on the rhythmic expression of key genes. This clock maintains a daily pattern of physiology and behavior. In the monarch butterfly, the clock is centered in the antennae, and its information travels via neurons to the brain.

Biologists have previously studied the rhythmic patterns in monarch antennae that control the internal clock, as well as how their compound eyes decipher the sun’s position in the sky. Shlizerman’s collaborators, including Steven Reppert at the University of Massachusetts, recorded signals from antennae nerves in monarchs as they transmitted clock information to the brain as well as light information from the eyes.

Shlizerman and colleagues modeled how the monarch brain integrates the time of day with the sun’s position in the sky. Eli Shlizerman



“We created a model that incorporated this information — how the antennae and eyes send this information to the brain,” said Shlizerman. “Our goal was to model what type of control mechanism would be at work within the brain, and then asked whether our model could guarantee sustained navigation in the southwest direction.”

In their model, two neural mechanisms — one inhibitory and one excitatory — controlled signals from clock genes in the antennae. Their model had a similar system in place to discern the sun’s position based on signals from the eyes. The balance between these control mechanisms would help the monarch brain decipher which direction was southwest.

Based on their model, it also appears that when making course corrections monarchs do not simply take the shortest turn to get back on route. Their model includes a unique feature — a separation point that would control whether the monarch turned right or left to head in the southwest direction.

“The location of this point in the monarch butterfly’s visual field changes throughout the day,” said Shlizerman. “And our model predicts that the monarch will not cross this point when it makes a course correction to head back southwest.”

Based on their simulations, if a monarch gets off course due to a gust of wind or object in its path, it will turn whichever direction won't require it to cross the separation point.

Additional studies would need to confirm whether the researchers' model is consistent with monarch butterfly brain anatomy, physiology and behavior. So far, aspects of their model, such as the separation point, seem consistent with observed behaviors.

"In experiments with monarchs at different times of the day, you do see occasions where their turns in course corrections are unusually long, slow or meandering," said Shlizerman. "These could be cases where they can't do a shorter turn because it would require crossing the separation point."

Their model also suggests a simple explanation why monarch butterflies are able to reverse course in the spring and head northeast back to the United States and Canada. The four neural mechanisms that transmit information about the clock and the sun's position would simply need to reverse direction.

"And when that happens, their compass points northeast instead of southwest," said Shlizerman. "It's a simple, robust system to explain how these butterflies — generation after generation — make this remarkable migration."

DATA MASTER: Heather Conn

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Hairdresser Reacts To Little Girl Who Looks At The Camera And Says 'I'm So Ugly'



A 4-year-old girl was getting her hair done on Instagram live when out of nowhere she stares at herself in the camera and says "I'm so ugly."

"It broke my heart into pieces because she has the GREATEST energy and the most beautiful smile and heart!" Ariyonna's hairdresser wrote on Instagram. "She comes from a great home and loving mother. I just think when kids go to school they learn and pick up sooo much different things that they don't know the definition but they know the feeling."

While it was a heartbreaking moment, this wonderful woman handled it perfectly.

DATA MASTER: Steven Burdick

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Claremore Nursing Home - Employee of the Month



Susan Grimmatt was unanimously elected by Resident Council as February honoree. She has been part of the Housekeeping Department for 5 1/2 years.

Born on the East Coast, Susan has been married but says, "Never again." Her 2 girls and 1 boy have given her 4 grandchildren.

Even though she is a private kind of person with most, Susan loves the residents and takes good care of them. Her favorite thing is talking with them and listening to their interesting stories.

"They may forget your name, but they will never forget how you made them feel."

Maya Angelou

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A Rescued Otter Is Being Raised With A Family Of Pugs

An otter named Svenn is spending the rest of his days with a wonderful family in Norway and their pugs.



The family documents Svenn's shenanigans on Instagram and Facebook so be sure to follow him for more adorable photos and videos!

DATA MASTER: Steven Burdick

"Wanna play fetch?"



Svenn was adopted by the family on a cold winter's day after being found all alone near his mother who died.



Since then he's been raised with three pugs.



Svenn even goes on walks with his pug roommates... in his own way.



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Man Saves Baby From Car Moments Before The Vehicle Bursts Into Flames

A man jumped into action and saved a baby girl from a burning car after he heard her mother's screams for help.



Josh Railey was just leaving his birthday dinner at a restaurant in Peoria, Illinois, when he saw a silver sedan on fire.

"Just happened to see a car on fire, and it was dripping gasoline and filled with smoke," Railey said.

Railey says he saw two men get out of the car and a woman kick open the back door. When the woman started screaming about her baby, he knew he had to do something.

Railey ran up to the car. He wasn't able to see much, but he noticed the airbags were deployed. Once he slashed the airbags, he found the baby girl, wedged between the driver's seat and passenger seat. "You can't really see in the car because there's so much smoke," Railey said.

"I took a final swoop, and I found her. I took off, and then 30 seconds, minute later, I look back and the whole car was engulfed in flames."



Emergency crews showed up shortly after the rescue.

Peoria Fire Battalion Chief Nate Rice says if it weren't for Railey, the baby could have died.

"We certainly don't want anybody to get hurt, but that might be their nature to make that choice to possibly save a life or help another person," Rice said.

Luckily, no one was seriously injured.

DATA MASTER: Breanna McDowell

5-Year-Old Saves Baby Sister From House Fire, Then Goes Back In To Save The Dog

A 5-year-old boy in Bartow County, Georgia, is being hailed as a hero after he saved his entire family after their house caught on fire.

Our hero! 5 year old Noah Woods recently woke up to find his bedroom on fire. The only available exit was a window. He got himself, his 2 year old sister, and dog out of the window to escape the fire and woke his uncle up next door to alert the rest of the family. Noah and 4 other family members were treated for minor burns and smoke inhalation. Noah is credited for saving himself and 7 other family members. On Friday BCFD Chief Dwayne Jamison will recognize him as an Honorary Bartow County Firefighter and present him with a Lifesaving Award.



Noah Woods woke up to find his bedroom on fire, but he didn't panic. He jumped out of bed, grabbed his 2-year-old sister and got out of the house through his bedroom window. But Noah didn't stop there. He went back in to get the family dog and pulled it to safety. Then he ran next door and woke up his uncle to alert the rest of the family.

"We've seen children alert their families before," Bartow County Fire Department Chief Dwayne Jamison told CNN. "But for a 5-year-old to be alert enough to do this ... that's pretty extraordinary."

The Bartow County Fire Department is going to recognize Noah on Friday as an honorary Bartow County firefighter and present him with a lifesaving award typ-

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Zia Partovi at 918-244-0457 or 918-789-2862 or
email him at links@links.community-options.net**

ically reserved for professional rescuers.

Noah suffered minor burns to his arm and his hands. Four other family members were treated for minor burns and smoke inhalation.

But thanks to Noah, everyone survived.

"By the grace of God, all nine of our loved ones were able to get out of our home," Noah's grandfather David Woods said. "If it wasn't for Noah, we may not be here today."

DATA MASTER: Heather Conn

Rats Will Avoid Actions That Hurt Others -- Even If It Earns Them A Treat

A new study has found that rats, like humans, will avoid actions that can cause pain to their fellow beings.



This trait is known as harm aversion.

Researchers believe their findings will help scientists develop new treatments to increase harm aversion in human patients who show psychopathic behavior.

"We share a mechanism that prevents antisocial behaviour with rats, which is extremely exciting to me," says professor Christian Keysers, study group leader at the Netherlands Institute for Neuroscience. "We can now use all the powerful tools of brain science to explore how to increase harm aversion in antisocial patients."

To investigate harm aversion in rats, the researchers gave them a choice between two levers they could press to receive sugary treats.

Once the animals developed a preference for one of the two levers, the scientists reconfigured the system so that pressing their favorite lever would also cause the rat in the next cage to receive an unpleasant shock while the treat was being dispensed. When the fellow rodents reacted by squeaking their protest, the rats stopped using

their preferred lever.

"Much like humans, rats actually find it aversive to cause harm to others," said Dr. Julen Hernandez-Lallement, first author of the study and a researcher at the NIN.

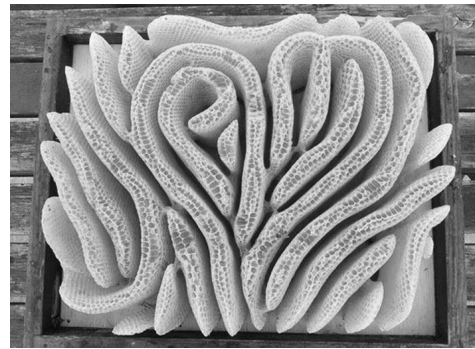
The researchers then scanned the brains of rats and found a region of the brain, known as the anterior cingulate cortex, to become active. This same brain region has also been found to light up in people empathising with the pain of others.

"It shows that the moral motivation that keeps us from harming our fellow humans is evolutionary old, deeply ingrained in the biology of our brain and shared with other animals," said Dr. Valeria Gazzola, a senior author of the study.

DATA MASTER: Breanna McDowell

The Artwork Of Bees Can Be Absolutely Stunning

Have you ever seen honeycomb as beautiful as this?



It's what happens if you leave it to the bees and do not put frames in the box.

This particular heart-shaped honeycomb was constructed by bees at Bodiam Castle in Robertsbridge, United Kingdom.

And these shapes are certainly not random! They are



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<https://community-options.net>

specifically built that way to regulate airflow inside the colony to maintain an ideal temperature.

According to Arnia Remote Hive Monitoring: "Brood nest temperature is of extreme importance to the colony and is controlled with utmost precision. Honey bees maintain the temperature of the brood nest between 32° C and optimally 35°C so that the brood develops normally."

If the temperature of the hive is too high or too low, the bees make adjustments.

"When the temperature in the nest is too high the bees ventilate by fanning the hot air out of the nest or use evaporative cooling mechanisms, ARHM says. "When the temperature is too low bees generate metabolic heat by contracting and relaxing their flight muscles."

Bees are amazing!

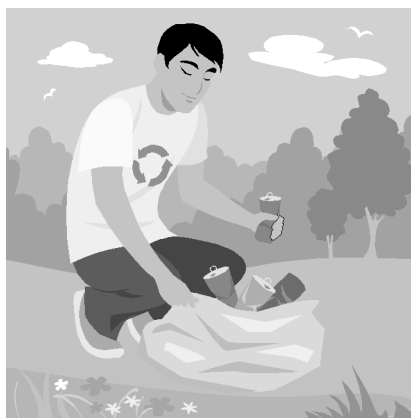
DATA MASTER: Heather Conn

Smartness Of An Youngster!

My son chose to help clean up one of the local parks today. So, we took some plastic bags and plastic gloves and cleaned the litter from the park. We mailed off some coloring pages for "color a smile" an organization that gives coloring pages to people that need some cheering up. We also took some decorated placemats to a soup kitchen. They always need them to decorate the tables.

My son had a choice to go to a carnival or get a fish for having an excellent report card. He chose to get a fish instead. The logic he used was is that he could enjoy the fish for a lot longer and the carnival would only last for a couple of hours. So he chose the fish over carnival fun.

DATA MASTER: Nikki Hamilton



Free Shower On-the-Go



This transit bus was transformed to a bathroom for the homeless. Built with two private bathrooms, place for hot showers, toilets, soaps, shampoos, and towels, this mobile shower bus was made by nonprofit group headed by Lava Mae, who wants 'to return a sense of dignity to those living in the streets.'

DATA MASTER: Breanna McDowell

Generous Act By A Cashier!



At the Trader Joe's store, I picked up two sympathy cards to write to my childhood friend's mom and brother, because their dad/husband had just passed away (my friend passed away several years ago). The guy at the register rang up my purchases and asked me who I was "sending comfort" to, and I told him. He did not charge me for the cards, but only for the other purchases, because he said it was for comforting someone and that's how they roll at TJ's. Wow. I thought of getting something nice to surprise him with (flowers, probably) on my way home. That was an unexpected generous act that touched me.

DATA MASTER: Nikki Hamilton

To share your story with us contact:
Zia Partovi at 918-244-0457 or 918-789-2862 or email him at links@links.community-options.net

The Blizzard Of 2020



The blizzard of 2020...

That's what the friendly young woman jokingly called the 1/8 inch of snow/ice that Austin, TX had the night before.

She had commented on how fun my shirt was (has fringe all along the bottom) and then led to a small exchange about the "blizzard!"

As we were leaving the restaurant, we went over to their table and gave Kelly, and her friends, Adam - in a wheelchair (who had the strongest handshake!) and Elizabeth - a shy Hispanic woman who spoke little English, each a dove.

"Whoa! You made my day!!!" Kelly exclaimed. "I'm all about kindness. You know next week is Kindness Week?"

I didn't! :)))

"Random Acts of Kindness Week, also known as RAK Week, is observed next on Tuesday, February 11th, 2020."

I shared with Kelly and friends about KindSpring and gave her a SMILE card. I think she was looking up the site before I even left.

DATA MASTER: Nikki Hamilton

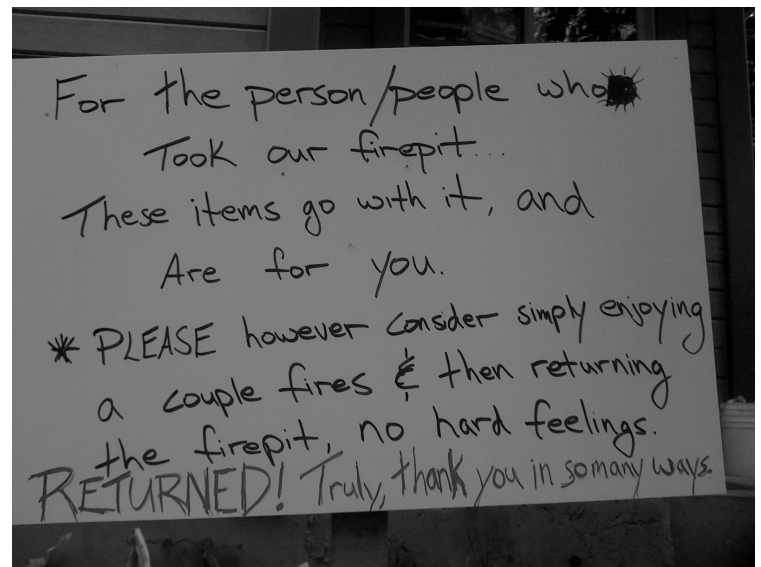


Caps for Charity



Fifteen-year-old Japanese student Yutero Domon collected nearly 50,000 bottle caps for a charity that helps children in developing countries get a shot of polio vaccines.

Freebies for Firepit Stealer



When someone steals something from you, do you willingly give them more? This family does.

DATA MASTER: Breanna McDowell



Community Options, Inc.
website is operational

Pay a visit to our website to learn about what we are doing and how you can help others by getting involved.

If you are seeking for employment you can apply for your desired position with us online.

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<https://community-options.net>

Up-coming Events

TOPS #570 We meet 9am to 11am Monday morning at Mt. Olive Lutheran Church in Miami 2337 N. Main St. "Taking off pounds sensibly!"

TOPS #567 meet every Thursday at 10am 433 N Mississippi in Nowata.

TOPS #506 in Miami Heavenly Winds Worship Center meet every 6pm Monday evening. For more info call Susan Walls at 918-540-0570

Every 4th Saturday of the month Veteran's Support Group: Veterans for Veterans. Have you served in the military? Are you struggling with readjustment? Anxious about the future? Struggling to connect with friends and family? Struggling with school? WE CAN HELP! Free veterans support group at 10am every 4th Saturday of the month. The Landing 502 West Corner Fairland, Ok. For more information call Larry Boyd (918) 541-7592 or Cindy (918) 676-3228.

Food Truck Wednesdays —Every Wednesday, grab some tasty eats and gather on the grounds of Guthrie Green. During Food Truck Wednesdays, lunchtime transforms into a community-wide affair, with roaming food trucks posting up at this Tulsa park. While you dine on delicious food, be sure to enjoy the live music and fresh air. Guthrie Green 111 E Brady St Tulsa, OK 74103 Phone: 918-574-2421

Big Cabin Senior Exercise Program—Fitness program for seniors held at the Big Cabin Baptist Church gym three times a week, Monday, Wednesday and Friday, from 10 to 11 a.m.

American Legion Post 178 in Grove, OK – Bingo every Saturday evening at 6pm. Family atmosphere. Contact Lee Cathy for any questions at: 901-487-9060

PRYOR DANCE—Every 1st. and 3rd. Thursday of the month. 6:15 pm—9 pm—Cost is \$5.00 per person, Double H Band will be playing. Cookies and Coffee will be serving. It's for seniors but all ages are welcome. Mayes County Nutrition Center 851 SE 9th Pryor (just east of 9th and Elliott intersection)

Mar 14, 2020 – Mar 21, 2020 Vinita Library Spring Book Sale - The Vinita Public Library announces their bi-annual Bag O' Books Sale. Patrons can fill a paper bag with any items from the book sale tables for \$5 a bag. Bags O' Books start at \$5 and each day are reduced by a dollar. Monday, Mar. 16 bag of books are \$4; Tuesday, bag of books are \$3; Wednesday, bag of books are \$2; Thursday-Saturday bag of books are \$1. Prices on individual items are \$1 each for hardbound,

SUDOKU PUZZLES

Fill in the grid with digits in such a manner that every row, every column and every 3X3 box accommodates the digits 1-9,

					7	9		
1			8	6			2	7
8				3	2	6		
					4			8
4	1			5		2		6
5			7					
		3	9	7				1
7	6			1	3			2
		4	2					

Hardship level: Moderate

	2		4	7			6	
								1
1			9	8				2
9		5		6	7			4
		6		4		2		
3			8	9		1		6
2				5	8			7
6								
	8			2	9		4	

audio and DVDs and \$.25 for paperbacks. The Vinita Public Library is located at 215 West Illinois Ave, in Vinita. Library hours are 11 am to 5:30 pm on weekdays and 11 a.m. to 2:30 p.m. on Saturdays. No credit/debit cards accepted. Cash or approved check only. Contact the library at 918-256-2115 or email at library@cityofvinita.com with any questions.

April 15, 2020 The Art of Fly Fishing— Duane Allen of Grand Lake Sports Center will talk to us about Fly Fishing Techniques. We will be treated to a demonstration. This should be a fun time. Where: Delaware Co. Library at Jay. April 15, Wednesday, 1:00

May 20, 2020 Snakes of Oklahoma—Join Cherokee National Treasure, Woody Hanson as he teaches us about the snakes who live in Oklahoma. He will bring some of his "Special Pets". Woody will also entertain us with his stories regarding snakes and snaking. Delaware County Library at Jay. May 20, Wednesday 1:00

Mar 10, 2020 - Mar 28, 2020 Spring Break at Tenkiller State Park - Join park staff for Spring Break at Tenkiller State Park and Driftwood Nature Center for a variety of family-friendly activities, tailored to unplugging and spending quality time immersed in nature. The nature center will be closed on Mondays. Tenkiller State Park HCR 68 Box 1095 Vian, OK 74962 Phone 918-489-5641

Mar 12, 2020 - Apr 26, 2020 Tulsa Botanic Blooms - Enjoy fresh fragrances and a kaleidoscope of color when more than 120,000 blossoms usher in spring at Tulsa Botanic Garden. The annual Tulsa Botanic Blooms festival invites guests to meander through one of the largest flower bulb displays in the area, which includes 5,700 square feet of bulbs planted in a different Art Deco-inspired pattern each year. Take in the vibrant redbuds, quince, viburnums, iris, peonies, roses and more adorning the landscape. Tulsa Botanic Garden 3900 Tulsa Botanic Dr Tulsa, OK 74127 Phone 918-289-0330. Tue - Wed 10:00 am - 5:00 pm Thur 10:00 am - 8:00 pm Fri - Sun 10:00 am - 5:00 pm

Mar 13, 2020 - Mar 22, 2020 Theatre Tulsa presents: A Little Night Music - Get swept up in the excitement of "A Little Night Music," a musical experience coming to Tulsa. Inspired by Ingmar Bergman's 1955 film "Smiles of a Summer Night," Stephen Sondheim's sublime musical follows the romantic lives of several couples in early 1900s Europe. This production includes the popular song "Send In the Clowns," along with many other memorable numbers. Head to the Tulsa Performing Arts Center for this fresh, original show that still has the power to enchant.

March 13, 14, 20, 21: 8pm March 15, 21, 22: 2pm Tulsa Performing Arts Center 110 E 2nd Tulsa, OK 74103 Phone 918-596-7111

Mar 20, 2020 - Mar 28, 2020 American Theatre Company presents: The Humans - See an average American family's latent anxieties bubble to the surface in the one-act drama "The Humans." Breaking with tradition, Erik Blake has brought his Pennsylvania family to celebrate Thanksgiving at his daughter's apartment in lower Manhattan. As darkness falls outside the ramshackle pre-war duplex, eerie things start to go bump in the night and the heart and horrors of the Blake clan are exposed. Created by Stephen Karam, this play won the 2016 Best Play Tony Award. Don't miss this production at the Tulsa Performing Arts Center. March 20, 21, 26, 27, 28: 8pm March 22: 2pm Tulsa Performing Arts Center 110 E 2nd St Tulsa, OK 74103 Phone: 918-596-7111

Mar 20, 2020 - Mar 22, 2020 John Sumner's Big Meat Run - Join thrill-seekers and off-roading enthusiasts for this popular Grand Lake event. The Big Meat Run is a three-day ATV and off-roading bonanza that allows drivers to test their vehicles against the wet and rocky terrain around Pensacola Dam. Watch the exciting rock bouncing events when drivers try to overcome the rocky barriers with falling back to where they started. Come to the Big Meat Run for this and many other events and activities. 322 W Main St Disney, OK 74340 phone 918-261-8886

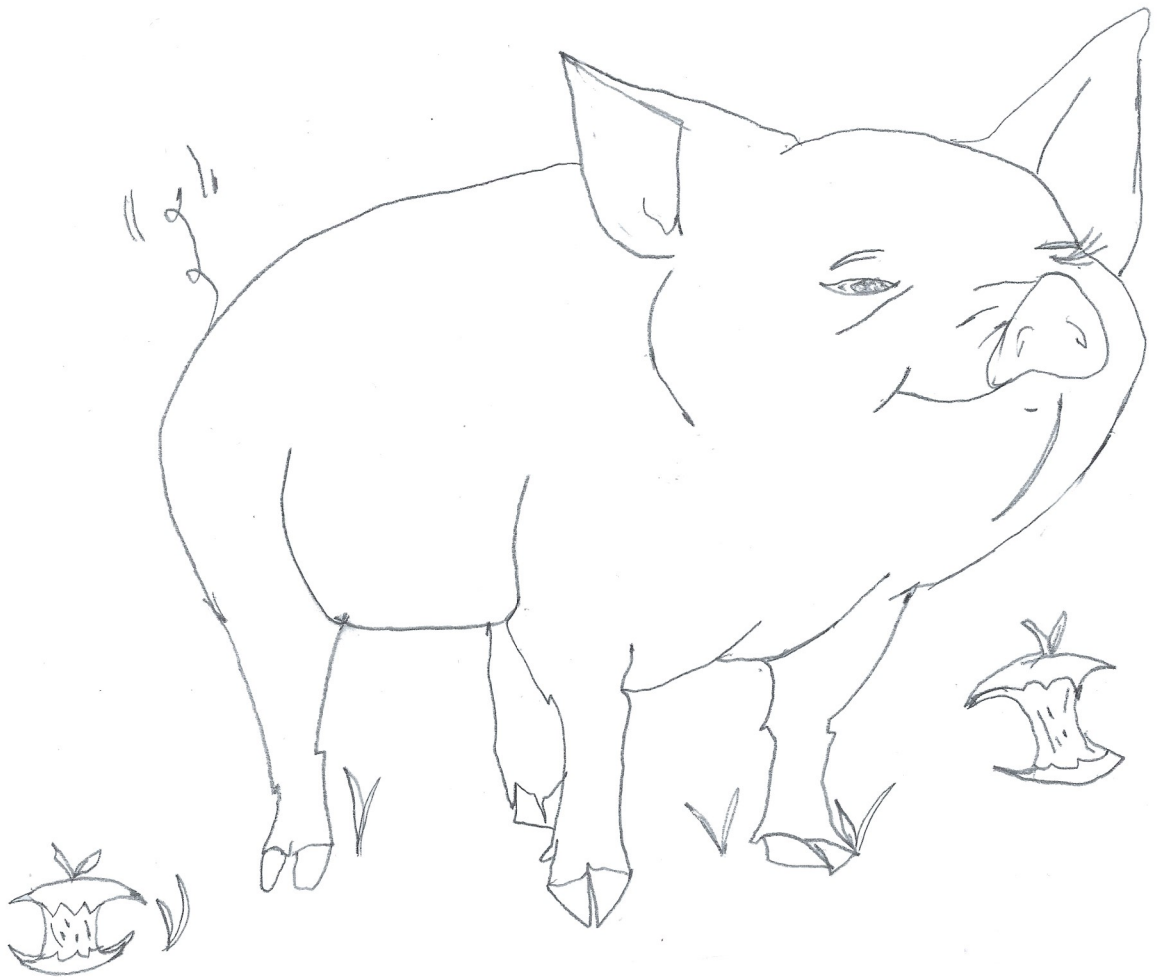
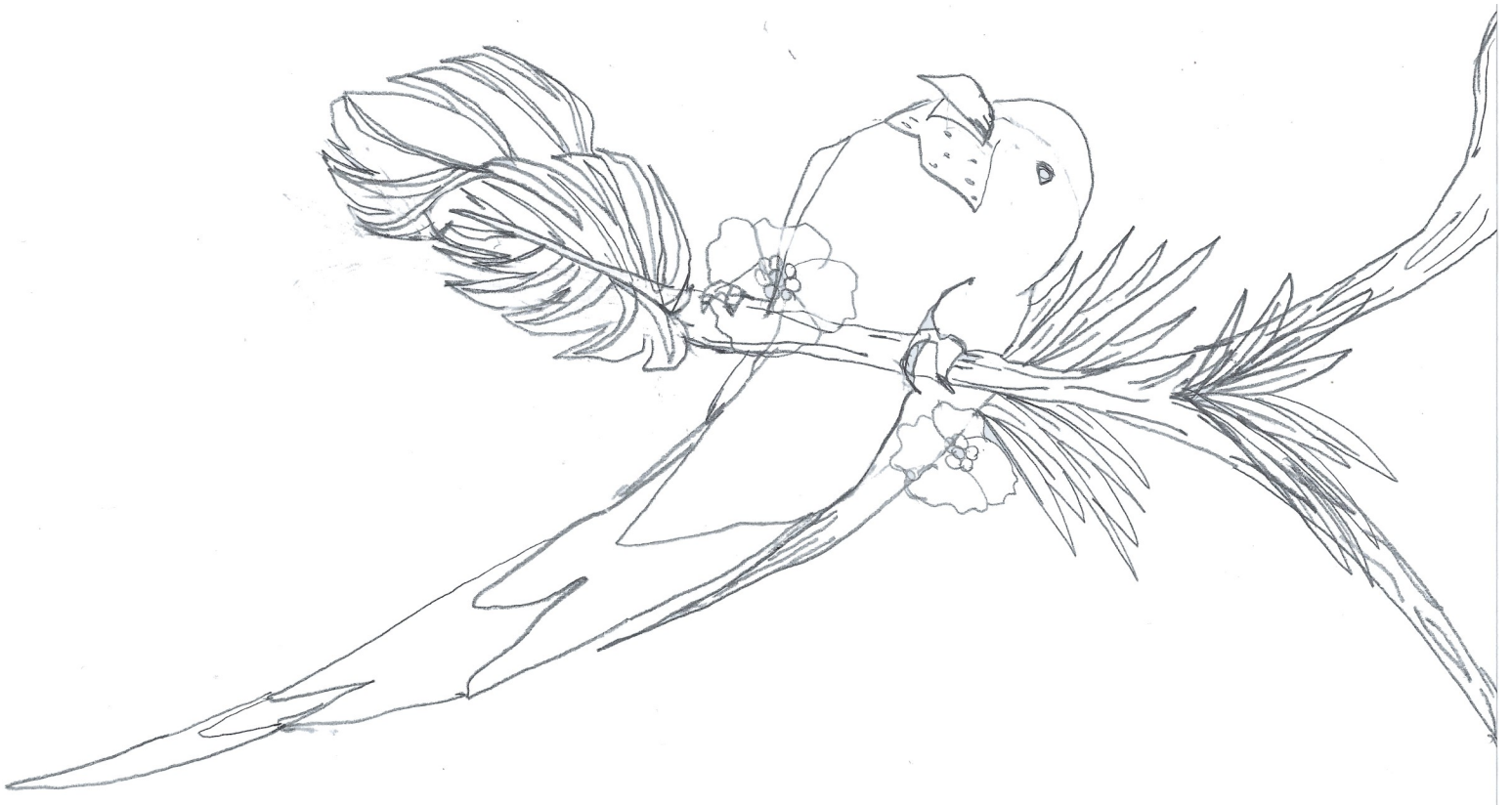
The Sunny Side Up is an international film festival. Join the fun for a weekend experiencing a film festival competition for filmmakers and screenwriters. This year's event will be held in the beautiful iconic Coleman Theatre in Miami, right on Route 66. Sunny Side Up Film Festival is a competitive event for emerging filmmakers as well as screenwriters in hopes to inspire and encourage them to pursue courageous and bold artistic visions. The festival will be known for embracing the heart and spirit of great independent films and screenplays. See national stand up comedian Sonya White perform on Sunday evening. She's also hosting the festival's award show. Fri 4:00 pm - 10:00 pm Sat 10:00 am - 10:00 pm Sun 10:00 am - 8:00 pm Coleman Theatre 103 N Main St Miami, OK 74353 phone 918-540-2425

Do You have an event that you would like to share ?

**Community Links of Chelsea
1100 Walnut/PO Box 85
Chelsea, OK. 74016
Ph: 918-789-2862
Fax: 918-789-5296**

Email: links@links.community-options.net

DATA MASTERS: Steven Burdick and Eric Peachey



HIDDEN OBJECTS PUZZLE

CAN YOU FIND THE TWELVE HIDDEN OBJECTS?



www.timvandevall.com

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Getting to know the Lutherans

Flee to God's Mercy

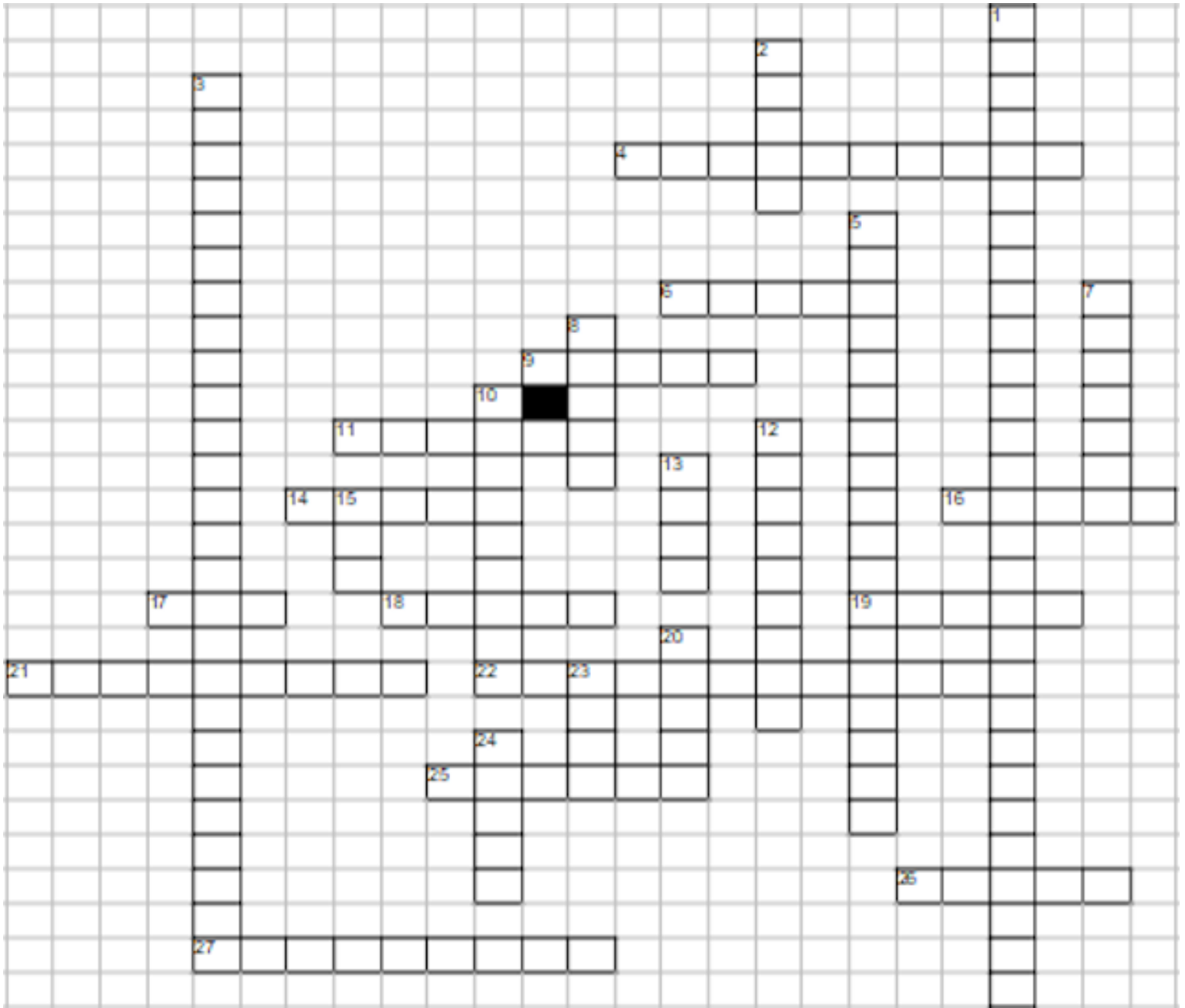
Martin Luther once said, "When you feel in your conscience that you are guilty, be very, very careful not to contend with God or men to defend or excuse your sin. Rather do this: When God points His spear at you, do not flee from Him; on the contrary, flee to Him with a humble confession of guilt and a plea for pardon. Then God will draw back His spear and spare you. However, the farther you try to flee from God by the denial or excuse of your sin, the closer and more hostile God will follow and press you. Therefore, nothing is better and safer than to come before God with a confession of guilt; for so it comes to pass that while God conquers us, we also conquer through Him."

1
During the 40 days of Lent we are continuously reminded that there is room at the foot of the cross for every sinner that repents and comes to the Lord Jesus with faith. It is because of His great love for us, that we know we are saved from condemnation and judgement, since His banner of us, is love.

DATA MASTER: Heather Conn

<p>Messiah Lutheran Church 460 N. Wilson, Vinita, OK. Sunday School and Bible Class 9:00 a.m. Worship 10:00 a.m. 918-256-3223 Email: messiahvinita@aol.com</p>	<p>St. Paul Lutheran Church Washington and Pine, Fairland, OK. Sunday School and Bible Class 9:15 a.m. Worship 10:30 a.m. 918-676-3059 Email: stpaulluthch@aol.com</p>
<p>Bethlehem Lutheran Church 6911 West 380 Road, Adair, OK 74330 Worship 9:00 a.m. 918-785-2994 Sunday School and Bible Class 10:15 a.m.</p>	<p>Immanuel Lutheran Church 706 Rockwood Drive, Grove, OK. Worship 9:30 a.m. 918-786-4585 Website: www.lutheransonline.com/lo/Groveok</p>
<p>Mt. Olive Lutheran Church 2337 North Main, Miami, OK 74354 Worship 2:00 p.m. (918) 542-4681 Sunday School and Bible Class 3:00 p.m. Email: mtolive@cablone.net</p>	<p>Redeemer Lutheran Church 220 N. Seminole, Claremore, OK. Sunday School and Bible Class 9:00 a.m. Worship 10:30 a.m. 918-341-1429 Email: rluther@sbcglobal.net - Website www.rlccok.org</p>
<p><i>Guests are always welcome. See you Sunday at worship.</i></p>	<p>St. John Lutheran Church 607 SE 9th Street, Pryor, OK. Sunday School and Bible Class 9:15 a.m. Worship 10:30 a.m. 918-825-1926 Email: stjohncpyor@sbcglobal.net - Website: www.stjohncpyor.org</p>

Crossword Puzzle



Across

4. April fool's day
6. St. Patrick's Day musician
9. April Fools' Day trick
11. Saint Patrick's Day event
14. Service launched on April Fool's Day in 2004
16. Saint Patrick's Cathedral architect Renwick
17. St. Patrick's ___ (March 17)
18. April Fools' Day month
19. April Fools' Day month
21. Restrict sport over the weekend synonymous with April Fool's Day
22. How you know that it's St. Patrick's Day in kindergarten?
25. April Fool's Day doings
26. Service launched on April Fool's Day in 2004
27. Pitcher with a 168-mph fastball dreamed up by George Plimpton for the 1985 April Fools' Day issue of

Down

1. St. Patrick's Day baby's sign
2. April Fools' Day activity
3. PRACTICAL JOKE
5. APRIL
7. Part of a St. Patrick's Day meal
8. Sign of April Fool's Day?
10. You're in trouble locally after autumn in Boston? Sounds like something you'd do on April Fool's Day
12. Restrict sport over the weekend synonymous with April Fool's Day
13. Fake story on April Fools' Day for example
15. St. Patrick's Day's month: Abbr.
20. Sign of April Fool's Day?
23. Saint Patrick's land
24. April Fools' Day trick

Word Search Puzzle

A S L E E A R T H Q U A C L N Z Q E D X T L B S
 Z L S P B N O C T O P U S Q A W N B B E Q E T Q G
 A N P Y U I F V S J O E E V M S C O I E F F E R N
 G D H P J U A K J N R M D T O U E X L I K I F F C
 J P H N Q Q Y Z I Z D E R W W D W C I S D C F I
 A L O D H N K F B D C Y J N T B R X A D I W I C
 O Z P I S S E W R I E C C O F A A N I W L F X A R S
 V P M V S P I M L E K G V H C I A E N C O P C G
 G S V C C O T Y R E U E S I N B R C Y L J W V H
 Q A F J P K N A R O V U P C Z U Q E D A E X T O
 W J O R P H T I L E O E R E M P Q L M I M W K S
 N B U G A O A U V I S E A P D R S I A R R R M T
 N J E L P N P G R Y D Y L C M O W B I R T G P B B
 E T N S S A K E N I Z E U U G W F I U S B H C U
 V R I Y G Q T E B I S J D K C B Y O A E L K T S
 O E B S K S N L N T P B M S H Q C M S R A T Y T
 H T O P Y Y E E I S O E T K B H O T O R C M O E
 T S R M V H P L Y V T F E F C Z L A N E K N D R
 N I Z Q U K T C N T I E A K J N U B N T B A A F
 I M V L K S A V D T T E I H E P M P O A E J N O
 E H K D K D D G D J H F K M N Q S B Q R R A S R B
 W X B I Q D I Q D D E P I P X E F U Y Y T U J O R
 G X N H I P P O P O T A M U S Z S O T X T T T
 X Y D C S F Y Q W P M E I Z N O F J H E Y M O F

Incredible Hulk Fonzie Extraterrestrial Mister T Penguin Poison Ivy Two-Face Riddler
 Catwoman Joker Robin Rumpelstiltskin Blackbeauty Batmobile Housekeeping
 Ghostbuster octopus Hippopotamus Frankenstein tornado EARTHQUAC MYSTERIOUS
 COLUMBUS TYRONNOSAUR tryceratops einthoven

Hero Dog Fights Off Bear, Saves Entire Family

Someone on Reddit asked the question "Dog owners of Reddit: Would you cut off 5 years of your own life and give these to your dog? If so, why?"



This was hands down the best response, and another reason why we don't deserve dogs.

"My family and I were on vacation at a cabin in Maine. Got caught walking up from the lake by a bear after dark. Couldn't tell it was a bear until it stood up and the motion light turned on. It was standing over 6 foot tall between us and the cabin. It fell forward onto it's front feet, huffing. It made a noise like a dinosaur. Who sh*t my pants??"

Without a sound, my lazy dog launched an attack from behind the bear.

I'm tearing up thinking about it. I ran the kids into the cabin, grabbed the rifle and spent the next five minutes running through dark woods, trying to follow the sounds of my growling dog and a furious bear. The growling stopped and I could hear the bear running off through the woods.

My dogs name is Daisy. She's an English bull terrier. She was 15 years old at the time. It took two hours to find Daisy after the bear ran off. She had what looked like road rash along her sides, her hip was broken and her leg was crushed. She was curled next to a tree with her tail thumping the ground. Her white fur all shades of red and pink.

This dog is afraid of the Swiffer. I love her so much.

I owe Daisy 3 lives, of course, I will give 5 years my life if I could."

And don't worry, Daisy survived the ordeal.

DATA MASTER: Eric Peachey

A Winery Mistake Causes Red Wine To Flow From Home Faucets In Italian Town

For a few hours, red wine flowed from the taps of households in the northern Italian town of Castelvetro.



A valve malfunction at the Cantina Settecani winery caused 1,000 liters of ready-to-be-bottled Lambrusco to leak into the water pipes.

The lighthearted news comes during an anxious time for people in northern Italy, where more than 5,000 people have been infected with the Coronavirus.

"At a time where we have very little to smile about, I'm glad we brought some levity to others," Giorgia Mezzacqui, deputy mayor of Castelvetro, told CNN. "Hopefully some day they'll remember us and will want to come visit us."

"I admit that we did not expect so much hilarity and within a few hours the news went beyond our borders, bringing smiles too."

The local government posted on its Facebook page that the leak didn't pose any health risks.

They later shared a video highlighting news coverage of the incident, writing with a laughing emoji: "And how do you prefer it, in the bottle or from the tap?"

DATA MASTER: Eric Peachey



The local government said that the leak didn't pose any health risks

Test Your Knowledge of Idioms and Proverbs

Idioms

1. Up in arms
 - A. Enraged
 - B. Furious
 - C. Displeased
 - D. Angry with something
2. Break fresh/ new ground
 - A. Demolish
 - B. Damage
 - C. If you break new ground, you do something that wasn't done before
 - D. Crack
3. Chicken and egg situation
 - A. If a situation is chicken and egg , it's often two came first and caused the other one
 - B. Position
 - C. Condition
 - D. Circumstances
4. Left out in the cold
 - A. Reject
 - B. Pay no attention to
 - C. If you're left out in the cold, you're ignored
 - D. Take no notice
5. Stay the course
 - A. If you stay the course , you persevere till the completion of a task.
 - B. Tough
 - C. Troublesome
 - D. challenging

By Breanna McDowell and Nikki Hamilton

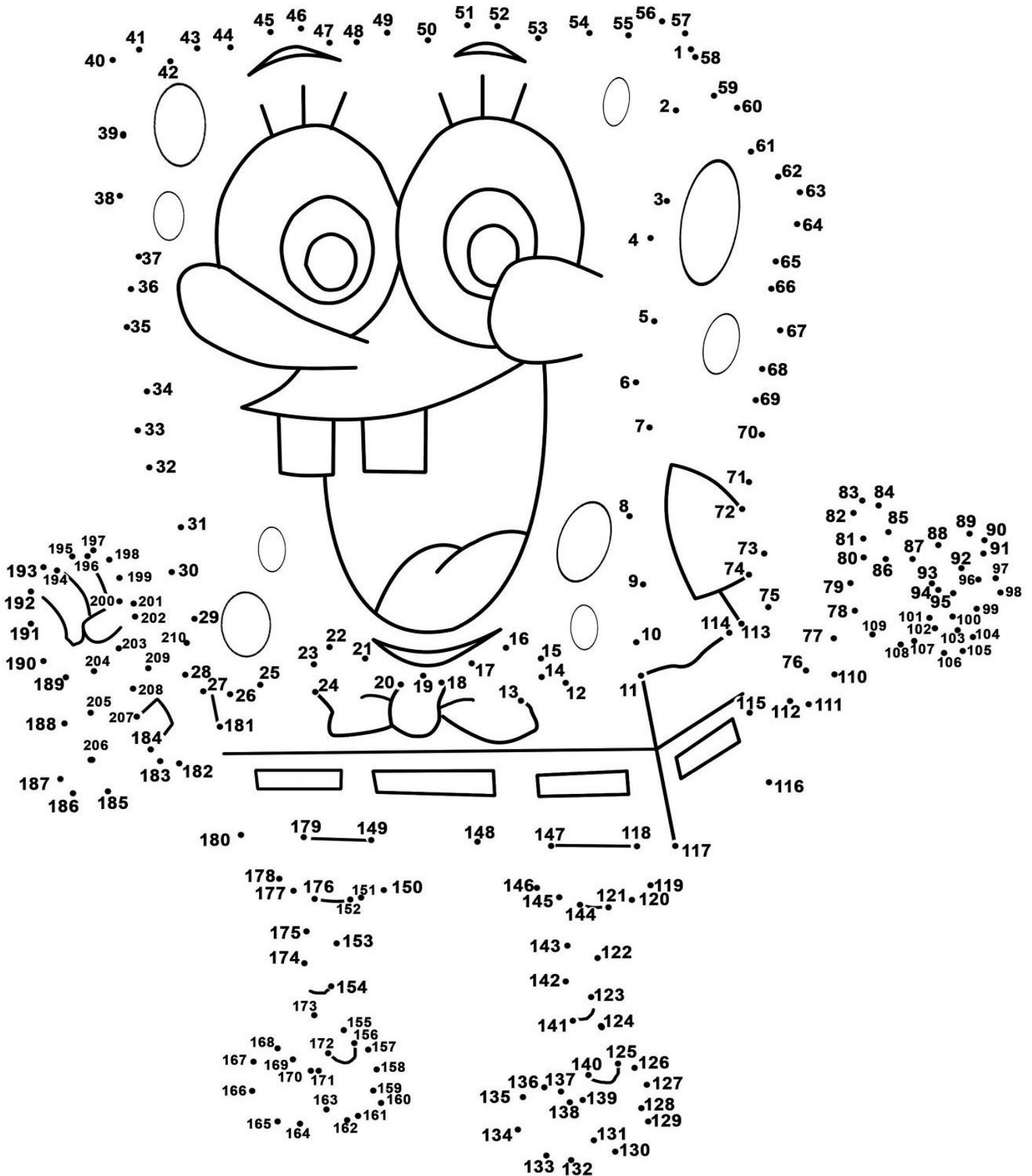


Proverbs

1. All that glitters is not gold
 - A. Antique
 - B. Extravagant
 - C. Costly
 - D. Things that look good outwardly may not be as valuable or good
2. All's fair in love and war
 - A. Conflict
 - B. Infatuation
 - C. One can break the rules
 - D. Warfare
3. An ounce of protection is worth a pound of cure
 - A. A little precaution before acrisis hits is better than lots of firefighting afterwards
 - B. Safety
 - C. Safeguard
 - D. Shelter
4. Appearances can be deceptive
 - A. Misleading
 - B. Decetiful
 - C. Tricky
 - D. Outward appearances may not be what you believe them to be
5. Beauty is only skin deep
 - A. Character
 - B. A person's character, intellect and other inner qualities are more important than his/ her physical beauty
 - C. Excellence
 - D. Trait
6. Clothes can't make the man
 - A. Resolve
 - B. Criticized
 - C. A person's character can't be judged by his/ her clothing
 - D. Condemn

Solution in Page 34

Dot To Dot Picture Puzzle (Connect dots to complete the picture)



Mayday Mayhem Bunco Benefit



May 1, 2020

10:00 AM

St. Frances of Rome Catholic Church

Gavin Hall - Langley, OK

\$15 per person or 2 for \$20

Lunch included with entry

Door Prizes, Silent Auction and more!

Hosted by Friends of Langley Public Library

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Library News

CATOOSA PUBLIC LIBRARY

105 E. Oak (918) 266-1684

Hours:

Monday thru Thursday: 9am to 7pm
Friday: 9am to 12pm & 1pm to 3pm
Saturday: 10am to 2pm
Closed Sunday

CHELSEA PUBLIC LIBRARY

618 Pine (918) 789-3364

Hours:

Tuesday: 10:00am to 7:00pm
Wednesday, Thursday & Friday: 10:00am to 4:00pm
Saturday: 9:00am to Noon Closed Sunday & Monday

CHOUTEAU PUBLIC LIBRARY

307 W Main Phone: 918-476-4445

Hours:

Mon - Fri - 10AM to 5PM
Closed Saturday & Sunday

DELAWARE COUNTY LIBRARY

429 S. 9th St. Jay, Oklahoma (918) 253-8521

Web: www.eodls.lib.ok.us/jay.html

Hours:

Mon., Wed., & Fri. 9:00am to 6:00pm
Tues. & Thurs 9:00am to 8:00pm
Sat. 9:00am to 1:00pm
Closed Sundays and Holidays

GROVE PUBLIC LIBRARY

1140 NEO Loop (918) 786-2945

Toll free in the 918 area code: 1-888-291-8150

Fax: (918) 786-5233

Hours:

Mon., Wed., & Fri.: 8:30am-5:00pm
Tues. & Thurs.: 8:30am-9:00pm
Sat. 8:00am-12:00pm
Closed Sunday

LANGLEY PUBLIC LIBRARY

325 W Osage Ave. (918) 782-4461

Hours:

Mon.-. 1:00pm to 7:00pm
Tue.-Fri. 9:00am to 12:00pm
And 1:00pm to 5:00pm
Closed Sat. & Sun.

MIAMI PUBLIC LIBRARY

200 N. Main (918) 541-2292

Hours:

Sun. 1:00pm
Mon., Wed., Thurs., 9:00am to 8:00pm
Tues., Fri., Sat., 9:00am to 5:00pm

NOWATA CITY-COUNTY LIBRARY

224 S. Pine (918)273-3363 Fax: (918)273-1818

Hours: Mon-Fri 10^{am} -5:30^{pm}; Sat-Sun Closed

PRYOR PUBLIC LIBRARY

505 E. Graham, Pryor 918-825-0777

Hours:

Monday & Thursday: 1:00 PM-9:00 PM
Tuesday, Wednesday & Friday:9:00 AM-5:00 PM
Saturday:9:00 AM-12:00 PM (Noon)

SALINA PUBLIC LIBRARY

420 E. Ferry St. (918) 434-8001

Hours: Tue. 12pm-7pm, Wed. 12pm-5pm,
Thurs. & Fri. 10am-5pm
Closed Saturday, Sunday & Monday

TALALA AREA PUBLIC LIBRARY

106 W Watova St. (918) 275-4540

Hours:

Monday - Friday 2pm to 5pm
Monday and Thursday evening 6pm to 9pm
Saturday 11am to 2pm

VINITA PUBLIC LIBRARY

215 W. Illinois (918) 256-2115

Hours:

Mon., Tues., Wed., & Fri. 11:00am to 6:00pm
Thurs. 11:00am to 7:00pm
Sat. 11:00am to 3:00pm
Closed Sunday

WILL ROGERS LIBRARY

1515 N. Florence, Claremore OK (918) 341-1564

Hours:

Mon & Tues. 9:30am to 8:00pm
Wed. & Thurs. 9:30am to 6:00pm
Fri. & Sat. 9:30am to 5:00pm

30 Closed Sunday



Bunco for a cause

BUNCO GAMES HORS D'OEUVRES & SILENT AUCTION

Nowata City/County Library April 16, 2020
Doors open at 5:30 Games start at 6:00 pm
Tickets - \$20

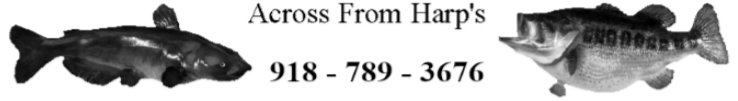
No prior experience is necessary. Game will be explained prior to the start, and there will be folks around to help throughout the night. It really is easy. Prizes for each round, and DOOR PRIZES, too!

You are welcome to bring wine to enjoy during the event. We will have cold and hot beverages and plenty to eat. Come early, have a snack and a glass of wine. Check out all of the items in the silent auction!

Hosted by La Kee Kon. All ticket sales and auction proceeds benefit the Nowata City/County Library, the Nowata Historical Society and the Nowata Boys & Girls Club.

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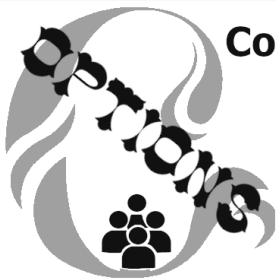
Lovely Restaurant Surprise

Last August when we visited our daughter at university we went to a meal and it was rather disappointing. When I completed the survey, I said I was disappointed it wasn't up to the usual standard and that the restaurant itself wasn't properly ventilated. I gave them my email address and asked them to contact me.

A member of the management team contacted me and asked for my phone number so they could discuss it with me. Katie rang me and we had a great conversation. She asked me to let her know when we would be coming again. We went to visit our daughter again yesterday so last week I emailed Katie and she booked us in. We had a great meal and Richard and I had a glass of wine each. When I asked for the bill they had only charged for the wine which was a lovely surprise.

I emailed her this morning to thank her so much for doing this.

DATA MASTER: Nikki Hamilton



Community Options, Inc.

website is operational

Pay a visit to our website to learn about what we are doing and how you can help others by getting involved.

If you are seeking for employment you can apply for your desired position with us online.

our website can be accessed at:
<https://community-options.net>

To share your story with us contact:
Zia Partovi at 918-244-0457 or 918-789-2862 or
email him at links@links.community-options.net

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1100 Walnut

Chelsea, OK 74016

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Fax (918) 789-5296

Email:

links@links.community-options.net

<https://community-options.net>

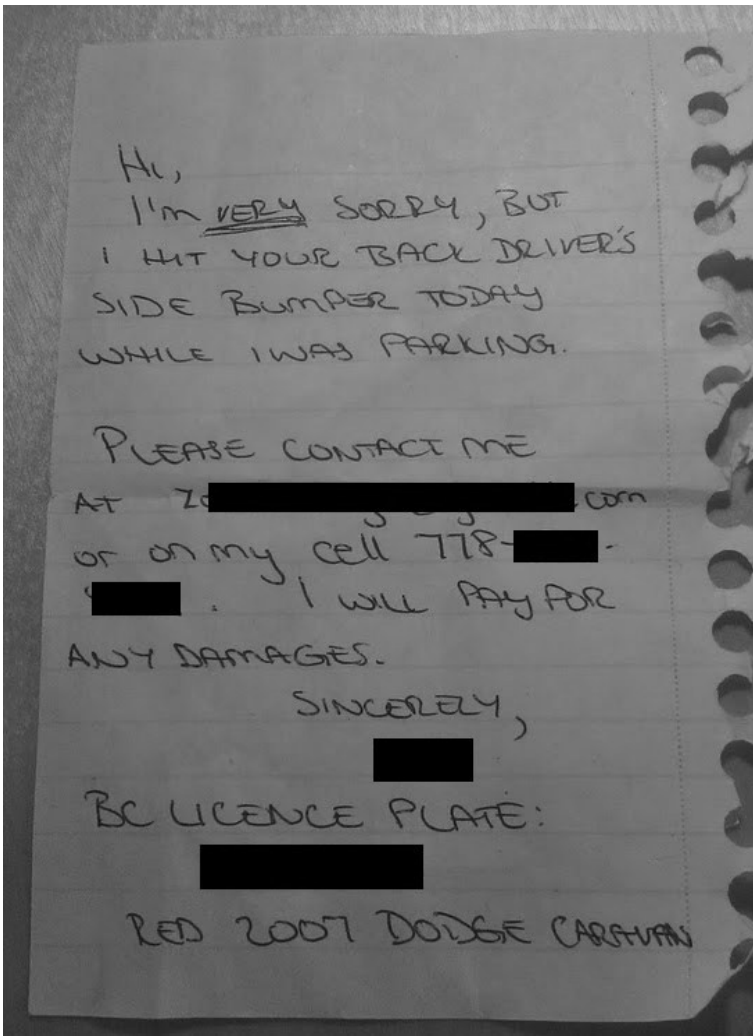
Printing: Business Cards, Letterheads – Flat or raised print available. Brochures, Business Forms, and Personalized greeting cards.

Advertising: Links Newsletter, Bi-Monthly distributed by persons with developmental disabilities, Connecting Communities at an affordable rate.

Office Supplies: Self Inking Stamps, Paper products, Toner Cartridges, Printer Cartridges. If we don't have it in stock we will order for you. Most orders complete in 3 days

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Honesty Is Not Dead



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DATA MASTER: Breanna McDowell



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CryptoQuote Puzzles Solution

Title: Importance of Family **Quote From:** Navajo Nation

A man can't get rich if he takes proper care of his family.

Title: Sharing and Giving **Quote From:** Navajo Nation

Always assume your guest is tired, cold and hungry, and act accordingly.

Title: Understanding Before Judging **Quote From:** Cherokee Nation

Before you judge a person you have to walk in their moccasins and live in their lodge for a month.

Title: Being Human **Quote From:** Cherokee Nation

When you were born, you cried and the world rejoiced. Live your life so that when you die, the world cries and you rejoice.

By Steven Burdick and Eric Peachey

Answers to Idioms and Proverbs Questions

Idioms

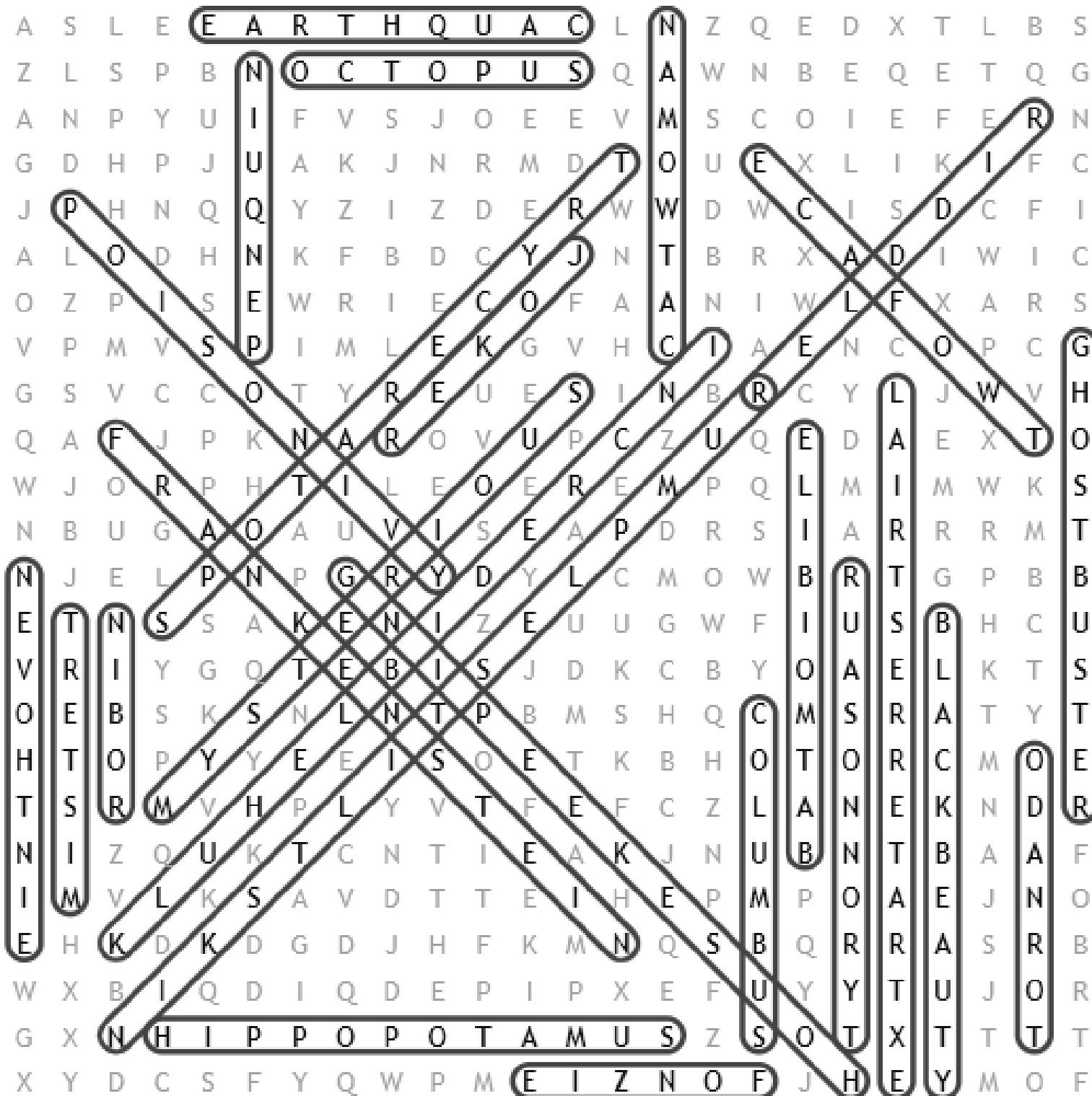
1. D
2. C
3. A
4. C
5. A

Proverbs

1. D
2. C
3. A
4. D
5. B
6. C

By Breanna McDowell and Nikki Hamilton

Word Search Puzzle Solution



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Sudoku Puzzle Easy Solution

6	3	2	1	4	7	9	8	5
1	4	5	8	6	9	3	2	7
8	7	9	5	3	2	6	1	4
3	2	7	6	9	4	1	5	8
4	9	1	3	5	8	2	7	6
5	8	6	7	2	1	4	3	9
2	5	3	9	7	6	8	4	1
7	6	8	4	1	3	5	9	2
9	1	4	2	8	5	7	6	3

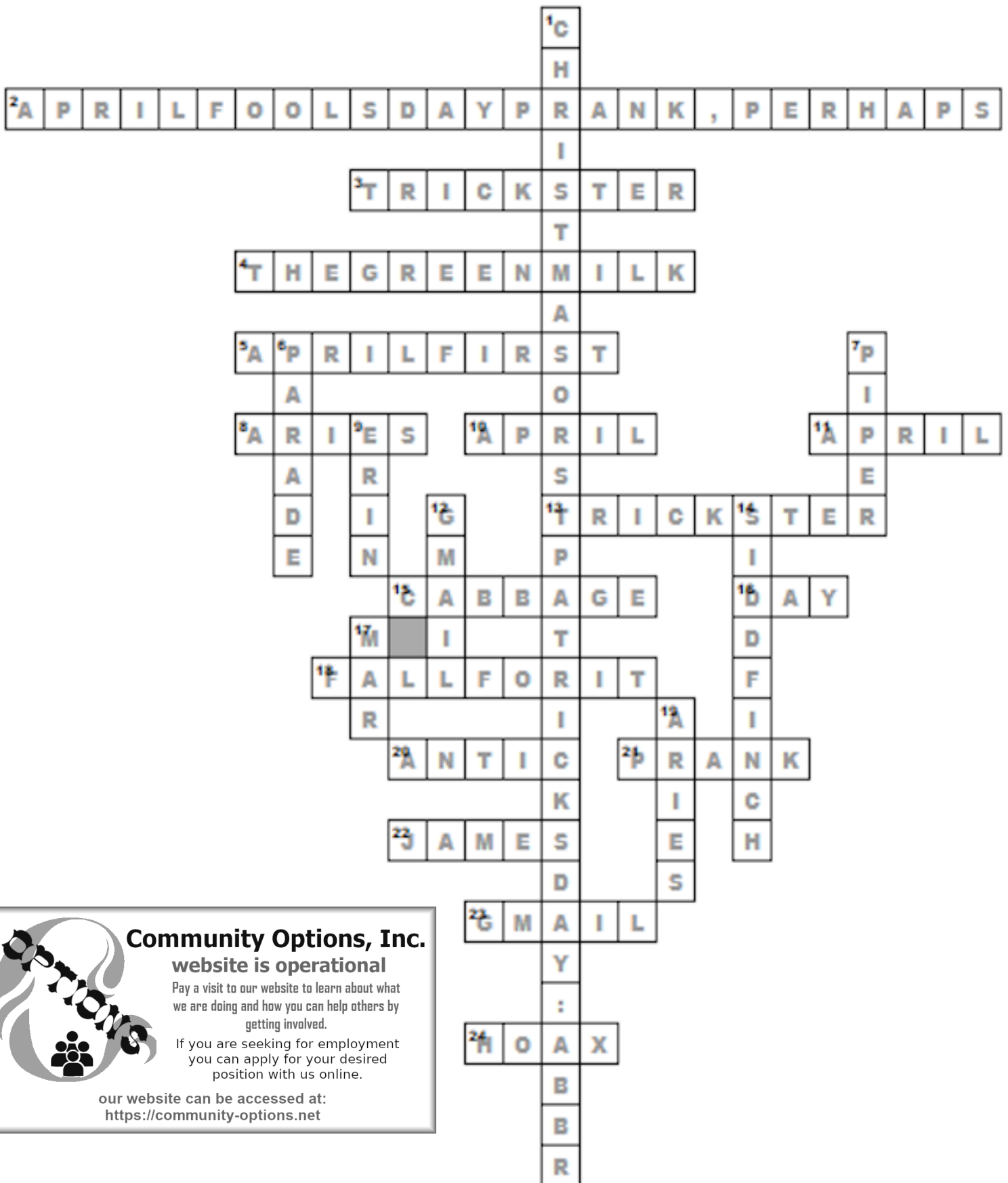
BY: Doug WM Stone and Nikki Hamilton

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Sudoku Puzzle Moderate Solution

5	2	8	4	7	1	3	6	9
4	6	9	5	3	2	7	8	1
1	3	7	9	8	6	4	5	2
9	1	5	2	6	7	8	3	4
8	7	6	1	4	3	2	9	5
3	4	2	8	9	5	1	7	6
2	9	4	3	5	8	6	1	7
6	5	3	7	1	4	9	2	8
7	8	1	6	2	9	5	4	3

Crossword Puzzle Solution




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Afton

Afton City Hall
Evans Roofing

Big Cabin

Big Cabin Senior Citizens

Chelsea

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Chelsea Family Pharmacy
Chelsea Library
Chelsea Post Office
Chelsea Sr. Citizens
Community Links
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Harp's Grocery
Jiffy Mart
Lakeside State Bank
Little Green Shop
Main Street Diner

Chouteau

Cherry's Chouteau Mall
Chouteau Public Library &
Senior Citizens Center
Dutch Pantry
Marvin's Grocery
Pizza Corral
Creekside General Store

Claremore

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Casey's
Claremore DHS
Claremore Nursing Home
Claremore Senior Citizen's
Claremore Veteran's Center
Classy Cuts and Wigs
Kum N Go (W Will Rogers)
Kum N Go E Hwy 20
Midco Clothes & More
Stillwater Milling
Emerald Care Center

Commerce

Eastwood Manor
Lil' Cafe

Fairland

Fairland Sr. Citizen's

Grove

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Drakes
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Grove Sr. Citizens
Harps Grocery
Tom Cat Corner

Jay

Sinclair Station
Delaware County Library
Jay Senior Citizen's

Ketchum

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Woodshed

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Langley Drug
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Langley Western Store

Miami

Marvin's Grocery
Windridge
Wal-Mart Supercenter
Mt. Olive Lutheran Church
Tint'N More
Larry's Barber Shop

Nowata

D&L's
Homeland
Nowata Depot Café
Nowata Senior Citizens Cen-
ter
Ranch Supply
Reid's Discount Pharmacy

Oologah

Pump - N - Petes #15
Tacora Mart (Conoco)

Pryor

Innovations in Hair
Mayes Co. Nutritional Center
Wilkerson Real Estate
Pryor Library
Shady Rest Nursing Home
Paulie's Donuts
The Book Exchange

Spavinaw

T-General Store

Vinita

Burrough Manor
Carter's IGA
Grand Lake Mental Health
Heartsworth House
Midco Clothes & More
Sam's Tire
Veterans Clinic
Vinita Sr. Center
Vinita DHS
Vinita Post Office
Wood Shed
Young's Tire

Welch

Welch State Bank

Winganon

Winganon Bait Shop

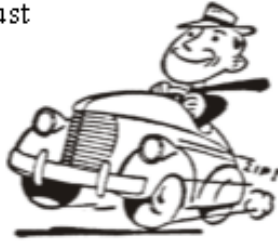
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We can mail current or past issues to you. The cost of shipping and handling is \$2.00 per issue. If you would like to receive every issue without delay you may pay \$24.00 shipping and handling cost for 6 months or \$48.00 shipping and handling cost for full year.

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Deadlines for ad submission:
5th issue: 25th of previous month
20th issue: 10th of the same month

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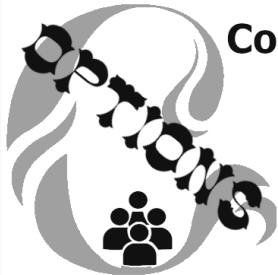
"branch"...

"tree branch"...

"grow!"



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