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"The Little Green Paper"

October 05, 2020

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The Great Chicago Fire



Chicago in Flames -- The Rush
for Lives Over Randolph Street
Bridge

by John R. Chapin

The Great Chicago Fire was one of the worst disasters in U.S. history. The fire began on October 8, 1871 and burned for two days until October 10th. Much of the city was destroyed in the fire.

How much damage did it cause?

The fire completely destroyed the heart of Chicago including an area four miles long and nearly a mile wide. Over 17,000 buildings were destroyed and 100,000 people were left homeless from the fire. No one is sure how many people died in the fire, but estimates put the number of dead at around 300. The total property damage from the fire was put at \$222 million which is over \$4 billion when adjusted to 2015 dollars.

Where did the fire begin?

The fire began in a small barn owned by the O'Leary family in the southwest

section of the city. No one is quite sure how the fire began. One story tells how a cow named Daisy in the barn kicked over a lantern that started the fire, but this story was likely made up by a reporter. There are lots of other stories explaining the start of the fire including one about men gambling in the barn, someone stealing milk from the barn, and even one about a meteor shower.

How did it spread so fast?

Conditions in Chicago were perfect for a large fire. There had been a long drought before the fire and the city was very dry. The buildings in the city were mostly made of wood and had flammable shingle roofs. Also, there were strong dry winds at the time that helped to carry sparks and embers from one building to the next.

Fighting the Fire

The small fire department of Chicago responded quickly, but were unfortunately sent to the wrong address. By the time they arrived at the O'Leary's barn, the fire had spread to nearby buildings and was out of control. Once the fire grew there was little the firefighters could do. The fire continued to burn until rain arrived and the fire burnt itself out.

Did any buildings survive?

Very few buildings within the fire zone survived the fire. Today, these surviving buildings are some of the most historic buildings in the city of Chicago. They include the Chicago Water Tower, St. Michael's Church in Old Town, St. Ignatius College, and the Chicago Avenue Pumping Station.



Rebuilding

The city received relief donations from around the country and immediately began to rebuild. The local government issued new fire standards and the new buildings were constructed to ensure that a fire like this could never happen again. The rebuilding of the city spurred economic growth and brought in new developers. Within a few years Chicago was rebuilt and the city was expanding rapidly.

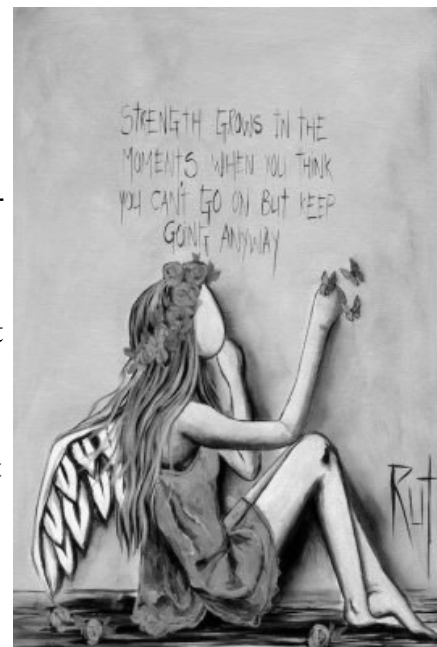
Interesting Facts About the Great Chicago Fire

- The location where the fire began is now home to the Chicago Fire Academy.
- There is a Major League Soccer team called the Chicago Fire.
- A reporter named Michael Ahern said that he made up the story about the O'Leary's cow kicking over the lantern because he thought it made an interesting story.
- The Chicago Fire Department had 185 firefighters in 1871. Today, the Chicago Fire Department has over 5,000 employees.
- There is a sculpture at the site of the start of the fire called "Pillar of Fire" by artist Egon Weiner

DATA MASTER: NIKKI HAMILTON

Listening Kindly To Elderly

Our friends' 95 year old Mother & I speak every now & then over the telephone. Yesterday I spent 30 minutes, mostly listening to her. It's often not an easy listen, as at 95 she has much physical diminishment (impaired hearing, eyesight, mobility) & almost every call includes her sharing that she does not want to live anymore. She's luckier than many in that she lives with her children in a nice home and has a very kind, attentive aide who comes to help her a few days a week, but nonetheless, little joy it seems.



Sometimes I struggle to stay on the phone so long with her, but yesterday I just went with it, letting her talk as long as she needed to and offering myself with patient presence. Sometimes I can get her to laugh.

She needs to be heard. I have 2 ears :)

DATA MASTER: Doug WM Stone



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Re Elect Mike Fitzpatrick

Craig County Commissioner District 2

There is 430 miles of road and 860 miles of road ditches to maintain, with low funds. The excessive rain this year has caused flooded roads and washed out culverts to be replaced.

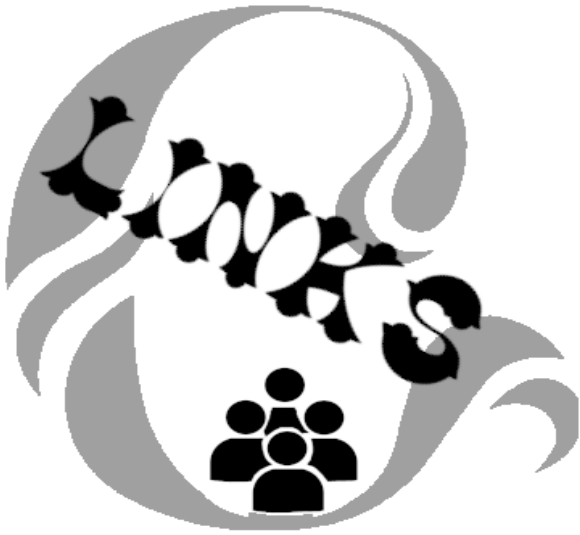
My crew has worked hard to restore the roads and replace culverts.

We received a Grant from Cherokee Nations to pave road 4430 from highway 10 to highway 59. The latest Grant was a REAP Grant for \$50,000.00 which was provided by Grand Gateway. The Grant was used to purchase a tractor and bush hog.

If Re Elected I will continue attending meetings in Oklahoma City in order to obtain more Grants.

I would appreciate your vote on November 3, 2020.

Mike Fitzpatrick
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Indian Women's Pocahontas Club Higher Education Scholarship

Announcing: The Indian Women's Pocahontas Club Higher Education Scholarship Recipients for the upcoming 2020-2021 academic year are:


Madison Gray
Hannah Guthrie
Kylea Terrell
Hannah Henson
Jasper Rader

Erica Taylor
Halle Tatham
Kacee Ramsey
Jesse Rader
Rachel McKisick

Kylea Anderson
Cheyanne Miller
Chas McClain
Cloe Dennis

The Indian Women's Pocahontas Club sponsor ten (10) Cherokee students, male or female, entering college or vocational school, with a \$600.00 per academic year scholarship, along with one (1) recipient of the Oklahoma State University Foundation, Dawson-Nelson Akanadi Endowed Scholarship Fund and three (3) recipients of the Rogers State University Foundation, Foreman Faulkner Scholarship Endowment. Join us in congratulating these outstanding students and wishing them success in their academic endeavors.

The Indian Women's Pocahontas Club will also be hosting our annual "Hats off to Will Rogers" birthday celebration, and wreath laying ceremony at the Will Rogers Memorial Museum in Claremore, OK on November 7, 2020. Mark your calendars. For more information contact Jennifer at 918-402-3057.



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MONEY, POWER, AND SYSTEM CHANGE IN THE WORLD



We psychologically attribute too much power to people with money and authority. We often expect or wait for the rich and high-status people to change the world. We grow upset or resentful, if they do not fulfill our expectations. We may think that we have to become rich or attain high status before we can bring about “real” change in society (whatever real means). When we do not have money or authority, we are often treated as a tool by those who do to reach their goals. When we don’t have money or authority, we often treat each other as a means to acquire money or authority. When we don’t have money or authority, we often reduce ourselves into a machine (or a cog in a larger machine) whose main purpose is to maximize wealth or social status in life. When the machine does not achieve its purpose, we beat ourselves up for it and admire (or resent) the mighty power that the wealthy, high-status people seemingly possess.

“If I were Jeff Bezos or Mark Zukerberg, I would use the wealth I have to create a new, better world,” Many of us often think. “There is so much good I can do once I have money and resources! And I feel so limited and powerless right now because I am short on money, time, a talented team, or all of the above!” We thus talk ourselves out of taking on any change initiative we care about. Every morning we wake up and check to see if we are rich enough or have high enough authority yet. When the answer is no, we keep feeling paralyzed by doubts and wait for those who have money and authority to initiate the changes we want to see in the world.

The truth is that people at the top of the wealth/ authority pyramid are in fact greatly constrained by the

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system they helped to build. They may have easier access to money and resources than most of us. Yet, there are a great number of invisible barriers for them to initiate change. They in fact have very little real power in creating or mainstreaming new paradigms or systems.

Many rich and high-status people may have wonderful and genuine intentions to create change in the world. Yet, their very own success in the current system often blinds them from even recognizing the value of new ways of life. Such new ways of life often seem trivial, naive, scary, or irrational to them. In other words, they don't really "get it". Even if some of them are capable of cognitively appreciating the new paradigm, the people who work for them may not get it or may have a hard time implementing it in the old system.

When the old machine is configured for the sole purpose of maximizing profit, for example, it almost doesn't matter how many patches and tweaks you add to it, its space for adopting new paradigms is highly limited. Here's an anecdotal note. Each year, at Burning Man (an iconic community event that embodies values such as radical inclusion and gift economy), countless millionaires or billionaires have deep, transformational experiences, vowing to create a new, more equitable world. And yet once they leave Burning Man, they are not able to bring the "culture" with them and replicate it in their own environment. The new culture is more like a foreign organism in a billionaire's mechanical empire. Money and authority can buy more machines produced in the old system, but they become powerless in cultivating an environment that is conducive for the new culture to organically grow.

So, who has more power in creating or mainstreaming new systems then? It's not the people at the top of the wealth/authority pyramid. It's you who are reading this paragraph right now. I'm not saying it lightly. You care enough about social change to read this far. You have much more power than you think.

Power comes in many forms.

1) Knowledge is power. You probably know more about new ways of life because you live further from the center of the old system. You get it! Not just intellectually. You live it. You embody it in everyday life. For instance, when your life is marginalized on a certain dimension, your very existence and life knowledge becomes a powerful challenge to the status quo. And you just being you is by default a robust counter-example to what the rich and "powerful" want others to believe.

2) Suffering can be turned into power. You have prob-

ably suffered enough being a cog in the machine and are brave enough to seek healing and ask deeper questions. The process of healing is a process of re-discovery and re-resourcing power. A type of innate power that comes from within. Until we experience burnout, trauma, or deep doubts for an extended period of time, most of us don't even know we have this power source right within us!

3) Surplus curiosity is power. You are interested in seeing and experiencing the world in new ways. Your curious sensitivity already gives you a head start in the expedition toward the new territory.

4) Surplus time and/or energy is power. Maybe you are out of a job right now. Maybe your lifestyle gives you extra flexibility. Maybe you are retired. Maybe you are a student who's bored with school. Maybe you just have some extra time on hand. Or maybe despite having a busy schedule, you are simply highly effective in using your energy and making time for things your heart yearns for. In today's world where many people are struggling with time or attention deficit and where the rich and high-status people are mostly tied in endless meetings (often to patch-up the flaws in the old system), you have an obvious power surplus at your disposal.

5) Strong intention for change is power. Maybe you feel stuck in a full-time job that mostly maintains the status quo. Maybe you feel too exhausted at the end of the day to put in any meaningful effort into the change you want to see in the world. The intention for change is a powerful spark. Don't let other voices drown it out. Keep attending to the spark with your awareness and compassion. Carry out tiny steps to keep the spark alive. (You may not think of such tiny steps as meaningful or impactful. But they are enough to keep your intention alive.) Once finding resonance with other similar intentions in the environment, the spark may ignite in unexpected ways and become an effortless fire that dismantles any barriers that get in its way.

6) Surplus wealth is power. Real power from money does not come from having a lot of it. Instead, real power comes from knowing when one has enough. Knowing that one's basic needs are covered is a tremendously powerful feeling. On top of it, having a little surplus of wealth to support meaningful endeavors that are bigger than oneself is indeed a power move that can shake the core of those who possess much more but never feel that they have enough. Almost no one knows right away when it is enough for them. If you are willing to examine deeply your own relationship with money and wealth, you'll find your surplus wealth along the way.

7) Ability in finding comfort in discomfort and in seeing the opportunity in the unexpected is power. Adopting new ways of life will almost by default cause discomfort and unpleasant surprises at the beginning. There are legitimate reasons why most people hang onto the old system: they want to avoid discomfort and seek psychological security. In this case, they have little power in supporting the new system. You, on the other hand, can channel your great power of adaptability and entrepreneurial spirit and help others in seeing the gifts in the new territory.

8) A good sense of humor amplifies the abundance of power! By now we can already envision people with various types of surplus power coming together to be the change they want to see in the world. Different types of power surplus complement and enrich each other. If we sprinkle a good dose of humor in the mix, the collective power will be amplified. Have you noticed that people at the center of the old system are often too serious, too attached to money and authority to crack a joke with? Humor often comes from the ability to laugh at our own attachments. Once we get too attached to something, we lose the power for seeing new possibilities. So, if you have a surplus of humor to share, your power will be highly treasured in the new territory. Life is short. Laugh a little. Life is short. Laugh a lot. Laugh together.

DATA MASTER: Steven Burdick



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Learning To Receive From Others In My Time Of Need

I'm a single mom, running my own business and just plain juggling a lot. Because I need to move to a better school district, I've decided that I'm going to sell my house. But before I do, I need to put in a new kitchen. I don't have much money. In this economy, who wants to put more money into their house than they have to, right? But I can't sell the house with the kitchen as is. It's pretty bad.

I posted something about my project on Facebook the other day, and got an unexpected response. One of my friends, who is a general contractor, told me that he was hurt that I didn't choose him to redo the kitchen (my brother-in-law is doing it for free). He understood completely, but asked me why I didn't ask him for his commercial discount at Home Depot, that he would very much like to help me in that way.

My brother-in-law, by the way, when asked how much he'd charge me, simply said, "You are my sister". And another friend is going to build me a custom cabinet (necessary to match the old cabinets in this house) for the price of a pre-fab cabinet in Lowe's so I'm saving money there too!

I am learning that you can rely on others. I've always been a giver, but I have not been very good at receiving. This week is showing me that there are people in the world I can rely on, who are here for me, just as I am there for them. And that feels really great!

DATA MASTER: Breanna McDowell



Claremore Nursing Home - Employee of the Month



Susan Grimmitt was unanimously elected by Resident Council as February honoree. She has been part of the Housekeeping Department for 5 1/2 years.

Born on the East Coast, Susan has been married but says, "Never again." Her 2 girls and 1 boy have given her 4 grandchildren.

Even though she is a private kind of person with most, Susan loves the residents and takes good care of them. Her favorite thing is talking with them and listening to their interesting stories.

"They may forget your name, but they will never forget how you made them feel."

Maya Angelou

If you would like to join, "Susan Grimmitt" as a Certified Nurse Aide, please apply in person. Now taking applications for Certified Nurse Aides both days and nights. Must pass a background check. New pay scale for CNA's.

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Bring Fall's Beauty Indoors With These 10 Autumn Leaf Crafts for Kids



Celebrate Autumn in all its glory with leaf crafts for kids!

We all like to create with the seasonal colors and images around us, and what better way to create this fall than with Autumn leaves?

Some of these leaf crafts use the leaves as is, straight off the tree or, more likely, the ground. (See numbers 2, 8, 9 and 10 below.) While others require leaves that are pressed and dried first.

So before we dive into this list of leaf crafts for kids, here are a few methods for preserving your leaves:

5 Ways to Preserve Fall Leaves for Crafting

- Press the leaves in a book or a flower press
- Add Mod Podge to keep your leaves shiny and colorful
- Use glycerin
- Use wax
- Try the microwave method

Okay, now that you have some leaves pressed or preserved, it's time to dive into this list of leaf crafts!

10 Autumn Leaf Crafts for Kids

These Autumn leaf crafts include leaf art, leaf garlands, leaf printing, leaf people, and more.

1. Leaf Drawing & Doodling

Draw on your leaves with metallic sharpies and create beautiful autumn leaf art!

2. Leaf Drawing Game

Or try this leaf drawing game using photocopies of leaves, Sharpies, and Simon Says drawing prompts.

3. Autumn Leaf Mandala

Design a colorful leaf mandala for your wall using your doodled autumn leaves!

4. Leaf garland

Try making some of these fall leaf garlands with your family.

5. Glitter leaves

Add some glitter to your autumn leaf art doodling and take it to the next level with these shimmering glitter leaves!

6. Autumn Leaf Rock Art

This project is easy to make and a beautiful autumn decoration! All you'll need is Mod Podge, smooth rocks, and some small autumn leaves.

7. Leaf Peepers

Googly eyes make everything fun and this leaf peeper craft is no exception!

8. Autumn suncatchers & stained glass windows

Bring the beauty of fall indoors and use your gathered fall leaves to make Autumn leaf suncatchers or stained glass windows.

9. Mixed Media Leaf Art

Print and paste small leaves on washi tape tree art in this mixed-media Autumn art project (or make mixed media autumn leaf art this way).

10. Leaf Casting

Try leaf casting with plaster of Paris to make 3-dimensional leaves.

How about you? What are your favorite Autumn leaf crafts for kids?

DATA MASTER: Nikki Hamilton

Feed Your Hungry Heart With Nurturing Connections

"Connection is why we're here, it is what gives purpose and meaning to our lives." -- Brene Brown



"It's a truism to say that it takes a village to raise a child. But in our modern culture, parents do the heavy lifting for society of raising the next generation of human beings, and they do it with very little social support. Even before the pandemic, individual families had to work overtime to cobble together resources and try to stay sane raising their children in the absence of a village.

So while I hope you're having lots of lovely connection time with your child, we all need warm relationships with other adults. Someone who will listen and commiserate, or simply talk with us about politics or parenting theory instead of legos and lollipops. When we don't get that connection, we may end up looking to our kids, and of course it isn't appropriate for children to take care of parents emotionally. I know you feel a fountain of love for your child, but you can't keep all that love flowing if you don't get some love yourself. Without warm contact with other adults, we end up with hungry hearts.

While it's true that meeting the needs of our children can take all of our time, there are ways to create the sustenance of adult connection in our daily lives. Yes, even during a pandemic. In fact, during this socially impoverished pandemic, the deepest healing comes from reconnection -- with our values, with nature, with spirit -- and with other people. Here's how."

1. Get your kids out of the house every day.

I know it's a pandemic, but the job description of young children is to explore and take things apart to see how they work. If you stay home with them, they'll tear your house apart. Be sure to get out daily. Bring bubbles, balls, chalk, shovels -- whatever you can use at a nearby park to keep kids moving and breathing in the fresh air. The connection part? Call a friend! Or listen to an inspiring podcast or book while supervising your kids.

2. Take a daily "distanced" walk with a friend or your partner,

carrying little ones in a sling, pushing strollers, or let-

ting kids kick a ball along the way. Agree in advance to make this quality time by setting aside ten minutes for each of you to really listen to each other without taking anything that's said personally, or trying to solve anything. Just keep breathing deeply to "be" with your loved one, whatever he or she is saying, and say "I hear you."

3. Start a pod.

Do you have friends nearby who you love, and all the kids mostly get along? Have some preliminary meetings on zoom to confirm that your families are in sync about health and safety practices, how to handle discipline issues, etc. Then, trade child-minding time with each other so each of you gets time off each week. Don't fritter away all the time you gain on work; use it to connect with your partner or do something that nourishes your soul. Or -- here's a radical idea -- take a nap! Finally, share some meals. Cooking and clean up are much more fun with other adults, and you'll get some lovely connection time with each other while the children play.

4. Let more love in.

Life is too short for you to be stressing over a bad relationship. If the pandemic has put a strain on your relationship with your partner, or exposed some fault lines, make working things out a priority. While it's true that some relationships are entrenched in patterns of negativity that are hard to break, it's also true that we take our baggage with us to the next partner, so it is always worth working on a relationship. Schedule an appointment for couples counseling on Zoom, or get your hands on my audio series **Happily Ever After: Conscious Co-Parenting**.

5. Find a "listening partner."

This idea, pioneered by the folks at HandinHand Parenting.org, is that you make a standing date to connect, usually by phone, with another parent. This gives you a safe place and a nonjudgmental, non-problem-solving partner so you can take turns exploring your issues with your child and releasing your own emotions. It's fine to "vent" but make sure to pause and welcome the tears and fears that are lurking behind the anger. Once you feel those more vulnerable emotions, they evaporate -- and so does the anger.

6. Join an online forum

like the one that's part of my Peaceful Parent, Happy Kids Online Course. Getting support from other parents who aspire to conscious parenting can make all the difference in the world in how connected and supported you feel.

7. Get some time by yourself.

If you have a partner, trade off time so each of you has some time without being "on" for the kids. If you don't have a partner, find a friend or relative with whom you

can trade times. Don't fritter away that time on social media; do something that replenishes you. Go for a run. Listen to a guided meditation. Water your garden. Play your guitar. You aren't connecting with other adults who support you, but you are reducing the incoming demands, and you're connecting with the greatest support there is -- the limitless support that you can only access through your own heart.

8. Prioritize love.

Every day, make sure that you have a juicy connection with another adult. Call a friend or sibling while you're doing housework. Set up a quarantini with an old friend. Write a letter of gratitude to someone who mentored you. Be sure your romantic partner knows how much love and appreciation you feel for them.

Anything that nurtures you and keeps your heart open gives you more love to share. As four wise men once said, "The love you take is equal to the love you make ... All you (really) need is love."

DATA MASTER: Steven Burdick

Older People Have Become Younger: Study Finds Functional Ability Of Seniors Has Improved

A study conducted at the Faculty of Sport and Health Sciences at the University of Jyväskylä, Finland, found that the functional ability of older people is nowadays better when it is compared to that of people at the same age three decades ago.

The study compared the physical and cognitive performance of people between the ages of 75 and 80 with that of the same-aged people in the 1990s.



Among men and women between the ages of 75 and 80, muscle strength, walking speed, reaction speed, verbal fluency, reasoning and working memory are significantly better than they were in people at the same age born earlier.

"Higher physical activity and increased body size explained the better walking speed and muscle strength among the later-born cohort," says doctoral student Kai-

sa Koivunen, "whereas the most important underlying factor behind the cohort differences in cognitive performance was longer education."

"The cohort of 75- and 80-year-olds born later has grown up and lived in a different world than did their counterparts born three decades ago," added researcher Matti Munukka. "There have been many favourable changes. These include better nutrition and hygiene, improvements in health care and the school system, better accessibility to education and improved working life."

The results suggest that increased life expectancy is accompanied by an increased number of years lived with good functional ability in later life.

The observation can be explained by slower rate-of-change with increasing age, a higher lifetime maximum in physical performance, or a combination of the two.

DATA MASTER: Doug WM Stone

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What I Learned from Isolation

Make more and more friends. Never bring ego into your relationship.

Love and compassion are the most valuable things on the earth. We all should try to get and give as much as we can.

Dear friends, life can take any turn at any time or movement. It is unpredictable and unstoppable. We can't measure it. We just need to go with it. One more truth about life is; we can't spend it alone. On so many occasions, we need people, family, friends and community to live the journey of life. And especially in our struggles, we need them more.

On March 16, 2020 my left leg was injured. At that time, I thought it was a simple injury, but a medical doctor later declared it a serious fracture and that I would have to be in bed for three months. It was shocking for me. I never spent more than 8 hours in bed.

I am a full time social worker and have many projects that require my active involvement.(<https://www.youtube.com/watch?v=rwaWbM3g8rI>) I hardly had time to visit my home, but my fractured leg, along with CoVid19 stopped all things. I had to stay at home for a long time. It was bad and also good. It stopped all my work, but it also gave me an opportunity to spend time with myself and with my family.

I was depressed and worried. How would I spend three months in bed? Who will care for me? Early in my injury and prior to my operation, one of my friends offered his room in a rented house. I am grateful for his kind support. He did all things for me. I didn't have any other options.

I realized in my mind and decided to be positive and change my lifestyle according to the situation. It was not so simple or easy. I needed to be more focused and calm. I began to practice meditation, read books, compose more poems and talked with friends. While in my isolation, I helped people obtain food and other essential things.

There were so many ups and downs in my confidence. So many times negative thoughts bothered me. I felt very depressed, but each time I got support from my family and friends. During this tough period, lots of good things also happened to me. I spent so much time with myself, that I had plenty of opportunity to read some good books and enhance my self esteem, while receiving good care from my friends and family.

After the operation on my leg, I realized I needed additional care, so I had to stay at Kindness Home, near my family. It was a very good experience to live there and discover firsthand what it means to be in need of such a healing space as Kindness Home.

I never thought that I would need the Kindness Home to stay. I had developed it for people in need.<https://kindwings.wordpress.com/come-stay-with-us/> Excerpt from pamphlet: "Kindness Home, in Kanpur, India is a safe and secure home for people who want to visit India and enjoy a more authentic experience. You will live a natural life, free from much tech and internet overload, while experiencing our welcoming culture and traditional Indian life."

Some of the Mini Library/Kind Wings boys helped me too much.<https://kindwings.wordpress.com/> They lived with me and cared for me as family. They are so kind and helpful. I love them so much. I am also very thankful to my family for their unconditional love and care. That helped me a lot in recovering and healing. Thank you so much. I am also very thankful to my entire Kindspring friends (<https://www.kindspring.org/>)for their continuous prayers and good wishes for my fast recovery.



I developed a Healing Garden at the Kindness Home during my recuperation. Planting flowers and various plants helped me heal. It was calming to water them, care for them and watch them grow. The garden helped heal me. As I nurtured the garden, I was nurtured.

Slowly, slowly time has passed and my leg has recovered. I started again to walk and do my work. I am fully recovered from my injury. I am feeling very calm and relaxed.

At the time of struggle and especially in tough situations, we feel the need of someone who can spend time with us and care for us. Their kind presence gives us so much strength and support, but it is also true that these people we can't buy or hire from the market or any other place.

**To share your story with us contact:
Zia Partovi at 918-244-0457 or 918-789-2862 or email him at
links@links.community-options.net**

They just meet in our heart and in our family/ friends. They never come for money or pride. They just need our love and friendship.

I hope that I will be able to help all of you when you are in need...

DATA MASTER: Breanna McDowell

Global warming 'could kill most coral reefs by 2100'

[SYDNEY] An Australian scientist has identified global warming as the most likely culprit for last year's widespread coral bleaching, and predicts that similar events are likely to occur annually in most tropical oceans within 30–50 years. The warning came this week from Ove Hoegh-Guldberg of the University of Sydney, who has studied for the past 15 years how the normally brilliant colours of coral turn white. He predicts that coral reefs "could be eliminated from most areas by 2100". The potential impact on economic activity on reefs, especially fishing and tourism, is substantial. There are also implications for policies to curb global warming. The prediction is likely to have particular impact in Australia, where the government remains sceptical of a link between increasing temperatures and environmental degradation. Corals obtain foods through the algae that live symbiotically within them. Bleaching occurs when the algae are expelled owing to damage by light at higher than normal temperatures, leaving stark, white skeletons. Hoegh-Guldberg and Sandra Ward of the University of Sydney, and Peter Harrison of Southern Cross University, obtained results from six tanks placed on Australia's Great Barrier Reef. Corals were studied as the temperature of the seawater was artificially increased. Once above the ambient 26–28 °C, there was a 10 per cent decrease in the rate of fertilization. At 32 °C, the rate of reproduction dropped dramatically to 40 per cent, and at 34 °C there was almost none. Other evidence linking warming with bleaching came from satellite measurements of the temperature of the sea surface, gathered by the US National Oceanographic and Atmospheric Administration. During last year, the worst on record for bleaching, wher98 NATURE|VOL 400 | 8 JULY 1999 |www.nature.com ever the temperature was only one degree above ambient, mass death of corals occurred. Now, in what is claimed to be the first application of computer models to coral reef research, Hoegh-Guldberg has projected how the climate will change in regions where corals grow. He claims to have shown that, unless global warming is arrested, coral bleaching will occur more frequently, and more intensely, until by 2030 it will appear every year. Every coral reef examined showed the same drastic trend,

with consistency between the major oceans, although the rate of bleaching onset differs. Caribbean and South-east Asian reefs would be hit first with annual bleaching by 2020, whereas central Pacific reefs would not be affected for another two decades, it is predicted. The Great Barrier Reef sits between the two extremes, with annual bleaching being predicted by 2030. "The rapidity and extent of the changes, if realized, spell catastrophe for tropical marine ecosystems everywhere, and suggest that unrestrained warming cannot occur without the complete loss of coral reefs on a global scale," says Hoegh-Guldberg. The study was accepted last week for publication in the Australian journal, Marine and Freshwater Research. The research was financed by the environmental organization Greenpeace. Some remain sceptical about the predicted frequency of coral bleaching events on the Great Barrier Reef. "To conclude that coral bleaching is due to global warming is very speculative and highly uncertain at this stage," says Malcolm McCulloch, an Earth scientist at the Australian National University. But Terry Done, of the Australian Institute of Marine Research, describes the report as "quite credible"

DATA MASTER: Nikki Hamilton

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Zia Partovi at 918-244-0457 or 918-789-2862 or email him at links@links.community-options.net

Monkey Steals Man's Phone And Takes A Bunch Of Photos

A man in Malaysia had his phone stolen but the thief left incriminating evidence in the device's camera roll.

Zackrydz Rodzi said he woke up on Saturday morning and realized his smartphone was

missing. His father called his phone and that's when Zackrydz heard ringing "from the jungle a few steps beyond the back garden".

He opened up the gallery "and boom, it's full of monkey photos," he said.

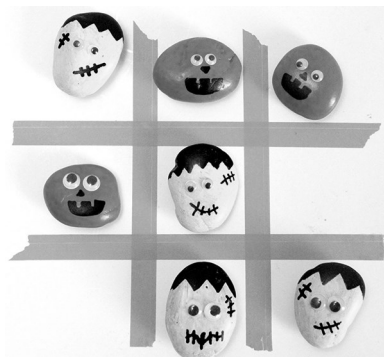
Though it's unclear how the monkey got inside the house, Zackrydz believes it entered through his brother's open bedroom window.

He posted a video of the camera roll surprise to Twitter, where it has been viewed more than 260,000 times.

"Something that you might see once in a century," he captioned the video.



Spooky Tic Tac Toe Game with Halloween Painted Rocks



<https://www.smashedpeasandcarrots.com>

Oh my goodness, I cannot believe Halloween will be here in 6 weeks, say whaaa? So to get our home more in the Halloween swing of things I decided we should do a little Halloween crafting cause what gets you more in the mood for trick or treating and all things Halloween then making fun crafts to have around the house. Enter: Spooky Tic Tac Toe with Halloween Painted Rocks!

As part of the Elmer's Crafty Mamas Crew, I wanted to share a project with their "Let's Bond" theme in mind so I thought it would be fun to use the Elmer's Painters to decorate rocks with my littles as different Halloween characters to be used as Tic Tac Toe pieces in a fun Spooky version of a Tic Tac Toe game! My kids loved making these, they were a huge hit not only to make but to play with too. Plus they were the perfect after school craft ready to play with in just about an hours time.

Here's what you'll need to make your own Spooky Tic Tac Toe game! Smooth rocks (I found a bag of similar-sized ones at my local craft store but you could also search outside too) Elmer's Painters in Orange, White, and Black, and Fluorescent Green Elmer's School Glue or Glue Sticks Googly Eyes in various sizes.

First thing you will do is add a nice layer of paint to the tops and sides of each rock. We didn't paint the underside/bottom because we were placing googly eyes on top so we didn't really need to see the bottoms. Let this layer dry for 5-10 minutes and then add one to two more coats to get the vibrant color you like best. We did two coats for all colors except for white we used three coats.

Once your base layer is dry you can go ahead and add

DATA MASTER: Doug WM Stone

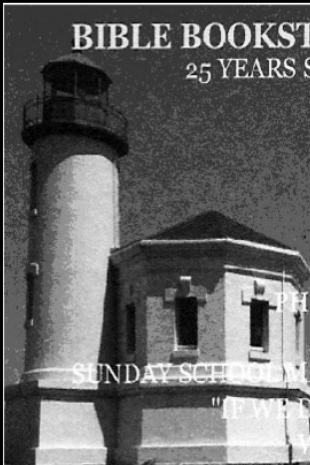


your faces! The first thing we did was glue on the googly eyes so we knew how much room we would have to create the rest of the faces. Then we painted the orange rocks like pumpkins, adding a black triangle nose and pumpkin-y mouth to each one. The green rocks were painted to look like Frankenstein. We added black hair, a stitched mouth, and stitches to the side of his face. And the white rocks were made into ghosts using the black Painters to make scary mouths.

Then we placed a few strips of washi tape onto a table and were all set for a few rounds of Spooky Tic Tac Toe!!

This was seriously such a fun craft to do with my littles and now we have the perfectly spooky set of rocks for whenever the Tic Tac Toe bug hits us. And as a pretty sweet bonus, they make the cutest Halloween decorations too. I think every holiday needs their very own version of Painted Rock Tic Tac Toe, don't you?

DATA MASTER: Nikki Hamilton



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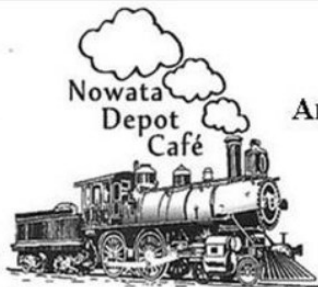
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Electrician Arrives To Fix Elderly Woman's Ceiling Light, Then Helps Fix Her Entire Home -- For Free

An electrician in Woburn, Massachusetts who was called upon to fix an elderly woman's ceiling light has now raised more than \$100,000 for much-needed repairs to her entire home.

Last month, Gloria Scott, 72, called John Kinney to fix a ceiling light, but he soon discovered that the broken light was the least of her problems.



"Last week, I met a nice old woman that lives all alone in Woburn. She has no internet or cell phone. When sparks started shooting out of her light fixture, she went to a neighbor, and they gave her my number. When I arrived at her house I discovered that the electrical was in very bad shape. Half her lights were out, she had no stove, and her refrigerator was plugged into an extension cord. I fixed her immediate electrical hazards and got her lights and air conditioning on. When all the lights came on, I saw that her ceilings were falling apart, her kitchen sink was broken, and that the place was filthy. She told me that critters often got in the house. The outside was no better. Gutters were falling down and it was surrounded by a jungle. She has no family, and money is tight."

Kinney returned to her home and started working for free. He also started a Facebook page titled "Nice old lady needs help" where he called on other tradespeople to join him.

They've been at it about a month now, putting in all new electrical, all new plumbing, new windows and walls and ceilings. Almost everything is getting replaced, from the back yard lawn to the front porch steps.

The whole town of Woburn is pitching in. People without specific trade skills are showing up with shovels and rakes, sending gift baskets and purchasing meals for the volunteers.

So far, Kinney has raised more than \$100,000 to help pay for materials. Over 2,000 people have donated to

the good cause.

"I can't even comprehend the gratitude that I have," Gloria said.

Kinney is equally speechless.

"It's just — there's no words for it, you know," he said.

Kinney has since launched a Facebook group named "Gloria's Gladiators". It consists of professional tradesmen and volunteers that can be called upon to help out any elderly person in need.

He said he would like to see chapters of Gloria's Gladiators across the country helping seniors in similar circumstances.



Arizona Woman Drops Off Surprise Gift To Louisiana Man Whose Home Was Hit By Hurricane

A South Louisiana man is feeling grateful after receiving an unexpected act of kindness from a stranger.

The elderly man, who wishes to remain anonymous, lives in Lake Charles which was hit hard by Hurricane Laura.

Making do in his hurricane-ravaged home with no electricity or running water, the man was hauling storm debris to the street when an SUV stopped in front of his home.

A woman hopped out and exchanged pleasantries with him. She was originally from this area, she told him, but now resides in Arizona.

As she left, she wished the man well and handed him an envelope.

Inside the envelope was a greeting card with a \$50 bill inside and a hand-written note that read: "A little something from friends in Arizona. God bless you!"

"The bad thing is I didn't even get her name and there was no return address on the envelope. I can't even tell her thank you," he said.

The man says he plans to use the money to repair his water well pump damaged by the storm.

DATA MASTER: Doug WM Stone

Up-coming Events

TOPS #570 We meet 9am to 11am Monday morning at Mt. Olive Lutheran Church in Miami 2337 N. Main St. "Taking off pounds sensibly!"

TOPS #567 meet every Thursday at 10am 433 N Mississippi in Nowata.

TOPS #506 in Miami Heavenly Winds Worship Center meet every 6pm Thursday evening. For more info call Susan Walls at 918-540-0570

Every 4th Saturday of the month Veteran's Support Group: Veterans for Veterans. Have you served in the military? Are you struggling with readjustment? Anxious about the future? Struggling to connect with friends and family? Struggling with school? WE CAN HELP! Free veterans support group at 10am every 4th Saturday of the month. The Landing 502 West Corner Fairland, Ok. For more information call Larry Boyd (918) 541-7592 or Cindy (918) 676-3228.

Food Truck Wednesdays —Every Wednesday, grab some tasty eats and gather on the grounds of Guthrie Green. During Food Truck Wednesdays, lunchtime transforms into a community-wide affair, with roaming food trucks posting up at this Tulsa park. While you dine on delicious food, be sure to enjoy the live music and fresh air. Guthrie Green 111 E Brady St Tulsa, OK 74103 Phone: 918-574-2421

Big Cabin Senior Exercise Program—Fitness program for seniors held at the Big Cabin Baptist Church gym three times a week, Monday, Wednesday and Friday, from 10 to 11 a.m.

American Legion Post 178 in Grove, OK – Bingo every Saturday evening at 6pm. Family atmosphere. Contact Lee Cathy for any questions at: 901-487-9060

PRYOR DANCE—Every 1st. and 3rd. Thursday of the month. 6:15 pm—9 pm—Cost is \$5.00 per person, Double H Band will be playing. Cookies and Coffee will be serving. It's for seniors but all ages are welcome. Mayes County Nutrition Center 851 SE 9th Pryor (just east of 9th and Elliott intersection)

Sept 22st to Nov. 7th Pumpkin Festival at Shepherd's Cross - Celebrate fall with pumpkins, hayrides, and harvest educational activities at Shepherd's Cross, an authentic working farm in Claremore. Come out and select a pumpkin from truckloads available in all shapes and sizes at the Pumpkin Festival at Shepherd's Cross. Guest can also take home straw bales and corn stalks for fall decorating. Phone: 918-342-5911 Shepherd's Cross, 16792 E. 450 Rd, Claremore, OK. 74017.

SUDOKU PUZZLES

Fill in the grid with digits in such a manner that every row, every column and every 3X3 box accommodates the digits 1-9, without repeating any.

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Hardship level: Moderate

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Oct. 1st to Oct. 31st ZooRun (Virtual) - Whether you're a strolling like tortoise or a racing like a hare, there is a course for you at the 2020 ZooRun. This year's event is held completely virtual, which will allow runners the chance to complete the run at their own pace throughout the entire month of October. With 5k, 10k, and a 1 Mile Fun Run, there is a race and pace for everyone. Phone: 918-669-6600 Virtual in Tulsa, OK. 74115

Oct. 2st to Oct. 31st Psycho Path Haunted Attraction - Travel to Sperry for the Psycho Path Haunted Attraction and prepare to be terrified. Enter woods shrouded by fog and venture deep into the darkness where ghoulish creatures are waiting behind every twist and turn. Psycho Path offers visitors Hollywood-caliber scenes and over 40 acres of wooded terror. Phone: 918- 288-7685 1517 E. 106th St. N, Sperry, OK. 74070

Oct. 2st to Oct. 31st Haunted Castle Halloween Festival - The Castle of Muskogee is Oklahoma's Largest Haunted Attraction with over 62 acres of spine chilling thrills and incitement. Come celebrate more than 20 years of thrills with a combination of indoor and outdoor attractions with activities, vendors, games, shows, rides, shops, food and fun for all ages. Not too Scary to Totally Scary. Phone: 918-687-3625 The Castle of Muskogee, 3400 W. Fern Mtn. Rd., Muskogee, OK. 74401.

Oct 8th to 11th, 2020 Pelican Festival - This annual event celebrates the fall migration of the American White Pelicans that return to the waters of Northeast Oklahoma's beautiful Grand Lake O' the Cherokees. Activities as this year's Pelican Festival will include a parade, arts, crafts, and food vendors. Phone 918-786-2289 Wolf Creek Park, 963 N. 16th St., Grove, OK. 74344.

Oct 9th Tulsa Opera Present at the OneOk Field - Rigoletto, Join the Tulsa Opera at the ONEOK Field for a unique opening to the 2020-2021 season with the production of "Rigoletto." This performance will be outdoors in a semi-staged, baseball-themed production directed by James Robinson at local baseball stadium ONEOK Field. Phone 918-582-3133 ONEOK Field, 201 N. Elgin Ave., Tulsa, OK. 74120.

Oct. 10th, 2020 Chouteau Day Celebration & Parade - Make your way to downtown Salina for the annual Chouteau Day Celebration & Parade. This event commemorates the founding of Salina, Oklahoma's Oldest permanent settlement founded by Major Jean Pierre Chouteau on Oct. 10th, 1796. Phone: 918-434-8181 Downtown Salina, W. Ferry St, Salina, OK. 74365.

Oct. 10th, 2020 Run the Streets Woolaroc 8K Race - Join the fun at Run the Streets Woolaroc, an 8k race that takes participants through gorgeous scenery and free-roaming animals. Lace up your tennis shoes and join in or a run or walk alongside buffalo and deer at Woolaroc in Bartlesville. Phone: 918-440-1406 1925 Woolaroc

Ranch Rd, Bartlesville, OK. 74003.

Oct. 17th to 18th, 2020 Catoosa Art Show & Cultural Festival - The Catoosa Art Show & Cultural Festival is a 2 Day celebration of the art, history and culture of the Catoosa area. Catoosa is a Cherokee name meaning "unto to hills." The art show will be a large indoor and outdoor affair featuring internationally renowned Native artists. Phone: 918-277-2278 1801 N. Hwy 66, Catoosa, OK. 74015.

Oct 17th, 2020 Battle For the Blacktop Street Race - Love Street Racing? Gather your crew and head to Okie Raceway Park in Muskogee for some exciting drag racing action this October. With Big Tire, Small Tire, True Street and Daily Driver classes, the 1/8 Mile blacktop on the old army airfield will be filled with driver vying for the prize money during Battle on the Blacktop. Phone: 918-684-6305 Okie Raceway Park, 640 S. 40th St. Muskogee, OK. 74401.

DATA MASTER: Nikki Hamilton

Do You have an event that you would like to share ?

Community Links of Chelsea

1100 Walnut/PO Box 85

Chelsea, OK. 74016

Ph: 918-789-2862

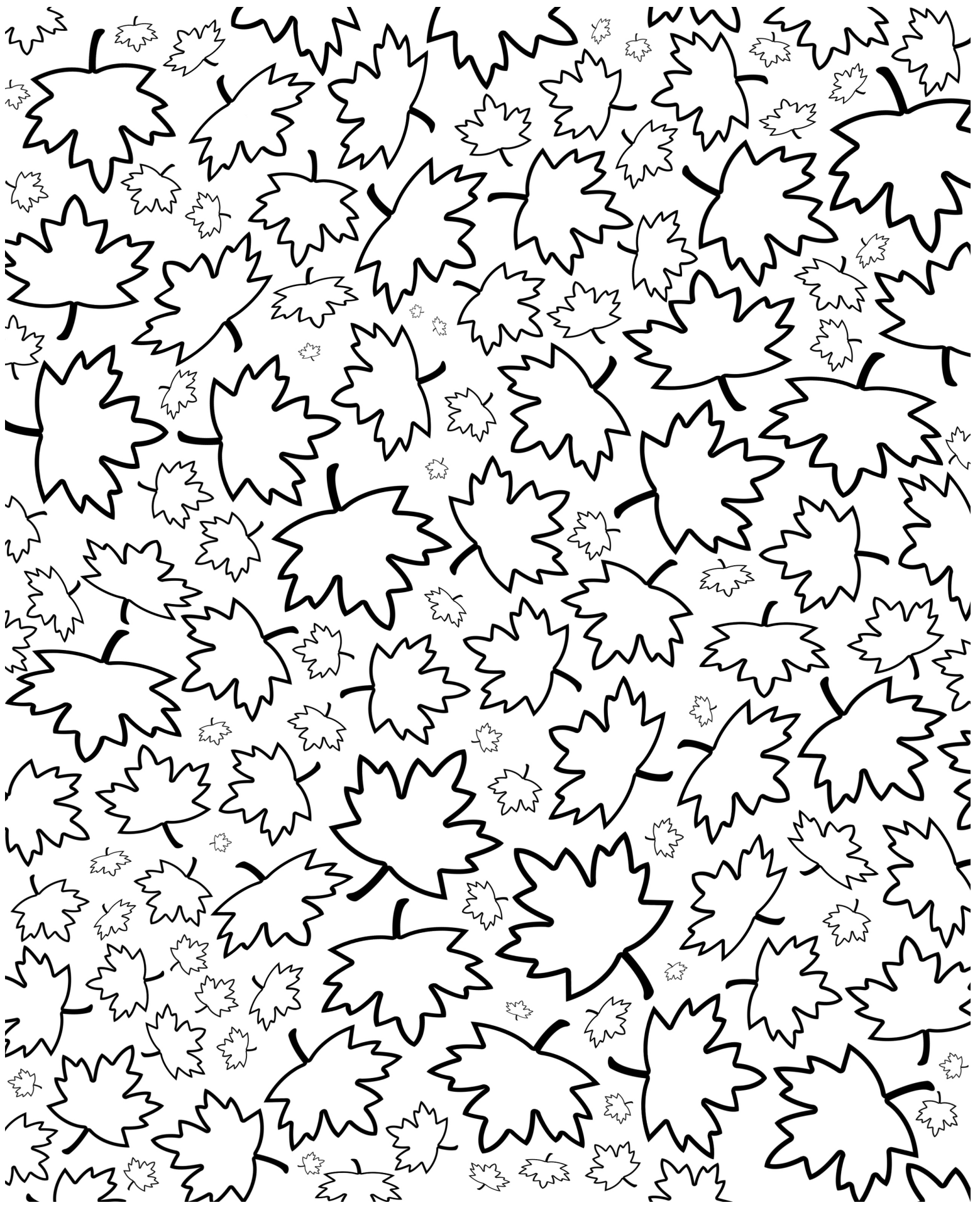
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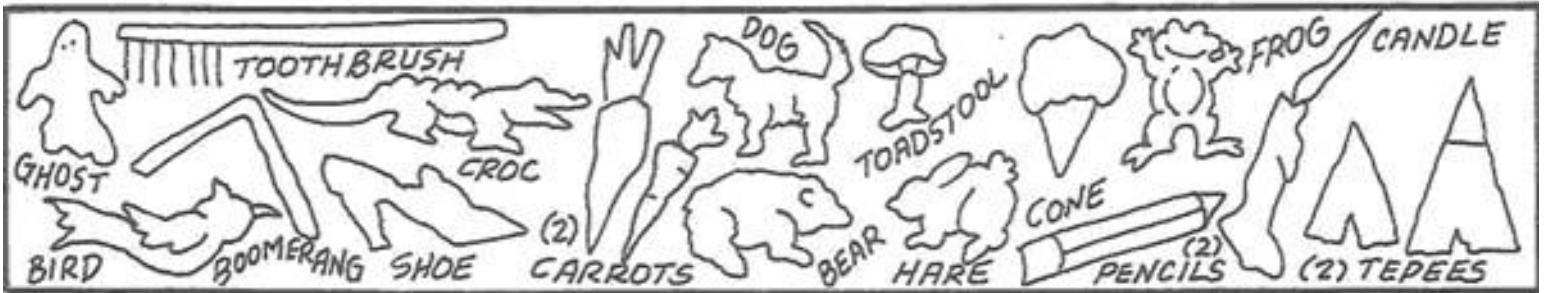
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Getting to know the Lutherans

WHAT A WAY TO GO

“I have fought the good fight. I have finished the race, I have kept the faith” – 2 Tim. 4:7

Paul shares with Timothy his deep and sincere conviction that in his mission for Christ and the Gospel, he has given all he has to give. Whatever was thrown his way – shipwreck, beatings, ostracism, imprisonment – he gave his best. The source of Paul’s deep loyalty was his faith in Jesus Christ, as Lord and Savior. Responding to Christ’s call to “Follow me,” meant running well and faithfully.

As a follower of Christ, we are called to accept the challenge to fight the good fight, to run the race, to keep the faith. We are faithful to Christ’s call to follow him when we trust the promises of God given to us in Christ Jesus, our Lord and Savior. He gives his abundant grace and love, peace and forgiveness.

God can make the best into something better. With the presence of his Holy Spirit, our faith is nourished. Our lives are encouraged to continue to live under his guidance and blessing. We can stay the course because of the faithfulness of God’s promises. He will enable us to rise above the pains of this life and bring each of us “safely to his heavenly kingdom.” What a way to live – what a way to go.

DATA MASTER: Doug WM Stone

<p>Messiah Lutheran Church 460 N. Wilson, Vinita, OK. Sunday School and Bible Class 9:00 a.m. Worship 10:00 a.m. 918-256-3223 Email: messiahvinita@aol.com</p>	<p>St. Paul Lutheran Church Washington and Pine, Fairland, OK. Sunday School and Bible Class 9:15 a.m. Worship 10:30 a.m. 918-676-3059 Email: stpaulluthch@aol.com</p>
<p>Bethlehem Lutheran Church 6911 West 380 Road, Adair, OK 74330 Worship 9:00 a.m. 918-785-2994 Sunday School and Bible Class 10:15 a.m.</p>	<p>Immanuel Lutheran Church 706 Rockwood Drive, Grove, OK. Worship 9:30 a.m. 918-786-4585 Website: www.lutheransonline.com/lo/Groveok</p>
<p>Mt. Olive Lutheran Church 2337 North Main, Miami, OK 74354 Worship 2:00 p.m. (918) 542-4681 Sunday School and Bible Class 3:00 p.m. Email: mtolive@cablone.net</p>	<p>Redeemer Lutheran Church 220 N. Seminole, Claremore, OK. Sunday School and Bible Class 9:00 a.m. Worship 10:30 a.m. 918-341-1429 Email: rluther@sbcglobal.net – Website www.rlccok.org</p>

*Guests are always welcome.
See you Sunday at worship.*

Crossword #MH897QW4

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Down

- Russian legislature
- "Love ___ leave it"
- Ged or Gandalf
- California's Mount ___
- Israeli submachine gun
- Yesteryear
- Sore spot
- Dim sum bit
- Kodak's creator
- Ancient Egy. mother goddess
- Two-kind link
- Cartoon chihuahua
- Hearty laugh sound
- Baker's need
- "___-Man Fever"
- Eat like a rodent
- "Take ___ a sign"
- Rock fungus
- Defense acronym
- Colon cleanser
- Gets on
- Suffix for idol or final
- False move
- Terrorist bin Laden
- Guadalajara women
- London district
- Computer display type (abbr.)
- Minute Maid drinks
- Armenian capital
- Jousts
- VH1 alternative
- "___ Down to Sleep" (Sophie B. Hawkins hit)
- "I understand, sir!"
- ___ Puente, the Mambo King
- Doesn't care ___
- Trailer park resident, for short
- Fam. tree folks
- ___ Stanley Gardner of mysteries
- One of us
- Tablet purchase
- Anesthesia drug (abbr.)
- First word of Montana's motto
- DDT banner

Across

- Lowers, as lights
- Make it ___ you go
- Atlanta campus
- Zion National Park state
- Braff of "Garden State"
- Pot-___ (French dish)
- "Black Hawk Down" setting
- Bombed badly
- "You ___ Beautiful"
- What daring ones may do to fate
- Harbor boat
- Creator of Pooh and Piglet
- Blow-up
- Meter opening
- Initiate, in a way
- Iridescent shell layer
- Chef lead-in
- Consider carefully
- Deception
- Tick off
- Night, in N'mes
- Child expert LeShan
- Archimedes was one
- Classifies
- Sneaky
- Role for Madonna
- ___ Haute, Indiana
- Comedian Smirnoff
- Candy with a hole
- "Don Giovanni," for example
- Leave ___ (reward the waiter)
- Holler
- Pulitzer winner ___ Sinclair
- Discipline with poses
- Gaelic

Solution is printed in page 37

Word Search Puzzle

Places to see Fall Colors

J V U E M P U M V A I P P K S L W F D F K G N H
T I W R K D M F P F X A M A T L U R N F F R C B D
A R L A H X M G R I J N C H T C X A A Y O C C O A
I T P V J P J S M M Q Y M B E A M N L W Y F K I
N P Y X V C E R S W S R L A S P O K Y S W K Y G
A K V R T P Q L Y J H I T V U E X L R A E J N R
V D R B Q K R P T Q M U I Z H M G I A S N G O O
L R P O F W S H U M V N J V C A H N M N S H G E
Y K P E Y C U F S S S U R X A Y H T E A N U E G
S Y E S T W N G N K T D J B S S N S E R K I N R S
N B N I F N E C V I D A C N S E A N O R A T O L
N O A H V L O N N H V A K W A W Z N H A T I R L
E J C R K B J M D C H H Y F M J T E S T N N E A
P N D I H R I T R N Z M L B X E S S N S U G V F
S I P N X A Y M G E A Y F U O R N S R E O T I A
O P S K W E R A E L V L V M N S U E E R M O R L
N V S B T P M B K O E S M E E C E T O L N A O
O B E X J A N W O Z P C W I L Y C T S F L N I L
C J P R B W C N E R G B U O N V H S A K I E B A
O A K N M R H Y M N M Y D G T E V G E R K W M C
P M U Q A M P Y B Y S A O X G S T U O A S Y U I
E Q C Y J F K K C D T O I K Q V N A F Z T O L M
H U Y B R S Y Y L R T K A N D S X N T O A R O A
T O I D C V W X T U H C I T E T O L S S C K C N

Cape May New Jersey Staten Island New York Franklin Tennessee Amicalola Falls Georgia
Taos New Mexico The Poconos Pennsylvania Lenox Massachusetts Eastern Shore Maryland
Columbia River Oregon Stowe Vermont Huntington New York catskill mountains New York
Ozark Forest Arkansas Bar Harbor Maine

CryptoQuote Puzzles

Title: Hope and Optimism From: Vaclav Havel

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
Z																									

G P A C V X U C H V W V K C R O W P K K G C
A **A** .
 X Z F C K G V W I Z X P A K V F V X F V K X
 W P K K G C D P W J V D K V P W K G Z K X P F C
 K G V W I B V R R K Y E W P Y K B C R R
A **A**
 L Y K K G C D C E K Z V W R O K G Z K X P F C K G V
A **A**
 W I F Z M C X X C W X C E C I Z E U R C X X
 P H G P B V K K Y E W X P Y K G P A C V X
 U V X K V W D K P A K V F V X F L O L C V W I
A
 Z W C F P K V P W E C A E C X C W K V W I F P E C
A
 V F A P E K Z W K L Y K R C X X R V M C R O
A **A**
 P Y K D P F C X Z W U L O Z H H P E U V W I
A
 R C X X A C E X P W Z R D P W K E P R B G C W
A **A**
 A C P A R C U P G Z J C Z G V I G U C I E C C
A
 P H D P W K E P R K G C O F Z O W P R P W I C E
 W C C U K P L C N Y X K G P A C H Y R L Y K
A **A**
 D Z W L C P A K V F V X K V D L C D Z Y X C
A **A** **A** .
 K G C P Y K D P F C V X W P B Z K K Z V W Z L R C

Test Your Knowledge of English Idioms and Proverbs

Idioms

1. By the skin of your teeth
 - A. Hardly making it
 - B. Slightly making it
 - C. Just making it
 - D. Just barely making it
2. Caught between a rock and a hard place
 - A. Making a alternative
 - B. Making a choice between two unpleasant choices
 - C. Making an option
 - D. Making a preference
3. Giving the benefit of the doubt
 - A. Accept
 - B. Trust
 - C. Believing someone's story without proof even though it may seem unbelievable
 - D. Swallow



Proverbs

1. A stitch in time saves nine
 - A. Opportune
 - B. A stitch in time is a timely effort
 - C. Seasonable
 - D. Well- timed
2. A thing of beauty is a joy forever
 - A. The experience of beauty is blissful
 - B. Delighted
 - C. Satisfied
 - D. Tickled
3. All work no play makes jack a dull boy
 - A. The idea that working constantly
 - B. Repeatedly
 - C. Continually
 - D. Hourly



Math Problems

1) $926 - 658 =$

2) $835 - 368 =$

3) $956 - 598 =$

4) $923 - 567 =$

5) $753 - 378 =$

6) $823 - 386 =$

7) $925 - 568 =$

8) $953 - 368 =$

9) $763 - 398 =$

10) $932 - 778 =$

11) $678 - 593 =$

12) $836 - 567 =$

By Breanna McDowell Answers on page 33

Idioms and Proverbs

Answers

Idioms

1. D
2. B
3. C

Proverbs

1. B
2. A
3. A

By Breanna McDowell

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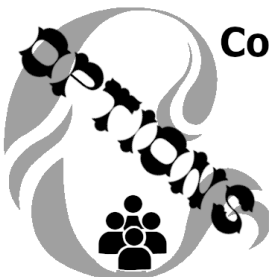
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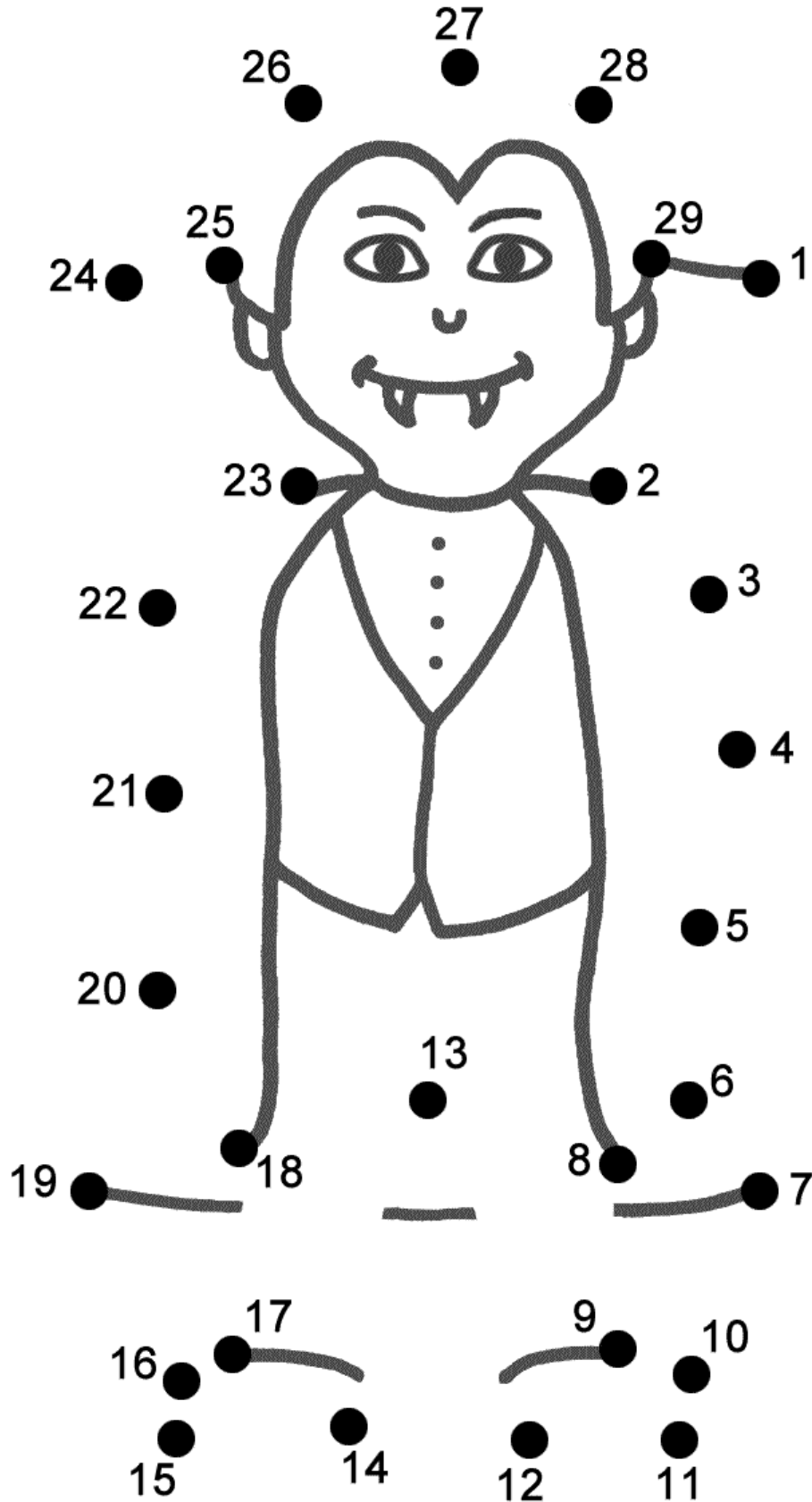
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Dot To Dot Picture Puzzle (Connect dots to complete the picture)



DATA MASTER: Doug WM Stone



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Answers to Math Problems

1. 268

2. 467

3. 358

4. 356

5. 375

6. 437

7. 357

8. 585

9. 365

10. 154

11. 85

12. 269

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CryptoQuote Puzzles Solution

Title: Hope and Optimism **From:** Vaclav Havel

Hope is definitely not the same thing as optimism. It's not the conviction that some thing will turn out well, but the certainty that something makes sense, regardless of how it turns out. Hope is distinct optimism by being an emotion, representing more important but less likely outcomes, and by affording less personal control when people do have a high degree of control, they may no longer need to be just hopeful but can be optimistic because the outcome is now attainable.

By Breanna McDowell

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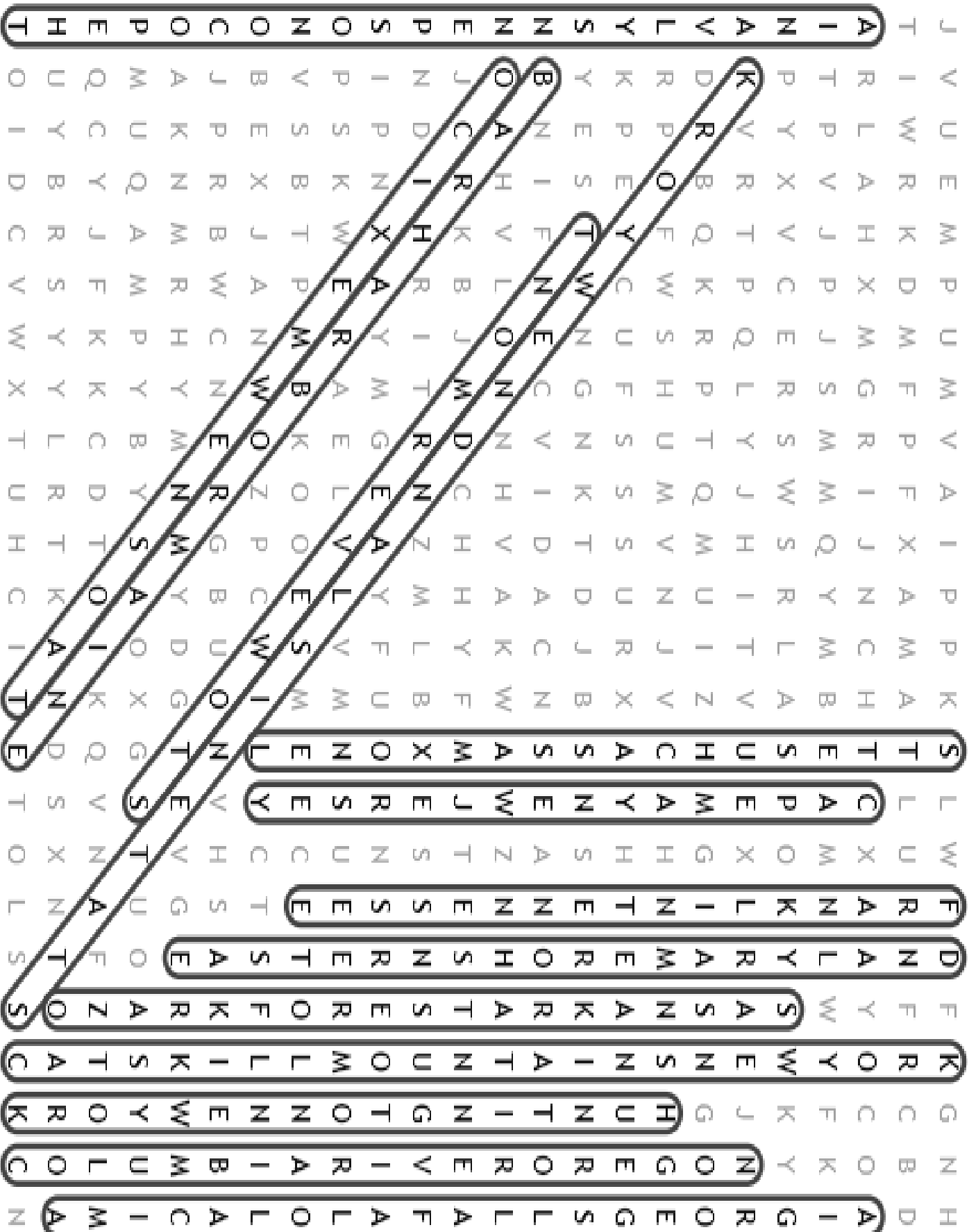


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Sudoku Puzzle Easy Solution

1	9	4	7	6	3	8	5	2
5	3	8	9	4	2	1	7	6
6	2	7	8	1	5	9	4	3
7	6	9	1	5	8	2	3	4
3	8	5	2	9	4	7	6	1
4	1	2	3	7	6	5	9	8
2	5	1	6	3	9	4	8	7
9	7	3	4	8	1	6	2	5
8	4	6	5	2	7	3	1	9

Sudoku Puzzle Moderate Solution

4	8	6	5	7	1	3	2	9
5	2	9	4	3	8	1	7	6
7	3	1	2	6	9	5	4	8
3	6	4	9	8	7	2	5	1
9	1	2	6	4	5	8	3	7
8	5	7	3	1	2	6	9	4
6	7	3	1	2	4	9	8	5
1	9	8	7	5	3	4	6	2
2	4	5	8	9	6	7	1	3

Crossword Puzzle Solution

1	2	3	4		5	6	7	8		9	10	11	12	13
D	I	M	S		U	P	A	S		E	M	O	R	Y
14					15					16				
U	T	A	H		Z	A	C	H		A	U	F	E	U
17				18						19				
M	O	G	A	D	I	S	H	U		S	T	A	N	K
20						21			22					
A	R	E	S	O		T	E	M	P	T				
			23		24			25		26	27	28	29	
			T	U	G			A	A	M	I	L	N	E
		30			31	32								
		M	A	G	N	I	F	I	C	A	T	I	O	N
33	34			35						36				
O	D	O		H	A	Z	E			N	A	C	R	E
37			38		39			40	41		42			
S	O	U	S		W	E	I	G	H		S	H	A	M
43				44			45		46		47			
A	N	N	O	Y			N	U	I	T		E	D	A
48					49	50				51				
M	A	T	H	E	M	A	T	I	C	I	A	N		
52										53				
A	S	S	O	R	T	S				S	L	Y		
				54		55	56		57		58	59	60	
				E	V	I	T	A		T	E	R	R	E
61	62	63	64			65			66					
Y	A	K	O	V		L	I	F	E	S	A	V	E	R
67						68					69			
O	P	E	R	A		A	T	I	P		Y	E	L	L
70						71					72			
U	P	T	O	N		Y	O	G	A		E	R	S	E

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Jay

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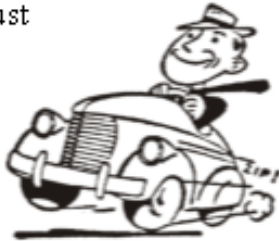
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