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Martin Luther King Jr.



Monday, January 18, 2021, is Martin Luther King Jr. Day in the United States. Here is why we celebrate this day—plus, information about this influential American, civil rights leader, and Nobel Peace Prize laureate.

REMEMBERING MARTIN LUTHER KING JR.

Reverend Martin Luther King Jr. was born on January 15, 1929. He was a Baptist minister and leader of the civil rights movement, championing justice and equality from the mid-1950s until his death by assassination in 1968. As he said, “Injustice anywhere is a threat to justice everywhere.” Dr. King was also a strong advocate of change through nonviolent civil actions based on his Christian values. He was a great speaker, and his powerful words still resonate with us today.

“Our lives begin to end the day we become silent about things that matter.”
—Martin Luther King Jr. (1929–68)

WHEN IS MARTIN LUTHER KING JR. DAY?

The third Monday in January is Martin Luther King Jr. Day (often abbreviated to “MLK Day”). It has been a federal holiday since 1986. This means that it is an observed holiday for federal employees, as well as for many schools and businesses. This also means that the holiday does not always fall on Martin Luther King Jr.’s true birth date, January 15.

WHO WAS MARTIN LUTHER KING JR.?

Martin Luther King Jr. was born in 1929 in Georgia into a Christian family. His grandfather was a church pastor, his father became a pastor, and then he became a pastor.

“We may have all come on different ships, but we’re in the same boat now.”

—Martin Luther King Jr. (1929–68)

Graduating from high school at the age of 15, Martin Luther King went on to receive his B. A. degree in 1948 from Morehouse College. After 3 years of theological study at Crozer Theological Seminary in Pennsylvania, he was elected president of a predominantly white senior class and awarded the B.D. in 1951. After winning a fellowship at Crozer, he enrolled in graduate studies at Boston University, completing his residence for the doctorate in 1953 and receiving the degree in 1955. In Boston he met and married Coretta Scott, and they started a family.

In 1954, Martin Luther King Jr. had become pastor of a church in Montgomery, Alabama. Always a strong worker for civil rights, King believed in nonviolence, following Gandhi's philosophy.



“Our scientific power has outrun our spiritual power. We have guided missiles and misguided men.”
—Martin Luther King Jr. (1929–68)

The Fight Against Segregation

In 1955, he began his struggle to persuade the U.S. government to declare the policy of racial discrimination unlawful. He led the first large nonviolent demonstration against segregated buses. However, racists responded with violence to his nonviolent initiative.

“Peace is not merely a distant goal that we seek, but a means by which we arrive at that goal.”
—Martin Luther King Jr. (1929–68)

In Birmingham, Alabama, in the spring of 1963, King's campaign to end segregation at lunch counters and in hiring practices drew nationwide attention when the police turned dogs and fire hoses on the demonstrators. King was jailed along with large numbers of his supporters, including hundreds of schoolchildren. His supporters did not, however, include all the black clergy of Birmingham, and he was strongly opposed by some of the white clergy who had issued a statement urging African Americans not to support the demonstrations. From the Birmingham jail, King wrote a letter of great eloquence in which he spelled out his philosophy of nonviolence:

“You may well ask: “Why direct action? Why sit-ins, marches and so forth? Isn't negotiation a better path?” You are quite right in calling for negotiation. Indeed, this is the very purpose of direct action. Nonviolent direct action seeks to create such a crisis and foster such a tension that a community which has constantly refused to negotiate is forced to confront the issue.”

In December 1956, the Supreme Court declared bus segregation unconstitutional.

In 1957, King was elected president of the Southern Christian Leadership Conference. He led according to his beliefs from Christianity, with nonviolent influences from Gandhi. He traveled greatly, wrote five books and numerous articles, and led many initiatives to campaign for the proper voter registration of people of color.

“I Have a Dream”

On August 28, 1963, King directed a march of 250,000 demonstrators to Washington, D.C., where he gave his famous “I Have a Dream” speech, delivered on the steps of the Lincoln Memorial.

Martin Luther King Jr.'s dream was that the inhabitants of the United States would be judged by their personal qualities and not by the color of their skin:

“I have a dream that one day this nation will rise up and live out the true meaning of its creed, ‘We hold these truths to be self-evident: that all men are created equal.’”

The following year, President Johnson signed a law prohibiting all racial discrimination.

In 1964, Martin Luther King Jr. was awarded Nobel Peace Prize at the young age of 35 for his peaceful campaign against racism. He turned over the prize money of \$54,123 to support the civil rights movement. Here is his acceptance speech.

“Peace is more precious than diamonds or silver or gold.”
—Martin Luther King Jr. (1929–68)

On April 4, 1968, King was assassinated by a racist while speaking in Tennessee in support of the struggling garbage workers of that city. It had been only 4 years earlier that he had received the Nobel Peace Prize for his nonviolent campaign against racism.

HOW WE OBSERVE MLK DAY

Americans are often encouraged to observe this day not simply as a day off from work, but also as a “Day of Service” to others through appropriate civic, community, and service projects.

Think of Martin Luther King Jr. Day as an opportunity to give to others in any way you can—whether it's a community project or simply being kind to others in your community.

Visit www.MLKDay.gov to find Day of Service projects across the country.

“Sooner or later all the people of the world will have to discover a way to live together in peace ... “
–Martin Luther King Jr. (1929–68)

DATA MASTER: Breanna McDowell

DEEBO, NO LONGER HOMELESS & EMACIATED

Deebo was found under a bush in Detroit. He was nothing but skin and bones, and covered in bugs and wounds all over his little body. We thought he was just a few months old because of how tiny he was, but judging from his teeth, he was actually closer to six months old.



Deebo had a very hard time trusting people. He would shake, cower and even bark when it was too much. Even while he was trembling, he would let us address his wounds without an issue. Although he was terrified of everything initially, Deebo was even more terrified when his new humans left him.



It took a few weeks for him to learn how to play with toys and chew on bones that he learned from watching his foster sister. Deebo soon started to mimic her silly zoomies and started to really act like a dog. He had come around so much, but his fosters knew he needed to blossom with his new forever family.

Deebo's forever family fell in love with him the moment they met him. He was terrified of them at first, but that still didn't deter them. Deebo continues to blossom with his new family. He loves them and his new cat siblings, and has learned to love life.

DATA MASTER: Steven Burdick

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Jan. 4, 2021

NEWSRELEASE

CONTACT PERSON: Shelly Ferris or Lahona Young
Ombudsman Supervisors

Are you or a loved one needing assistance to move out of a nursing home and back into the community?

The Oklahoma Living Choice Project assists Oklahomans who are wanting to transition out of a nursing home and back into a place of their own. Depending on an individual's needs, services may include:

- Assistance with finding a new residence
- Home-delivered meals
- Transportation
- Adult Day Services
- Skilled nursing
- Therapy services
- Personal care
- Medication management
- Counseling
- Dental/Vision Services
- Transitional funds (one-time allotment of up to \$2,400)

The Living Choice Project is designed for individuals who have, lived in a nursing home for at least 90 consecutive days, qualify for Sooner Care, and are willing to play an active role in their plan of care. The program is for persons 19 years and older with disabilities, or long-term illnesses.

To see if you or a loved one may qualify, go to the Oklahoma Health Care Authority's website and fill out the online application or make a referral. You can contact the Living Choice Program by phone 1-888-287-2443 or email, oklahoma.livingchoice@okhca.org. If you need assistance in the facility, the nursing home's social worker should assist in the online application process. You can also contact your local Ombudsman with any concerns. 1-800-482-4594 ext. 220 for Lahona Young lyoung@grandgateway.org, or ext. 226 for



Shelly Ferris, sferris@grandgateway.org.

Funding for this is provided in part by state and Older Americans Act funds from Grand Gateway AAA and DHS Aging Services. Grand Gateway AAA serves all individuals who are eligible for its programs without regard to race, national origin, ancestry, color, religion, sex, age or disability



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9 FACTS ABOUT MARTIN LUTHER KING JR.

Martin Luther King Jr. Day is celebrated on the third Monday of the month of January each year. Celebrate this revolutionary civil rights leader with 9 quick facts about his life—and his work.

9 FACTS ABOUT MARTIN LUTHER KING JR.

He was born Michael King Jr. on January 15, 1929. His father, a pastor at Atlanta's Ebenezer Baptist Church, traveled to Germany in 1934 and, inspired by Protestant Reformation leader Martin Luther, changed his name as well as that of his 5-year-old son.

King entered college at the age of 15! He skipped grades 9 and 12 before enrolling at Morehouse College, the alma mater of his father and maternal grandfather, in 1944.

Although he was the son, grandson, and great-grandson of Baptist ministers, he was considering becoming a doctor or a lawyer instead. He later decided that the Bible had "many profound truths which one cannot escape" and entered the Crozer Theological Seminary in Pennsylvania, graduating with his PhD at the age of 25.

He got a C in public speaking during his first year at seminary, but by his final year, King was receiving straight As and had become the valedictorian of his class.

When he won the Nobel Peace Prize in 1964, he was the youngest person to do so, at age 35. (Malala Yousafzai now holds the record, winning the 2014 prize at age 17.)

His recording of "Why I Oppose the War in Vietnam" won a Grammy for Best Spoken Word Album for 1971.

He was jailed 29 times, often on such trumped-up charges as driving 30 miles per hour in a 25-mph zone in Alabama in 1956.

In a speech on April 3, 1968, he told the audience: "I've seen the Promised Land. I may not get there with you. But I want you to know tonight, that we, as a people, will get to the Promised Land." He was assassinated the next day.

He is the only person born in the United States whose birthday is a federal holiday. (George Washington was born before the United States came to be.) In 1983, President Ronald Reagan signed a bill that named the third Monday in January as the holiday observance "Martin Luther King Jr.'s Birthday." It took 17 years



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for all 50 states to recognize the holiday. The last states to officially observe it were Arizona in 1992, New Hampshire in 1999, and Utah in 2000.

DATA MASTER: Doug WM Stone

College Student Starts Free Online Tutoring Service For Kids In Low-Income Families

A sophomore at the University of Michigan is offering free virtual tutoring to help kids in low income families with their school work.

Alina Bardwell said she wanted to get involved with volunteering over the summer, but because of the pandemic, in-person volunteering was impossible. So, she got the idea of becoming an online tutor. As schools transitioned to



online platforms, Alina realized that now is the time to help students keep up with school, especially for low income families who might not be able to afford typical tutoring rates. "We all know that lower-income families have been hit harder than anyone by the pandemic. Some have lost their jobs, some have been forced to quit in order to help their kids with school, many are essential workers working long hours and cannot be home to help their kids with school," Alina told Mlive. "We want to give back in the best, safest way we can: by helping their kids perform better in school for free."

Alina drove around Ypsilanti over the summer and hung up posters with her contact info promoting free virtual tutoring.

As the demand for online tutoring grew, Alina asked a friend to help. Soon the two realized they needed more volunteers.

So, she and more than a dozen other UM students created MiTutor, a free online tutoring service.

After posting in a local Facebook group, Alina said the interest in MiTutor has grown significantly. The post had over 40 responses from interested parents.

Alina says the students are doing their best to accommodate the demand, but they hope that as the program grows, more tutors will be available to work with students.

DATA MASTER: Nikki Hamilton



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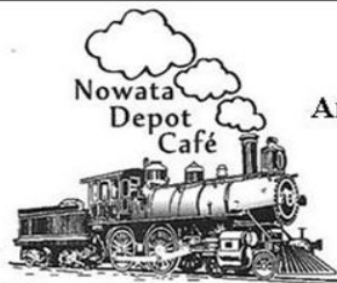
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12 Captivating Facts About Corgis That You Should Know



If you're looking for a compact ball of fluff, energy, and sass, then look no further than a Corgi. These ever so slightly ridiculous dogs have been roaming the hills of Wales for thousands of years, and now they're here to grace your screens with their presence!

So what's the deal with Corgis, and why have they become so popular among denizens of the internet? Let's take a closer look at this majestic breed of dog and get to the bottom of it!

#1 / Corgi translates into "Dwarf Dog."

Although some people don't entirely agree. The most commonly held translation is that "cor" translates into "dwarf", and "gi" translates into "dog" in Welsh. Those who disagree claim that they're actually a "Watch Dog", as "cor" can also mean to watch over or gather. Either of these translations fits pretty well of course, but I prefer to live in a world where Corgis are dwarf dogs!



#2 / There are actually two different breeds of Corgis.

Before we go any further, we need to make some distinctions between the two Corgi breeds. While they're strikingly different in appearance, they were only recognized to be different breeds in the 1930s.



Generally, when people talk about Corgis, they're talking about the Pembroke Welsh Corgi. Originating from the region of Pembroke, Wales, this breed is the smaller of the two, with shorter legs and most commonly has a bobtail.

The second breed of Corgi is the Cardigan Welsh Corgi, which originates from the region of Cardigan, Wales.



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Cardigans are an all-round more stocky and larger dog. Their legs are slightly longer by proportion, and they tend to weigh more than your average Pembroke Corgi. Their coat can also come in a larger variety of colors.

The Pembroke Corgi's ears are more pointed, while the Cardigan Corgi's ears are more rounded at the tips.

#3 / Cardigan Welsh Corgis have been around for thousands of years!

The Cardigan Corgi is definitely the older of the two breeds, that much we know for sure. When we look deeper than that, though, it gets a little complicated.

Historians have yet to determine the real origins behind the breeds, but there are some pretty solid theories. One theory for the Cardigan Corgi's origin states that their ancestors came across from mainland Europe to Wales on the boats of Celts around the year 1200 BC.

It's said that these dogs were part of the Teckel family of dogs, which includes the modern-day dachshund. If this is true it means that Corgis have been in Wales for more than 3000 years!

#4 / Pembroke Welsh Corgis are a much more recent breed.

While we do know that they have been around since 1107 AD, we're still a little uncertain as to how they made their way to Wales. The best theory behind the Pembroke Corgi's origin is that their ancestors came across the channel along with Flemish weavers.

It's said that this original breed of dog was then interbred with the preexisting Cardigan Corgi breed, which eventually developed into the Pembroke Corgi that we know and love today.

#5 / According to Welsh legends faeries used to ride Corgis into battle.

Local Welsh legends have a very different idea when it comes to the origin of Corgis. It is said that throughout the night faeries and elves would ride these magnificent little dogs into battle, as well as use them to pull their carriages.

One of the distinct markings on a corgis coat adds to this theory. The sides of some corgis have a slightly different color and can form a shape quite similar to a saddle, which fans of the legend claim to have been just that!

#6 / Corgis were once used to herd cattle.

If you take a stroll through the rolling hills of Wales you'll come across a lot of sheep, but few cattle. This wasn't always the case in Wales though, with cattle being a much more popular form of livestock up

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until the 19th Century.

Corgis found their true calling on these endless grassy hills, as their incredible agility and short stature made them the perfect herding dog. Their agility allowed them to duck and weave through the cow's legs, nipping them to guide them in the right direction.

Their short stature was a much more vital trait, though, as they were so low to the ground that they were able to avoid the kicks of any disgruntled cows.

#7 / Corgis are incredibly smart dogs.

In fact, they are listed as the 11th smartest breed of dog! Corgis in general appreciate a very active lifestyle, which no doubt goes back to their cattle-herding days.

They're surprisingly clever little dogs, too, which also would have been of great benefit during their working years. Corgis that are kept as house pets have a reputation for acting out, but generally, this is because they're not being mentally stimulated enough! If you have a corgi that's acting out, try and search for some dog puzzles or ways to play with a smart dog.

#8 / Corgis shed a LOT!

If you've ever had the good fortune to pat a Corgi, you may find yourself wondering how a dog so small could possibly shed so much fur. To start with, Corgis aren't what we would call a short-haired dog, so in general, there's just that much more hair.

In addition to this, Corgis have two different coats of hair, so there's even more of it again! Their inner layer of fur helps to insulate them, but this is shed when the weather gets a bit warmer, usually in spring. Their outer layer of hair is much longer and doesn't shed in the same way, although you will still find it all over your house!

#9 / Corgis are very sociable animals.

Corgis just love attention, quite often acting as they could never get enough of it. While a dog's personality generally reflects their owners in a way, Corgis do tend to enjoy cuddles a lot more.

They're also fantastic with kids, and are quite often a recommended breed for families; kids and corgis tend to use up each others' energy – what a win-win! They're not just sociable with people, though.

As long as they have been trained properly in their early years they absolutely love to get out and play with other dogs!

#10 / Queen Elizabeth II has owned over 30 Corgis in her lifetime!

Queen Elizabeth's lifelong passion for Corgis began way back in 1933 when the Queen was still a princess. She had been visiting the estate of a family friend with her sister when she first lay her eyes on this majestic hound – a Pembroke Welsh Corgi.

Shortly after this visit, their father bought the family their own Pembroke Corgi, which they named Dookie. When Elizabeth turned 18 she was gifted with her very own Corgi, who she gave the very appropriate name of Susan.

It could almost be said that through Susan a new Royal Family was born, the House of Susan I. As of 2020, there have been ten generations of Corgis in Queen Elizabeth's household, and they're all descendants of Susan.

#11 / Corgis are very good watchdogs.

Which, really, is a very positive way of saying that they bark – a lot! On a more serious note, though, they are very loyal and protective dogs.

While a corgi might not exactly be the best in terms of preventing an intruder from breaking into your house, they'll definitely wake the entire house up in the process!

#12 / Corgis are surprisingly fast!

If you've ever been lucky enough to experience a Corgi doing zoomies, then you'll surely agree with me! Corgis have been recorded to run as fast as 25 miles per hour (40 km/h), which is much faster than they appear to be able to run.

Their great speed is thanks to their ability to use more of their upper body strength than other breeds of dogs. Despite their dwarfism, Corgis somehow manage to hold a certain air of royalty.

Maybe it's down to the fact that they're an ancient breed, or quite possibly it's simply a mental connection between corgis and the Queen of England. Either way, when Corgis come to rule the world someday, I for one will welcome our new adorable overlords.

DATA MASTER: Karen Deffenbaugh



21 Jubilant Facts You Never Knew About January

For the majority of people, January symbolizes new beginnings and a fresh start. For others, it's just another ordinary month!

Here we have information on the historical origins of the month being introduced into the calendar back in Roman times.

On top of that, we have a little insight to some notable historical events that happened in this month!

Check out the 21 facts about the month of January below.

The name for January comes from the Roman god, Janus, who is always depicted with two heads. He uses one head to look back on the year before, and the other head to look forward into the New Year!

Oddly enough, couples tend to separate or divorce more so in January than any other month of the year.

In Pasadena, California, there has been a Rose Parade held every year since 1890. It has since been broadcasted worldwide and is typically viewed in over 100 countries around the globe.

If you were born in January, your birthstone is a garnet!

In leap years, January always starts on the same day as April and July.

London is famous for their extensive subway system, nicknamed "The Tube." This makes sense, because they're also responsible for opening the first operational underground railway on January 10th, 1863.

Some historical names for January include "Wulfmonath," which came from the Anglo-Saxons be-

cause it was the month hungry wolves would come scavenging. King Charlemagne would call it "Wintermanoth" meaning "winter/cold month."

Originally, the Roman calendar had only 10 months, and it excluded January and February.

King Numa Pompilius, the second king of Rome, is responsible for adding both January and February to the Roman calendar. He did this so calendars would be equivalent to a lunar year. Even so, it only had 30 days.

Finally, Julius Caesar added a 31st day to the month and completed it to the full month of January we practice now!

January was a monumental year for Alaska! As of January 3rd, 1959, Alaska officially became the 49th state of the United States.

Generally, January is the coldest month of the year in the Northern Hemisphere.

The equivalent month of January in terms of temperature in the Southern Hemisphere is July!

Referring back to the Julian and Gregorian calendars, January is the first month of the year, and the first of seven months to be 31 days long.

In the United Kingdom, some people practice "Dry January." This is a movement to encourage people to quit drinking alcohol for the month in order to encourage public health.

January has two zodiac signs – Capricorn, which is until January 19, and Aquarius, which is for the rest of the month.

The dianthus caryophyllus is the birth flower of January – more commonly known as the carnation!

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One of the most influential events in U.S. happened in January – on January 1st, 1892, Ellis Island opened, allowing for the immigration of over 20 million people!

The first Penal Colony in Australia was established in January 1788 by the British in order to relieve overcrowded English prisons.

Are you a fan of the stars? Celebrities, that is! Then you'll be interested to know that the first ever Emmy Awards were held this month on the 25th in 1949.

January brought the end of the monarchy in Hawaii when Queen Liliuokalani was forced to abdicate on the 24th of the month.

DATA MASTER: Doug WM Stone

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to reach past all distractions
setting free our wings

hold on dear ones hold
onto all the LOVE your heart
can hold and then let

it go

DATA MASTER: Nikki Hamilton

Squirrel Appreciation Day



Date When Celebrated : Event is always January 21

Squirrel Appreciation Day is an opportunity to enjoy and appreciate your tree climbing, nut gathering neighborhood squirrels. It's held in mid-winter when food sources are scarce for squirrels and other wildlife. Sure, squirrels spent all fall gathering and "squirreling" away food. But, their supplies may not be enough. And, the variety of food is limited. So, give them an extra special treat today to supplement their winter diets.

Not everyone likes squirrels. While they are fun to watch skirting around the yard and trees, they are aggressive at bird feeders. Squirrels tip almost any bird feeder and spill the seeds in search of the particular seeds they want. In the fall, they attack pumpkins on front porches in search of the seeds inside. For gardeners they dig up and steal flower bulbs, and may eat some of the veggies in your garden.

When you think about it, mid winter is the best time to appreciate squirrels. In the winter they provide a little entertainment. During other times of the year, you may look at them as a pest in the flower and vegetable gardens.

According to Christy Hargrove, the founder,



Community Options, Inc.
website is operational

Pay a visit to our website to learn about what we are doing and how you can help others by getting involved.

If you are seeking employment you can apply for your desired position with us online.

our website can be accessed at:
<https://community-options.net>

"Celebration of the event itself is up to the individual or group -- anything from putting out extra food for the squirrels to learning something new about the species."

Today's Quote: Knowledge is knowing a tomato is a fruit. Wisdom is not putting it into a fruit salad.

History and Origin of Squirrel Appreciation Day:

Christy Hargrove from Asheville, North Carolina started Squirrel Appreciation Day on January 21, 2001. Christy is a wildlife rehabilitator in North Carolina, and is affiliated with the Western North Carolina Nature Center.

Now it is time to talk about how to control squirrels

Squirrel Control Methods

Squirrels are one of a wide assortment of garden pests. These rodents (yes, squirrels are rodents) are extremely persistent. They climb up, through, and over just about every obstacle you make to keep them out. Not only do they pester your gardens, but squirrels are a nuisance at bird feeders and in flowerbeds.

Home owners and home gardeners struggle to control their population, and to keep them away from plants, vegetables, and the flower bulbs you so carefully planted for next spring. They gnaw and chew through just about anything, except metal.

Controlling Squirrels

Here are some tips and ideas that you can try in the war against the squirrel:

1. Trapping: Hav-a-hart traps are an effective way to eliminate squirrels in your yard and garden. After you trap them, you are rid of them for a while. Eventually, new squirrels move into the empty territory vacated by the squirrels you trapped. But ah, how wonderful it is while they are gone!

Important: Before you trap squirrels or any other animals, make sure to check your local laws. Many localities allow you to trap animal pests, but do not allow you to transfer or release an animal into another area. In these cases, the local animal control office must be notified.

Tip: Put walnuts or peanut butter into the traps. Squirrels

**To share your story with us contact:
Zia Partovi at 918-244-0457 or 918-789-2862 or email him at
links@links.community-options.net**

find these irresistible.

2. Pepper Sprays Pepper sprays and other sprays will discourage them. One taste or smell, and they may scurry to your neighbor's garden. Apply sprays on plants and fruit. But use caution on vegetables, as a residual "Pepper" taste can linger. Apply every one to two weeks, and after rain.

Find a Pepper spray recipe

3. Fences and screens: These have a limited effectiveness. Squirrels easily climb over a fence. Only if the plant can be completely screened, will you keep squirrels out. In most cases this is impractical, and it is also not aesthetically pleasing. The fencing must also be metal. Squirrels will effortlessly chew through wood and plastic netting.

4. Hunting: If you can hunt in your area, this will obviously eliminate them..... if you are a good shot. Check your local laws, for rules and regulations.

5. Cats: A natural predator that will help keep them away, only if the cat is a good hunter.

DATA MASTER: Doug WM Stone

ONE LUCKY PORKCHOP



Meet one for the strongest little girls that has come through Last Day Dog Rescue, Porkchop! Porkchop was a stray in Detroit and was picked up by Detroit Animal Care and Control back in 2018. Last Day Dog Rescue was contacted and went to pull her from the shelter right away. Porkchop came to Last Day Dog Rescue with puncture wounds all over her body, and cuts on her face. While we will never know the true story of how Porkchop survived the streets and how she received those cuts, we know she was a real fighter.

After a lot of TLC from Porkchop's amazing foster family, Porkchop began to heal physically and emotionally. Now Porkchop lives with a barktastic family where she is safe and loved everyday.

DATA MASTER: Steven Burdick

Claremore Nursing Home - Employee of the Month



Susan Grimmitt was unanimously elected by Resident Council as February honoree. She has been part of the Housekeeping Department for 5 1/2 years.

Born on the East Coast, Susan has been married but says, "Never again." Her 2 girls and 1 boy have given her 4 grandchildren.

Even though she is a private kind of person with most, Susan loves the residents and takes good care of them. Her favorite thing is talking with them and listening to their interesting stories.

"They may forget your name, but they will never forget how you made them feel."

Maya Angelou

If you would like to join, "Susan Grimmitt" as a Certified Nurse Aide, please apply in person. Now taking applications for Certified Nurse Aides both days and nights. Must pass a background check. New pay scale for CNA's.

Claremore Nursing Home
920 E. 16th St.
Claremore, Ok. 74017
918-341-1717

To share your story with us contact:
Zia Partovi at 918-244-0457 or 918-789-2862 or email him at
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10 Fancy Facts About Poodles



There's a lot you might not know about France's national dog.

1. They're actually from Germany.

Despite their French reputation, poodles hail from Germany, where they were called pudel, which is German for "puddle."

2. They were historically great at their jobs.

What do poodles have to do with puddles? While poodles today have connotations of wealth and luxury, they were bred to work. The athletic dogs are excellent swimmers and were used by hunters to retrieve ducks and other birds from the water. They even have a "soft mouth," so they can gently pick up wounded or dead game. In France, the dogs were called caniche, or "duck dog."



3. The fancy 'do has a purpose.

Since these dogs were jumping into freezing cold water, they needed protection. Too much wet fur would weigh them down, so hunters would strategically shear their hair. The pattern was meant to protect vital areas from cold waters.



4. Poodles come in three varieties.

The poodle is the only dog that comes in three sizes: standard, miniature, and toy. These terms only describe the dogs' size, and the American Kennel Club



considers them all the same breed.

5. The Iditarod Dog Sled Race once had a standard poodle team.

In 1988, a musher named John Suter entered the race with an all-poodle sled team. They didn't do so well: Thanks to matted fur and cold paws, many of the dogs had to be dropped off at checkpoints. This struggle led to a new rule that dictated only northern breeds like Siberian huskies and Alaskan malamutes are allowed to race. This measure ensures the safety of breeds that aren't cut out for the extreme cold.



6. Poodle fur never stops growing.

Unlike dogs that shed, the poodle will grow fur continuously. As a result, they need regular grooming. If left ungroomed, their fur will become matted and dreadlock-like. On the upside, they're hypoallergenic and generally odorless.



7. This special fur has led to some crossbreeds.

The poodle has been bred with other popular dogs like Labrador retrievers, cocker spaniels, and wheaten terriers to make more hypoallergenic breeds.



8. Elvis loved them.

The King loved dogs and had quite a collection at Graceland. When he was stationed in Germany, he had a poodle named Champagne. He also gave away many poodles to the women he loved: A toy poodle named "Little Bit" went to a girlfriend, and he gave a poodle named "Honey" to his wife Priscilla.

9. They're super smart.

Poodles are one of the smartest breeds, second only to the border collie in rankings of canine intelligence. Their smarts make them extremely easy to



train and a favorite of circuses. In the 1800s, they were often dressed in miniature human clothing and trained to act out elaborate scenes.

10. One toy poodle knows how to work an elevator.

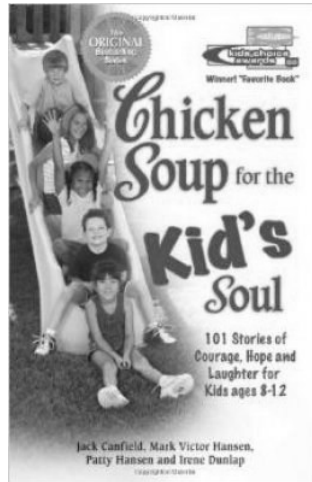
Nala the teacup poodle was never trained to operate an elevator, but she somehow figured it out and uses it to visit the residents at a local nursing home where her owner works. The small dog can navigate the hallways all by herself and bring comfort to those around her. "She'd rather ride it alone than with people, because she knows where she's going," her owner said. "If she could, she would push the button herself."

DATA MASTER: Breanna McDowell

Book Fairy!

I WAS A BOOK FAIRY LAST NIGHT!

Last night while waiting for a script at CVS, a young mother and her adorable little girl were sitting at the pharmacy waiting for their script, too. The little girl was entertained by *Chicken Soup for the Kid's Soul*. She was happily reading it aloud to her mother and all of us. It was so precious as she was just beginning to read at a higher level.



The pharmacist called the mother to get her script and they went up to pay for it. The little girl wanted this book so badly, but the mother said she would have to wait because she didn't have enough \$\$ to buy it for her. Instant pout that ruptured my heart!

I went up behind them, handed the mother a few dollars to buy the book for the little girl. The little girl didn't miss a thing...she suspected what I did and said "Thank you, nice lady". I melted.

I was in such a doomy/gloomy mood all day and this is just what I needed to lift me up! Precious little girl now has a book to keep her occupied...instead of a TV!

Find your *Chicken Soup for the Soul* this weekend!

DATA MASTER: Nikki Hamilton

MY MIRACLE DOG



Would you ever imagine that this cute little baby's life was ever hanging in the balance? The unfortunate story all began in Tennessee in 2010 where this cute little Terrier mix was abused and neglected. Eventually, she was brought to a kill shelter where she had her first round of shots to be put to sleep. All because no one wanted to love her. Things started to look up for this little girl (now named Baloo) when Last Day Dog rescue saved her and brought her to Michigan. She was with her foster for only 1 week, until...

Hi! I'm Emily. Now to fully understand our story, let's rewind about 3 and a half years (insert awesome time warp here). It was June of 2010 and a very lucky only child was about to get the blessing she had always wished for. I had always wanted a dog growing up. Yes, I was that dorky little kid that on every birthday, blew out her birthday candles wishing for a puppy to love and hold. It was May 2010, about one month before my 10th birthday and my parents had begun to ask me what I wanted for my birthday. Now, take a guess what I asked for. Ready 1 2 3 GO! Did you guess? No, it wasn't tickets to the upcoming Justin Bieber concert or a cool new bike. I was on my knees begging for a dog, not caring if that was the only thing I got for my birthday. What was a few months ago a flat out no, my parents said that they would consider it and let me know on my birthday.

June 2nd, 2010, big anticipation took over my body as I knew that by the time I went to bed that night, I would know if I could get a dog. I awoke in my bed early that morning with my mom and dad hovering over me. The second I opened my eyes "Happy Birthday wishes" flooded the room. After I sat up, I looked down to see a book called "101 Puppy Tricks" being handed to me. I asked my dad what the book was for, and his response simply was "You might need it". It then registered in my brain that my parents were allowing me to pick out a dog for my birthday. I ran around screeching at the top of my lungs, thanking my parents. I just couldn't wait to get to school and tell my friends about my awesome birthday gift!



The rest of the day came and went in a blur. Before I knew it, I was asleep with visions of puppies dancing in my head. About two weeks later, school let out and summer began.

My mission: find the perfect puppy. After the final bell of my 4th grade year rang, I dashed outside to meet my mom to go home. The second I walked in the door, I threw my backpack on the couch (yes, my mother told me to put it where it belonged), grabbed my laptop, and began my dog search. One evening, while searching the Last Day Dog rescue website, I saw the cutest little dog named Baloo at the top of my search page. I showed her to my parents and my dad immediately emailed the foster and said that we were interested in her. Days passed without response and I began to worry. My gut told me that she was the one and I didn't want to let her slip away.

It was a cool Saturday morning and I woke up, stretching in my bed. I heard my dad on the phone, which I normally wouldn't pay attention to, but he said "we will see you later". My feet dragged me out of bed and ran me to the kitchen where I asked who we were meeting. My dad then bellowed "Baloo!" Very excitedly. When she arrived at my house, the door flew open as the shy dog walked into my house. I couldn't believe this was really happening. We made our way out to my backyard where we got to know her a little bit better. My entire family was sold on this sweet pooch. She was officially mine that day. My first task: assigning her a brand new name. I named her (drumroll please) BELLA! A PetSmart trip and 286 dollars later, we were ready to take care of our new family member.

Now, in February 2014, Bella is doing amazing. When we first got her she was very shy and scared of everything. The previous owners must have abused her badly because she was even scared when someone sneezed. She is still jumpy and scared around new people, but once she warms up to you, she is a little lovebug. We are so blessed to have this sweetheart for 4 years in June! Thank you Last Day Dog Rescue for giving us this little angel!

DATA MASTER: Steven Burdick



Dark Skies Show Us Stars

One of my earliest childhood memories finds me waking from a deep sleep in the middle of the night, during a family road trip. Far from any city lights, I look out the window toward the sky above, and for the first time, I see what seemed to be an infinitude of stars. I'll never know for sure if I was actually dreaming or not, but I still have the distinct recollection of becoming aware of the immensity of the universe in which we exist. I still recall the intense mix of awe, fear, and hope that I felt, unable to look away until the stars faded with the first light of day.

I often think back to that night and the deep connection I felt to the natural world. But in recent years, the memory has also taken on a metaphorical connotation, reminiscent of Rev. Dr. Martin Luther King Jr.'s famous words of hope, "Only when it is dark enough can you see the stars." Today it is not uncommon to read or hear or believe that we are living in "dark times"—such is the state of the world, and our need for hope in the face of many challenges: climate change, inequality, isolation, pandemic, to name only a few.

I, too, have spent most of my life thinking of darkness as a problem demanding more light—in both the literal and the symbolic sense. But perhaps this fear of the dark has been part of our collective problem.

For all practical purposes, most of us now live in the perpetual glow of a world that never sleeps. As essayist and poet Mark Tredinnick has said, "Cities are factories for unmaking the night." We are driven by commerce, for which darkness is just another inconvenient obstacle in the path of production and consumption; we rely on the latest technology to offer the facade of a connection to one another. But more light is not what we need; it's more darkness.

Given the myriad ways in which we humans have all but severed our connection to the natural world, perhaps none will prove to be as profound as the loss of the night sky and of our connection to the dark.

The loss of our connection to darkness and to the night sky is emblematic of our deeper separation from the natural world. We need to question our blind acceptance of a world bathed in artificial light; to not fear the night but to reconnect with it, to be awed by it, to know that if we are patient, we will be able to see through the darkness. As I ponder how the technology to which we are now tethered is affecting me and those closest to me; as I wonder how I can guide my own child to embrace the night and understand that without darkness we are not just incomplete ... we fail to dream.

I think back again on the voice of Martin Luther King Jr., the famous dream maker, who saw stars through the darkness.

Up-coming Events

TOPS #570 We meet 9am to 11am Monday morning at Mt. Olive Lutheran Church in Miami 2337 N. Main St. "Taking off pounds sensibly!"

TOPS #567 meet every Thursday at 10am 433 N Mississippi in Nowata.

TOPS #506 in Miami Heavenly Winds Worship Center meet every 6pm Thursday evening. For more info call Susan Walls at 918-540-0570

Every 4th Saturday of the month Veteran's Support Group: Veterans for Veterans. Have you served in the military? Are you struggling with readjustment? Anxious about the future? Struggling to connect with friends and family? Struggling with school? WE CAN HELP! Free veterans support group at 10am every 4th Saturday of the month. The Landing 502 West Corner Fairland, Ok. For more information call Larry Boyd (918) 541-7592 or Cindy (918) 676-3228.

Food Truck Wednesdays —Every Wednesday, grab some tasty eats and gather on the grounds of Guthrie Green. During Food Truck Wednesdays, lunchtime transforms into a community-wide affair, with roaming food trucks posting up at this Tulsa park. While you dine on delicious food, be sure to enjoy the live music and fresh air. Guthrie Green 111 E Brady St Tulsa, OK 74103 Phone: 918-574-2421

Big Cabin Senior Exercise Program—Fitness program for seniors held at the Big Cabin Baptist Church gym three times a week, Monday, Wednesday and Friday, from 10 to 11 a.m.

American Legion Post 178 in Grove, OK – Bingo every Saturday evening at 6pm. Family atmosphere. Contact Lee Cathy for any questions at: 901-487-9060

PRYOR DANCE—Every 1st. and 3rd. Thursday of the month. 6:15 pm—9 pm—Cost is \$5.00 per person, Double H Band will be playing. Cookies and Coffee will be serving. It's for seniors but all ages are welcome. Mayes County Nutrition Center 851 SE 9th Pryor (just east of 9th and Elliott intersection)

Jan 1, 2021 - Jan 31, 2021 First Month Hikes - Kick off the New Year with First Month Hikes held at Sequoyah State Park. Join in on one of fifteen guided hikes throughout the park, or experience all eight trails on your own time. Complete all ten miles of trails by the end of January, and take home a First Month Hikes sticker to commemorate your 2021 achievement. Sequoyah State Park 17131 Park 10 Hulbert, OK 74441 Phone: 918-772-2046

SUDOKU PUZZLES

Fill in the grid with digits in such a manner that every row, every column and every 3X3 box accommodates the digits 1-9, without repeating any.

1		6		8				
	4		2					6
				9		1	8	2
					7	3		
	8	2	5	1	3	4	9	
		7	8					
9	5	1		2				
2					4		6	
				3		2		5

Hardship level: Moderate

		9			2	5	6	
7		3	6			8		1
		2			1			7
	8		9					
4								8
					6		4	
9			5			2		
1		4			3	6		5
	5	8	1			3		

Tulsa, OK 74104 Phone: 918-585-3456

Jan 21, 2021 - Jan 24, 2021 Not on the Runway Run - Tulsa Air & Space Museum's Runway Run is going virtual in 2021. Sign up for the Not on the Runway Run and you can compete at your own pace over four days in January. Enter your results on the TASM website and see where you rank. All entrants will also receive a participant's medal featuring the Spartan Executive Plane. Online Only Tulsa, OK 74115 Phone: 918-834-9900

Jan 22, 2021 - Jan 24, 2021 American Finals Rodeo - The American Cowboys Rodeo Association presents the American Finals Rodeo this January at the Built Ford Tough Arena at the Tulsa Fairgrounds. This event will feature action-packed rodeo performances each day. The American Finals Rodeo will feature traditional rodeo events including bareback bronc riding, tie-down roping, breakaway roping, steer wrestling, saddle bronc riding, team roping, cowgirls' barrel racing and bull riding. Come watch the top 15 cowboys and cowgirls compete in a variety of Western events. While you're there, make sure to check out the event's free Western trade show. Tulsa Expo Square 4145 E 21st St Tulsa, OK 74114 Phone: 918-456-9814

Jan 23, 2021 - Jan 24, 2021 R.K. Gun & Knife Show - For a high quality gun show with great prices and selection, visit the R.K. Gun & Knife Show in Tulsa. RK Shows have been putting on quality gun and knife shows for over 20 years and are consistently growing in popularity. Held at Tulsa Expo Square in the Exchange Center, this gun show will feature antique, collectible, vintage and modern firearms. Browse the many booths, talk with experts and take advantage of the great bargains. Grab a friend and head to the R.K. Gun & Knife Show to see what you've been missing. Hours: Saturday: 9:00 am-5:00 pm, Sunday: 9:00 am -4:00 pm. Tulsa Expo Square 4145 E 21st St Tulsa, OK 74114. Phone: 563-927-8176.

Jan 23, 2021 The Oklahoma Wedding Show (Virtual) - Tune into the Oklahoma Wedding Show this January for tons of ideas centered around your big day. Held virtually in 2021, this wedding show highlights statewide vendors, prizes, experts and more. Meet photographers, bakers, florists, venues and caterers to hone in on details for your upcoming nuptials. With the new platform, vendors are able to exhibit their products and facilities directly to attendees, offer live tutorials and chat directly with potential clients. Online Only Tulsa, OK 74114 Phone: 918-744-6205 Fax: 918-748-5772

Jan 28, 2021 - Feb 2, 2021 Sundance Film Festival at Circle Cinema - Circle Cinema is an official Satellite Screen for the 2021 Sundance Film Festival in Tulsa. From January 28 to February 2, the best new films from around the world will screen alongside great local programming and panel discussions with Oklahoma artists and filmmakers. For details phone in. Various Locations

Jan 28, 2021 Full Moon Nature Hike - When the full moon makes its appearance in the night sky, take a hike through the Tulsa Botanic Garden. During the Full Moon Nature Hike, guests can wander through the 1.5 mile Cross Timbers Nature Trail to see prairie tall-grasses, oaks and hickories. Perhaps while taking in the greenery lit by the full moon, guests will hear the sounds of owls calling, armadillos rustling through the leaves or coyotes howling in the distance. Hot cider, s'mores kits, and beer and wine will be available for purchase before or after your walk and fire pits will be located nearby. Experience nature at night with a self-guided hike through this Tulsa trail. Hours: Thursday: 5:30 pm - 7:30 pm, Tulsa Botanic Garden 3900 Tulsa Botanic Dr Tulsa, OK 74127. Phone: 918-289-0330.

Jan 29, 2021- Jan 31, 2021 Green Country Home & Garden Show - Head to the largest free home and garden show in Northeast Oklahoma and have fun looking through over 150 vendors at the Green Country Home & Garden Show at Tulsa Expo Square. Find your inspiration for your next project and get decorating ideas from the professionals. Look at products and services ranging from roofing and cookware to spas, safe rooms/storm shelters and windows all in one place. Hours: Friday 12:00 pm - 8:00 pm, Saturday: 10:00 am- 8:00 pm, Sunday: 11:00 am- 5:00 pm. Tulsa Expo Square 4145 E 21st St Tulsa, OK 74112. Phone: 918-523-2003, 918-640-6828.

Jan 30, 2021 Greenleaf Trail Run - Uphold New Year's resolutions this winter with a trip to Greenleaf State Park. The Greenleaf Trail Run offers long-distance runners the opportunity to race throughout Greenleaf State Park in Braggs for a scenic, up-close look at nature. Lace up your running sneakers, and hit the trail for a four-, eight- or 12-mile run along state park trails. Greenleaf State Park 12022 Greenleaf Rd Braggs, OK 74423 Phone: 918-487-5196

Do You have an event that you would like to share ?

Community Links of Chelsea

1100 Walnut/PO Box 85

Chelsea, OK. 74016

Ph: 918-789-2862

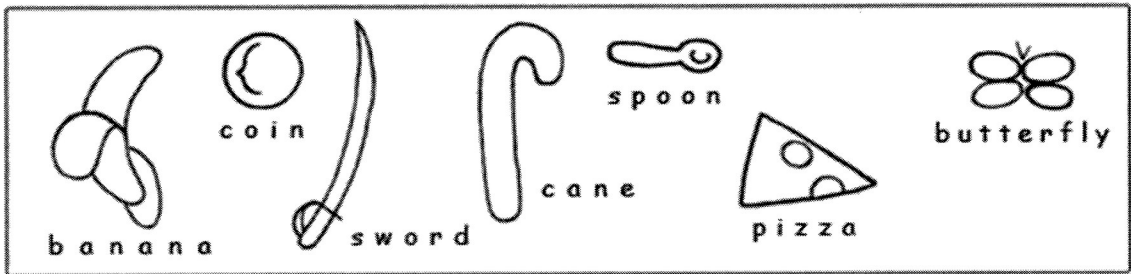
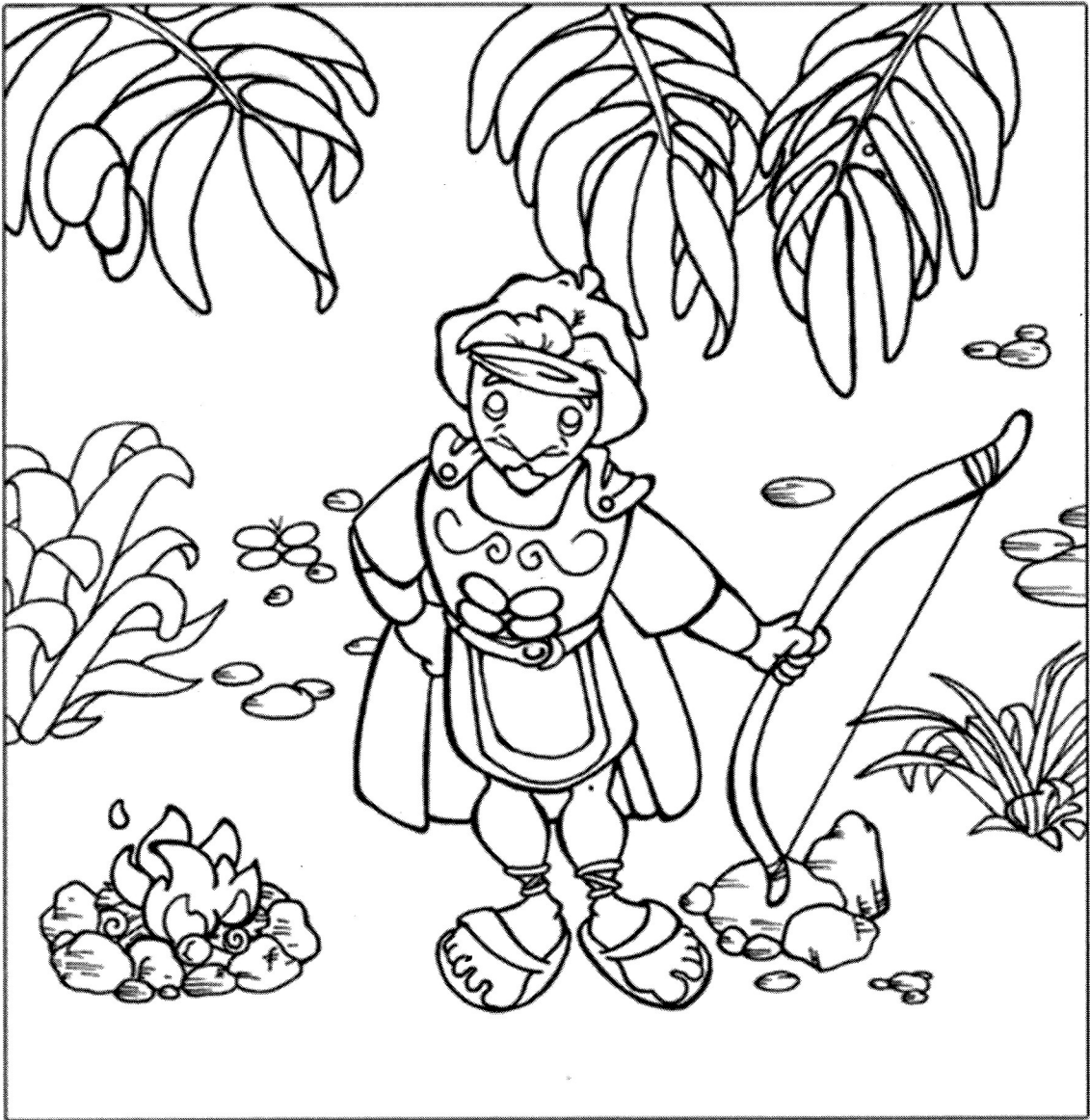
Fax: 918-789-5296

Email: links@links.community-options.net

DATA MASTER: Nikki Hamilton

POOH







Getting to know the Lutherans

New Years Resolution

How many of you have already broken your New Years resolution? Many resolutions focus on something that is already difficult to achieve, like giving up a bad habit, exercising more, or being more generous to neighbors. So, we often set ourselves up to fail. The resolutions that God makes will never fail. Joshua, who led Israel after Moses died, had witnessed God keep His promises as the people entered the Promised Land. Joshua made a resolution that day and encouraged the Israelites to do the same. **“Choose this day whom you will serve...But as for me and my house, we will serve the Lord.”** Joshua 24:15.

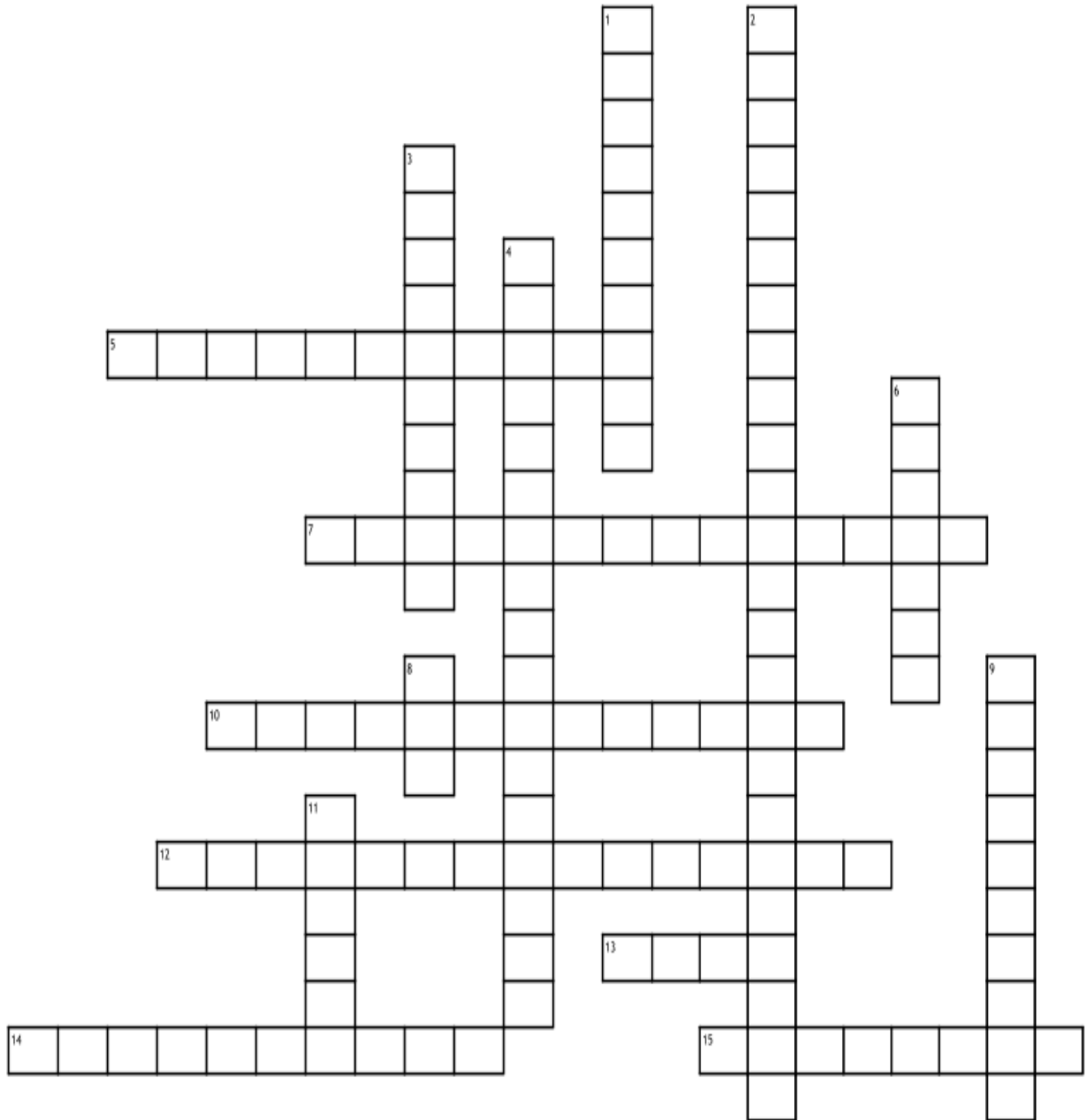
Our resolutions and other promises often go unfulfilled. But God’s promises are certain. God keeps His promises despite our failure. **When we are faithless God remains faithful** (2 Tim 2:13). We often fail at being the person we should be, but God can help. When we keep our eyes fixed on Jesus, our lives begin to reflect the life and attitude of Him who saved us. Jesus bought us with His blood so that we would no longer live for ourselves. So, choose this day whom you will serve.

<p>Messiah Lutheran Church 460 N. Wilson, Vinita, OK. Sunday School and Bible Class 9:00 a.m. Worship 10:00 a.m. 918-256-3223 Email: messiahvinita@aol.com</p>	<p>St. Paul Lutheran Church Washington and Pine, Fairland, OK. Sunday School and Bible Class 9:15 a.m. Worship 10:30 a.m. 918-676-3059 Email: stpaulluthch@aol.com</p>
<p>Bethlehem Lutheran Church 6911 West 380 Road, Adair, OK 74330 Worship 9:00 a.m. 918-785-2994 Sunday School and Bible Class 10:15 a.m.</p>	<p>Immanuel Lutheran Church 706 Rockwood Drive, Grove, OK. Worship 9:30 a.m. 918-786-4585 Website: www.lutheransonline.com/lo/Groveok</p>
<p>Mt. Olive Lutheran Church 2337 North Main, Miami, OK 74354 Worship 2:00 p.m. (918) 542-4681 Sunday School and Bible Class 3:00 p.m. Email: mtolive@cablone.net</p>	<p>Redeemer Lutheran Church 220 N. Seminole, Claremore, OK. Sunday School and Bible Class 9:00 a.m. Worship 10:30 a.m. 918-341-1429 Email: rluther@sbcglobal.net – Website www.rlcck.org</p>

*Guests are always welcome.
See you Sunday at worship.*

Crossword Puzzle

Horror Movies 01-20



Across

5. This movie will have you climbing walls and is a head turner
7. Star an old unforgettable creepy truck
10. The star wore the mask but didnt play the sport
12. A brother and sister driving home through isolated countryside for spring break
13. A great white shark terrorizes people
14. Here's Johnny!!
15. Nothing sweet about this man

Down

1. Mother and son opens a Motel
2. FreddyKrueger
3. Head full of Pins
4. cult of children believe everyone over the age of 18 must be killed.
6. Trucker handle was Candycane
8. Several people meet their fate in this movie
9. An evil doll
11. Evil lurking parentless child

Word Search Puzzle

Wildlife Conservation 01-20

V O N M W K P D E R E G N A D N E C B B B E I O
J R I E E H R V N W B O N H R G G A H T R V L N D
J A H F F Q K I A N I M A L S O G T I N S A T I C
N N P I G G T B H L Z Z P T C R H M M E N R Y O
O G L L Z V V R C S D J W W N G O P S O L U E N
M U O D M I R P K A N G A R O O O A F R V T K S
L T D L Q I A N N T P O Q W I N H N G J W A N E
A A D I J A U N K Y N D I H A W A Z S K W E O R
S N B W M O G T I G E R A R V S B E F O W S M V
C L C M D A A E O W B W X E K R E V K D P R A
I N N W N N J E N Q I H S B F T Y N J W O U E T
F D O R F U O P M T A D I R N W A W M R S A D I
I C T I O Y T T I A L E S O E Y F I W P W E L I O
C X L E T D R T T L Z U L M F L I O D R D U P N
A X G K Q A Z U A C D M T C D X I B U R O S S H
P T H O Q U L H U E E A N B F S S K T N Y G E K S
N W N U R V W U A G W T Q I E T A S U R Y I C E
R J G A X I E Z P V M O O H U N A X P G U C A A
N O U N H G L A X O Z P E R V G O T L I C E L L
U T N R I P P L X I P O L J P F N Z E Z X P B I
B N X I V V E V A X H P O L Q T O E E H M E S M O
K U I X H A A L D S P P Q L A J C B P E G J E N
Q N B C I R U S E H M I N Z Z G K W X P L C J S L
K C T U N A A H K R V H A S N O W L E O P A R D

Porpoise Kangaroo Narwhal Hippopotamus Shark Penguin Rhino Fox Elephant
Tiger Snow Leopard Jaguar Gorilla Black Spider Monkey Orangutan Chimpanzee
Tuna Sea Lion Seal Whale Dolphin Pacific Salmon Sea Turtle Wildlife Endangered
Wild Population Protection Saving Species Nature Animals Conservation Help
Habitat Water

CryptoQuote Puzzles

Title: Feeling Weak **From:** Edgar Allan Poe

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
			Z									M											C		

_____ M D _____ D
 Y O G N V U Y O L M R Z O R A I E Z W N L W Q
 W _____ D D W _____ D
 C I R B N R U Y O Z N W N Z C N L H L O Z
 W _____
 C N L W Q

Title: Truthful Criticism **From:** Edgar Allan Poe

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
X		T																				C			

_____ C C _____ W
 F Q T V F Z F T F E I F C F J J M G M R J K
 A A _____ A
 X Q K X E E Z G V Q J H X M E R J U Z G J H
 _____ W _____ A
 D U E Z C F Z A P V F G Q K X Q K P R G
 P V R I Z A F E L U V L R E G Q R Z A F Q W
 _____ A
 E A X J J Z U V Q I G

Title: Self Confidence **From:** Zora Neale Hurston

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
N			O															E							

S _____ S _____ D S _____ A
 E M C U A R C U E R Z U U W O R E I S R C R J N A U
 D A A S _____ D S _____
 O N T N R J E A B G A R A O M U E J M A
 A _____ A _____ A S
 C N Q U C U N J T S Y R A C U S U W Y N E A M J R
 S S _____ A A D _____ S
 E L U E C U L M H I N J N J Y O U J Y A L U C E
 _____ S _____ A S _____ A
 U W D U E A L U X W U N E G S U M Z C Y I M C X N J
 _____ ? _____ S _____ D _____
 Y R A E B U Y M J O C U

Test Your Knowledge of Idioms and Proverbs

Idioms

1. Heard it on the grapevine
 - A. Heard rumors about someone or something through an information means of communication
 - B. Gossip
 - C. Hearsay
 - D. All of above
2. Every dog has its day
 - A. Everyone will have good luck or success at some point in their lives.
 - B. Every dog, and by implication every person has a period of power or influence
 - C. Lucky
 - D. Successful
3. Go down in flames
 - A. To lose strength
 - B. To fall short of knowledge
 - C. To fail in a spectacular manner
 - D. To be unsuccessful
4. Having your head in the clouds
 - A. Not paying attention
 - B. To be living in a fantasy world
 - C. To have impractical ideas
 - D. All of the above
5. It's always darkest before the dawn
 - A. Things always seem the worse right before they improve
 - B. There is hope, even in the worst of circumstances
 - C. Have hope, things seem the hardest right before they get better
 - D. A and C
6. Weather the storm
 - A. To deal with a difficult situation without being harmed or damaged too much
 - B. They succeed through a difficult period
 - C. To overcome
 - D. You got this

Proverbs

1. Don't put too many irons in the fire
 - A. A don't try to do many things at the same time, focus on one thing at a time
 - B. the act of a person who encloses something in or as if in a casing or covering
 - C. to be doing too many things at once
 - D. have too many things on the plate
2. Don't put off until tomorrow what you can do today
 - A. To emphasize that you should not delay doing something
 - B. If you can do something today don't wait until tomorrow
 - C. Never put off till tomorrow what may be done day after tomorrow just as well
 - D. All of the above
3. Easy come easy go
 - A. When you make money quickly. It's easy to lose it quickly as well
 - B. Something that is achieved easily it also lost as easily
 - C. Attitudes can come and go
 - D. None of the above
4. Hope for the best, prepare for the worst
 - A. Don't worry be happy
 - B. Regardless, it will fail
 - C. Be optimistic but ready for hard times as well
 - D. None of the above
5. If you can't beat 'em join 'em
 - A. If you can't change someone's behavior or opinion, sometimes it's better or easier to do what they want to do
 - B. Actions
 - C. View
 - D. you accept that you cannot be as successful as other people without doing what they do, even though you do not approve of or agree with it
6. If you play with fire, you'll get burnt
 - A. A warning that dangerous or risky actions often lead to pain or injury
 - B. If you get involved in something dangerous or beyond your abilities you will experience a negative consequence
 - C. Be skating on thin ice
 - D. Dance on the razor's edge

Apatosaurus Name _____

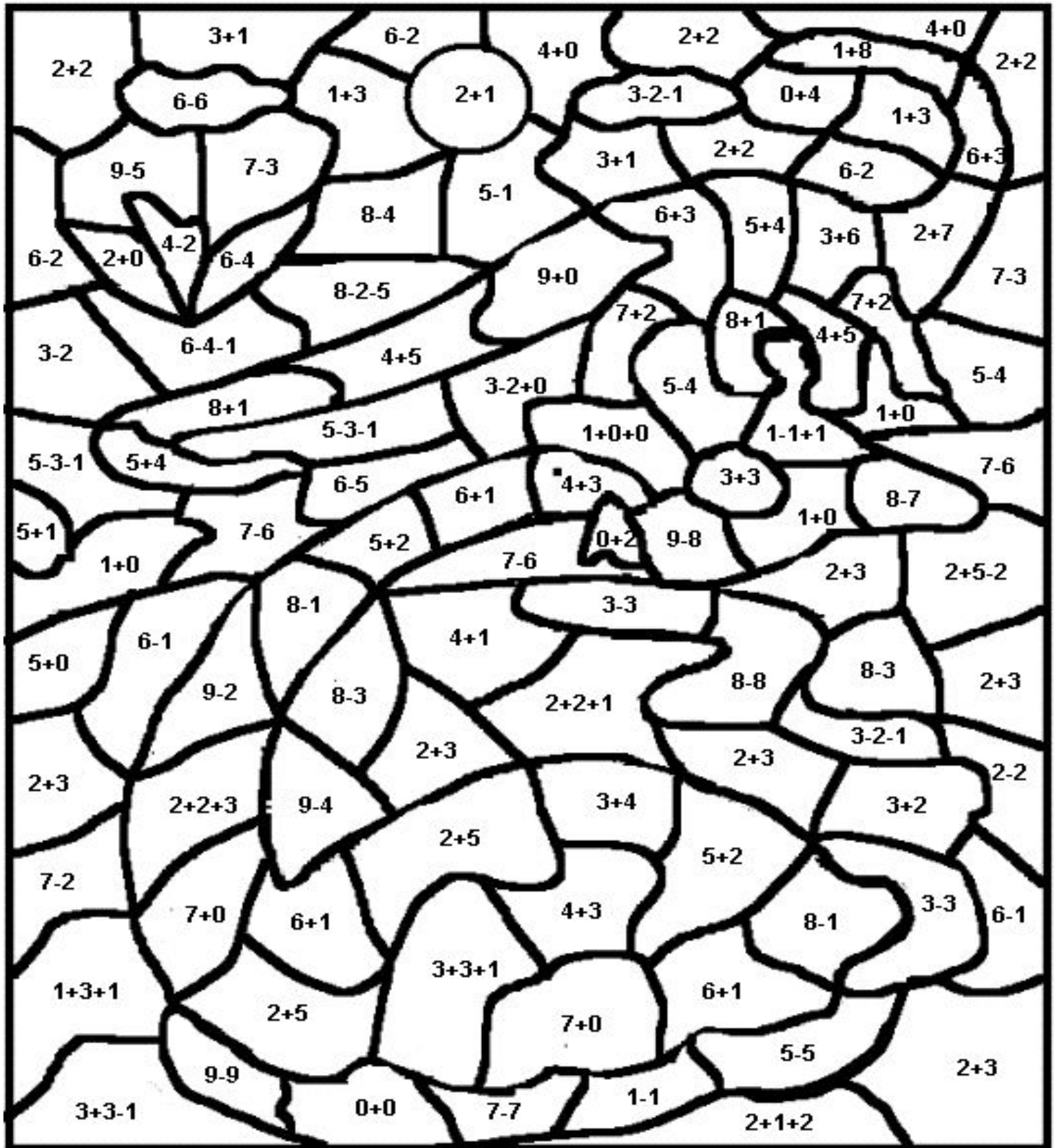
0 = White
5 = Blue

1 = Brown
6 = Red

2 = Green
7 = Grey

3 = Yellow
8 = Black

4 = Orange
9 = Purple



Created by Chris and Ryan Allen 12/22/2001

Idioms and Proverbs Solution

Idioms

1. D
2. A
3. C
4. D
5. D
6. A

Proverbs

1. A
2. B
3. B
4. C
5. D
6. A

By Breanna McDowell



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You can also place ads on the website. Of course, ADs on the website can be in color and animated and they are live and attract more attention.

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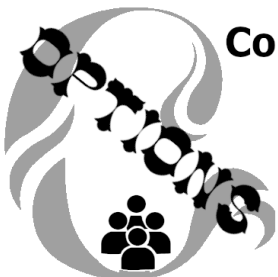
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(918) 789-2862 or (918) 244-0457

ask for Debbie or Zia

our website can be accessed at:

<https://links.community-options.net>



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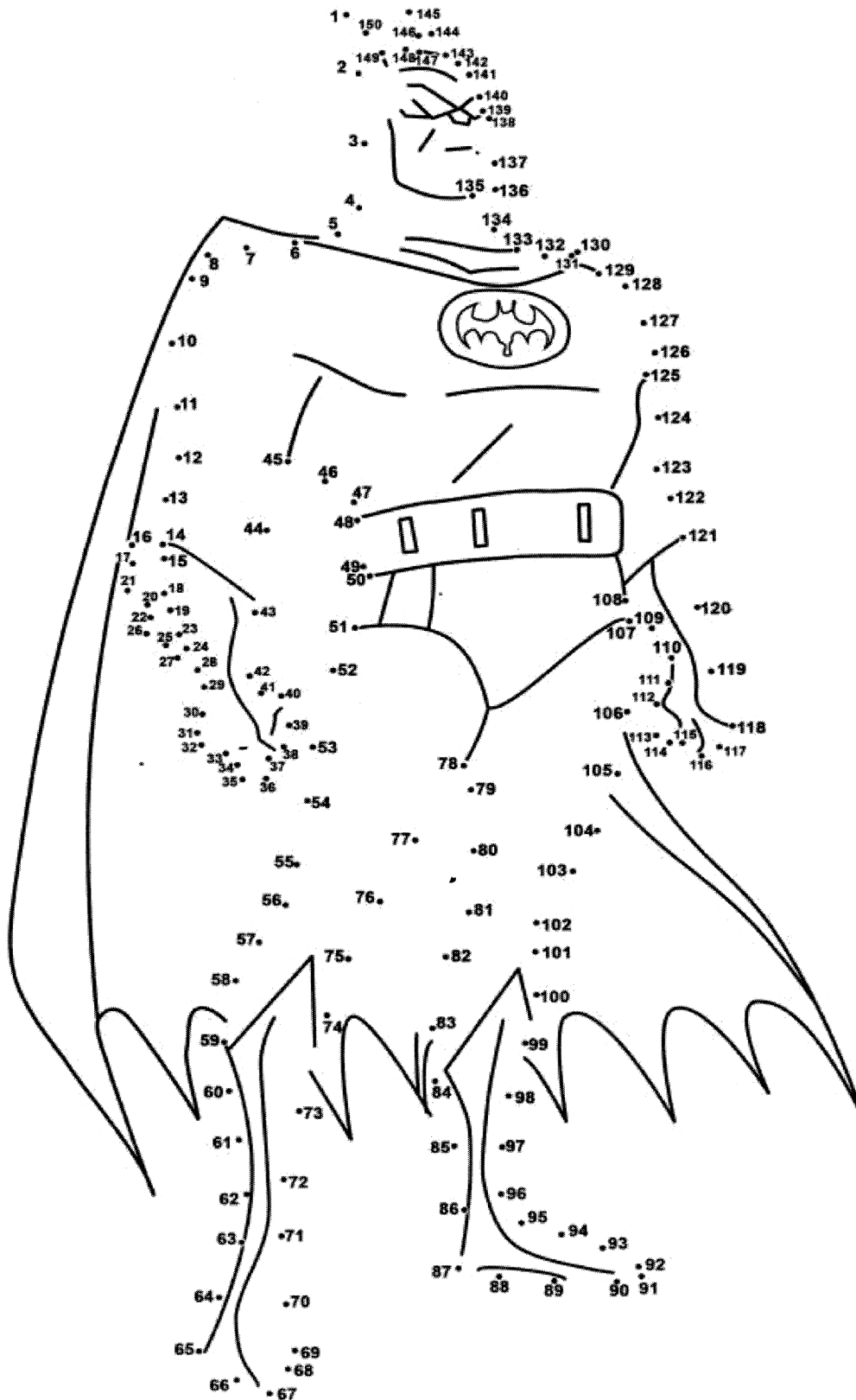
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To share your story with us contact:
Zia Partovi at 918-244-0457 or 918-789-2862 or email him at
links@links.community-options.net

Dot To Dot Picture Puzzle (Connect dots to complete the picture)





Library News

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105 E. Oak (918) 266-1684

Hours:

Monday thru Thursday: 9am to 7pm

Friday: 9am to 12pm & 1pm to 3pm

Saturday: 10am to 2pm

Closed Sunday

CHELSEA PUBLIC LIBRARY

618 Pine (918) 789-3364

Hours:

Tuesday: 10:00am to 7:00pm

Wednesday, Thursday & Friday: 10:00am to 4:00pm

Saturday: 9:00am to Noon Closed Sunday & Monday

CHOUTEAU PUBLIC LIBRARY

307 W Main Phone: 918-476-4445

Hours:

Mon - Fri - 10AM to 5PM

Closed Saturday & Sunday

DELAWARE COUNTY LIBRARY

429 S. 9th St. Jay, Oklahoma (918) 253-8521

Web: www.eodls.lib.ok.us/jay.html

Hours:

Mon., Wed., & Fri. 9:00am to 6:00pm

Tues. & Thurs 9:00am to 8:00pm

Sat. 9:00am to 1:00pm

Closed Sundays and Holidays

GROVE PUBLIC LIBRARY

1140 NEO Loop (918) 786-2945

Toll free in the 918 area code: 1-888-291-8150

Fax: (918) 786-5233

Hours:

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Tues. & Thurs.: 8:30am-9:00pm

Sat. 8:00am-12:00pm

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LANGLEY PUBLIC LIBRARY

325 W Osage Ave. (918) 782-4461

Hours:

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Tue.-Fri. 9:00am to 12:00pm

And 1:00pm to 5:00pm

Closed Sat. & Sun.

MIAMI PUBLIC LIBRARY

200 N. Main (918) 541-2292

Hours:

Sun. 1:00pm

Mon., Wed., Thurs., 9:00am to 8:00pm

Tues., Fri., Sat., 9:00am to 5:00pm

NOWATA CITY-COUNTY LIBRARY

224 S. Pine (918)273-3363 Fax: (918)273-1818

Hours: Mon-Fri 10^{am} -5:30^{pm}; Sat-Sun Closed

PRYOR PUBLIC LIBRARY

505 E. Graham, Pryor 918-825-0777

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Tuesday, Wednesday & Friday:9:00 AM-5:00 PM

Saturday:9:00 AM-12:00 PM (Noon)

SALINA PUBLIC LIBRARY

420 E. Ferry St. (918) 434-8001

Hours: Tue. 12pm-7pm, Wed. 12pm-5pm,

Thurs. & Fri. 10am-5pm

Closed Saturday, Sunday & Monday

TALALA AREA PUBLIC LIBRARY

106 W Watova St. (918) 275-4540

Hours:

Monday - Friday 2pm to 5pm

Monday and Thursday evening 6pm to 9pm

Saturday 11am to 2pm

VINITA PUBLIC LIBRARY

215 W. Illinois (918) 256-2115

Hours:

Mon., Tues., Wed., & Fri. 11:00am to 6:00pm

Thurs. 11:00am to 7:00pm

Sat. 11:00am to 3:00pm

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1515 N. Florence, Claremore OK (918) 341-1564

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Fri. & Sat. 9:30am to 5:00pm

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Vinyl Creations: Customized Hats, T-Shirts, Hoodies, Sweats and more. Stake Signs, Metal Signs, Banners, License Plate, Stickers. Ask for Sammy.

CryptoQuote Puzzles Solution

Title: Feeling Weak **From:** Edgar Allan Poe

Once upon a midnight dreary, while I pondered weak and weary.

Title: Truthful Criticism **From:** Edgar Allan Poe

In criticism I will be bold, and as sternly, absolutely just with friend and foe. From this purpose nothing shall turn me.

Title: Self Confidence **From:** Zora Neale Hurston

Sometimes, I feel discriminated against, but it does not make me angry. It merely astonishes me. How can any deny themselves the pleasure of my company? It's beyond me.

By Steven Burdick and Breanna McDowell

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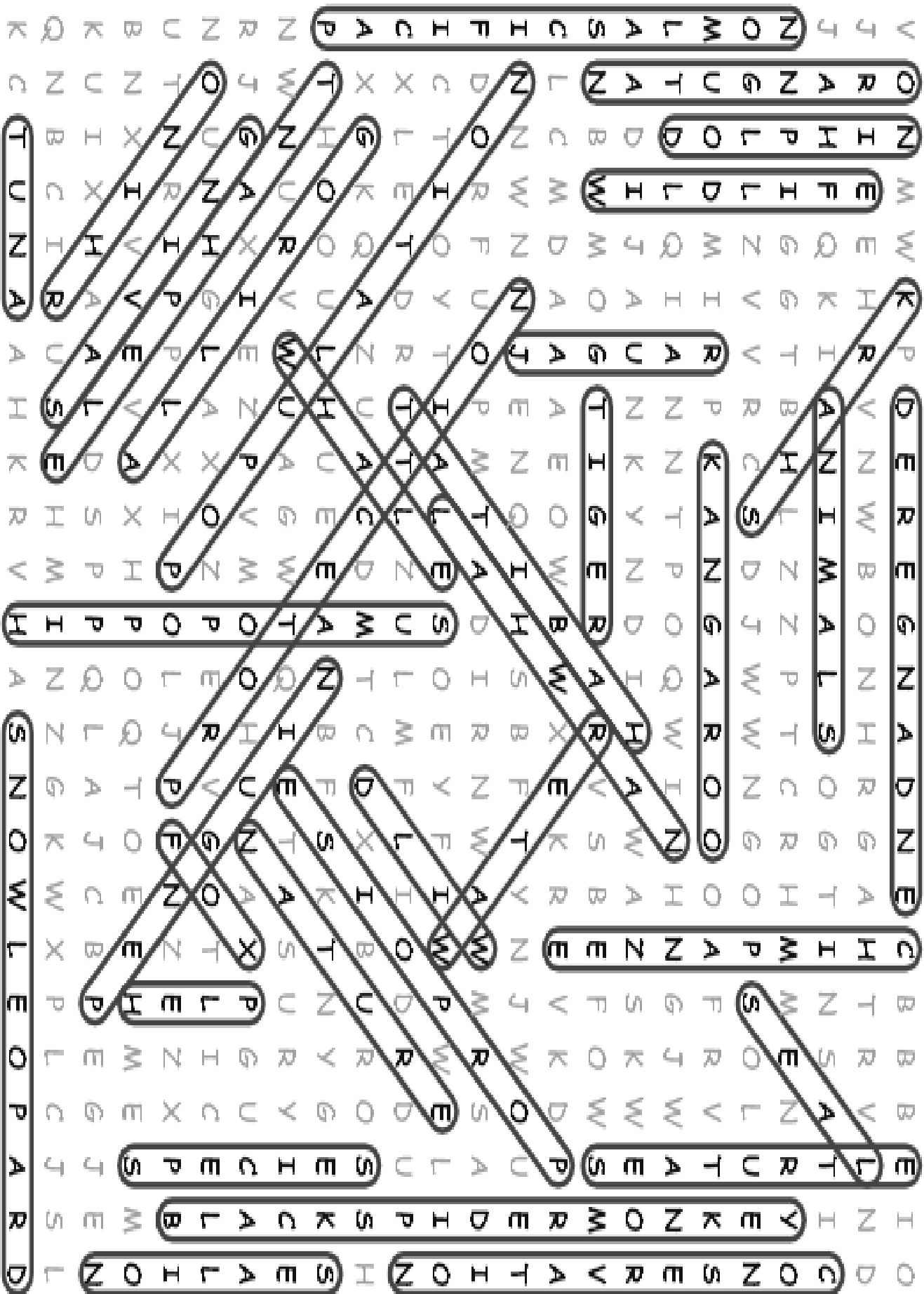
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Word Search Puzzle Solution

Wildlife Conservation 01-20



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Sudoku Puzzle Easy Solution

1	2	6	3	8	5	9	7	4
8	4	9	2	7	1	5	3	6
7	3	5	4	9	6	1	8	2
5	1	4	9	6	7	3	2	8
6	8	2	5	1	3	4	9	7
3	9	7	8	4	2	6	5	1
9	5	1	6	2	8	7	4	3
2	7	3	1	5	4	8	6	9
4	6	8	7	3	9	2	1	5

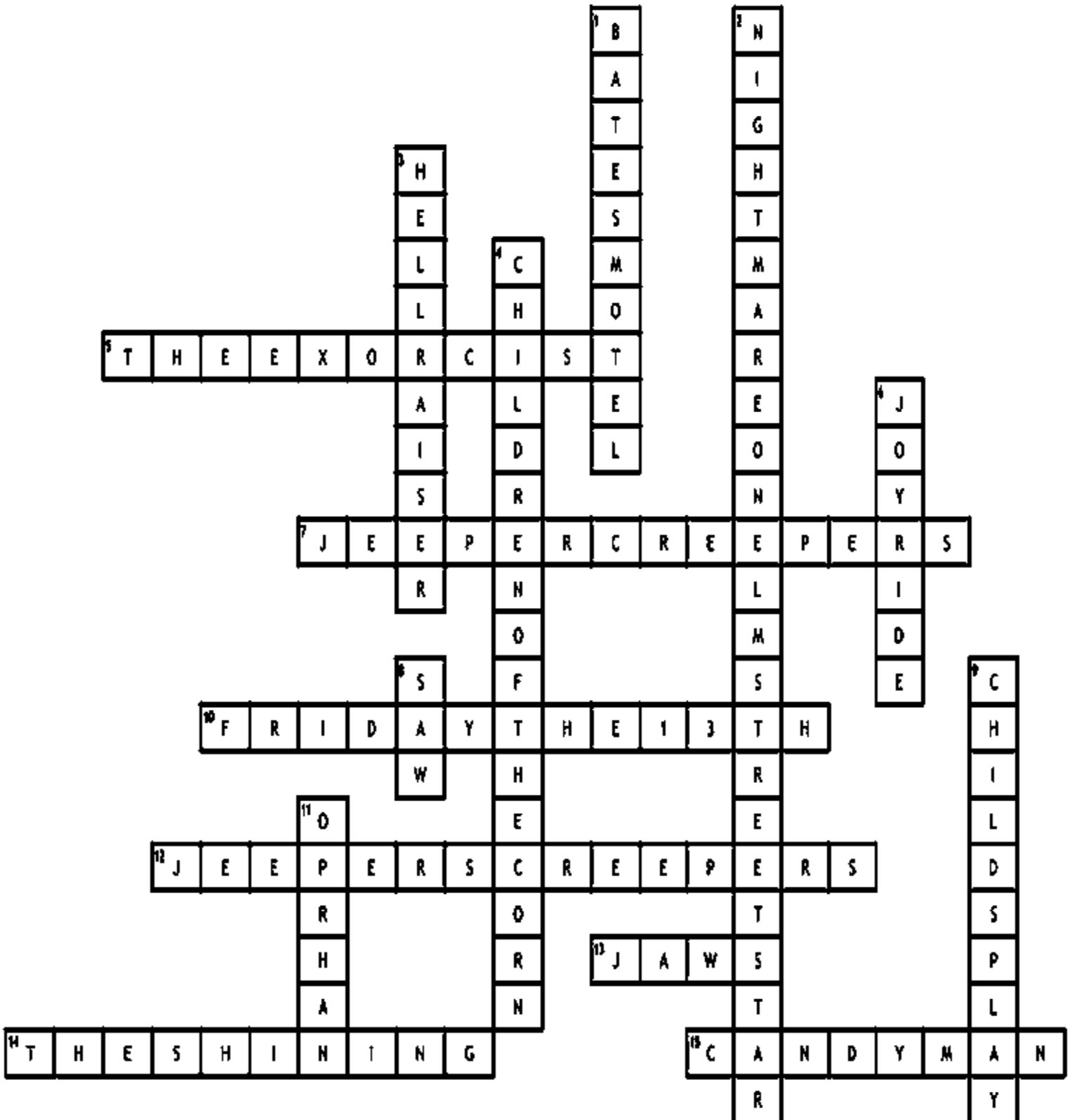
Sudoku Puzzle Moderate Solution

8	1	9	4	7	2	5	6	3
7	4	3	6	5	9	8	2	1
5	6	2	3	8	1	4	9	7
2	8	1	9	4	5	7	3	6
4	9	6	2	3	7	1	5	8
3	7	5	8	1	6	9	4	2
9	3	7	5	6	8	2	1	4
1	2	4	7	9	3	6	8	5
6	5	8	1	2	4	3	7	9

By Nikki Hamilton

Crossword Puzzle Solution

Horror Movies 01-20



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Community Links
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Little Green Shop
Main Street Diner

Chouteau

Shoppers Value
Pizza Corral
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Kum N Go E Hwy 20
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Emerald Care Center

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Drakes
Grand Prosthetics & Artificial
Limbs
Grandwood
Mr. M's Convenience Store
Grove Sr. Citizens
Harps Grocery
Tom Cat Corner

Jay

Simple Simons
Delaware County Library
Jay Senior Citizen's

Langley

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Miami

Marvin's Grocery
Windridge
Wal-Mart Supercenter
Larry's Barber Shop

Nowata

D&L's
Homeland
Nowata Depot Café
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Oologah

Pump - N - Petes #15
Tacora Mart (Conoco)

Pryor

Innovations in Hair
Mayes Co. Nutritional Center
Wilkerson Real Estate
Paulie's Donuts
The Book Exchange

Spavinaw

T-General Store

Vinita

Burrough Manor
Carter's IGA
Grand Lake Mental Health
Midco Clothes & More
Sam's Tire
Vinita Post Office
Wood Shed
Young's Tire

Welch

Welch State Bank

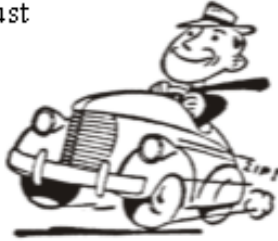
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LINKS

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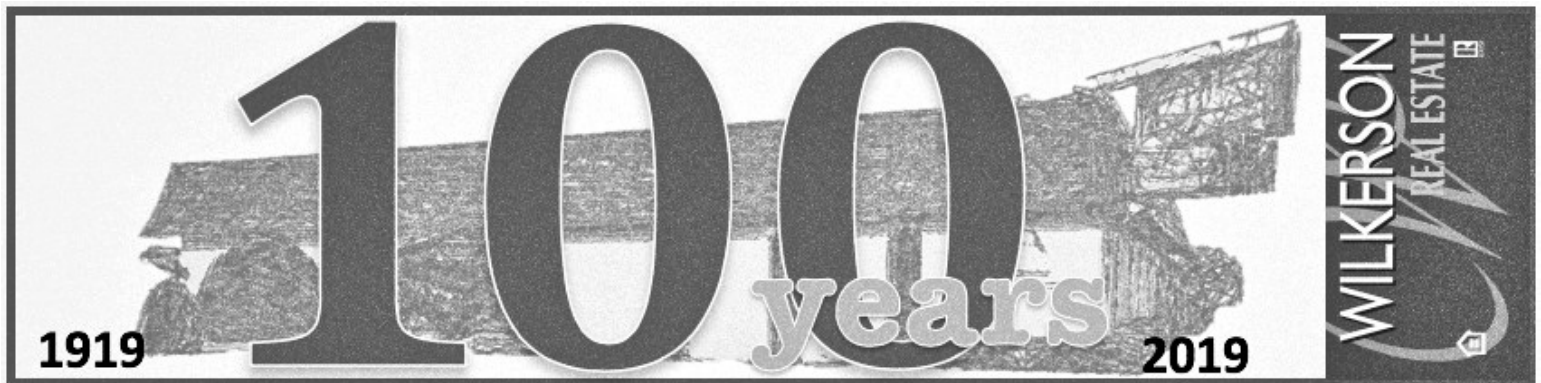
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