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Volume 22, Issue 03

"The Little Green Paper"

February 05, 2021

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**Assembled at Midco Inc.
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Community Links

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Bobby (Corky) Callison

**Debbie Gray and friends' memories of our be-
loved Bobby he will be missed.**



Bobby Holding His Award

Bobby holding his award

12-1-1999 Bobby as the only employee started a Printing business doing sales / printing.

3-1-2000 Bobby started selling Office supplies at 340 West 6th street in Chelsea then moved to 1100 Walnut street.

4-15-2000 Bobby thought of starting a – NEWSPAPER. It was named "LINKS" it had 200 copies and only went to Chelsea, Adair and Foyil. Today it has 3000 copies that goes to 5 counties.

12-7-2006 Bobby received the Governor Award in OKC for his Achievements.

August 2008 Bobby promoted sales for

the new Vinyl machine purchased to make shirts & caps.

Bobby could be seen in the Chelsea community paying bills, doing deposits for Community Options as well enjoying meals and visiting at the Senior Center.

Bobby lived in his own apartment in Vinita and lived at Chelsea Terrace until he joined some of his friends in a group home.

Bobby enjoyed long rides in the countryside, sometimes telling staff the wrong directions so they took the scenic route.

Bobby enjoyed having the independ-



Bob printing COI envelopes while coworker Nikki looks on



Bobby joking around



Bob typing many stories placed in links paper with his adaptive keyboard

ence with his electric wheelchair to attend church. He attended the Nazarene and First Baptist Church. He enjoyed singing Christian songs. Which recently he made a CD of him singing: Put You Hand in the Hand.

Bobby was a good advocate for the DDS people. He was asked to come to a local church and talk to their young people -what it was like to be in a wheelchair and people staring at you.



Waiting to go to OKC to get Governor Award. But snowy weather kept him from going



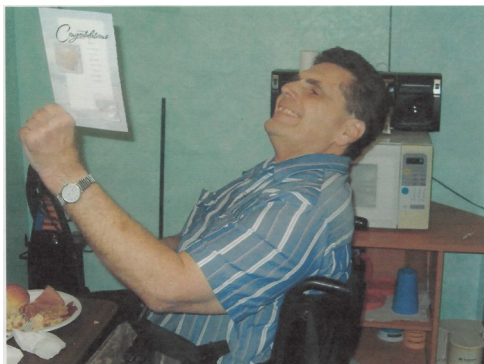
Links group accepting one of may awards



Five Years of Service

Bobby could be irony sometimes and he knew a coworker named Doug did not like to hear the word "rain" so yes Bobby just had to say it to watch the fireworks happen while smiling.

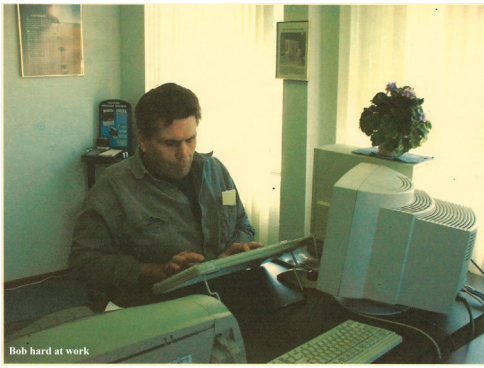
If you ever called Community Links and you heard a voice saying "Community Links how can I help you" in a slow deep voice. That was our Bobby.



Reading his congratulations card for being at Links 6 years



Celebrating Six Years of Service



Bob hard at work



Bob dressed as a Sanitation Worker at 67th annual Chelsea Jamboree

One time while having a dance in Claremore our former supervisor Jeanne Reed Fritz got Bobby up to dance with her. I could not believe how tall he was. Bobby was 6'4".

Nikki said she remembered working with Bobby, her typing stories and him printing envelopes.

Bobby made several personal acquaintances while in the community. They would continue to ask about Bobby each time they were in Links long after he had retired.

John said his roommate Bobby was a real nice guy and easy to get along with. He would miss him.

Dennis could not get over how many different towns Bobby knew how to get to.

Bobby did not want Dennis to push his wheelchair too close to the edge when they visited Grand Canyon, he was afraid he might fall in.

LINKS 10 YEAR ANNIVERSARY



Grace thanking Bob for his hard work



BOB TAKING A DESERVED BREAK



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**Pat and Grace with Paula Doves
and Debbie Gray
Celebrating Links 10 year anniversary**



Bob singing his Christian songs at Links

Dennis recalls Bobby always wanting to stop at Braums to get a Strawberry Malt. One day as Dennis handed him the malt Bobby squeezed it and malt went all over him. The clerk gave Bobby another malt.

Bobby enjoyed going to Nabatak for bait with Dennis especially when they got to eat at their yearly feed.

Debbie Walters memories of Bobby was one day he stated he had a dream of making a CD. She called her husband to assist and 3 days later his dream came true.

A keyboard player and recording equipment was set up and he made his CD. He was an inspiration to all that knew him because no matter what life threw at him, he rose above it. He loved God and kept him in his heart. Many times, we would pray together and ask Gods help. I will always remember him smiling and joking with everyone. He loved life and was loved by everyone that had the privilege of knowing him. I do not think he knew how many people he touched and inspired. I know I was one of those people. I loved him and will miss him.



Bob in later years



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The 'real' St. Valentine was no patron of love



On Feb. 14, sweethearts of all ages will exchange cards, flowers, candy, and more lavish gifts in the name of St. Valentine. But as a historian of Christianity, I can tell you that at the root of our modern holiday is a beautiful fiction. St. Valentine was no lover or patron of love.

Valentine's Day, in fact, originated as a liturgical feast to celebrate the decapitation of a third-century Christian martyr, or perhaps two. So, how did we get from beheading to betrothing on Valentine's Day?

Early origins of St. Valentine

Ancient sources reveal that there were several St. Valentines who died on Feb. 14. Two of them were executed during the reign of Roman Emperor Claudius Gothicus in 269-270 A.D., at a time when persecution of Christians was common.

How do we know this? Because, an order of Belgian monks spent three centuries collecting evidence for the lives of saints from manuscript archives around the known world.

They were called Bollandists after Jean Bolland, a Jesuit scholar who began publishing the massive 68-folio volumes of "Acta Sanctorum," or "Lives of the Saints," beginning in 1643.

Since then, successive generations of monks continued the work until the last volume was published in 1940. The Brothers dug up every scrap of information about every saint on the liturgical calendar and printed the texts arranged according to the saint's feast day.

The Valentine martyrs

The volume encompassing Feb. 14 contains the stories of a handful of "Valentini," including the earliest three of whom died in the third century.

St. Valentine blessing an epileptic. Welcome Images, CC BY



The earliest Valentinus is said to have died in Africa, along with 24 soldiers. Unfortunately, even the Bollandists could not find any more information about him. As the monks knew, sometimes all that the saints left behind was a name and day of death.

We know only a little more about the other two Valentines.

According to a late medieval legend reprinted in the "Acta," which was accompanied by Bollandist critique about its historical value, a Roman priest named Valentinus was arrested during the reign of Emperor Gothicus and put into the custody of an aristocrat named Asterius.

As the story goes, Asterius made the mistake of letting the preacher talk. Father Valentinus went on and on about Christ leading pagans out of the shadow of darkness and into the light of truth and salvation. Asterius made a bargain with Valentinus: If the Christian could cure Asterius's foster-daughter of blindness, he would convert. Valentinus put his hands over the girl's eyes and chanted:

"Lord Jesus Christ, en-lighten your handmaid, because you are God, the True Light."

Easy as that. The child could see, according to the medieval legend. Asterius and his whole family were baptized. Unfortunately, when Emperor Gothicus heard the news, he ordered them all to be executed. But Valentinus was the only one to be beheaded. A pious widow, though, made off with his body and had it buried at the site of his martyrdom on the Via Flaminia, the ancient highway stretching from Rome to present-day Rimini. Later, a chapel was built over the saint's remains.

St. Valentine was not a romantic

The third third-century Valentinus was a bishop of Terni in the province of Umbria, Italy.

According to his equally dodgy legend, Terni's bishop got into a situation like the other Valentinus by debat-

ing a potential convert and afterward healing his son. The rest of story is quite similar as well: He too, was beheaded on the orders of Emperor Gothicus and his body buried along the Via Flaminia.



St. Valentine kneeling.
David Teniers III

It is likely, as the Bollandists suggested, that there weren't actually two decapitated Valentines, but that two different versions of one saint's legend appeared in both Rome and Terni.

Nonetheless, African, Roman or Umbrian, none of the Valentines seems to have been a romantic.

Indeed, medieval legends, repeated in modern media, had St. Valentine performing Christian marriage rituals or passing notes between Christian lovers jailed by Gothicus. Still other stories romantically involved him with the blind girl whom he allegedly healed. Yet none of these medieval tales had any basis in third-century history, as the Bollandists pointed out.



St. Valentine baptizing St. Lucilla.
Jacopo Bassano (Jacopo da Ponte)

In any case, historical veracity did not count for much with medieval Christians. What they cared about were stories of miracles and martyrdoms, and the physical remains or relics of the saint. To be sure, many different churches and monasteries around medieval Europe claimed to have bits of a St. Valentinus' skull in their treasuries.

Santa Maria in Cosmedin in Rome, for example, still displays a whole skull. According to the Bollandists, other churches across Europe also claim to own slivers and bits of one or the other St. Valentinus' body: For example,

San Anton Church in Madrid, Whitefriar Street Church in Dublin, the Church of Sts. Peter and Paul in Prague, Saint Mary's Assumption in Chelmno, Poland, as well as churches in Malta, Birmingham, Glasgow, and on the Greek isle of Lesbos, among others.

For believers, relics of the martyrs signified the saints' continuing their invisible presence among communities of pious Christians. In 11th-century Brittany, for instance, one bishop used what was purported to be Valentine's head to halt fires, prevent epidemics, and cure all sorts of illnesses, including demonic possession.

As far as we know, though, the saint's bones did nothing special for lovers.

Unlikely pagan origins

Many scholars have deconstructed Valentine and his day in books, articles and blog postings. Some suggest that the modern holiday is a Christian cover-up of the more ancient Roman celebration of Lupercalia in mid-February.

Lupercalia originated as a ritual in a rural masculine cult involving the sacrifice of goats and dogs and evolved later into an urban carnival. During the festivities half-naked young men ran through the streets of Rome, streaking people with thongs cut from the skins of newly killed goats. Pregnant women thought it brought them healthy babies. In 496 A.D., however, Pope Gelasius supposedly denounced the rowdy festival.

Still, there is no evidence that the pope purposely replaced Lupercalia with the more sedate cult of the martyred St. Valentine or any other Christian celebration.

Chaucer and the love birds

The love connection probably appeared more than a thousand years after the martyrs' death, when Geoffrey Chaucer, author of "The Canterbury Tales" decreed the February feast of St. Valentinus to the mating of birds. He wrote in his "Parlement of Foules":

"For this was on seynt Volantynys day. Whan euery bryd comyth there to chese his make."

It seems that, in Chaucer's day, English birds paired off to produce eggs in February. Soon, nature-minded European nobility began sending love notes during bird-mating season. For example, the French Duke of Orléans, who spent some years as a prisoner in the Tower of London, wrote to his wife in February 1415 that he was "already sick of love" (by which he meant lovesick.)

And he called her his "very gentle Valentine."

English audiences embraced the idea of February mat-
ing. Shakespeare's lovestruck Ophelia spoke of herself
as Hamlet's Valentine.

In the following centuries, Englishmen and women be-
gan using Feb. 14 as an excuse to pen verses to their
love objects. Industrialization made it easier with mass-
produced illustrated cards adorned with smarmy poetry.
Then along came Cadbury, Hershey's, and other choco-
late manufacturers marketing sweets for one's sweet-
heart on Valentine's Day.

Today, shops everywhere in England and the U.S. de-
corate their windows with hearts and banners proclaim-
ing the annual Day of Love. Merchants stock their
shelves with candy, jewelry and Cupid-related trinkets
begging "Be My Valentine." For most lovers, this re-
quest does not require beheading.

Invisible Valentines

It seems that the erstwhile saint behind the holiday of
love remains as elusive as love itself. Still, as St. Au-
gustine, the great fifth-century theologian and philoso-
pher argued in his treatise on "Faith in Invisible
Things," someone does not have to be standing before
our eyes for us to love them.

And much like love itself, St. Valentine and his reputa-
tion as the patron saint of love are not matters of verifi-
able history, but of faith.

DATA MASTER: Karen Deffenbaugh



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NEWSRELEASE

CONTACT PERSON: Shelly Ferris or Lahona Young
Ombudsman Supervisors

Are you or a loved one needing assistance to move out of a nursing home and back into the community?

The Oklahoma Living Choice Project assists Oklahomans who are wanting to transition out of a nursing home and back into a place of their own. Depending on an individual's needs, services may include:

- Assistance with finding a new residence
- Home-delivered meals
- Transportation
- Adult Day Services
- Skilled nursing
- Therapy services
- Personal care
- Medication management
- Counseling
- Dental/Vision Services
- Transitional funds (one-time allotment of up to \$2,400)

The Living Choice Project is designed for individuals who have, lived in a nursing home for at least 90 consecutive days, qualify for Sooner Care, and are willing to play an active role in their plan of care. The program is for persons 19 years and older with disabilities, or long-term illnesses.

To see if you or a loved one may qualify, go to the Oklahoma Health Care Authority's website and fill out the online application or make a referral. You can contact the Living Choice Program by phone 1-888-287-2443 or email, oklahoma.livingchoice@okhca.org. If you need assistance in the facility, the nursing home's social worker should assist in the online application process. You can also contact your local Ombudsman with any concerns. 1-800-482-4594 ext. 220 for Lahona Young lyoung@grandgateway.org, or ext. 226 for



Shelly Ferris, sferris@grandgateway.org.

Funding for this is provided in part by state and Older Americans Act funds from Grand Gateway AAA and DHS Aging Services. Grand Gateway AAA serves all individuals who are eligible for its programs without regard to race, national origin, ancestry, color, religion, sex, age or disability



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We Screwed Up: There Are Now Too Many Bald Eagles



Dear Mr. President,

I'll give it to you straight. The American bald eagle population is dangerously out of control.

At the dawn of the 20th century, our nation held a mighty 100,000 nesting pairs of eagles. You know the history, Mr. President: In our carelessness and greed, we decimated them through deforestation, DDT spraying, and rapacious bird hunters who profited off the women's eagle feather cloche, a popular ladies hat fashion of the 1920s. By 1962, fewer than 500 bald eagles remained. Congress authorized the Bald Eagle Protection Act, making it a felony to kill, own, or sell America's national bird, and President Kennedy signed this act in the Oval Office while a dozen of our nation's top ornithologists looked over his shoulder and gave the "thumbs up."

Like most legal solutions to bird-based catastrophes, the law worked too well. Thousands of new eagles were born. Then millions. By 2010, the International Union for Conservation of Nature had re-categorized the American Bald Eagle from Endangered to Vulnerable to Least Concerned to We're Concerned That A Shit Ton Of Eagles Are Circling Our Picnic In A Threatening Fashion. Soon there were more eagles than people, and then more eagles than grains of sand in the Sahara. Whereas our bald eagles once fluttered their wings patriotically atop a purple mountain majesty, their flapping soon turned into the menacing din of an apex predator multiplying like a fire ant.

I will not sugar-coat this, Mr. President. The situation is dire.

In Ketchikan, Alaska, bald eagles are attacking our citizens at their most vulnerable — when exiting donut shops. Just last month, two eagles swooped in on poor Jan Wallen, stealing her Boston cream and her bear



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claw and pecking her right arm many times. Poor Jan needed stitches and couldn't hold any more donuts for a week, Mr. President!

In Boulder, Colorado, the congestion has become so awful that you cannot drive to the grocery store without your car windshield being smashed by a dozen bald eagles. Eagle-based traffic deaths now exceed drunk driving deaths, and that's even accounting for the fact that drinking has tripled because people are stressed about all the eagles.

From Minnesota to Florida, bald eagles are flying right into our Starbucks Cafés, our Schlotzsky's Delis, and our Panera Bread fast casual restaurants and hogging all the seats and bathrooms.

Have we so quickly forgotten that Teddy Roosevelt once called bald eagles, "the thieves and loafers of the skies"? This was right before he pulled out a shotgun, swigged a bourbon, and rode a horse around town while shooting every eagle in sight and screaming, "I'll show you airborne hooligans a thing or two!"

What we need now, Mr. President is an evidence-based eagle-reduction plan. My office proposes a bold, four-point strategy:

We will amend the Bald Eagle Protection Act to allow every American to exercise her god-given right to kill or capture up to 20 eagles per day. We will further require all gun purchasers at our nation's Walmarts to shoot at least a couple of bald eagles in the parking lot on the way out.

We will budget \$100 million to pay the women's magazine Cosmopolitan to aggressively feature eagle feather hats, ushering in a new wave of demand for eagle-based fashion and retail goods. The market economy will do the rest.

We will re-open Charlie's Bald Eagle Cafe, America's most popular early 20th-century chain restaurant, and I'm sure you can guess their best-selling dish!

On my command, The United States Army will fly 1,000 Chinook helicopters across our fair lands, blasting pre-recorded bald eagle mating calls, and luring them into giant nets. Concurrently, we will erect an enormous, hollow, wooden Bald Eagle statue (Code Name: Aquiline Dream) with a wingspan of 2,000 feet and a weight of 21,000 metric tonnes. The helicopters will rendezvous at Aquiline Dream, the nets will release, and the eagles will drop into a giant greased funnel that deposits them securely within the concealed interior of the statue. The statue — now filled with millions of bald eagles and enough salmon and deer meat to last a 10-day sea voyage — will sail atop the USS

Gerald R. Ford aircraft carrier to Pyongyang, North Korea. It will make a most tempting gift for his excellency, Kim Jong Un! With Aquiline Dream in Un's possession, her giant mechanical beak will drop, millions of bald eagles will fly from her mouth and swarm into North Korea, and they'll have to figure it out.

Mr. President, this is the only plan backed by history, military strategy, and top-notch government science. It is our best hope. We await your decision.

Sincerely,

Katharine MacGregor
United States Deputy Secretary of the Interior

DATA MASTER: Steven Burdick



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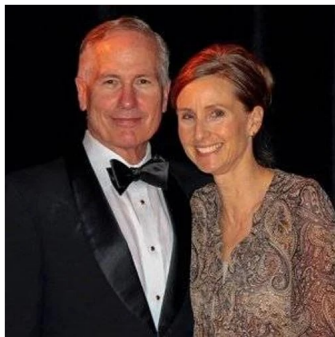
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Deep Love After Deep Loss

Soon after Dan Browning's wife was diagnosed in 2012 with an incurable form of dementia at age 50, he joined a support group for caregivers in suburban St. Paul, Minn. After Liz Cummings Browning died, in May 2014, he continued to attend.



When Linda Irgens joined the group some months later, Browning was immediately attracted to her, but didn't act on his feelings. When Irgens suggested one day they meet for coffee, Browning eagerly accepted. Soon after, he asked her to see a band with him at a local pub. There, she invited him to dance.

"Linda moved like a serpent, igniting something in me I thought had died," he said. His next move — off the dance floor — was to sign up for dance lessons. After just one lesson, he was hooked.

"Dancing became the connection for Linda and me. We take private dance lessons together once a week, and we will enter our first competition as an amateur couple this month," Browning said. "We are lovers in the finest sense of the word."

An Attraction Blooms in a Vineyard

Two wine aficionados fittingly fell in love while touring vineyards in France. In 1996, John Nash was a partner in a wine shop in a suburb of St. Louis and Tammy Silver worked with her parents at their wine store in Washington, D.C.

A wine importer invited both of them on a three-week trip through the Loire Valley, Burgundy, Languedoc, Alsace and the Rhone Valley. Nash was attracted to Silver early on. "Our group had most of our meals together, and she always laughed at my jokes," he recalled. "By the end of the trip, we both were smitten, and ending each others' sentences."

On the last night, the couple had an all-night conversation, one that continues to this day. In April, they will celebrate 21 years of marriage at home in St. Louis County where Nash works at a local wine shop. Odds are, they will toast their union with a fine wine.

DATA MASTER: Doug WM Stone



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Claremore Nursing Home - Employee of the Month



Susan Grimmatt was unanimously elected by Resident Council as February honoree. She has been part of the Housekeeping Department for 5 1/2 years.

Born on the East Coast, Susan has been married but says, "Never again." Her 2 girls and 1 boy have given her 4 grandchildren.

Even though she is a private kind of person with most, Susan loves the residents and takes good care of them. Her favorite thing is talking with them and listening to their interesting stories.

"They may forget your name, but they will never forget how you made them feel."

Maya Angelou

If you would like to join, "Susan Grimmatt" as a Certified Nurse Aide, please apply in person. Now taking applications for Certified Nurse Aides both days and nights. Must pass a background check. New pay scale for CNA's.

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Happy Valentine's Day: Ghost Stories of Tragic Love

"Deep in earth my love is lying.
And I must weep alone." -Edgar
Allan Poe



They say tragic events can leave spirits on earth, and passionate love so often ends in tragedy. They also say unfinished business can leave souls wandering the earth. How often have we felt a romance end without closure? Today, on the most romantic of holidays, I thought we might explore these stories of love. Love so passionate it leaves a heartbroken, supernatural stain on earth.

The Bride on the Bridge

In Stowe, Vermont lies a covered bridge they call "Emily's Bridge." There are several versions of Emily's sad tale. Some versions say that Emily and her boyfriend were meeting at the bridge to elope, since her parents did not approve. He never came, and she hung herself from a rafter. Another version says Emily was left at the wedding alter. She hopped on a carriage to find her love. When she reached the bridge, one of the horses was startled and she died in an accident. Some versions say she was killed by runaway horses on the way to her wedding. Whatever way you put it: Emily reached a tragic fate.

Visitors to the bridge have reported scratch marks on their cars and bodies, and strange noises (footsteps, ropes tightening, girl screaming). If you park your car on the bridge you might hear banging on the car or her body's feet dragging on the car's roof.

A Deathly Love Triangle

The Castillo de San Marcos in St. Augustine, Florida is the oldest masonry fort in the United States. The site itself is dripping with paranormal activity, but today we focus on an affair that led to murder.

In 1784, Colonel Garcia Marti brought his young wife, Dolores to the fort. He wasn't the most devoted husband and often ignored his wife, thus she found other ways to spend her time. She began an affair with her husband's assistant, Captain Manuel Abela. Dolores wore a very unique perfume, which Garcia smelled on Manuel one day. Shortly after, Dolores and Manuel went missing. Garcia told everyone that Dolores had returned to Spain and that Manuel had a special assignment in Cuba. About 50 years or so later, a hidden room was found in a dungeon behind a brick wall. The remains of a woman and man were found (some versions say chained to the

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wall, some say in a pile of ashes). Sightings of a woman with a white dress have been reported on the site. Could it be Delores?

A Forbidden Love

Minnie Quay was the 15-year-old daughter of James and Maryann Quay. They lived in Forest-er, Michigan, so they often saw boats coming and out of town. Minnie fell in love [tumblr_nhezdnMILh1tfyseno1_250](https://www.tumblr.com/nhezdnMILh1tfyseno1_250) with a sailor (not much is known about him) and her parents disapproved of this crush. One day, word came to town that his boat sank. Minnie was quite distraught, especially since her parents had forbidden her to say good-bye when he last left. Some time after, she was babysitting her infant brother for her parents. She left her house and walked towards the waterfront. People near the town inn, The Tanner House, waved as she walked by. Suddenly, their friendly faces turned to faces of horror as she walked into Lake Huron.



Legend says she still walks the beach, waiting for her sailor to return. More frightening versions say she lures young girls towards the water, and towards their deaths.

A Romantic Murder Plot

Jesse Strang deserted his wife and children and began a new life in Albany, New York. He lived under a new name, Joseph Orton, and began working at the Van Rensselaers' residence at Cherry Hill. He caught the eye of the affluent Elsie Van Rensselaer, a married woman. Jesse and Elsie decided their love could really flourish without Elsie's husband, John Whipple, around.

15 In May of 1827, after a failed attempt of arsenic poi-

soning, Jesse Strang shot John Whipple. Jesse and Elsie tried to hide their murder plot, but they didn't cover their tracks very well. Murder by Gaslight (a new favorite blog) describes the sensational trial that followed:

“In June Jesse Strang confessed to the murder and told prosecutors where to find the rifle. He believed that if Elsie was convicted as well, her powerful family connections would get them both pardoned and he tried to lay the blame on her. But when his lawyer and the prosecutor told him that nothing he said against Elsie would lighten his punishment he withdrew his confession.

[...]

Members of the household testified that they had heard Strang spread the stories of prowlers out to kill Whipple. The merchants who sold him the rifle and the arsenic testified as did hotel keepers who had seen Strang and Elsie together. But it was Strang's confessions, admitted over the objection of the defense, which sealed his fate. The jury deliberated for fifteen minutes before returning a verdict of guilty.

Elsie's trial followed the same course as Strang's except the prosecution tried to call Strang as a witness. There was much debate over his eligibility to testify because he had been convicted but not yet sentenced. In the end the judge would not allow his testimony. The prosecution rested, and the jury, without leaving their seats, acquitted Elsie Whipple. The Albany Establishment had closed ranks to save one of their own from a public hanging.

Jesse Strang was found guilty of first degree murder and Elise Whipple was found not guilty.

According to an Albany tourist site, all members of this love triangle roam the halls of Cherry Hill. People have witnessed a ghost on the bottom floor of Cherry Hill and believe it is Mr. Whipple. He is not hostile, but gives off a feeling of anger. Jesse Strang's ghost is seen where the gallows once stood wearing the same clothes he wore the day of his execution.

Imagine repeatedly running into both your exes in the afterlife. That's pretty tragic.

As we can see, tragic love often ends with lingering ghosts. There is even a type of ghost, the White Lady, that is often attached to a story of betrayal by a lover. The White Lady appears in folklore all over the world (to name a few: the United States, Czech Republic, Germany, Brazil). Even if you don't believe in ghosts, you can acknowledge the universal power of tragic love in storytelling, and what better metaphor for heartbreak than a ghost.

Salmon Spawning for the First Time in 80 Years in the Upper Columbia River

Tribal biologists have confirmed that chinook salmon are spawning in the upper-Columbia River system in Washington state for the first time in 80 years.



The discovery of 36 “redds” (where a female salmon deposits her eggs) along a prime eight-mile spawning stretch of a tributary of the Columbia called the Sanpoil River confirmed the Colville Tribe's suspicions.

It's the culmination of decades of dreaming, and years of work, which one can hear in the words of Crystal Conant, a Colville tribal member of the Arrow Lakes and SanPoil bands, when she spoke to Eli Francovich at Spokesman.

“I was shocked at first, then I was just overcome with complete joy...I don't know that I have the right words to even explain the happiness and the healing,” she said.

The Confederated Tribes of the Colville System have been planning and researching how it would be possible to restore salmon populations to the river systems above two dams built in the 1930s and '50s which prevented the fish from reaching the higher levels of the river system to spawn, as they had done for generations.

A long time coming (home)

In blocking the salmon from returning to the upper-reaches of the Sanpoil River, many of the tribes there were prevented from carrying out fundamental practices of their culture, including the “salmon songs” which called the fish back from the ocean, and spear fishing around Kettle Falls, over which the river



tumbled and roiled as it contested against quartz boulders.

The Grand Coulee and Chief Joseph dams don't include fish ladders, and so in August the Colville Tribes released 100 salmon 35 miles upstream of the two dams in an attempt to see if they would survive and spawn. They outfitted electronic trackers to the fish so they would be able to observe their movements. Over the summer and fall, contrary to some predictions that the fish would just up and leave, the hatchery-born salmon spread out and began to spawn.

But of course the major challenge to an otherwise superbly plausible restoration effort is whether small salmon can cross the Columbia River reservoir created by the dam, pass through the hydropower infrastructure, move out to sea, eat, grow, and return again.

As one of the most arduous and impressive migration patterns in nature, it's difficult to survive in the best of times, but whether the human-constructed obstacles make it impossible is not known.

Their survival also depends on how many aggressive and invasive northern pike can be removed from the river and reservoir, as they would prey on the salmon species. Only after these survival concerns are alleviated will the tribes begin investigating potential costs of passageways through the dams.

According to another report from public radio, it could be 10-15 years before the tribes big-picture feasibility studies are concluded, since they would need to observe salmon coming and going while spending years out at sea.

But the wait will be worth it if the fish can return, as they are the keystone in the Colville Tribes' culture.

"Our ancestors carried a prayer that our salmon would one day return to the Upper Columbia," Colville Business Council chairman Rodney Cawston said in a statement. "With all the prayers that were made historically and today, combined with all the efforts of our fisheries staff, our leaders and many others who are joined in this effort, we can bring our fish home."

DATA MASTER: Nikki Hamilton

Approach, Avoidance and, at Long Last, Love

Carol Kennedy met Howard Porter in 1984 at a horse-shoe-shaped bar in a St. Louis County restaurant, but (shades of Lysander's words to Hermia in Shakespeare's *A Midsummer Night's Dream*), the course of true love did not run smooth. At least not right away.

"I saw a man across the bar looking at me," she said. "Then he winked." Startled, she ignored Porter. Once both were seated for dinner with their respective friends, he still was in her sight line. He caught her eye and winked again, and she winked back. But when a waiter delivered his business card to her, she stomped over to his table and asked Porter to step outside.

"I'd been separated from my husband for six months, and dating was the last thing on my mind," she said. "I knew I would never call this man." She thought Porter was making fun of her, and out on the sidewalk, demanded an explanation for his behavior. He apologized for any offense and they quickly parted.

Three days later, she walked back from her vow and called him. When they met for drinks, they discovered they had "a world of things" in common, including sailing and a love of classical music. Drinks led to dinner, and eventually to love. They were married Feb. 15, 1986, and now the Porters split their time between Missouri and Michigan.

Her Love Lives On

Mary Rozier met Steve Rademan early in elementary school, but lost track of him after she transferred schools. They met again in high school in Jefferson City, Mo. "He was dating my friend when she told him she was going to become a nun," she said. "He broke up with her and we began going out. We graduated in June 1967 and married in October."

Some months after the wedding, she told her mother-in-law about the day she threw up on a boy who sat in front of her in second grade. "She broke down laughing and told me she'd had to take fresh clothes to Steve at school — and that was the first time I knew who the boy was!" she said. All those years, none of the Rademans had known her identity either.

Steve Rademan, a heavy equipment operator, died a year ago this month. Mary Rademan, who works for state government lobbyists, said one of the things she misses the most is holding hands with Steve. "I always felt safe and loved by those hands," she said.

DATA MASTER: Doug WM Stone

Up-coming Events

TOPS #570 We meet 9am to 11am Monday morning at Mt. Olive Lutheran Church in Miami 2337 N. Main St. "Taking off pounds sensibly!"

TOPS #567 meet every Thursday at 10am 433 N Mississippi in Nowata.

TOPS #506 in Miami Heavenly Winds Worship Center meet every 6pm Thursday evening. For more info call Susan Walls at 918-540-0570

Every 4th Saturday of the month Veteran's Support Group: Veterans for Veterans. Have you served in the military? Are you struggling with readjustment? Anxious about the future? Struggling to connect with friends and family? Struggling with school? WE CAN HELP! Free veterans support group at 10am every 4th Saturday of the month. The Landing 502 West Corner Fairland, Ok. For more information call Larry Boyd (918) 541-7592 or Cindy (918) 676-3228.

Food Truck Wednesdays —Every Wednesday, grab some tasty eats and gather on the grounds of Guthrie Green. During Food Truck Wednesdays, lunchtime transforms into a community-wide affair, with roaming food trucks posting up at this Tulsa park. While you dine on delicious food, be sure to enjoy the live music and fresh air. Guthrie Green 111 E Brady St Tulsa, OK 74103 Phone: 918-574-2421

Big Cabin Senior Exercise Program—Fitness program for seniors held at the Big Cabin Baptist Church gym three times a week, Monday, Wednesday and Friday, from 10 to 11 a.m.

American Legion Post 178 in Grove, OK – Bingo every Saturday evening at 6pm. Family atmosphere. Contact Lee Cathy for any questions at: 901-487-9060

PRYOR DANCE—Every 1st. and 3rd. Thursday of the month. 6:15 pm—9 pm—Cost is \$5.00 per person, Double H Band will be playing. Cookies and Coffee will be serving. It's for seniors but all ages are welcome. Mayes County Nutrition Center 851 SE 9th Pryor (just east of 9th and Elliott intersection)

Feb 1, 2021- Feb 7, 2021 Tulsa Boat, Sport & Travel Show - The 65th annual Tulsa Boat, Sport & Travel Show at Tulsa Expo Square will feature displays of canoes, runabouts, sail boats, house boats, cruisers, boat docks, vans, tent campers, trailers, pick-up camper units, motor homes and motorcycles. Come see hundreds of boats including fishing boats, cruisers, ski boats, pontoons, personal watercraft and more. Tulsa Expo Square 4145 E 21st St., Tulsa, OK 74112 Phone:

SUDOKU PUZZLES

Fill in the grid with digits in such a manner that every row, every column and every 3X3 box accommodates the digits 1-9,

	8		7		1	9		
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1		3			9	8		6
		9	1	3			4	
2				7				3
	4			8	2	7		
4		1	5			3		9
8								
		7	6		8		5	

Hardship level: Moderate

				6		9		8
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	7				3			6
	1	2	9					5
9				8		6		
3		6		5				

918-519-1210 Fax: 918-712-7447.

Feb 5, 2021- Feb 6, 2021 2 Friends & Junk Craft Show - The 65th annual Tulsa Boat, Sport & Travel Show at Tulsa Expo Square will feature displays of canoes, runabouts, sail boats, house boats, cruisers, boat docks, vans, tent campers, trailers, pick-up camper units, motor homes and motorcycles. Come see hundreds of boats including fishing boats, cruisers, ski boats, pontoons, personal watercraft and more. Tulsa Expo Square 4145 E 21st St., Tulsa, OK 74114 Phone: 620-515-3301.

Feb 6, 2021 Ancient Trail Trek - The Ancient 5K Trail Trek in Keystone Ancient Forest offers magnificent views and an exciting course. Run among 500-year-old cedar trees, 300-year-old post oaks and beautiful scenery in this fun yet challenging Saturday event. This Sand Springs nature preserve boasts 1,360 acres of land, wildlife and primitive hiking trails. On your run, you may spot butterflies, owls, deer or other creatures in this wilderness preserve. This event is open to runners of all ages and trails are well-maintained. Keystone Ancient Forest, 160 Ancient Forest Dr., Sand Springs, OK 74063. Phone 918-246-2504.

Feb 12, 2021 - Feb 14, 2021 Tulsa Fishing & Hunting Show - Make plans to attend the Tulsa Fishing & Hunting Expo for plenty of outdoor-themed fun for the family. Head to Tulsa Expo Square, and browse row upon row of fishing and hunting gear found under one roof. After shopping for new fishing and hunting products, be sure to have a blast with family-friendly attractions and live entertainment by professional sportsmen. Tulsa Expo Square 4145 E 21st St., Tulsa, OK 74112. Phone: 918-699-9452.

Feb 12, 2021 - Feb 14, 2021 BMX Sooner Nationals - Head to Tulsa Expo Square for a fun and exciting weekend of intense BMX competition. The Sooner Nationals feature events for men and women of all age groups and skill levels. Winners will be decided on Saturday with the runner-up events on Sunday. Be sure to come out for the pre-race on Friday and see the racers prepare for the big event. There will be plenty of concessions and no shortage of exhilarating races to watch, so come out and cheer on these talented riders. Event schedules and registration fees available on website. Tulsa Expo Square 4145 E 21st St., Tulsa, OK 74114. Phone: 480-961-1903, 918-744-1113.

Feb 12, 2021 - Feb 14, 2021 Home & Garden Show - Visit the annual Home & Garden Show in Grove for new ideas and products to improve your home or garden. Browse nearly 100 vendor booths filled with a wide selection of useful products, and attend informative how-to seminars. Talk to area contractors at the Home & Garden show, then check out the latest in home improvements, decorating ideas, landscaping and remodeling tips. The Home & Garden Show also offers cooking

demonstrations so visitors can either brush up on their cooking skills or learn new tricks in the kitchen. Grove Civic Center 1720 S Main, Grove, OK 74344. Phone: 918-786-9079.

Feb 13, 2021 Bass Reeves Beat Walking Tour - Join local author and historian Jonita Mullins and Okie Heritage Tours for the Bass Reeves Beat Walking Tour around historic Muskogee. Learn about the life and times of Deputy Marshal Bass Reeves, considered to be one of the greatest lawmen to serve on the frontier. As one of the first African American marshals, Reeves had a remarkable record of arrests and expert marksmanship. See where he lived and worked during his final years in law enforcement. Muskogee Civic Center 425 Boston St., Muskogee, OK 74401. Phone: 918-348-6648.

Feb 17, 2021 Tulsa Oilers Vs Kansas City Mavericks - Cheer on the Tulsa Oilers as they take on their opponent at the BOK Center in downtown Tulsa. Get in on the fast-paced hockey action as these two teams compete for control of the puck. Enjoy a snack and a cold beer while cheering on the team as they battle for victory on the ice. BOK Center 200 S Denver Ave., Tulsa, OK 74145. Phone: 918-632-7825.

Feb 18, 2021 - Feb 21, 2021 Midsouth Tackle, Hunting & Boat Show - The Midsouth Tackle & Hunting Show in Grove will feature hundreds of vendors presenting the latest merchandise and technologies in outdoor sports with special hunting and fishing demonstrations by pro fishermen and hunters. This expo will also include a kids' fishing pond, the Fetch-N-Fish dog show, bowfishing, archery and more. Grove Civic Center 1702 Main St., Grove, OK 74344. Phone: 918-520-3474.

Feb 19, 2021 - Feb 20, 2021 Oklahoma Kids Wrestling Association State Championships - Each year, young wrestlers compete in the Oklahoma Kids Wrestling Association State Championships. Head to Tulsa Expo Square to cheer on these budding wrestlers as they take on their opponents. Be sure to attend All Session to see which kids earn top rankings in this youth wrestling championship. Tulsa Expo Square 4145 E 21st St., Tulsa, OK 74114. Phone: 404-219-7565.

Do You have an event that you would like to share ?

**Community Links of Chelsea
1100 Walnut/PO Box 85**

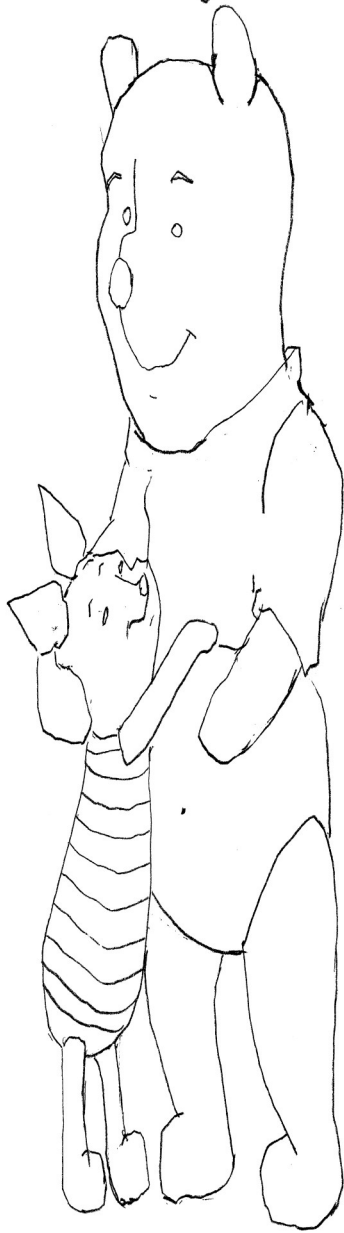
Chelsea, OK. 74016

Ph: 918-789-2862

Fax: 918-789-5296

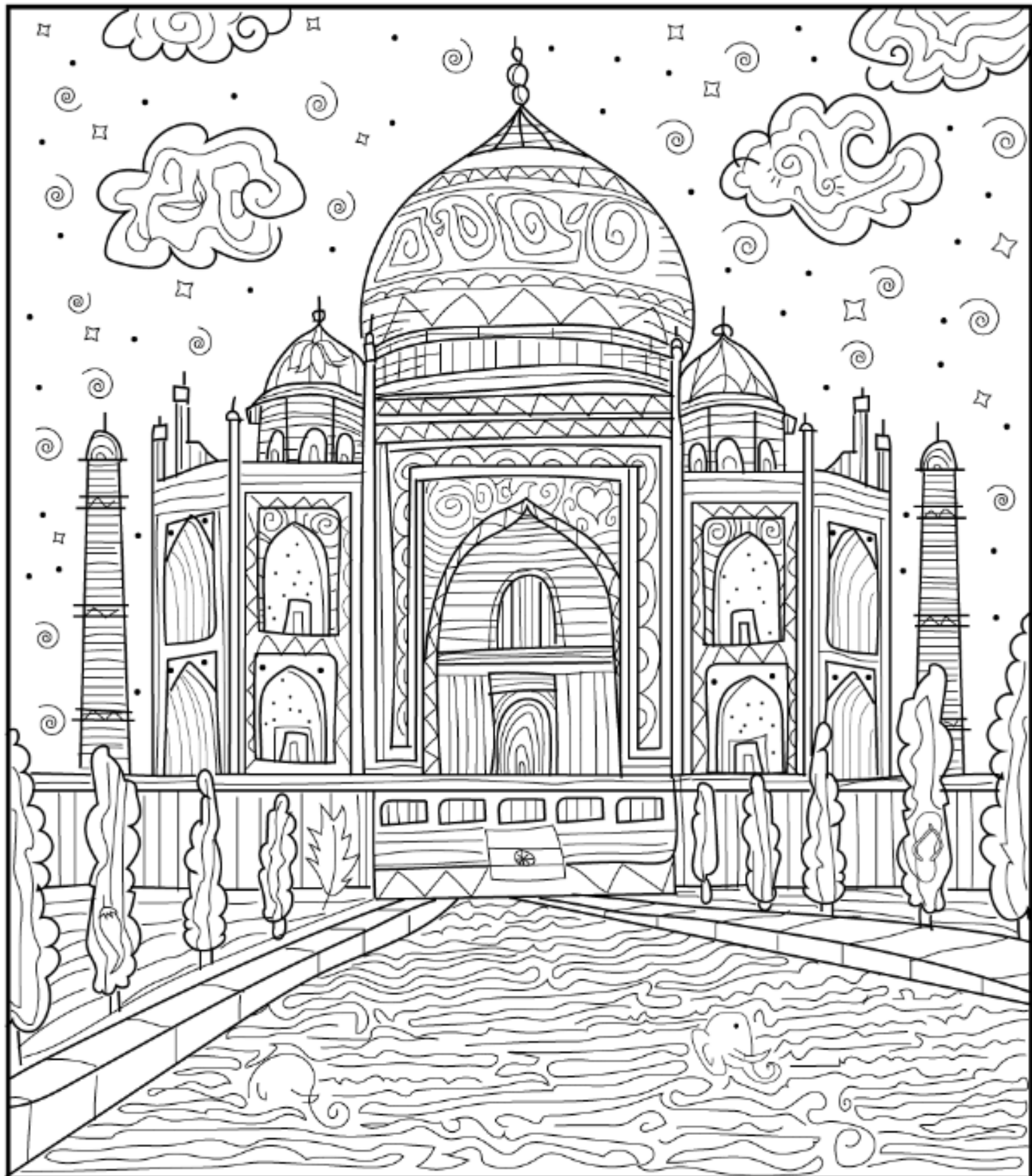
Email: links@links.community-options.net

Happy



Valentine





Find the hidden objects





Getting to know the Lutherans

THE GOSPEL OF JESUS SPREADS

In the Bible we read that the broken, the hurting, the lost, and the guilt-ridden came to Jesus – why? Because He had come for them. He didn't abandon them in their misery. He didn't condemn them and cast them aside. They were not on the outside of God's family looking in – they were the reason He was here! He provided them with a certain and irreversible hope.

The gospel of Jesus is contagious. His grace, His mercy, His love provides healing to the sin-sick soul. Why does news about Him spread? Because He gives hope to the hopeless, comfort to the hurting, peace to the broken, and forgiveness to the sinner.

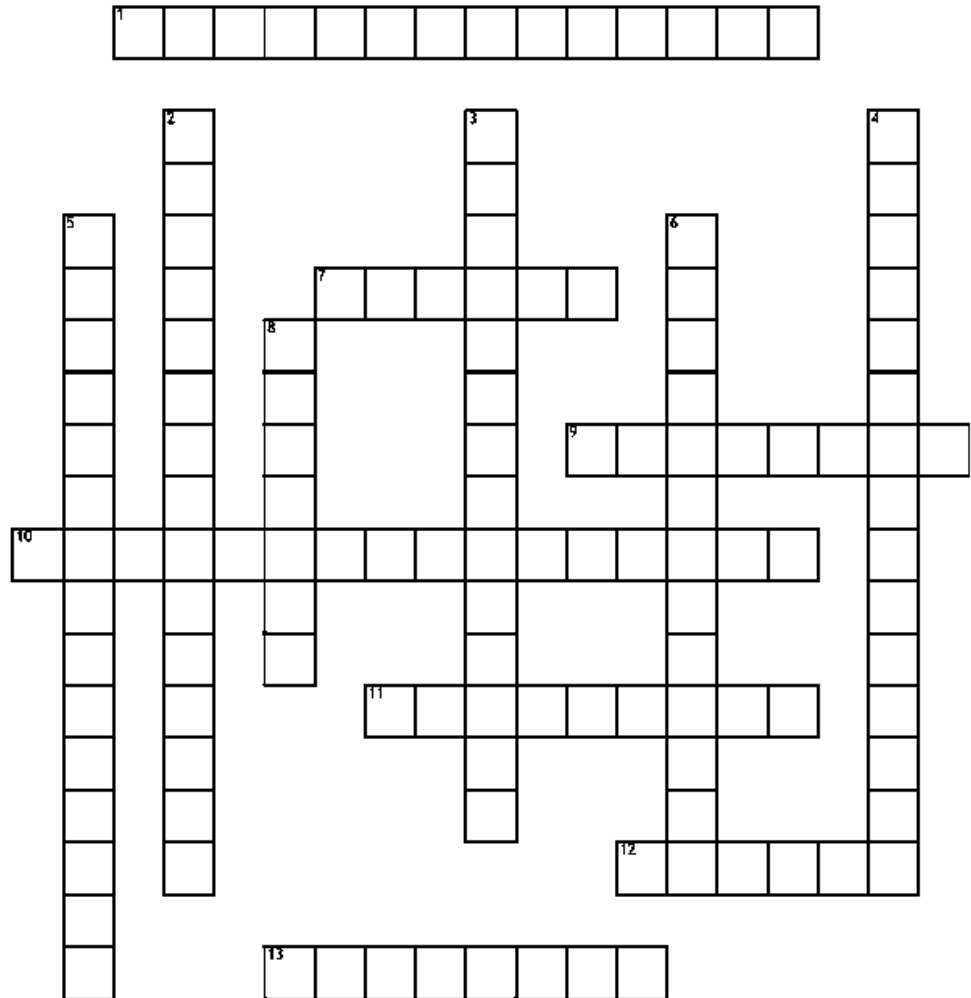
By His grace, this gospel message has spread to you too! God loves you and has sent His son for you. So go ahead and join the crowds that run to Jesus. Race to Him for healing. Race to listen to His word. His compassion will never pass you by. You are the reason He came.

<p>Messiah Lutheran Church 460 N. Wilson, Vinita, OK. Sunday School and Bible Class 9:00 a.m. Worship 10:00 a.m. 918-256-3223 Email: messiahvinita@aol.com</p>	<p>St. Paul Lutheran Church Washington and Pine, Fairland, OK. Sunday School and Bible Class 9:15 a.m. Worship 10:30 a.m. 918-676-3059 Email: stpaulluthch@aol.com</p>
<p>Bethlehem Lutheran Church 6911 West 380 Road, Adair, OK 74330 Worship 9:00 a.m. 918-785-2994 Sunday School and Bible Class 10:15 a.m.</p>	<p>Immanuel Lutheran Church 706 Rockwood Drive, Grove, OK. Worship 9:30 a.m. 918-786-4585 Website: www.lutheransonline.com/lo/Groveok</p>
<p>Mt. Olive Lutheran Church 2337 North Main, Miami, OK 74354 Worship 2:00 p.m. (918) 542-4681 Sunday School and Bible Class 3:00 p.m. Email: mtolive@cablone.net</p>	<p>Redeemer Lutheran Church 220 N. Seminole, Claremore, OK. Sunday School and Bible Class 9:00 a.m. Worship 10:30 a.m. 918-341-1429 Email: rluther@sbcglobal.net – Website www.rlcck.org</p>

*Guests are always welcome.
See you Sunday at worship.*

Crossword Puzzle

Football & Super bowl



Across

1. In 1993 what performer did half time ceremony
7. what is a number a quarterback would wear
9. Which NFL team shares a logo with the University of Georgia
10. who won the most super bowls
11. Which NFL team is actually named after their coach
12. This team got their name from Greek Mythology
13. Which player has the most super bowl rings

Down

2. Which team took their mascots name from a poem
3. First wildcard winners
4. In 1967 what team won the first Super Bowl
5. which teams lost the most super bowls
6. Trophy the team get after winning the Super Bowl
8. What is on the Dolphin helmet

Word Search Puzzle

Football trivia

B W V K V K V K C X J W A K Q P O P C C O R N R R O K
N F S S S N T U E S T N E M H S E R F F E R V X N
W O R N R P S S D L G C K C A B R E T R A U Q T
E U E O S G M R H M Z R O T C E T O R P E C A F
V R B I E W M A A W R Q X T N U N S P E H P G N
A T M S T W S H S D N P R C T R R I O B U X C N
H H U S A T G Z Y C B R R Z M U U C P H N T E
I Q N E M B N H F G G O K V T N R H E Z Z B L G E D
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K R H D G L G B A Q H N M P I I O H A Z O M K K
C H O R J I P C S P L E A D U I N N P R W T N
A H U U B N K V V M K O E T S R N G E X F O D E
B C L A R E T S Z E A L L I S O P B X V X R Q E
E A D G O J T U E K I E V H U D O P F Y I J B P
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J E A S A O W U T E R B B Z P T Z R F G Z P I V
O A D L S E H B K Z E L D D U H M B H E L M E T
V G S H T X D D M A B A N W O D H C U O T K Q Z

Rushing Passing Mascot Teams Concessions Refreshments Grandstand Huddle
Teammates Numbers Face Protector Shoulder pads Shingaurd Kneepads Goal Post
Guard Tackle Yardline Fourth Quarter Buzzer Touchdown Linebacker Television
Broadcast Announcer Quarterback Timekeeper sidelines Drinks Popcorn Coach
Scoreboard Runningback Pads Helmet

CryptoQuote Puzzles

Title: Don't be silent against social injustices **From:** Émile Zola

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
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 Y Q H : C A L A N C X Q H D L A Q H S .

Title: Liberty or death **From:** Harriet Tubman

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I R I I
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 Q L R A N C M S ; I I G W G E L K V A I L M
 S C Y N L I N G U L K V A S C Y N M S N
 R
 L M S N R .

Title: True Failure **From:** George Clooney

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
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T N F N T T
 Z W H D M R N G I B R V Q H B S M D Z Z D
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Test Your Knowledge of Idioms and Proverbs

Idioms

1. When chickens have teeth
 - A. Means something is never going to happen
 - B. Things are not going to happen under certain conditions
 - C. Something will occur under agreed upon condition.
 - D. A and B
2. An elephant made out of a fly
 - A. To exaggerate make something more serious
 - B. Means to make a big deal out of nothing
 - C. To make a mountain out of a molehill
 - D. All of the above
3. My cheeks are falling off
 - A. Means the food is very delicious
 - B. Mouthwatering
 - C. Savory
 - D. Inviting
4. Mustard after lunch
 - A. Belated
 - B. It's too late to do something
 - C. Behindhand
 - D. Last minute
5. Get stuffed with hay
 - A. Someone is asking you to go away
 - B. Be off
 - C. Pull out
 - D. Retreat
6. breaks new ground
 - A. High-priority
 - B. His work is important and innovative.
 - C. Very important
 - D. Critical

Proverbs

1. A thing begun is half done.
 - A. A good beginning makes it easier to accomplish the rest of the project.
 - B. Achieve
 - C. Perform
 - D. Follow through
2. Be slow in choosing, but slower in changing.
 - A. Dedication
 - B. Commitment
 - C. Persistence
 - D. Choose things or people after proper diligence, but once you choose, stick for long.
3. Best things in life are free.
 - A. Extortionate
 - B. The most valuable things don't cost any money
 - C. Of immeasurable worth
 - D. worth a king's ransom
4. Better to wear out than to rust out.
 - A. It is better to remain active than to be idle
 - B. Engaged
 - C. In action
 - D. Up and running
5. Cowards die many times before their deaths.
 - A. to be upset
 - B. grieve
 - C. Cowards suffer the feared effects of death many times over in their lives.
 - D. to be in pain
6. Curses, like chickens, come home to roost.
 - A. The consequences of doing wrong always catch up with the wrongdoer.
 - B. End results
 - C. After Effects
 - D. Sequences

Math For Kids

$726+23=$

$74-31=$

$96-13=$

$87-39=$

$220+709=$

$336+100=$

$116+152=$

$120+618=$

$41+16=$

$53+24=$

$23+55=$

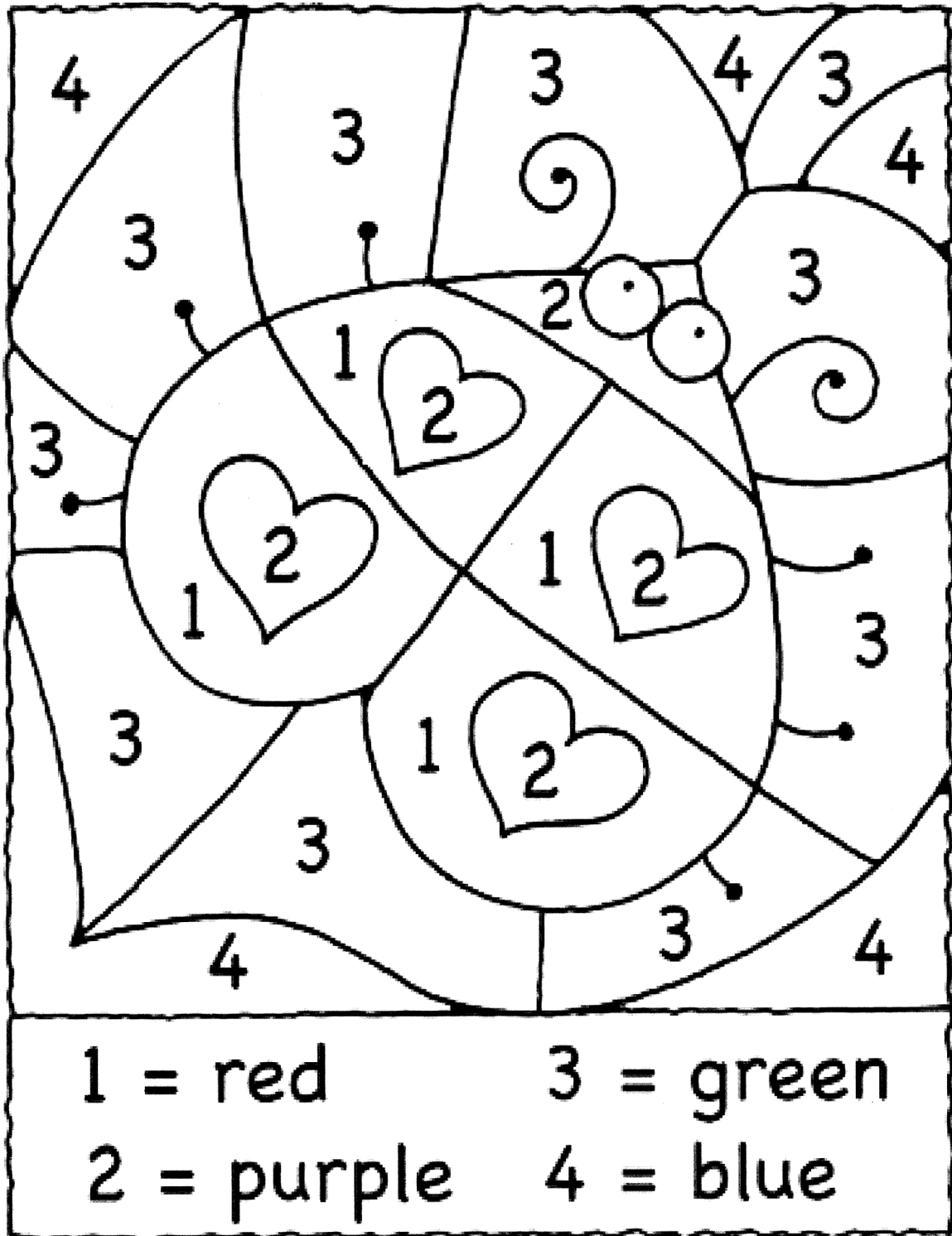
$17+22=$

$32+34=$

$23+81=$

$6+7+12+1=$

$12+222+100+23=$



Who should be treated like a "lady" on Valentine's Day?
Find out by following the code to color in the picture.

Idioms and Proverbs Solution

Idioms

1. A
2. D
3. A
4. B
5. A
6. B

Proverbs

1. A
2. D
3. B
4. A
5. C
6. A

By Breanna McDowell

Answers of the Math for Kids

749 43 83 48 929

436 268 738 57 77

78 39 66 104 26

357

By Breanna McDowell



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Now you can play GAMES

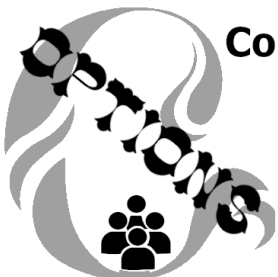
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ask for Debbie or Zia

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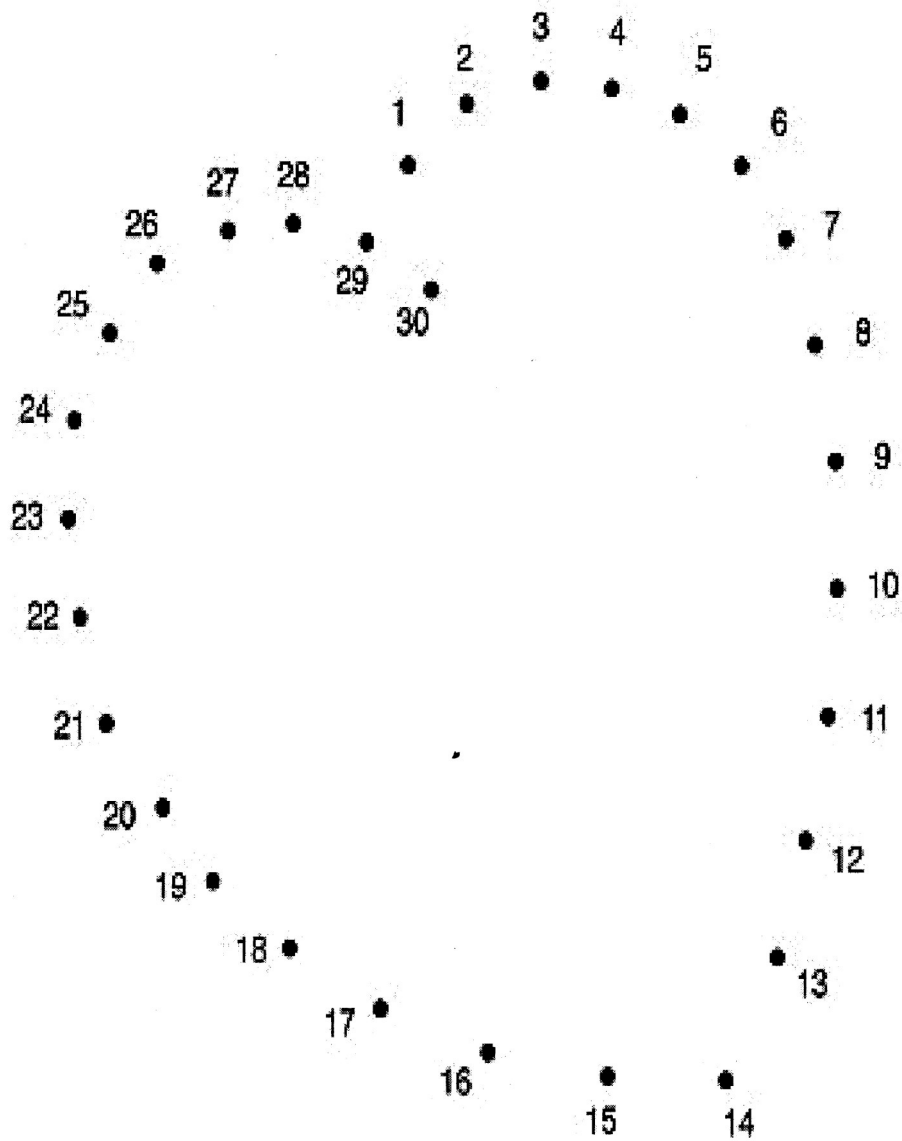
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Dot To Dot Picture Puzzle (Connect dots to complete the picture)





Library News

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105 E. Oak (918) 266-1684

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Friday: 9am to 12pm & 1pm to 3pm
Saturday: 10am to 2pm
Closed Sunday

CHELSEA PUBLIC LIBRARY

618 Pine (918) 789-3364

Hours:

Tuesday: 10:00am to 7:00pm
Wednesday, Thursday & Friday: 10:00am to 4:00pm
Saturday: 9:00am to Noon Closed Sunday & Monday

CHOUTEAU PUBLIC LIBRARY

307 W Main Phone: 918-476-4445

Hours:

Mon - Fri - 10AM to 5PM
Closed Saturday & Sunday

DELAWARE COUNTY LIBRARY

429 S. 9th St. Jay, Oklahoma (918) 253-8521

Web: www.eodls.lib.ok.us/jay.html

Hours:

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Tues. & Thurs 9:00am to 8:00pm
Sat. 9:00am to 1:00pm
Closed Sundays and Holidays

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1140 NEO Loop (918) 786-2945

Toll free in the 918 area code: 1-888-291-8150

Fax: (918) 786-5233

Hours:

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Tues. & Thurs.: 8:30am-9:00pm
Sat. 8:00am-12:00pm
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LANGLEY PUBLIC LIBRARY

325 W Osage Ave. (918) 782-4461

Hours:

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And 1:00pm to 5:00pm
Closed Sat. & Sun.

MIAMI PUBLIC LIBRARY

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Tues., Fri., Sat., 9:00am to 5:00pm

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Hours: Mon-Fri 10^{am} -5:30^{pm}; Sat-Sun Closed

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505 E. Graham, Pryor 918-825-0777

Hours:

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Tuesday, Wednesday & Friday:9:00 AM-5:00 PM
Saturday:9:00 AM-12:00 PM (Noon)

SALINA PUBLIC LIBRARY

420 E. Ferry St. (918) 434-8001

Hours: Tue. 12pm-7pm, Wed. 12pm-5pm,
Thurs. & Fri. 10am-5pm
Closed Saturday, Sunday & Monday

TALALA AREA PUBLIC LIBRARY

106 W Watova St. (918) 275-4540

Hours:

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links@links.community-options.net

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Printing: Business Cards, Letterheads – Flat or raised print available. Brochures, Business Forms, and Personalized greeting cards.

Advertising: Links Newsletter, Bi-Monthly distributed by persons with developmental disabilities, Connecting Communities at an affordable rate.

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CryptoQuote Puzzles Solution

Title: Don't be silent against social injustices **From:** Émile Zola

If you ask me what I came into this life to do, I will tell you: I came to live out loud.

Title: Liberty or death **From:** Harriet Tubman

I had reasoned this out in my mind, there was one of two things I had a right to, liberty or death; if I could not have one, I would have the other.

Title: True Failure **From:** George Clooney

The only failure is not to try

By Steven Burdick and Breanna McDowell

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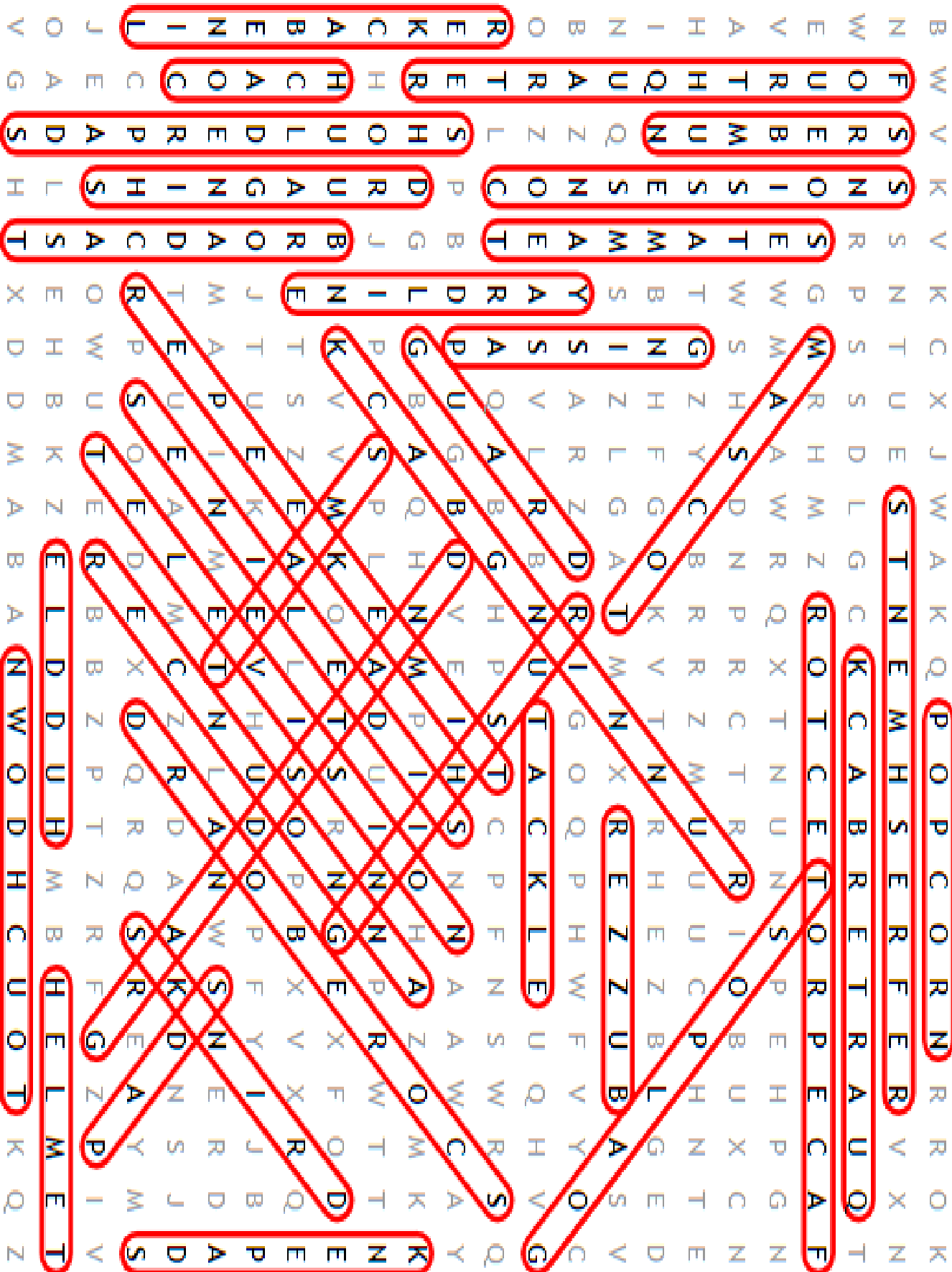
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Word Search Puzzle Solution

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Sudoku Puzzle Easy Solution

6	8	2	7	5	1	9	3	4
7	9	4	8	6	3	5	2	1
1	5	3	2	4	9	8	7	6
5	7	9	1	3	6	2	4	8
2	1	8	4	7	5	6	9	3
3	4	6	9	8	2	7	1	5
4	6	1	5	2	7	3	8	9
8	2	5	3	9	4	1	6	7
9	3	7	6	1	8	4	5	2

By Nikki Hamilton

Sudoku Puzzle Moderate Solution

2	3	7	5	6	1	9	4	8
8	6	4	7	2	9	1	5	3
5	9	1	4	3	8	7	6	2
1	2	3	6	9	5	8	7	4
6	5	9	8	7	4	2	3	1
4	7	8	2	1	3	5	9	6
7	1	2	9	4	6	3	8	5
9	4	5	3	8	2	6	1	7
3	8	6	1	5	7	4	2	9

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Welch

Welch State Bank

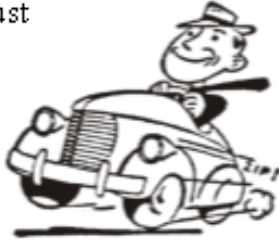
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LINKS

Information

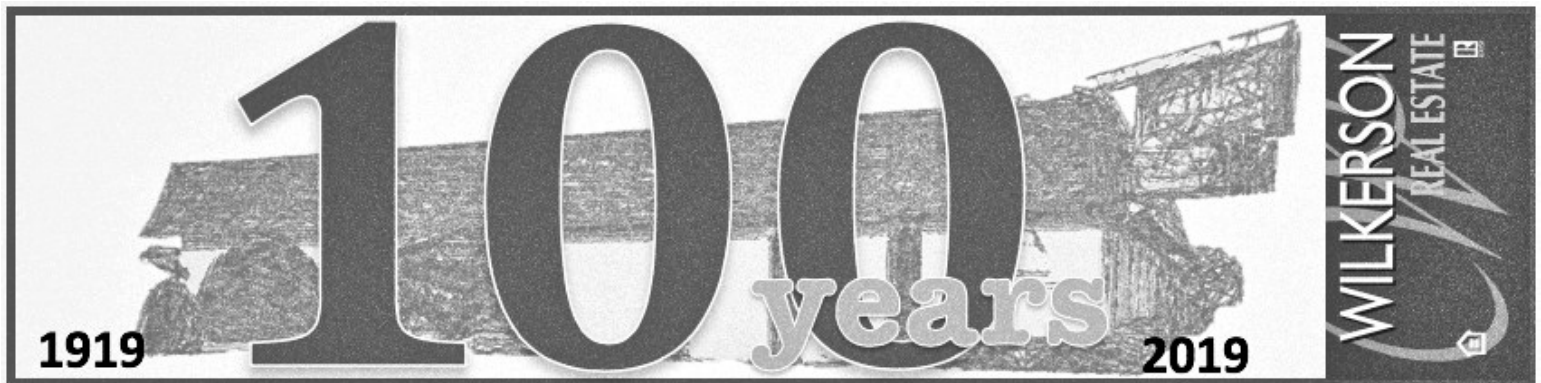
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20th issue: 10th of the same month

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