

Volume 22, Issue 06

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Community Links

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March 20, 2021

Eric Peachey 3-11-81 to 3-12-21



My memories of Eric: He was the most kind and loving person I knew. Everyday he gave everyone he seen a big hug. Eric was one of our "Ambassador" for Community Links. He had made several good relationships in the 11 years he had worked at Links. Like Dennis Hull of CEDA in Chelsea who brought donuts to everyone and became the "donut man". Even after Eric was not at Links Dennis continued to bring donuts. His buddies Jeff and Jeramy at Grove Tom Cat Corner he hugged each time he saw them. They told Eric and coworkers they could have a free pop for all their hard work. So you guessed it, Eric always wanted to go to Grove for sales or Deliveries. His friend at Bill's Sporting Goods in Claremore look forward to him coming nto the store to sell them an ad. Eric

knew the best stores to get free candy, calendars or ink pens.

He enjoyed all of our Links parties. Him and several coworkers looked forward to Halloween. That was bigger than Christmas to them. They got to dress up and party all day long. He could not wait to select what he was going to wear each year

Eric had great pride in having his own business cards with his name on it, getting a name plate to set at his desk for 5 years work and getting a hoodie when he had worked 10 years.

Each morning as we came to work he would ask – what I had for breakfast? Then what did I eat the night before? Everyone in the car told of what they had ate. This was our daily ritual. Also each day as he started to get out of my car he would say to tell my husband "Hi" from him. I will never forget him and will always hold a special place in my heart for him. I Love You Eric, Debbie Gray.





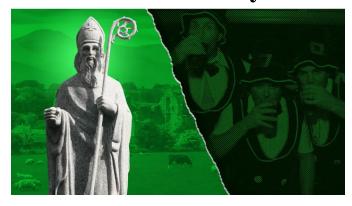








The Real History of St. Patrick's Day



When you think of St. Patrick's Day, you probably think of green beer, shot glass necklaces that say "Kiss Me I'm Irish," and everybody talking about how Irish they suddenly are. That's all well and good, but I bet you don't know much about the holiday's origins, or the saint it celebrates. Well, take off that stupid hat, stop talking like a leprechaun for a second, and educate yourself a smidge.

St. Patrick, considered the patron saint of Ireland, was actually born in Banna Venta Berniae, a town in Roman Britain, sometime in the late 300s AD. That's right, Patrick wasn't Irish. And his name wasn't Patrick either it was Maewyn Succat, but he didn't care for that so he chose to be known as Patricius down the line. He actually had many monikers throughout his life: he was known by many as Magonus, by others as Succetus, and to some as Cothirthiacus. But we'll just call him Patrick since everybody else does. Has a nice ring to it... His father, Calpurnius, was a deacon in the early Christian church, but Patrick wasn't much of a believer himself. It wasn't until he was captured by Irish pirates at the age of 16 and enslaved for six years as a shepherd that he chose to convert to Christianity. While in northeastern Ireland, Patrick learned the Irish language and culture before attempting to escape back to Britain. But Patrick wasn't very good at escaping apparently, because he was captured again. This time by the French. He was held in France where he learned all about monasticism before he was released and sent home to Britain where he continued to study Christianity well into his twenties. Eventually, Patrick claimed he had a vision that told him to bring Christianity to the Irish people, who were predominantly pagan and druidic at the time, so Patrick he made his way back to Ireland and brought a big ol' bag of Christianity with him.

When Patrick arrived back in Ireland, however, he and his preaching ways were not welcomed, so he had to leave and land on some small islands off the coast. There he began to gain followers, and he eventually







moved to the mainland to spread Christian ideologies across Ireland for many years to come. During this time, Patrick baptized thousands of people (some say 100,000), ordained new priests, guided women to nunhood, converted the sons of kings in the region, and aided in the formation of over 300 churches.

Folklore also tells of Patrick banishing all the snakes from Ireland, but as badass as that may sound, there were never actually any snakes on the island to begin with. Lame, I know. But Patrick may be the one responsible for popularizing the shamrock, or that three-leafed plant you'll see plastered all over the place today. According to legend, Patrick used it to teach the Irish the concept of the Christian Holy Trinity. They already had triple deities and regarded the number three highly, so Patrick's use of the shamrock may have helped him win a great deal of favor with the Irish.

These days, Patricius is known to most as Saint Patrick. Though he's not technically a canonized saint by the Catholic Church, he's well-regarded throughout the Christian world. But why the holiday? Why always March 17? What's with the green? And why do we think of a non-Irish, non-snake charmer as a symbol of Ireland?

St. Paddy's Day started as a religious celebration in the 17th century to commemorate the life of Saint Patrick and the arrival of Christianity in Ireland. This "Feast Day" always took place on the anniversary of Patrick's death, which was believed to be March 17, 461 AD. In the early 18th century, Irish immigrants brought the tradition over to the American colonies, and it was there that Saint Patrick started to become the symbol of Irish heritage and culture that he is today. As more Irish came across the Atlantic, the Feast Day celebration slowly grew in popularity. So much so, in fact, the first ever St. Patrick's Day parade was held in Boston in 1737.

By the mid 19th century, the United States saw a massive influx of Irish immigrants hoping to escape the Great Famine. This transformed the relatively smallscale Feast Day observance into a full-blown celebration that people wanted to be a part of whether they were Irish or not. In 1903, Feast Day became a national holiday in Ireland, and over time it transformed into what is now called St. Patrick's Day. The holiday has since been celebrated all over the world in countries like the United States, Great Britain, Canada, Argentina, Australia, New Zealand, Switzerland, Russia, and even throughout Asia. As it happens, St. Paddy's Day is so popular, it's thought to be celebrated in more countries than any other national festival. What was once a fairly chill day of going to mass, watching a parade, and eating a hearty meal with family has transformed into the biggest party in the world.

If you're wondering why you're wearing green right now, there's more to it than protection from pinching fingers. It goes back to the Irish Rebellion, when Irish soldiers wore green as they fought off the British in their trademark red. Until then, the color associated with St. Patrick and Feast Day was actually blue. The song soldiers sang during the war in 1798, "The Wearing of the Green," changed all of that and made green, the color of shamrocks, Ireland's mainstay color. From then on, people wore green on St. Patrick's Day in solidarity. And when Chicago dyed their river green for the first time in 1962, the practice of wearing and decorating in green became a part of pop culture. It's now commonplace to bust out your best greens mid-March.

Okay, so why all the drinking then? It's part historical subtext, part us succumbing to advertising, and part stereotyping. Originally, St. Patrick's Day, or Feast Day, saw the lifting of Lent restrictions for the day, giving Christians a breather as they made their way to Easter. Basically, it was a day to eat and drink as much as you please in celebration, hence the traditional Irish meal of bacon and cabbage. But imbibing on whiskey and beer was not part of the equation. In fact, pubs in Ireland were forced by law to shut down for the holiday until later in the 20th century, and drinking alcohol on St. Patrick's Day was greatly frowned upon until the late 1970s.

Then, a huge marketing push from Budweiser in the 80s convinced thirsty revelers that drinking beer and St. Patrick's Day were one in the same. The rest is drunk history nobody seems to remember, as it's all been replaced in our heads with quotes from Boondock Saints. Much like Cinco de Mayo, many people now use the holiday as an excuse to binge drink, which fosters negative stereotypes by incorrectly associating the act of getting wasted with Irish culture. But, at least now you can take a swig of your Guinness in pride because you know the real story. Sláinte!

DATA MASTER: Karen Deffenbaugh

An Angel in Disguise

by T.S. Arthur

An Angel in Disguise (1851) was featured in Arthur's collection, After a Shadow and Other Stories. "The sweetness of that sick child, looking ever to her in love, patience, and gratitude, was as honey to her soul, and she

carried her in her heart as well as in her arms, a precious burden."

Hmayak Artsatpanyan, Sick Child, 1900



Idleness, vice, and intemperance had done their miserable work, and the dead mother lay cold and still amid her wretched children. She had fallen upon the threshold of her own door in a drunken fit, and died in the presence of her frightened little ones.

Death touches the spring of our common humanity. This woman had been despised, scoffed at, and angrily denounced by nearly every man, woman, and child in the village; but now, as the fact of her death was passed from lip to lip, in subdued tones, pity took the place of anger, and sorrow of denunciation. Neighbors went hastily to the old tumble-down hut, in which she had secured little more than a place of shelter from summer heats and winter cold: some with grave-clothes for a decent interment of the body; and some with food for the halfstarving children, three in number. Of these, John, the oldest, a boy of twelve, was a stout lad, able to earn his living with any farmer. Kate, between ten and eleven, was bright, active girl, out of whom something clever might be made, if in good hands; but poor little Maggie, the youngest, was hopelessly diseased. Two years before a fall from a window had injured her spine, and she had not been able to leave her bed since, except when lifted in the arms of her mother.



"What is to be done with the children?" That was the chief question now. The dead mother would go underground, and be forever beyond all care or concern of the villagers. But the children must not be left to starve. After considering the matter, and talking it over with his wife, farmer Jones said that he would take John, and do well by him, now that his mother was out of the way; and Mrs. Ellis, who had been looking out for a bound girl, concluded that it would be charitable in her to make choice of Katy, even though she was too young to be of much use for several years.

"I could do much better, I know," said Mrs. Ellis; "but as no one seems inclined to take her, I must act from a sense of duty expect to have trouble with the child; for she's an undisciplined thing--used to having her own way."

But no one said "I'll take Maggie." Pitying glances were cast on her wan and wasted form and thoughts were troubled on her account. Mothers brought cast-off garments and, removing her soiled and ragged clothes, dressed her in clean attire. The sad eyes and patient face of the little one touched many hearts, and even knocked at them for entrance. But none opened to take her in. Who wanted a bed-ridden child?

"Take her to the poorhouse," said a rough man, of whom the question "What's to be done with Maggie?" was asked. "Nobody's going to be bothered with her." "The poorhouse is a sad place for a sick and helpless child," answered one.

"For your child or mine," said the other, lightly speaking; "but for tis brat it will prove a blessed change, she will be kept clean, have healthy food, and be doctored, which is more than can be said of her past condition." There was reason in that, but still it didn't satisfy. The day following the day of death was made the day of burial. A few neighbors were at the miserable hovel, but none followed dead cart as it bore the unhonored remains to its pauper grave. Farmer Jones, after the coffin was taken out, placed John in his wagon and drove away, satisfied that he had done his part. Mrs. Ellis spoke to Kate with a hurried air, "Bid your sister good by," and drew the tearful children apart ere scarcely their lips had touched in a sobbing farewell. Hastily others went out, some glancing at Maggie, and some resolutely refraining from a look, until all had gone. She was alone! Just beyond the threshold Joe Thompson, the wheelwright, paused, and said to the blacksmith's wife, who was hastening off with the rest,--

"It's a cruel thing to leave her so."

"Then take her to the poorhouse: she'll have to go there,"

To share your story with us contact: Zia Partovi at 918-244-0457 or 918-789-2862 or email him at links@links.community-options.net

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answered the blacksmith's wife, springing away, and leaving Joe behind.

For a little while the man stood with a puzzled air; then he turned back, and went into the hovel again. Maggie with painful effort, had raised herself to an upright position and was sitting on the bed, straining her eyes upon the door out of which all had just departed, A vague terror had come into her thin white face.

"O, Mr. Thompson!" she cried out, catching her suspended breath, "don't leave me here all alone!"

Though rough in exterior, Joe Thompson, the wheel-wright, had a heart, and it was very tender in some places. He liked children, and was pleased to have them come to his shop, where sleds and wagons were made or mended for the village lads without a draft on their hoarded sixpences.

"No, dear," he answered, in a kind voice, going to the bed, and stooping down over the child, "You sha'n't be left here alone." Then he wrapped her with the gentleness almost of a woman, in the clean bedclothes which some neighbor had brought; and, lifting her in his strong arms, bore her out into the air and across the field that lay between the hovel and his home.

Now, Joe Thompson's wife, who happened to be childless, was not a woman of saintly temper, nor much given to self-denial for others' good, and Joe had well-grounded doubts touching the manner of greeting he should receive on his arrival. Mrs. Thompson saw him approaching from the window, and with ruffling feathers met him a few paces from the door, as he opened the garden gate, and came in. He bore a precious burden, and he felt it to be so. As his arms held the sick child to his breast, a sphere of tenderness went out from her, and penetrated his feelings. A bond had already corded itself around them both, and love was springing into life. "What have you there?" sharply questioned Mrs. Thompson.

Joe, felt the child start and shrink against him. He did not reply, except by a look that was pleading and cautionary, that said, "Wait a moment for explanations, and be gentle;" and, passing in, carried Maggie to the small chamber on the first floor, and laid her on a bed. Then, stepping back, he shut the door, and stood face to face with his vinegar-tempered wife in the passage-way outside. "You haven't brought home that sick brat!" Anger and astonishment were in the tones of Mrs. Joe Thompson; her face was in a flame.

"I think women's hearts are sometimes very hard," said Joe. Usually Joe Thompson got out of his wife's way, or kept rigidly silent and non-combative when she fired up on any subject; it was with some surprise, therefore, that she now encountered a firmly-set countenance and a resolute pair of eyes.

"Women's hearts are not half so hard as men's!" Joe saw, by a quick intuition, that his resolute bearing had impressed his wife and he answered quickly, and

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Main & Railroad Chouteau, Ok 74337 with real indignation, "Be that as it may, every woman at the funeral turned her eyes steadily from the sick child's face, and when the cart went off with her dead mother, hurried away, and left her alone in that old hut, with the sun not an hour in the sky."

"Where were John and Kate?" asked Mrs. Thompson.
"Farmer Jones tossed John into his wagon, and drove off. Katie went home with Mrs. Ellis; but nobody wanted the poor sick one. 'Send her to the poorhouse,' was the cry."

"Why didn't you let her go, then. What did you bring her here for?"

"She can't walk to the poorhouse," said Joe;

"somebody's arms must carry her, and mine are strong enough for that task."

"Then why didn't you keep on? Why did you stop here?" demanded the wife.

"Because I'm not apt to go on fools' errands. The Guardians must first be seen, and a permit obtained." There was no gainsaying this.

"When will you see the Guardians?" was asked, with irrepressible impatience.

"To-morrow."

"Why put it off till to-morrow? Go at once for the permit, and get the whole thing off of your hands to-night."

"Jane," said the wheelwright, with an impressiveness of tone that greatly subdued his wife, "I read in the Bible sometimes, and find much said about little children. How the Savior rebuked the disciples who would not receive them; how he took them up in his arms, and blessed them; and how he said that 'whosoever gave them even a cup of cold water should not go unrewarded.' Now, it is a small thing for us to keep this poor motherless little one for a single night; to be kind to her for a single night; to make her life comfortable for a single night."

The voice of the strong, rough man shook, and he turned his head away, so that the moisture in his eyes might not be seen. Mrs. Thompson did not answer, but a soft feeling crept into her heart.

"Look at her kindly, Jane; speak to her kindly," said Joe. "Think of her dead mother, and the loneliness, the pain, the sorrow that must be on all her coming life." The softness of his heart gave unwonted eloquence to his lips.

Mrs. Thompson did not reply, but presently turned towards the little chamber where her husband had deposited Maggie; and, pushing open the door, went quietly in. Joe did not follow; he saw that, her state had changed, and felt that it would be best to leave her alone with the child. So he went to his shop, which stood near the house, and worked until dusky evening released him from labor. A light shining through the little chamber windows was the first object that attracted Joe's attention on turning towards the house: it was a



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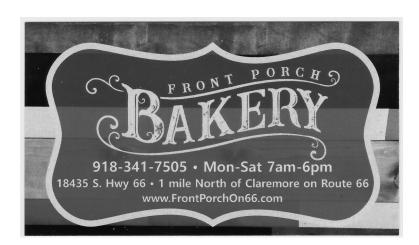
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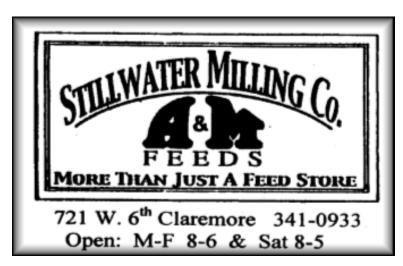
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good omen. The path led him by this windows and, when opposite, he could not help pausing to look in. It was now dark enough outside to screen him from observation. Maggie lay, a little raised on the pillow with the lamp shining full upon her face. Mrs. Thompson was sitting by the bed, talking to the child; but her back was towards the window, so that her countenance was not seen. From Maggie's face, therefore, Joe must read the character of their intercourse. He saw that her eyes were intently fixed upon his wife; that now and then a few words came, as if in answers from her lips; that her expression was sad and tender; but he saw nothing of bitterness or pain. A deep-drawn breath was followed by one of relief, as a weight lifted itself from his heart. On entering, Joe did not go immediately to the little chamber. His heavy tread about the kitchen brought his wife somewhat hurriedly from the room where she had been with Maggie. Joe thought it best not to refer to the child, nor to manifest any concern in regard to her. "How soon will supper be ready?" he asked. "Right soon," answered Mrs. Thompson, beginning to

bustle about. There was no asperity in her voice. After washing from his hands and face the dust and soil of work, Joe left the kitchen, and went to the little bedroom. A pair of large bright eyes looked up at him from the snowy bed; looked at him tenderly, gratefully, pleadingly. How his heart swelled in his bosom! With what a quicker motion came the heart-beats! Joe sat down, and now, for the first time, examining the thin frame carefully under the lamp light, saw that it was an attractive face, and full of a childish sweetness which suffering had not been able to obliterate.

"Your name is Maggie?" he said, as he sat down and took her soft little hand in his.

"Yes, sir." Her voice struck a chord that quivered in a low strain of music.

"Have you been sick long?"

"Yes, sir." What a sweet patience was in her tone!

"Has the doctor been to see you?"

"He used to come."

"But not lately?"

"No, sir."

"Have you any pain?"

"Sometimes, but not now."

"When had you pain?"

"This morning my side ached, and my back hurt when you carried me."

"It hurts you to be lifted or moved about?"

"Yes, sir."

"Your side doesn't ache now?"

"No, sir."

"Does it ache a great deal?"

"Yes, sir; but it hasn't ached any since I've been on this soft bed."

"The soft bed feels good."

"O, yes, sir--so good!" What a satisfaction, mingled with

gratitude, was in her voice!

"Supper is ready," said Mrs. Thompson, looking into the room a little while afterwards.

Joe glanced from his wife's face to that of Maggie; she understood him, and answered,--

"She can wait until we are done; then I will bring her somethings to eat." There was an effort at indifference on the part of Mrs. Thompson, but her husband had seen her through the window, and understood that the coldness was assumed. Joe waited, after sitting down to the table, for his wife to introduce the subject uppermost in both of their thoughts; but she kept silent on that theme, for many minutes, and he maintained a like reserve. At last she said, abruptly,--

"What are you going to do with that child?"

"I thought you understood me that she was to go to the poorhouse," replied Joe, as if surprised at her question. Mrs. Thompson looked rather strangely at her husband for sonic moments, and then dropped her eyes. The subject was not again referred to during the meal. At its close, Mrs. Thompson toasted a slice of bread, and softened, it with milk and butter; adding to this a cup of tea, she took them into Maggie, and held the small waiter, on which she had placed them, while the hungry child ate with every sign of pleasure.

"Is it good?" asked Mrs. Thompson, seeing with what a keen relish the food was taken.

The child paused with the cup in her hand, and answered with a look of gratitude that awoke to new life old human feelings which had been slumbering in her heart for half a score of years.

"We'll keep her a day or two longer; she is so weak and helpless," said Mrs. Joe Thompson, in answer to her husband's remark, at breakfast-time on the next morning, that he must step down and see the Guardians of the Poor about Maggie.

"She'll be so much in your way," said Joe.

"I sha'n't mind that for a day or two. Poor thing!" Joe did not see the Guardians of the Poor on that day, on the next, nor on the day following. In fact, he never saw them at all on Maggie's account, for in less than a week Mrs. Joe Thompson would as soon leave thought of taking up her own abode in the almshouse as sending Maggie there.

What light and blessing did that sick and helpless child bring to the home of Joe Thompson, the poor wheelwright! It had been dark, and cold, and miserable there for a long time just because his wife had nothing to love and care for out of herself, and so became sore, irritable, ill-tempered, and self-afflicting in the desolation of her woman's nature. Now the sweetness of that sick child, looking ever to her in love, patience, and gratitude, was as honey to her soul, and she carried her in her heart as well as in her arms, a precious burden. As for Joe Thompson, there was not a man in all the neighborhood

An angel had come into his house, disguised as a sick, helpless, and miserable child, and filled all its dreary chambers with the sunshine of love.

DATA MASTER: Steven Burdick

What the Definition of a Grandma?

Grandma? "Grandmas are moms with lots of frosting." "Grandmothers are just 'antique' little girls." What a bargain grandchildren are! I give them my loose change,and they give me a million dollars' worth of pleasure. ~ Gene Perret.

What is a Grandmother?

A grandmother is a babysitter who watches the kids instead of the television. ~ Author Unknown

Never have children, only grandchildren. ~ Gore Vidal

Becoming a grandmother is wonderful. One moment you're just a mother. The next you are all-wise and prehistoric. ~ Pam Brown

Perfect love sometimes does not come until the first grandchild. ~ Welsh Proverb

Grandchildren don't stay young forever, which is good because Grandfathers have only so many horsey rides in them. ~ Gene Perret

When grandparents enter the door, discipline flies out the window. ~ Ogden Nash



Grandma always made you feel she had been waiting to see just you all day and now the day was complete. ~ Marcy DeMaree

Grandmas never run out of hugs or cookies. \sim Author unknown

Grandmas hold our tiny hands for just a little while, but our hearts forever. ~Author Unknown My grandkids believe I'm the oldest thing in the world. And after two or three hours with them, I believe it, too. ~ Gene Perret

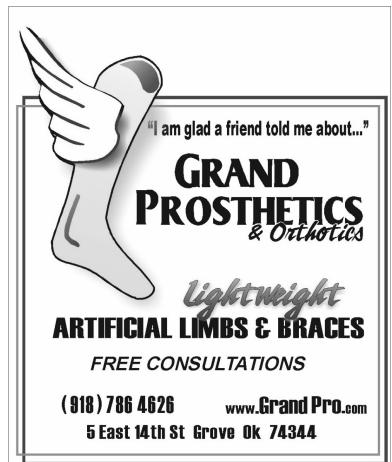
If becoming a grandmother was only a matter of choice, I should advise every one of you straight away to become one. There is no fun for old people like it! ~ Hannah Whithall Smith

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It's such a grand thing to be a mother of a mother - that's why the world calls her grandmother. ~ Author Unknown

Grandchildren are God's way of compensating us for growing old. ~ Mary H. Waldrip

You do not really understand something unless you can explain it to your grandmother. ~ Proverb

If I had known how wonderful it would be to have grandchildren, I'd have had them first. ~ Lois Wyse and thousands (millions?) of grandparents

An hour with your grandchildren can make you feel young again. Anything longer than that, and you start to age quickly. ~ Gene Perret

Grandmas and Grandpas

The best baby-sitters, of course, are the baby's grandparents. You feel completely comfortable entrusting your baby to them for long periods, which is why most grandparents flee to Florida . ~Dave Barry

I wish I had the energy that my grandchildren have - if only for self-defense. ~Gene Perret

Grandmother-grandchild relationships are simple. Grandmas are short on criticism and long on love. ~Author Unknown

Nobody can do for little children what grandparents do. Grandparents sort of sprinkle stardust over the lives of little children. ~Alex Haley

Grandmother - a wonderful mother with lots of practice. ~Author Unknown

A grandparent is old on the outside but young on the inside. ~Author Unknown

One of the most powerful handclasps is that of a new grandbaby around the finger of a grandfather. ~Joy Hargrove



It's amazing how grandparents seem so young once you become one. ~Author Unknown

If your baby is "beautiful and perfect, never cries or fusses, sleeps on schedule and burps on demand, an angel all the time," you're the grandma. ~Teresa Bloomingdale

Grandparents are similar to a piece of string - handy to have around and easily wrapped around the fingers of their grandchildren. ~Author Unknown

Grandchildren don't make a man feel old; it's the knowledge that he's married to a grandmother. ~G. Nor-



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DATA MASTER: Karen Deffenbaugh

Sailors Rescue 4 Stranded Cats From A Sinking Ship

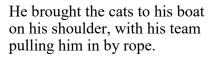
Thai navy sailors rescued four cats stranded on a sinking ship that had caught fire near the island of Koh Adang.

The navy was sent to check on the vessel for an oil spill after rescuing all eight members of the crew yesterday. That's when they discovered the cats had been forgotten.

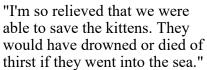


"I used my camera to zoom in to the boat, and I saw one or two cats popping their heads out," Officer Wichit Pukdeelon said.

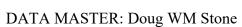
Thatsaphon Saii, 23, swam out to the capsized boat, on which four cats were huddled together clinging to a crane structure.



"I immediately took off my shirt and put on a life jacket so I could jump into the sea. The flames were at the back of the boat but it was starting to sink, so I knew I had to be quick," Saii said.



The cats are now being cared for by their rescuers at their command post on the island of Koh Lipe.

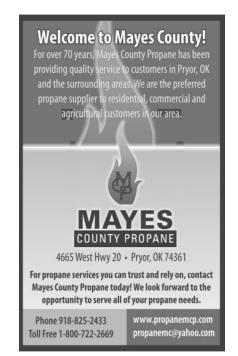














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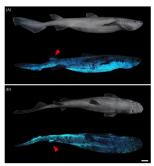


If you suspect neglect it should be reported to the proper authorities immediately to help prevent further suffering. If you or someone you know may have been a victim of neglect, abuse, or exploitation, contact your local law enforcement. In addition to law enforcement, for nursing home and all long-term care residents, you can call an Ombudsman, and for persons residing within the community, contact Adult Protective Services; reporters may remain anonymous, by phone 1-800-522-3511, or online at okhotline.org.

During the COVID pandemic, some families have moved their loved ones out of the nursing home. If you or someone you know is interested in doing so, there is a program available to assist in transitioning residents back out into the community, called Living Choice. If you have questions about the program or need to speak to an area long-term care Ombudsman please call 1-800-482-4594 for Lahona Young dial ext. 220, for Shelly Ferris dial ext. 226, you can also send an e-mail lyoung@grandgateway.org, sferris@grandgateway.org.

Giant Sharks That Glow in the Dark Discovered by Scientists Who Got Wise to Their Camouflage

For many, sharks are scary enough as it is—and a glow-in-the -dark-shark is simply more than our nerves could handle.
Fortunately, the kitefin shark (Dalatias licha), now thought to be the world's largest bioluminescent vertebrate, lives in the "twilight zone" at depths of 300 to 1,000 meters.



Frontiers in Marine Science Journal/Jérôme Mallefet The five-foot-long shark was confirmed as a glowing species in a recent study off the eastern coast of New Zealand. Bioluminescence is a well-established evolutionary phenomenon among deep sea life, and it's not the first time it's been documented in sharks.

The confirmation that the kitefin does in fact emit biolight makes it the largest animal to display this character-

istic.

But why would sharks, which we typically think of as ambush hunters, evolve to broadcast their position to the denizens of the mesopelagic zone?

The hypothesis in the corresponding study, published in Frontiers of Marine Science, suggests that what at first seems like a way to light up and be seen is actually a kind of "counterillumination," or camouflage. For example, the kitefin shark preys upon the two species of lantern sharks analyzed in the study. Bioluminescent sharks, the study details, emit blue-green light when viewed at depths of about 450 meters, potentially breaking up their shape and allowing them to pass by unnoticed.

For the hunter, this bioluminescence works like a tiger's stripes or a snake's scale pattern—allowing them to get close enough to prey species without being detected.

"Considering the vastness of the deep sea and the occurrence of luminous organisms in this zone, it is now more and more obvious that producing light at depth must play an important role structuring the biggest ecosystem on our planet," the researchers wrote.

DATA MASTER: Nikki Hamilton

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Claremore Nursing Home - Employee of the Month



If you would like to join, "Susan Grimmett" as a Certified Nurse Aide, please apply in person. Now taking applications for Certified Nurse Aides both days and nights. Must pass a background check. New pay scale for CNA's.

Susan Grimmett was unanimously elected by Resident Council as February honoree. She has been part of the Housekeeping Department for 5 1/2 years.

Born on the East Coast, Susan has been married but says, "Never again." Her 2 girls and 1 boy have given her 4 grandchildren.

Even though she is a private kind of person with most, Susan loves the residents and takes good care of them. Her favorite thing is talking with them and listening to their interesting stories.

"They may forget your name, but they will never forget how you made them feel."

Maya Angelou

Claremore Nursing Home 920 E. 16th St. Claremore, Ok. 74017 918-341-1717

To share your story with us contact: Zia Partovi at 918-244-0457 or 918-789-2862 or email him at links@links.community-options.net



Runaway Sheep Found With Over 75 Lbs Of Extra Wool Gets A Haircut

This is Baarack, the day he arrived at Edgar's Mission.

Baarack was found wandering in the rugged Victorian bushland with more than 75 pounds of extra wool weighing him down. He had been on the run for 5 years.

He was brought to Edgar's Mission, a safe haven for rescued farmed animals in



Victoria, Australia, where he recieved a proper haircut. About 77 pounds of fleece was shorn off him. Due to human selective breeding for wool, sheep of today require at least annual shearing for their welfare.

"The wild mouflon, from whom Baarack and his kind have, throughout the ages, been selectively bred, did fine on their own — navigating rocky terrain, dodging predators and shedding their hair annually in harmony

with the seasons. But not so today; they rely on humans for sustenance, shelter and shearing, and failure on any of these fronts oft times proves fatal for these animals."



DATA MASTER: Doug WM Stone

Good Samaritans Save Struggling Single Mother's Home With Life-Changing Repairs

Good Samaritans have stepped up to save a struggling single mother in desperate need of home repairs.

Jane Cunningham and her three children live in Sudbury, Massachusetts. But her home was in rough shape.



The entire roof was shot.

There was mold everywhere and a big problem with the family room.

"We basically had to board that off and couldn't use it because a piece of the ceiling had fallen down and in with that came a giant squirrels' nest, nuts and all," she told WBZ-TV.



Jane knew she and her children weren't safe in the house, but she couldn't afford to fix it. She thought she was out of options, until her friend started a GoFundMe page.

"Friends have asked how we can help a single mom of 3 and long-time Sudbury resident who is in desperate need of a new roof and repair of extensive wood rot/resulting water damage," wrote Melinda Johnson. "She has been struggling with ongoing health issues in the family, and this would really take some of the stress away for all of them. Not only have they been dealing with water in the

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house, but also critters getting into the house too."

The fundraiser caught the attention of Sudbury resident Dave Fenton, who also happens to be the Chief Operating Officer of Suffolk Construction Boston.

"It kind of just moved me. So I dug into it a little more and figured out that we should be helping," he told WBZ.

Using business contacts and trade partners, he found roofers but that's not all.

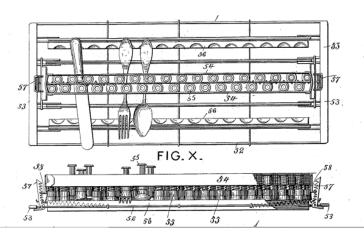
"I knew there was more to do so I reached out to some other folks and some interior people, some demolition folks that we work with so we got inside and took care of the mold issue, took care of the drywall, a little bit of the electrical work and kind of got the place secured up for the winter time," Fenton said.

All the work was donated and they're not done yet. Fenton said they plan to return in the spring and fix the landscaping and paint the exterior.

"I'm just blown away by the kindness and it really just changes our whole outlook on life and it changes the trajectory of our life as well," Jane said.

9 Groundbreaking Inventions by Women

Women inventors are behind a wide range of key innovations, from Kevlar to dishwashers to better life rafts.



Female inventors have played a large role in U.S. history, but haven't always received credit for their work. Besides the fact that their contributions have sometimes been downplayed over overlooked, women—particularly women of color—have historically had fewer resources to apply for U.S. patents and market

their inventions.

Not all of the female inventors on this list received attention for their work in their lifetime, or were able to market their inventions. But all of them contributed innovations that helped advance technology in their respective fields.

1. Life Raft

In the early 1880s, when a new wave of European immigrants were sailing to the United States, a Philadelphia inventor named Maria E. Beasley designed an improved life raft. Unlike the flat life rafts of the 1870s, Beasley's raft had guard rails to help keep people inside during emergencies when they had to abandon ship.

Beasley patented her first life raft design in 1880 in both the United States and Great Britain, and received a second U.S. patent for an updated version of the raft in 1882. In addition to the life raft, she also invented a foot warmer, a stream generator and a barrel-hooping machine, receiving a total of 15 U.S. patents and at least two in Great Britain during her life.

2. Fold-Out Bed

In 1885, a Chicago inventor and furniture store owner named Sarah E. Goode received a patent for her "Cabinet-Bed." The new piece of furniture was a desk that folded out into a bed, allowing the user to save space in a tiny apartment.

Goode's invention predated the 20th century's pull-down Murphy beds and pull-out sofas. With her Cabinet-Bed, Goode—who was born into slavery and won her freedom after the Civil War—became one of the first Black women to patent and invention with the U.S. Patent and Trademark Office.

3. Dishwasher

Josephine G. Cochran was a wealthy socialite in Shelbyville, Illinois when she got the idea to invent a dishwasher. Cochrane employed servants to perform housework in her mansion, but started washing her fine china herself when she discovered some of the servants had accidentally chipped them. Cochrane found her brief exposure to housework unpleasant, and resolved to build a machine that could wash the dishes for her.

The result was the first commercially-successful dishwasher, which Cochrane patented in 1886. Previous

attempts at dishwashers had used scrubbers, but Cochrane's design was more effective because it used water pressure to clean the dishes. With her patent secure, she founded Cochran's Crescent Washing Machine Company. Because the machine was too expensive for most households, Cochran sold most of her dishwashers to hotels and restaurants.

4. Car Heater

The first person to patent an automobile heater was Margaret A. Wilcox, an engineer in Chicago. Wilcox's 1893 design used heat from the car's engine to keep drivers and passengers warm during trips. Later engineers improved upon the idea by making the heat easier to regulate.

Wilcox's other inventions included a combined clothes -and-dishwasher, which didn't catch on in the same way.

5. Feeding Tube

Bessie Virginia Blount, also known as Bessie Blount Griffin, was an American nurse, physical therapist, inventor, handwriting expert and possibly the first Black woman to train at Scotland Yard's Document Division. In the 1940s, she who worked with World War II veterans in New York City's Bronx Hospital (now part of BronxCare Health System), where she taught veterans with amputations to read and write with their teeth and feet. It was during this work that Bount invented a device that her patients could use to feed themselves.

Blount's invention involved a tube that delivered food to a person's mouth whenever he or she bit down on it. She patented part of the design in 1948, then gifted the rights to the invention over to the French government in 1951 on the advice of a religious leader (the U.S. government hadn't shown much interest in the device).

Her invention paved the way for modern feeding tubes, which can be inserted into a person's nose or stomach if the user can't ingest food orally. After patenting the feeding tube, Blount continued to invent and went on to become a forensic handwriting analyst.

6. Kevlar

Stephanie L. Kwolek was a chemist who created synthetic fibers while working at DuPont's Pioneering Research Laboratory in Wilmington, Delaware. The most famous one she created was Kevlar—a strong, lightweight and heat-resistant synthetic fiber.

Kwolek patented the process for making Kevlar in 1966. Kevlar is used in bulletproof vests and other protective equipment, and has also become a substitute for asbestos since the 1970s, when companies began to scale back on using the cancer-causing material.

7. Home Security System

Marie Van Brittan Brown was a Black nurse and inventor in New York City who, together with her husband, Albert Brown, patented the first home security system in 1969. Brown got the idea for the security system because she and her husband worked long hours as an electronics technician, and she often found herself coming home to their apartment and being by herself late at night.

The system that Brown invented involved a sliding camera that could capture images through four different peepholes in her door, TV monitors to display the camera images and two-way microphones that allowed her to talk with anyone outside her door. There was also a remote to unlock the door from a distance and a button to alert police or security. This system paved the way for modern security systems, and has been cited in at least 32 patent applications that came after it.

8. Cataract Treatment

Patricia E. Bath was the first Black American to complete a residency in ophthalmology and the first Black female doctor to patent a medical device in the United States. The device she invented was the Laserphaco Probe, which removed cataracts—cloudy blemishes in the eye that can lead to vision loss.

Bath's new ways of removing cataracts was faster, more accurate and less invasive than previous methods. She earned her first U.S. patent related to the procedure in 1988, and received four other U.S. patents related to her cataract-removal innovations during her lifetime, in addition to patents in Japan, Canada and Europe. She passed away at the age of 76 in .

9. Stem Cell Isolation

While working in Palo Alto in 1991, Asian American scientist Ann Tsukamoto was part of the team that patented the first method of isolating bloodforming stem cells in 1991. Tsukamoto holds a total of 12 U.S. patents for her stem cell research, which has helped with the development of cancer treatments.

DATA MASTER: Nikki Hamilton

Up-coming Events

TOPS #570 We meet 9am to 11am Monday morning at Mt. Olive Lutheran Church in Miami 2337 N. Main St. "Taking off pounds sensibly!

TOPS #567 meet every Thursday at 10am 433 N Mississippi in Nowata.

TOPS #506 in Miami Heavenly Winds Worship Center meet every 6pm Thursday evening. For more info call Susan Walls at 918-540-0570

Every 4th Saturday of the month Veteran's Support Group: Veterans for Veterans. Have you served in the military? Are you struggling with readjustment? Anxious about the future? Struggling to connect with friends and family? Struggling with school? WE CAN HELP! Free veterans support group at 10am every 4th Saturday of the month. The Landing 502 West Corner Fairland, Ok. For more information call Cindy (918) 676-3228.

Food Truck Wednesdays —Every Wednesday, grab some tasty eats and gather on the grounds of Guthrie Green. During Food Truck Wednesdays, lunchtime transforms into a community-wide affair, with roaming food trucks posting up at this Tulsa park. While you dine on delicious food, be sure to enjoy the live music and fresh air. Guthrie Green 111 E Brady St Tulsa, OK 74103 Phone: 918-574-2421

Big Cabin Senior Exercise Program—Fitness program for seniors held at the Big Cabin Baptist Church gym three times a week, Monday, Wednesday and Friday, from 10 to 11 a.m.

American Legion Post 178 in Grove, OK – Bingo every Saturday evening at 6pm. Family atmosphere. Contact Lee Cathy for any questions at: 901-487-9060

PRYOR DANCE—Every 1st. and 3rd. Thursday of the month. 6:15 pm—9 pm—Cost is \$5.00 per person, Double H Band will be playing. Cookies and Coffee will be serving. It's for seniors but all ages are welcome. Mayes County Nutrition Center 851 SE 9th Pryor (just east of 9th and Elliott intersection)

1st Baptist Church, Chelsea on 5th and Beech. Food Distribution every Saturday 9am until all food is gone. Available through month of March

Mar 18, 2021 - Apr 18, 2021 Tulsa Botanic Blooms -Enjoy fresh fragrances and a kaleidoscope of color when more than 120,000 blossoms usher in spring at Tulsa Botanic Garden. The annual Tulsa Botanic Blooms festival invites guests to meander through one

UDOKU PUZZLES

Fill in the grid with digits in such a manner that every row, every column and every 3X3 box accommodates the digits 1-9,

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18									

By Nikki Hamilton

Solutions on page 36

of the largest flower bulb displays in the area, which includes 5,700 square feet of bulbs planted in a different Art Deco-inspired pattern each year. Call in Advance for Tickets. Tues - Wed: 10:00 am - 5:00 pm, Thurs: 10:00 am - 8:00 pm, Fri - Sun: 10:00 am - 5:00 pm. Tulsa Botanic Garden, 3900 Tulsa Botanic Drive, Tulsa, OK 74127. Phone: 918-289-0330.

Mar 19, 2021 - Mar 21, 2021 Big Meat Run - Join thrillseekers and off-roading enthusiasts for this popular Grand Lake event. The Big Meat Run is a three-day ATV and off-roading bonanza that allows drivers to test their vehicles against the wet and rocky terrain around Pensacola Dam. Watch the exciting rock bouncing events when drivers try to overcome the rocky barriers with falling back to where they started. Come to the Big Meat Run for this and many other events and activities. 322 W Main St, Disney, OK 74340. Phone: 918-261-8886.

Mar 25, 2021 - Mar 28, 2021 Just Between Friends - If you have a growing family or are planning for one, the Just Between Friends sale, held at the Tulsa Promenade Mall, is specially designed for you. Just Between Friends is one of the country's leading children's and maternity consignment events. This show brings together a wide variety of consignors so you can find the best deals on clothing, toys and supplies for kids, home decorations and much more. An enthusiastic community has sprung up around this sale as well, lending advice and support to parents and families as well as great bargains. Thur-Sat: 9:00 am - 8:00 pm. Tulsa Promenade, 4107 S Yale Ave., Tulsa, OK 74114. Phone: 918-814-9326.

Mar 26, 2021 - Mar 27, 2021 Claremore Home & Garden Show - This spring home and garden show will feature a wide variety of home products, lawn and garden equipment, seminars and an extensive selection of plants and flowers. Held at the Claremore Expo Center, the Claremore Home & Garden Show offers visitors the opportunity to browse through commercial vendor booths in a family-friendly environment. Learn more about home DIY projects, remodeling projects, interior design, exterior home care and more. The Claremore Home & Garden Show will feature entertainment and activities for all ages, including a children's area. Claremore Expo Center, 400 Veterans Parkway, Claremore, OK 74017. Phone: 918-341-8688.

Mar 27, 2021 Run the Ville - Take a run through beautiful Bartlesville at the Run the Ville 10K event. Starting downtown near the corner of SW Frank Phillips Blvd and S Johnstone Ave, the race path will take you through a little more than six miles of scenic Bartlesville. Runners have two options, making this the ideal race for all types of competitors. Either run the entire race on your own or split it half and tackle it with a

friend in the 10K relay. Participants who register early will receive a shirt and all participants will receive a medal for finishing the race. Hours, Race starts at 9am. Downtown Bartlesville, Bartlesville, OK 74003. Phone: 918-766-2361.

Mar 31, 2021 - Apr 4, 2021 Claremore Kennel Club Dog Show - Head to the Claremore Expo Center and watch local and regional dogs showcase the finest qualities of their breed at the Claremore Kennel Club Annual Dog Show. With over 100 breeds represented and competing, there's a category for every dog lover. Whether it's terrier, toy, non-sporting, herding, working, hound or sporting, watch as different breeds compete for the top spot in their individual category, then cheer on your favorite as they strut their stuff, vying for the coveted Best in Show title. Vendors specializing in pet and show supply merchandise will be on hand at the show. Claremore Expo Center, 400 Veterans Pkwy., Claremore, OK 74017. Phone: 918-341-8688.

Apr 1st, 2021- Apr 22st, 2021 Tulsa Earth Day Celebration - At the Tulsa Earth Day Celebration, artists, musicians and environmentalists all come together. Tune in virtually throughout April to experience a month's worth of Earth Day-themed wonders, from art shows and live music to educational videos and nationally-prominent environmental speakers. All ages are invited to learn more about how to reduce, reuse and recycle during the Tulsa Earth Day Celebration festivities. Virtual Event, Tulsa, OK 74103. Phone: 918-284-0728 or 918-592-3382.

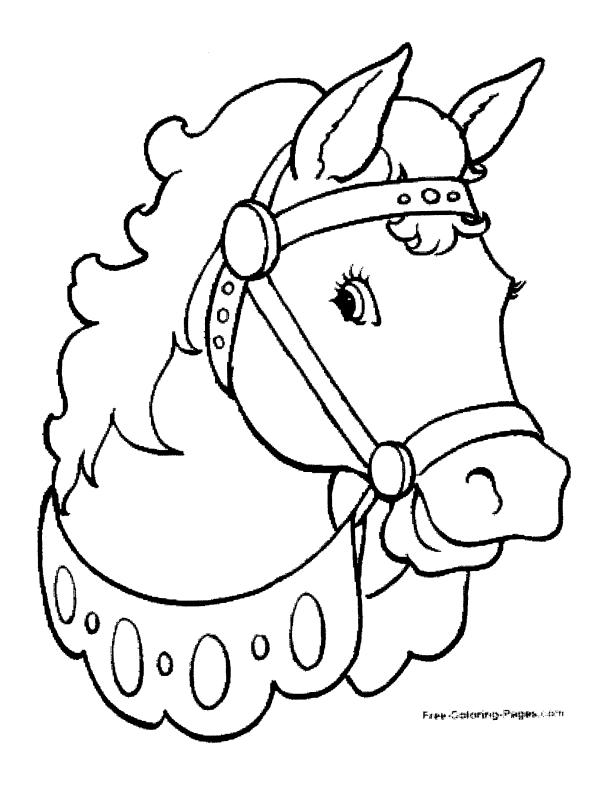
Apr 1st, 2021 - Apr 30th, 2021 Azalea Festival - Held since 1968, Muskogee's Honor Heights Park boasts 40 acres of manicured gardens with over 30,000 azaleas in 625 varieties. Visit this stunning park throughout the month of April for one of the top events in the South. The annual festival celebrates the blooming of azaleas, tulips, dogwoods and wisteria as these buds begin to unfurl during the warmer temperatures of spring to the delight of visitors. Honor Heights Park, Muskogee, OK 74401. Phone: 918-682-2401, Fax: 918 -682-2403.

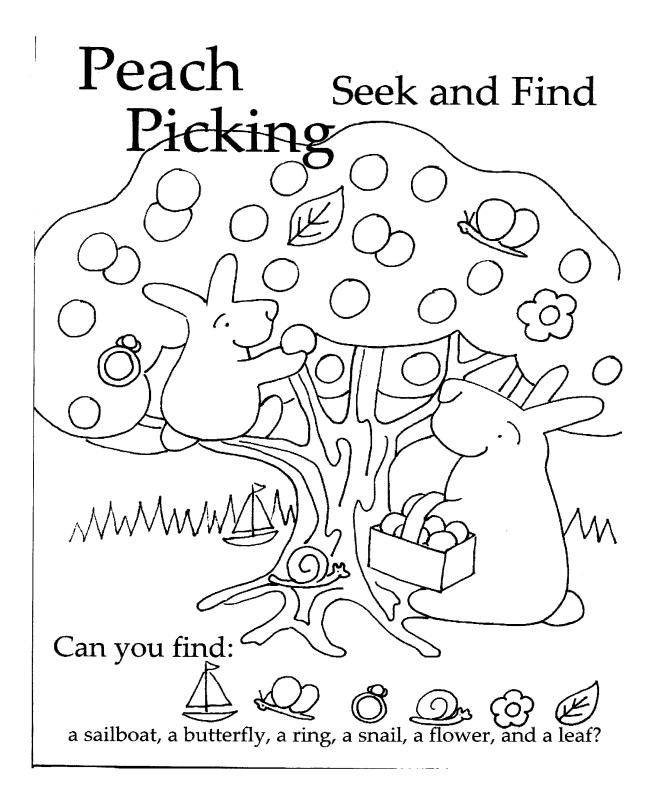
Do You have an event that you would like to share?

> **Community Links of Chelsea** 1100 Walnut/PO Box 85 **Chelsea, OK. 74016** Ph: 918-789-2862 Fax: 918-789-5296

Email: links@links.community-options.net

19 DATA MASTER: Nikki Hamilton







Getting to know the Lutherans

"THANKS, I NEEDED THAT!"

Friends,

Back in an early 1970s on a television commercial advertising after-shave cologne, a guy received the cologne with a literal slap in the face. His response was "Thanks, I needed that!" The phrase became widely used to express gratitude for receiving something needed, even if it came unexpectedly or startlingly.

Although the commercial is long gone, we still may experience figurative "slap-in-the-face" moments when we have taken blessings in our lives for granted. Because of the blinders of sin, we may become oblivious to God's blessings. Our "slap" may come from a conversation with a friend, a song, or a pastor's words. It can take us to our knees in humble confession and knock away the blinders so we look upward again and acknowledge God who gave us life and all that we have – best of all the gifts of forgiveness and life everlasting through faith in His Son, our Savior Jesus. Then our prayer might well be those familiar words: "Thanks, I needed that!"

When you join us at one of our northeast Oklahoma Lutheran churches you will not only get the "slap" you need (not literally, of course!), but such good news that we can say, "Thanks, I needed that!"

Messiah Lutheran Church 460 N. Wilson, Vinita, OK. Sunday School and Bible Class 9:00 a.m. Worship 10:00 a.m. 918-256-3223 Email: messiahvinita@aol.com St. Paul Lutheran Church Washington and Pine, Fairland, OK. Sunday School and Bible Class 9:15 a.m. Worship 10:30 a.m. 918-676-3059 Email: stpaulluthch@aol.com

Bethlehem Lutheran Church 6911 West 380 Road, Adair, OK 74330 Worship 9:00 a.m. 918-785-2994 Sunday School and Bible Class 10:15 a.m.

Immanuel Lutheran Church 706 Rockwood Drive, Grove, OK. Worship 9:30 a.m. 918-786-4585 Website: www.lutheransonline.com/lo/Groveok

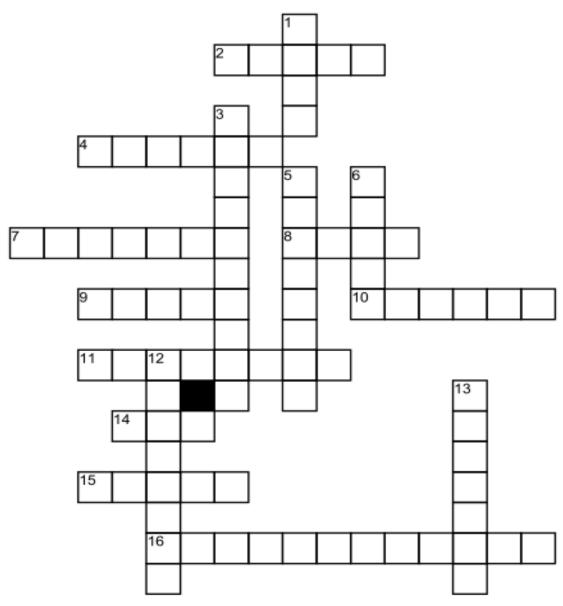
Mt. Olive Lutheran Church 2337 North Main, Miami, OK 74354 Worship 2:00 p.m. (918) 542-4681 Sunday School and Bible Class 3:00 p.m. Email: mtolive@cableone.net Redeemer Lutheran Church 220 N. Seminole, Claremore, OK. Sunday School and Bible Class 9:00 a.m. Worship 10:30 a.m. 918-341-1429 Email: rluther@sbcglobal.net-Website www.rlccok.org

St. John Lutheran Church
607 South East 9th st.
Pryor, OK 74361
Sunday School and Bible Class 9:00 am
Worship 1:30 am
(918) 825-1926
Email: stjohnpryor@yahoo.com

Guests are always welcome. See you Sunday at worship.

Crossword Puzzle

Saint Patrick's Day



Across

- 2. Wearing of Color
- 4. Everybody has these
- Long stick with ribbons
- 8. Coins
- 9. What month are we in?
- 10. What Season are we in?
- 11. Fancy outfits
- 14. what type of headgear worn on the head
- 15. what are noise makers
- 16. What are Parties

Down

- Breverage
- 3. Person with Treasures
- 5. What instrument has a bag
- 6. article of clothing
- 12. kind of flower
- 13. Colors in the sky

Word Search Puzzle Disney Movies

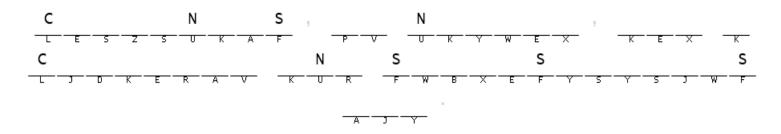
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T C C E Z D E R E F
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Little Mermaid Harry Potter Strongest man in the world the fox and the hound Herbie the Lovebug Toy Story Mickey Mouse Lion King Pirates of the Carribean Junglebook Winnie the Pooh Beauty and the Beast 101 Dalmations Reluctant Astranaunt Zorro Cenderella Snow White Swiss Family Robison **Finding Nemo** Shakiest gun in the west Lady and the Tramp Aladdan Lilo and Stitch Peter Pan

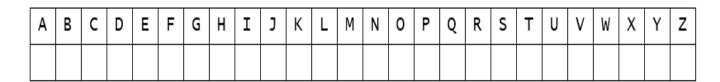
CryptoQuote Puzzles

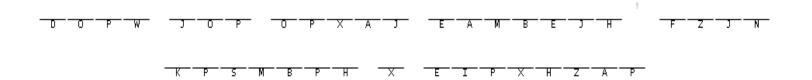
Title: Criminal and Superstition From: Batman

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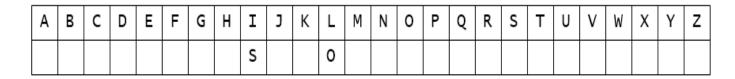


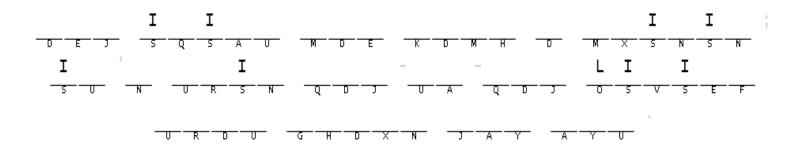
Title: Heart and Duty From: T.S. Arthur





Title: Idiots and day-to-day living From: Anton Chekhov





Remember When















The Soccer War (aka The Football War)

By 1969, tensions between El Salvador and Honduras had been simmering for years. That year also had what would be the spark for this war: the qualifying matches for the following year's World Cup. The first qualifying match between the two countries was played in Honduras, and Honduras won — and the game was followed by rioting and violence. The second match was in El Salvador, and El Salvador won — and the match was followed by worse rioting and violence. The third and final match was played in Mexico City, which El Salvador managed to win in overtime. The same day El Salvador went to war with Honduras. The fighting only lasted around four days, and just a few kilometers of land changed hands (El Salvador started



strong but was beaten back by Honduras). It was finally ended through international arbitration. Two things remain notable about this war. First, it was the last war with air combat between propeller-driven planes (both sides had former WWII planes from the US, like the F4U Corsair), and also what some call the last cavalry charge in history (though some identify an assault by Afghans and US Special Forces against the Taliban in Afghanistan).



To share your story with us contact: Zia Partovi at 918-244-0457 or 918-789-2862 or email him at links@links.community-options.net

This Texas Plumber Is Helping People In Need For FREE

A plumber in San Antonio is helping homeowners with water issues and he's not charging them a dime.



The winter storm in Texas has caused a lot of water problems. One man is going above and beyond to help his fellow Texans.

"I refer to him as a Saint, a hero, an angel," says Bryan Boes, a journalist for Spectrum News.
That's because Benny Rodriguez is fixing burst pipes,

water heaters and leaks -- free of charge.

Doctor And Nurses Pack SUV And Drive Through Snowstorm To Save Premature Baby

The life of a premature baby born during the winter storm in Texas was saved thanks to a team of medical professionals, including a doctor and two nurses who traveled from east Austin to Mar-



ble Falls in an effort to save a newborn baby's life.

At about 2:30 a.m. Feb. 17, Kimberly Arias began experiencing painful cramps. At 24 weeks pregnant, Arias thought she couldn't be in labor. When the cramps didn't subside, she and her parents headed to the closest hospital, Baylor Scott & White.

Arias gave birth to her daughter, Zaylynn, who weighed just over one pound and was in need of advanced neonatal intensive care.

However, Baylor Scott & White is a Level 1 hospital that does not offer the specialized neonatal care premature babies require. In normal circumstances, the expectant mom would be transferred to a larger facility ahead of delivery, or in the case of an emergency birth

like Zaylynn's, the infant would be transferred immediately after birth.

"We had five or six people out at the nurses' station calling hospital networks all over the state of Texas," said Meredith Schubert, the labor and delivery nurse on duty when Arias arrived. "Nobody could answer our cry for help."

They finally reached Dr. John Loyd, division neonatologist chief at Dell Children's Medical Center in Austin, Texas.

"Having a sturdy, 7,500-pound, four-wheel drive [SUV] I just felt like I could get there and I wasn't okay with the notion of doing nothing," Loyd told GMA.

Around 5 p.m. on Feb. 17, after already having worked a full shift, Loyd packed his SUV with equipment, turning it into a makeshift NICU, and he and two NICU nurses from Dell Children's set out for Marble Falls, about 55 miles away.

The drive took Loyd and the nurses about two hours as they drove in the night through ice and snow.

After safely arriving at the Marble Falls medical center around 8 p.m., the Dell Children's crew set up a makeshift neonatal intensive care unit. Together, the Dell Children's and Baylor Scott & White teams worked around the clock to care for the mother and daughter.



Once the weather cleared enough to allow for a helicopter to safely land, Zaylynn was transferred to Dell Children's, where there is a Level IV neonatal intensive care unit.

"It was incredible when the helicopter lifted off. There were tears from all of us," said Schubert. "It was a huge relief and sense of accomplishment and joy, that she was doing so well and getting to the place that she needed to be."

Arias was discharged the following day and reunited with her daughter at Dell Children's.

She told KVUE that she is grateful for the doctors and nurses who worked together to save her daughter.

"I appreciate how the doctor and nurses risked their safety to travel to help us," Arias said.

DATA MASTER: Doug WM Stone

Grandma's Egg Custard Pie

Prep: 15 mins Cook: 35 mins Total: 50 mins Servings: 8

Yield: 1 (9-inch) pie

This is the 1999 American Pie Council's National Pie Championship's first place winner in the Custard Pie Category.

Directions

Step 1

Preheat oven to 400 degrees F (205 degrees C).

Step 2

Mix together eggs, sugar, salt, and vanilla. Stir well. Blend in the scalded milk. For more yellow color, add few drops yellow food coloring.



Ingredients

1 (9 inch) unbaked pie crust 3 eggs, beaten

3/4 cup white sugar 1/4 teaspoon salt

1 teaspoon vanilla extract 1 egg white

2 1/2 cups scalded milk 1/4 teaspoon ground nut-

3 drops yellow food coloring (Optional)

Step 3

Line pie pan with pastry, and brush inside bottom and sides of shell with egg white to help prevent a soggy crust. Pour custard mixture into piecrust. Sprinkle with nutmeg.

Step 4

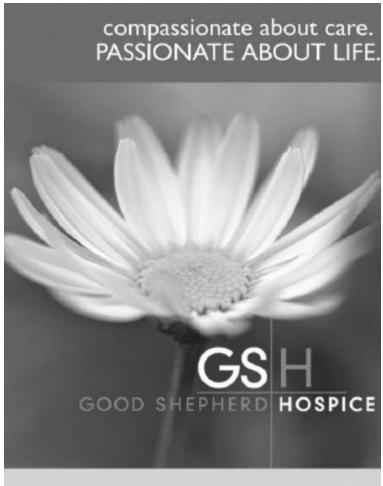
Bake for 30 to 35 minutes, or until a knife inserted near center comes out clean. Cool on rack.

Nutrition Facts

Per Serving:

252 calories; protein 6.3g; carbohydrates 33.3g; fat 10.5g; cholesterol 75.8mg; sodium 276.9mg.





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Dot To Dot Picture Puzzle (Connect dots to complete the picture)





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CryptoQuote Puzzles Solution

Title: Criminal and Superstition From: Batman

Criminals, By Nature, are a cowardly and superstitious lot.

Title: Heart and Duty From: T. S. Arthur

When the heart prompts, duty becomes a pleasure

Title: Idiots and day-to-day living From: Anton Chekhov

Any idiot can face a crisis; it's this day-to-day living that wears you out

By Steven Burdick and Doug WM Stone



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Word Search Puzzle Solution



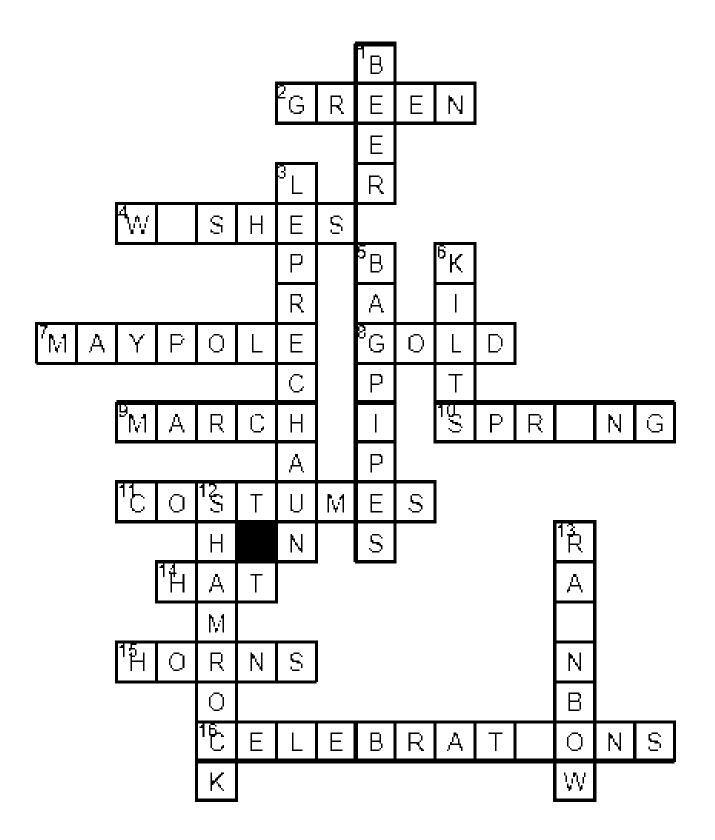
Sudoku Puzzle Easy Solution

3	8	9	1	7	2	4	5	6
7	5	6	9	4	3	1	8	2
1	4	2	6	8	5	7	3	9
5	2	8	4	1	7	6	9	3
4	6	1	8	3	9	2	7	5
9	7	3	5	2	6	8	4	1
6	9	7	2	5	8	3	1	4
2	3	4	7	9	1	5	6	8
8	1	5	3	6	4	9	2	7

Sudoku Puzzle Moderate Solution

	5	8	4	9	2	1	6	7	3
	9	1	6	3	8	7	4	5	2
Bv Ni	2	3	7	6	4	5	8	9	1
kki Ha	3	5	2	7	6	8	9	1	4
milton	6	4	1	2	9	3	5	8	7
	8	7	9	5	1	4	2	3	6
	4	9	3	8	7	6	1	2	5
	1	2	5	4	3	9	7	6	8
36	7	6	8	1	5	2	3	4	9

Crossword Puzzle Solution Saint Patrick's Day



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