

# Community Links of Chelsea Newsletter February 2021



## Did you know that



In Oklahoma, job coaching people with special needs on job sites and integrating them into the community started around 1989? A job coach's responsibility starts by teaching technical skills, works ethics to individuals, and helping them with problem-solving, money management, time management, and conflict resolution at sheltered workshops. Her responsibility continues at job sites within the community. Another responsibility of a job coach is to support the individual by acting as a mediator between the individual, other employees, and the employer.

## What do you know about Job Coaching Techniques...



Job coaches can make a difference in the lives of people with special needs. They can facilitate communication between the employee and the employer, resulting in discovering needed adjustments. To maintain this relationship, a job coach needs to follow up this process by mentoring and advocacy. To accomplish this goal, a job coach must:

- 1) Interview the client to get to know her by focusing on her abilities. Then talk to family members, friends, and people that know the client to collect information that for some reason such as shyness she does not want to talk about.
- 2) Ask your client what type of jobs and tasks she is interested in. Find out if she has a preference in the workplace, if so, contact the employer of that place and try to get an interview

- 3) appointment for her.

After you place your client at work make sure she knows her tasks and employer's expectations of her. She needs to understand the rules, by-laws, and regulations of the workplace. Track her progress and communicate your findings with the employer to find out how satisfied he is.

## Did you know that



The first civilization to practice mummification is Chinchorro. They practiced about 9,000 to 3,100 years ago. Chinchorro people lived in Southern Peru and Northern Chile. Even though Chinchorro people started mummification before Egyptians, but Egyptians are the ones that improved mummification techniques. Their progress was deeply entwined with religious beliefs. They believed that the spiritual

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essence survived after death. This essence goes on a journey where it encounters divine and demonic beings. Ultimately, Osiris, the god of the dead, judges the spiritual essence. If found blameless, the deceased is allowed to live with the gods in an eternal paradise. In order for the spiritual part of the deceased to make this journey, the body needed to stay intact. That is why mummification was so important to the Egyptians. Embalmers, in Egypt, were considered worthy of every honor and consideration associated with the priests. Egyptian mummification was ended in the 4th century when Rome ruled Egypt.

### Did you know that



The oldest known banded bird is a female Laysan albatross. She is at least 69 years old. She was still laying eggs and raising chicks at 63. The

Wandering species of albatross has a wing-span of up to 11 feet 4 inches. The science currently knows 22 species of albatross. All species are considered vulnerable, threatened, near-threatened, or endangered. Fishing hooks kill about 100,000 albatrosses annually. Albatrosses pair for life. An albatross looks for a mate when it is six to ten years old. Their union can last 50 years or longer but they do not practice monogamy. Males help their mates to raise babies including those fathered by other birds. climate change has had a huge effect on oceanic wind patterns. Faster air currents have enabled albatrosses to travel greater distances in less time. This is probably one reason for an average weight increase of 20% since the 1970. The birds spend fewer hours on food gathering and have more time for breeding. This has caused a temporary population spike. Tiger sharks are a top predator of albatrosses. They may

take 10% of chicks each year. Without a single flap, these birds can travel for several hundred miles. On long trips, they position themselves facing the wind and fly upward. Then they shift and dip back down towards the ocean, catching another draft moments later. By repeating this technique, they can travel very long distances without much effort. They have got a surprisingly good sense of smell. They can follow the scent of a prey for over 12 miles. Sunfish is the heaviest boned fish. They can weigh 5000 pounds and grow up to 11 feet. There are 40 different parasites that can harm the fish. Albatrosses pluck parasites off their skin. This relationship benefits both birds to get a meal and fish get cleaned.

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